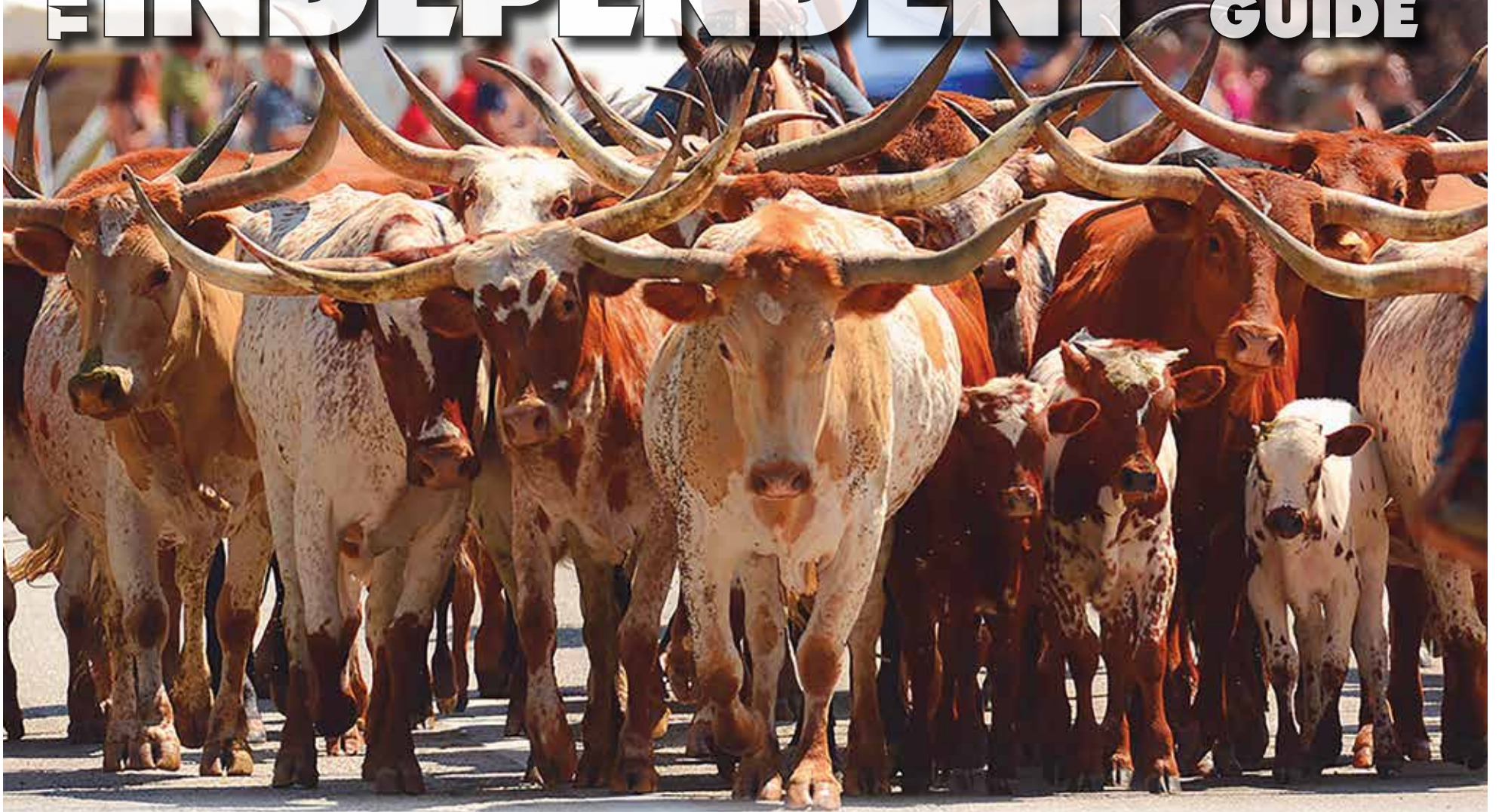


ZION GUIDE

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Aug '19

THE INDEPENDENT EVENTS GUIDE



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Top Things To Do In Zion



Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to ZionGuide.com to see the details on many area hikes.

Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

Catch an event

Not only does Zion Brew Pub have live music every Saturday, the property also hosts a handful of events throughout the year, as do the Bit and Spur restaurant, Tanner Amphitheater, Bumbleberry Inn, Wildcat Willies, and several other locations.

Try a guided tour

Jeep, helicopter, ATV, canyoneering, horseback riding, or mountain biking, guided tours are all available. Many of these tours take you outside Zion National Park boundaries and give you a unique perspective on Zion's canyons and plateaus from surrounding areas of southern Utah. Check out ZionGuide.com for listings and ads.

Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions, like the Little Hollywood Movie Museum and the Best Friends Animal Sanctuary.

Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.

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Safety Tips For Zion

Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.



Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.

Tips To Minimize Your Impact

Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

General Tips For Zion

Park in Springdale and ride the shuttle

If you are entering Zion National Park through the South entrance it's highly recommended that you park near one of the furthest shuttle stops in Springdale to help minimize traffic congestion in Springdale. The shuttle stops are numbered 1 through 9, with 9 being the final stop at Majestic View Lodge. You can almost certainly avoid traffic and assure your seat on a shuttle if you park near any of the 9 bus stops in Springdale where there's paid parking on the sides of State Route 9. See our parking and shuttle info for full shuttle schedule, list of stops, and a list of the paid parking lots. Parking in one of the parking lots is generally slightly cheaper than the paid on-street parking. Springdale's hotels also offer free parking to their guests.



To avoid the crowds, go early or later in the day

Often during peak times, the park runs at capacity and has more people than the shuttle system and trails can comfortably accommodate. Consider getting up extra early or trekking out midday after the initial rush has flooded in. You'll still want to ride the shuttle.

A note about pets

Leashed pets may be walked on the Pa'rus Trail. However, pets are not permitted on any other trails, on shuttles, in public buildings, or in the wilderness. Pets must be under physical control on a leash less than six feet long at all times. The interior temperature of a vehicle can quickly warm to dangerous levels. Avoid leaving animals in vehicles. Boarding kennels are available in Rockville, Kanab, Hurricane, St. George, and Cedar City.

Tips To Maximize Enjoyment

Go on a less crowded hike

The most visited 10 to 12 hikes in Zion National Park have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our newest features, Popular Zion Hikes and Less-Traveled Zion Hikes.



Consider coming back again in the low season

Starting in the fall, the number of visitors to Zion Canyon starts to dwindle, and by December it's significantly less than in the heat of the summer. It is simply a different experience to see Zion in the winter with the snow-capped monoliths. Most hikes are still accessible and are less crowded. You can also drive your car to the Temple of Sinawava parking lot. The shuttles stop running by November and don't start back until March.

Check out Kolob Canyons and Kolob Terrace Road

With gorgeous open spaces and plenty of dirt roads to explore, Kolob Terrace Road is one of Zion's best kept secrets. You'll notice the air getting cooler as you gain elevation, and you'll find plenty of beautiful views worth stopping at for a quick photo op. The Kolob Terrace Road turnoff is in Virgin, so watch for signs. However, portions of the Kolob Canyon District of Zion National Park (located at Exit 40 on Interstate 15) are inaccessible due to construction. Kolob Canyon Road, the visitor center, and the parking lot off of I-15 will remain closed to through November. The Taylor Creek Trail, the Timber Creek Overlook Trail, the Lee Pass Trailhead, and other areas accessible via Kolob Canyons Road will not be available to the public.

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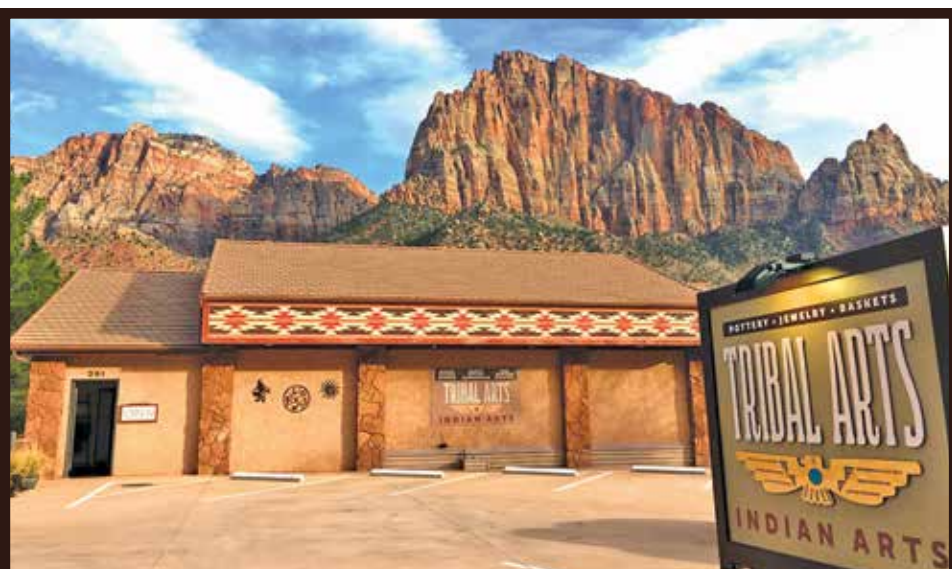
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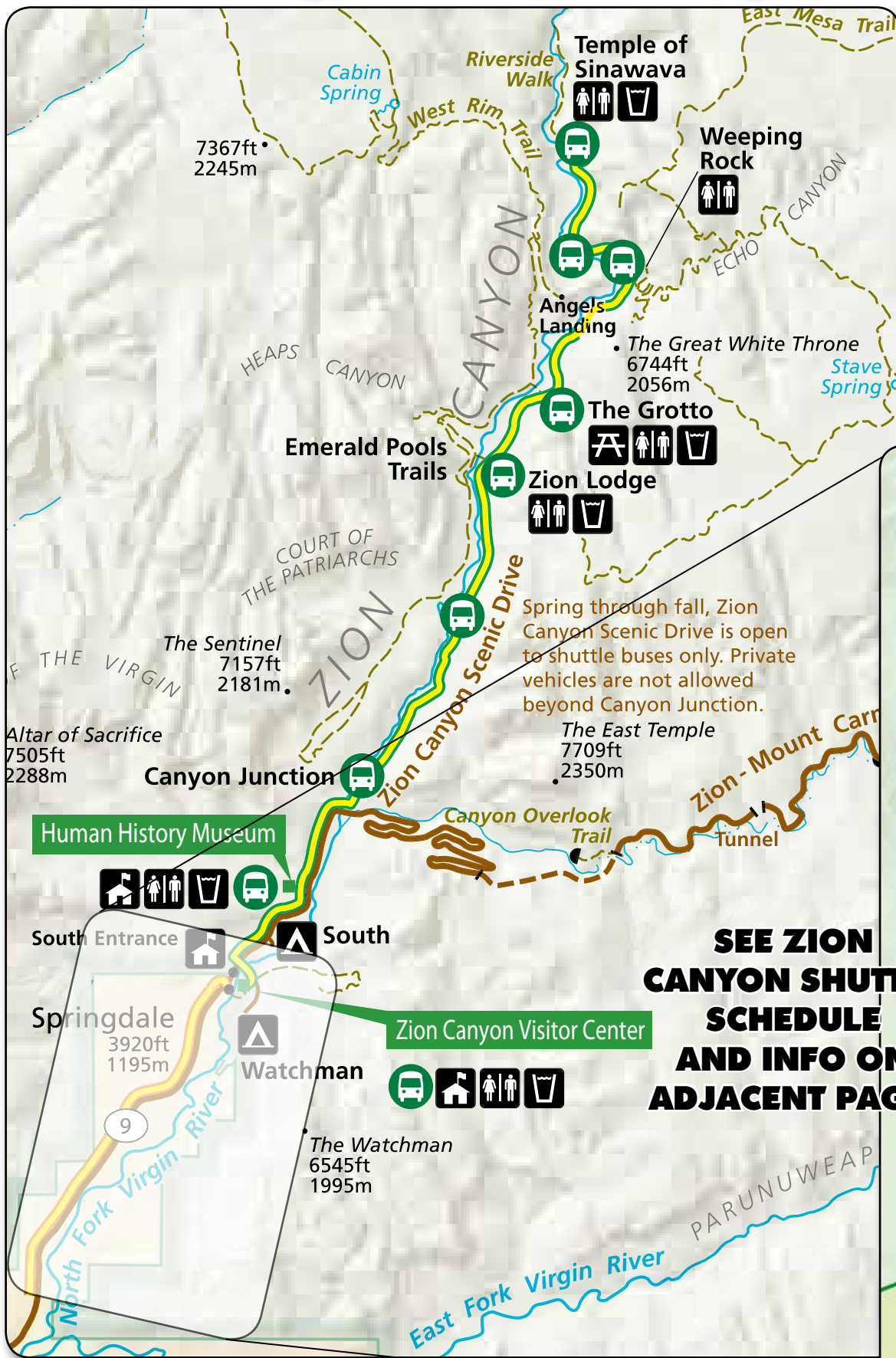
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Zion Canyon Shuttle Map



SEE ZION CANYON SHUTTLE SCHEDULE AND INFO ON ADJACENT PAGE.



Springdale Shuttle Map



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Zion Canyon Shuttle & Parking Info

PARKING & SHUTTLE INFO

There is parking throughout Springdale. As of early 2018 most of the parking alongside Zion Park Blvd/Mt Carmel Highway is extremely limited. It is recommended you park in Springdale and ride through town to the dropoff at the park entrance. By doing so you will avoid the bumper-to-bumper lines that often happen during peak days and times, and that can extend well into town. There is paid parking on Lion Blvd, behind Whiptail Grill, and also a lot about one city block from the south entrance to the park. Other free and paid parking is coming online in 2018, watch for signs.

The average wait for a shuttle bus in Springdale is fifteen minutes or less. The wait is longer in the morning and evening, but shorter during peak hours. The shuttle schedule is subject to change. Please check at the shuttle stops and online at ZionGuide.com current information.

2019 ZION SHUTTLE SCHEDULE

Mar 9-May 11 May 12-Sep 29 Sep 30-Oct 27 Oct 28-Nov 9

Zion Canyon Shuttle

First Bus from Zion Canyon Visitor Center 7:00 am..... 6:00 am.....TBD.....TBD

Last Bus to Springdale Shuttle

from Temple of Sinawava 8:15 pm..... 9:15 pm.....TBD..... No service
 from Zion Lodge 8:30 pm..... 9:30 pm.....TBD..... No service

Last Bus from Zion Canyon Visitor Center 7:30 pm..... 8:30 pm.....TBD.....TBD
 from Temple of Sinawava 8:15 pm..... 9:15 pm.....TBD.....TBD

Springdale Shuttle

First Bus from Majestic View Lodge..... 8:10 am..... 7:10 am.....TBD..... No service
 from Zion Canyon Villiage 8:30 am..... 7:30 am.....TBD..... No service

Last Bus to Zion Canyon Shuttle

from Majestic View Lodge 9:15 pm..... 10:15 pm.....TBD..... No service

Last Bus from Zion Canyon Villiage 9:00 pm..... 10:00 pm.....TBD..... No service

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Less-Traveled Zion Hikes

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled hikes.

Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction

with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly 3 miles long and will take about 2 hours to finish.

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for

a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

Hidden Canyon

By Bo Beck and Tanya Milligan

The Hidden Canyon Trail was closed Aug. 28 due to rockfall. Please check with the Park Service before attempting this trail.

Hidden Canyon features steep ascents, narrow foot paths, and switchbacks on a narrow cliffside with exposure at high elevations. Some parts have chains to use for assistance. Be cautious near slippery sandstone areas with steep dropoffs. Expect full sun in most places after the early morning. Once you are into the canyon, it is shady and surprisingly cool.

This impressive 2.2-mile roundtrip hike begins at the same busy trailhead as Weeping Rock, Observation Point, and the East Rim. Begin at the Weeping Rock Trailhead, which quickly splits to the left. The trail you want to follow bears right toward the East Rim, Observation Point, and Hidden Canyon. Watch for a sign that indicates the direction to Hidden Canyon.

A well-traveled path takes trekkers between sheer sandstone walls rising up hundreds of feet, made up by some of Zion's

most famous landmarks: Cable Mountain and the Great White Throne. Once beyond the end of the actual trail and into the slot canyon, look for small sandstone caves and a 20-foot long arch. Be careful to only explore as far as you know is safe for you! Few should ever venture past the freestanding arch.

Sandstone pools at the end of this hike are a favorite spot of the delightful and boisterous canyon tree frogs. Look for the tiny gray creatures near the water, and listen for their loud trilling. Past the pools is the end of the Hidden Canyon Trail.

Overlook Trail

By Charlotte Emett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.





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Popular Zion Hikes

Warning: These hikes are *very* popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more **difficult** hikes, try some of these popular hikes.

Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete and covers just under 5 1/2 miles. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.

Observation Point via East Rim Trail

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more moderate, try some of these mid-range hikes.

Watchman Trail

Starting at the Zion Canyon Visitor Center, this hike takes about two hours and covers just under 3 miles. The 368-foot elevation has some minor drop-offs and ends at a view point for Tower of the Virgin, lower Zion Canyon, and Springdale.

Middle Emerald Pools Trail

A two-hour hike, Middle Emerald Pools has long drop-offs. The unpaved trail to the Middle Emerald Pools has loose sand and slippery rocks. You'll cover two miles in 2 hours over the course of a 150-foot elevation gain. The hike starts at Zion Lodge.

Upper Emerald Pool Trail

Starting at Zion Lodge, this is a shorter trail covering one mile in about an hour. You will rise 200-feet in elevation, and there are minor drop-offs.

Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of Timber Creek, Kolob Terrace, and Pine Valley Mountains.

Those looking for something less strenuous should check out these easy hikes.

Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

Lower Emerald Pool Trail

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.

Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools

and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

Weeping Rock Trail

A short but steep hike, the Weeping Rock Trail offers trailside exhibits. This paved trail ends at a rock alcove with dripping springs. It rises 98 feet over just under a half mile. It can be completed in about 30 minutes.


Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is

wheelchair accessible, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.



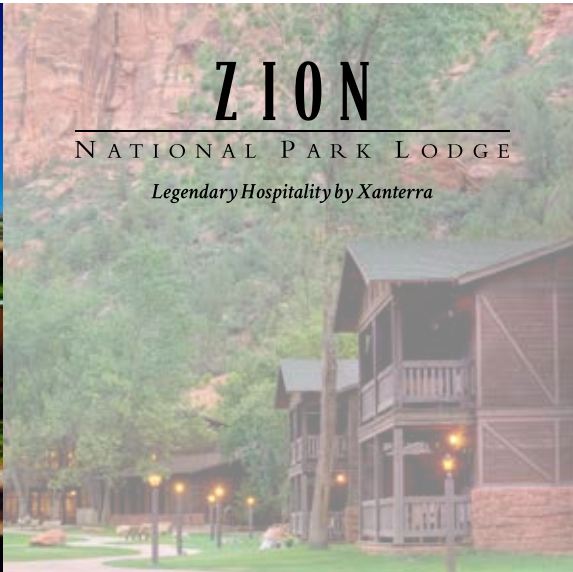
Weeping Rock



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Springdale Utah Town Map

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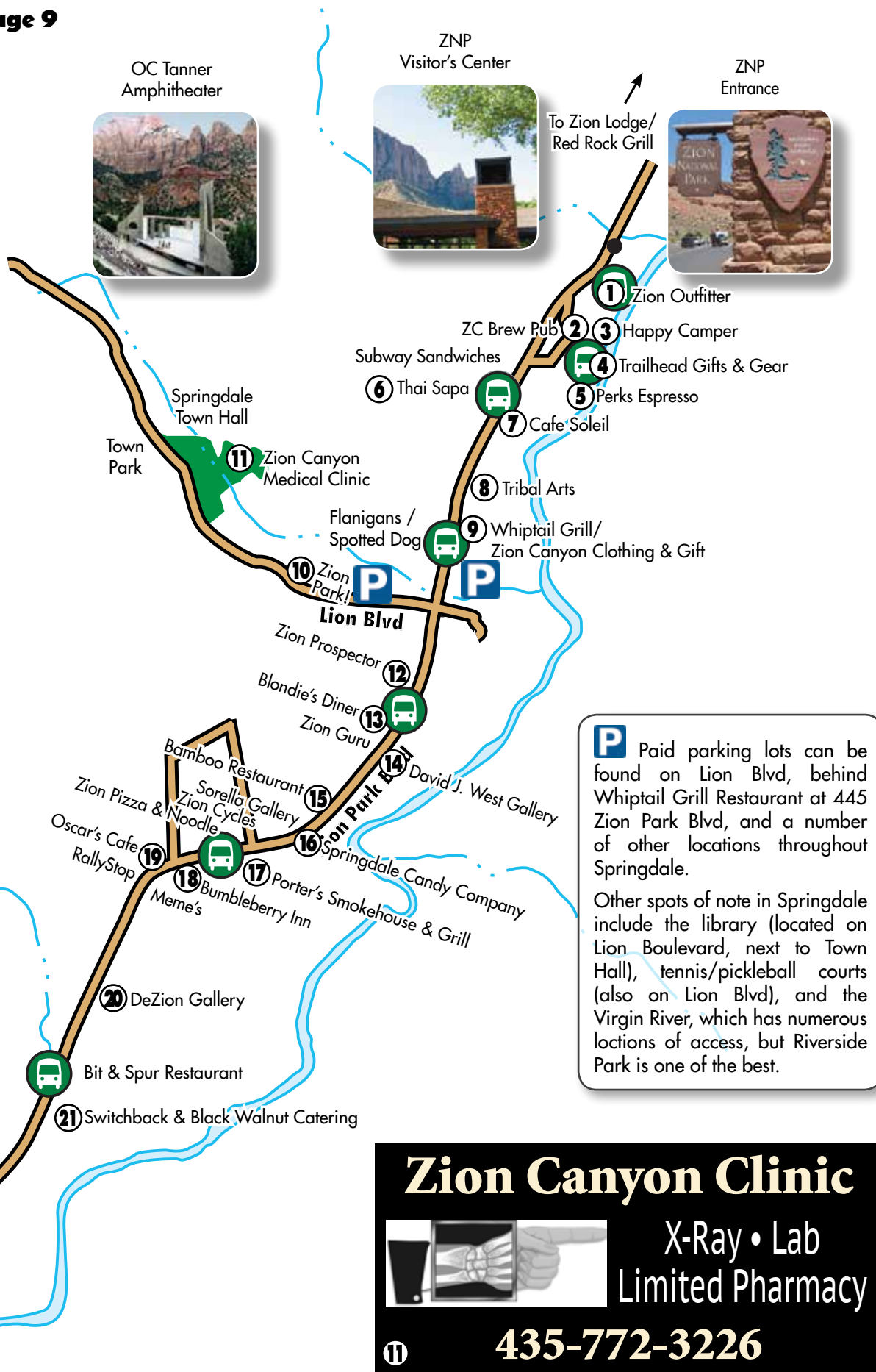
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P Paid parking lots can be found on Lion Blvd, behind Whiptail Grill Restaurant at 445 Zion Park Blvd, and a number of other locations throughout Springdale. Other spots of note in Springdale include the library (located on Lion Boulevard, next to Town Hall), tennis/pickleball courts (also on Lion Blvd), and the Virgin River, which has numerous locations of access, but Riverside Park is one of the best.

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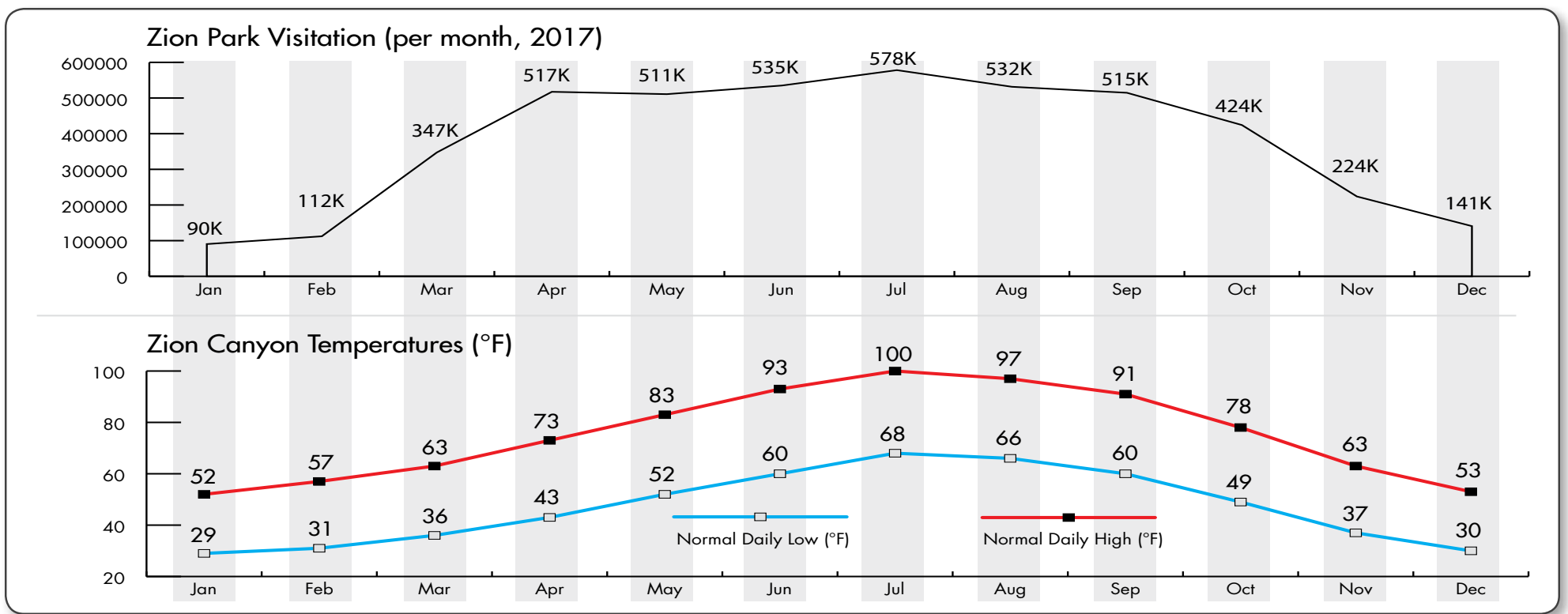
GUIDE TO UTAH'S LIQUOR LAWS

If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink. The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

SPRINGDALE'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed by address from ZNP Entrance)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks (E)sspresso, (V)egan items on menu	Hours	WI-FI
Red Rock Grill	1 Zion Lodge	435-772-7760	W, B, M, E, V	6:30-10:30am, 11:30am-3pm, 5-10pm daily	Yes
Zion Canyon Brew Pub	95 Zion Park Blvd	435-772-0336	W, B, V	Noon-10pm daily	Yes
Happy Camper Market	95 Zion Park Blvd	435-772-7805	B, V	8am-8pm daily	Yes
Thai Sapa	145 Zion Park Blvd	435-772-0510	W, B, E, V	11:30am-9:30pm daily	No
Perks Coffee Shop	147 Zion Park Blvd	435-668-0446	E	7am-4pm daily	No
Café Soleil	205 Zion Park Blvd	435-772-0505	W, B, M, E, V	7am-9pm daily	No
Spotted Dog Cafe	428 Zion Park Blvd	435-772-0700	W, B, M, E, V	7-11am, 5pm-9pm daily	Yes
Whiptail Grill	445 Zion Park Blvd	435-772-0283	W, B, V	Noon-9:30pm daily	Yes
Moki	709 Zion Park Blvd	435-215-0520	W, B, M, E	7am-10am daily, 5:30pm-10pm Thurs-Mon	Yes
Blondie's Diner	736 Zion Park Blvd	435-772-0595	B, V	11am-8:30pm Mon-Sat	Yes
Bamboo Chinese Restaurant	828 Zion Park Blvd	435-703-2882	V	11:30am-10pm daily	Yes
Zion Pizza & Noodle	868 Zion Park Blvd	435-772-3815	W, B, V	4pm-10pm daily	No
Porter's Smokehouse and Grill	897 Zion Park Blvd	435-772-0115	W, B, M, E, V	6am-9pm daily	No
Oscar's Cafe	948 Zion Park Blvd	435-772-3232	W, B, E, V	7am-9pm daily	No
Switchback Grille Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, E, V	5-8pm daily	No
Jack's Sports Grill Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, V	Noon-9pm daily	No
Bit & Spur Restaurant & Saloon	1212 Zion Park Blvd	435-772-3498	W, B, M, E, V	5pm-11pm daily	Yes
Park House Café	1880 Zion Park Blvd	435-772-0100	W, B, V	8am-2pm daily	Yes

See detailed restaurant listings for Springdale and the greater Zion National Park area at ZionGuide.com.



HIKING SOUTHERN UTAH: THE NARROWS By Krista Wiekamp

The Narrows is one of the most famous slot canyons in the world. People travel from near and far to visit this glorious sandstone creation every day and people of all ages and levels can enjoy its splendor.

Trail: The Narrows bottom-up

Location: Zion National Park

Difficulty: Easy to difficult

Distance: Up to 16 miles depending on how far you choose to go

Average time: Two to eight hours

Elevation gain: Depends on how far you choose to go

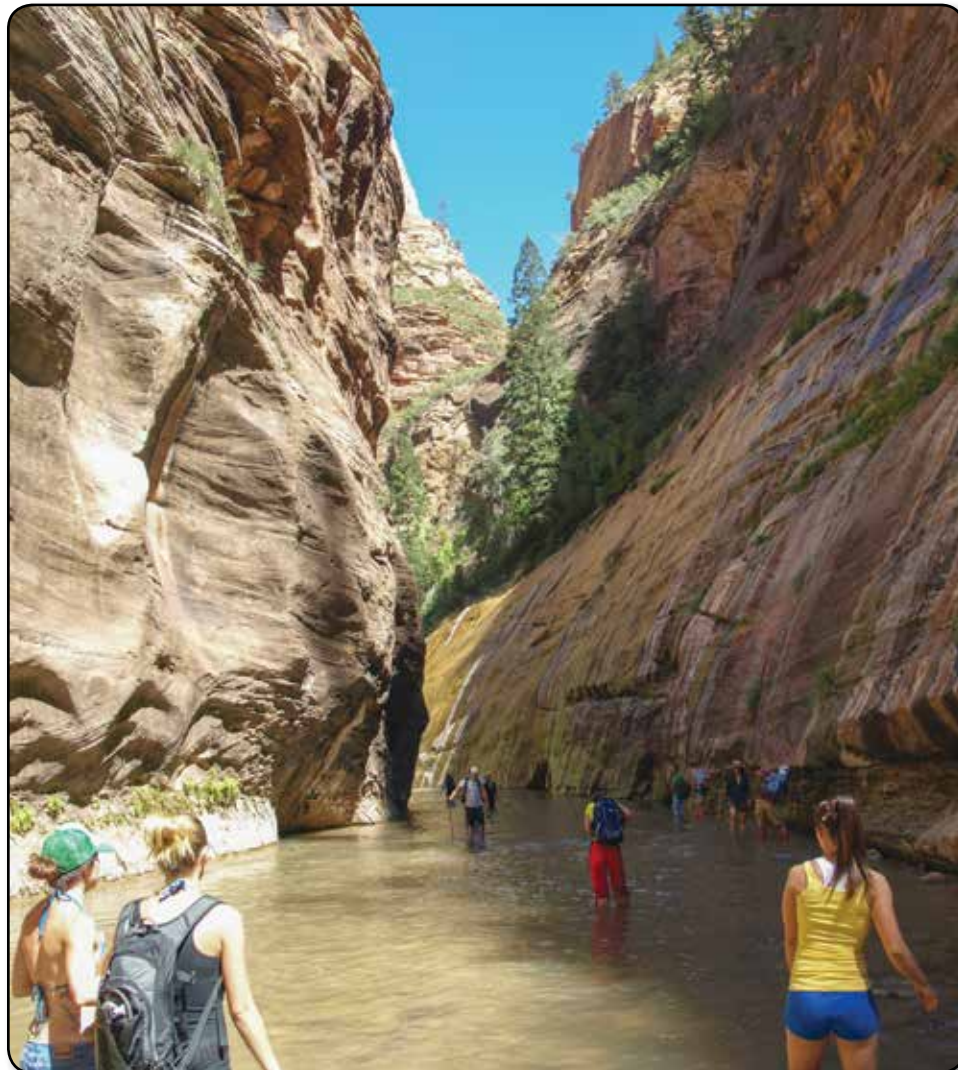
Best time to go: Summer

What to bring: Water socks, water shoes, a walking stick, and a dry bag (may be found at zionadventure.com), camera, sunscreen or hat, snacks and water to drink. If you choose to go when the temperatures are cooler you may choose to wear dry pants or a drysuit. If you go in the winter, a drysuit is necessary.

Caution: As with any slot canyon, you do not want to hike this trail during rain. Check NOAA.com for current weather conditions and do not enter the slot canyon if there is any chance of precipitation.

Directions: Go to Zion National Park. It is easiest to hop on a park shuttle (in season) and take the shuttle to the Temple of Sinawava. This is where the trailhead is.

The trail: The trail starts and ends at the parking lot.



Follow the footpath all the way to the river. There is a nice spot here to put on your water socks and other gear. Enter and walk through the river cautiously the boulders and rocks can be quite slick. About 15 minutes up the river to your right you will notice Mystery Falls spilling down the mossy sandstone. If you are lucky you might see an adventurer rappelling down as they complete their canyoneering trip through the Mystery Canyon. The sandstone cliffs will tower up to 800 feet above head for a jaw dropping experience. Continue hiking cautiously through the waters and after passing a sharp left turn that swings back around to create a gooseneck, you will reach one of the most photographed areas of the Narrows. In some areas of the trail there will be pools where you can choose to wade through, but in most cases there are more shallow routes to take.

Along the trail you will see an alcove and just passed this you will be able to decide if you'd like to move on through the Narrows into Wallstreet or turn right and go into Orderville Canyon. Orderville can be a little trickier to navigate and would recommend that you be a more agile experienced hiker for this route. Whichever you choose, make sure that you are watching the time and give yourself plenty of time to make the hike back.

Wallstreet is the narrowest part of the canyon and gets down to 25 to 30 feet wide. I highly recommend that you make it through at least part of Wallstreet to experience the Narrows namesake. This hike takes a little preparation, but with that comes the great reward of a quite memorable experience.

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EVENTS

DOCUTAH—TEN YEARS STRONG
By Della Lowe

This year marks the 10th season of an idea, sparked a decade ago, that a small desert city in the far southwestern corner of Utah could mount a world-class documentary film festival. However, that is exactly what happened. Now the Dixie State University DOCUTAH International Documentary Film Festival is completing the DOCUTAH Decade this fall Sept. 2-7. During its 10 years, DOCUTAH has attracted thousands of films from all over the world through its submission process.

“There is something very special about viewing films at a film festival,” said Phil Tuckett, professor of digital film at DSU and founder and executive director of DOCUTAH. “It’s an experience you cannot

subject of the film. When you combine that with special events such as live concerts by the musicians in the films, or a chocolate, wine and olive oil tasting to whet your appetite for films about those subjects, you’ve spent time really surrounded by the vision of the filmmakers.”

This year’s festival presents 65 films from 30 countries with subjects that encompass something for everyone: Hollywood’s Second World War, how craft chocolate is made, an artist who paints with dirt in the Utah desert, the oldest climber to summit Mt. Everest, how we find truth in a post-truth world, an Alaskan gold miner digging up mammoth bones instead, a foundation preventing rhino poaching by starting a football tournament, the art of taxidermy, and so much more.

As always, the festival presents special events tied to the subjects of films, and this year is no exception with several live concerts including a tribute to Frank

produced by DSU students in cooperation with DSU Films, profiles the unique Utah town of Leeds in “A Town for All Seasons.” An opening reception will be held at the DSU Eccles Fine Arts Center before the screening Sept 2.

DOCUTAH

“We were approached by Frank Lojko, who just retired as DSU VP for Government Relations and has been a great supporter of DOCUTAH,” Tuckett said. “He came up with a grant provided by generous support of Gary and Ann Crocker through the Sorenson Legacy Foundation, which he passed on to Mayor Wayne Peterson of Leeds for the purpose of doing a film on the sesquicentennial of Leeds. What we

“When planning the sesquicentennial, we felt this film gave us a great opportunity to capture the history of this place directly

from citizens, who are advancing in age but whose families go back generations before it is lost forever,” noted Mayor Peterson. “They still have stories which are passed down from their ancestors.”

“DOCUTAH has cut out a very special niche, which has allowed it to succeed for 10 years” said Lojko. “That success comes from the quality and integrity of the small staff and those who volunteer to put in the kind of service to review the films and put



get sitting on your couch watching Netflix or even in a theater. It is an immersive experience, shared with thousands of film enthusiasts, film directors, and often the

Sinatra before the Community Drive-in movie on Friday night, “Frank Sinatra in Palm Springs: The Place He Called Home.”

The opening film this year,

thought might be a small film about the 150th anniversary of this Utah town turned out to be an important film about a city with a unique place in the history of the settlement of the American West. Each time we went to research and shoot, we found something else which exposed the agricultural, mining, business, and pioneer importance of this place.”

all that sweat equity into the program. These are people who dedicate their time for something that is good for everyone. We have Sundance and DOCUTAH in the same state. Not many states have such quality film production and programs in one state.”

The schedule and full information on the films and special events is available at docutah.com.



THE INDEPENDENT
— A voice for Utah —

August 2019 Volume 24, Issue 6
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OPINION

UTAH! WE'RE NO. 1

By Howard Sierer

Okay, well maybe not in every way. But the State of Utah ranks at or near the top in a wide variety of categories, from our economy to education to health. Oh, and don't forget our five national parks, seven national monuments, and The Greatest Snow on Earth.

Settled in obscurity in 1847, Utah was derided as a backwater in many ways until recent decades. Seemingly out of the blue, the state is now recognized as a leading light on a number of fronts.

Governor Herbert highlighted some of the national recognition that has blossomed in the last decade. Start with our booming economy.

Utah has had the

brightest economic outlook of any state for 10 consecutive years. Forbes magazine rated Utah as the best state for business three years in a row and for five out of six years.

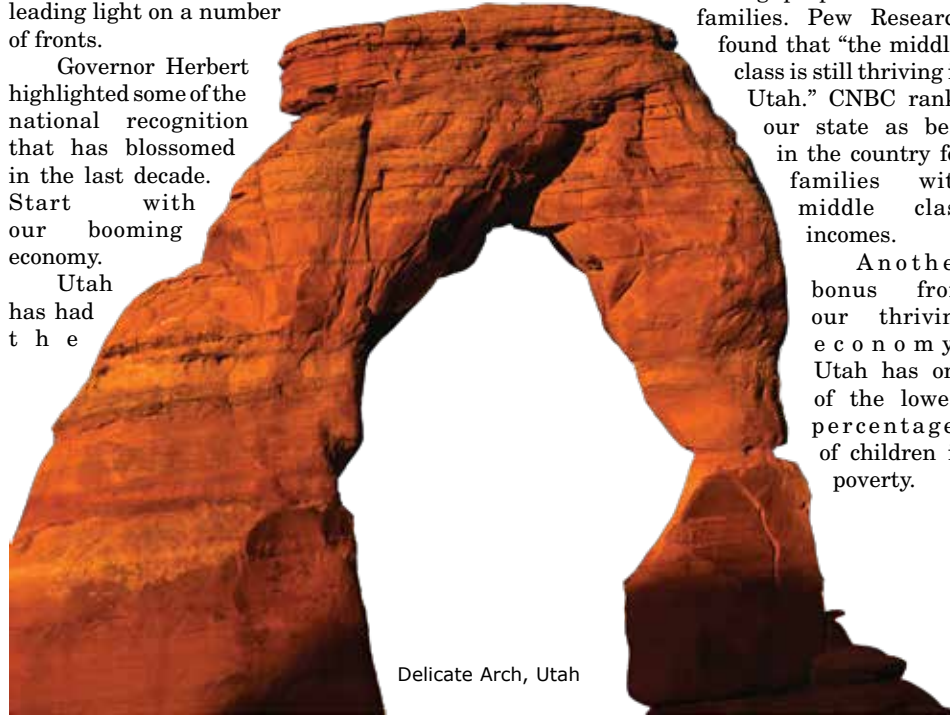
The website "24/7 Wall Street" analyzed 50 measures of doing business and ranked Utah first. Chief Executive Magazine rated Utah's workforce quality best in the country.

Earlier this year, WalletHub ranked five Utah cities near the top of its "Best Small Cities for Starting a Business." Our own St. George is No. 2 on the list.

The Wasatch Front's "Silicon Slopes" received national recognition as No. 1 of Forbes magazine's "Tomorrow's Tech Meccas" and as the U.S. Chamber of Commerce No. 1 in innovation and entrepreneurship. Utah is singled out for its rapid tech jobs growth.

Utah's economic boom has been great for working people and their families. Pew Research found that "the middle-class is still thriving in Utah." CNBC ranks our state as best in the country for families with middle class incomes.

Another bonus from our thriving economy: Utah has one of the lowest percentages of children in poverty.



Delicate Arch, Utah

Bloomberg's Megan McArdle wrote a lengthy article titled "How Utah Keeps the American Dream Alive." She explains how Utah's world-class economic mobility — the real answer to income inequality — gives all our citizens a chance to live the American dream.

Utah's public education has been criticized by some but nonetheless is well regarded nationally. Those critical of Utah public education point to our low level of spending per pupil. But measuring results rather than spending tells a different story.

US News ranks Utah 10th in how well it educates its students. Of the 13 states that require all students to take the ACT, Utah is fifth.

Utah is the only state in country to rate an A+ for teaching financial literacy in its public schools. Maybe that's why Utah's college graduates have the lowest student debt loads in the country.

BYU's accounting program is consistently ranked near the top in the country while the University of Utah was ranked as the top college for aspiring entrepreneurs.

Unsurprisingly, Utah's health and the quality of our health care are among the nation's best.

Utah was one of America's five healthiest states due in no small part to our fourth lowest obesity rate and the lowest percentage of smokers. The payoff: Utah is ranked first in states to grow old in.

Utah is ranked fourth in health care quality with the University of Utah Health Care ranked first in the nation in quality, safety, and accountability.

As a consequence, Utah has the lowest personal healthcare and hospital costs in the nation. These low costs are reflected in our second lowest health insurance costs.

We rightfully agonize over the care we give or sometimes fail to give our stunningly beautiful natural environment. Living in the midst of world-class natural wonders makes them all too easy to take for granted.

Credit the French company Michelin for singling out Utah as the only state worthy of three-star recognition in its iconic travel guide. "Utah is a beautiful state, a destination worth making a special trip for American and international visitors, including the French, who love it."

I chose to live in Utah, and I'm a big fan. Utah has the right balance of climate, scenic beauty, a strong economy, and — best of all — lots of happy, friendly, hospitable people.

I endorse Brigham Young's words, "This is the right place."

Find more opinions everyday at SUIndependent.com

TERM LIMITS ARE A GOOD START

By Ed Kociela

I'm a huge fan of term limits.

That's why I cannot help but support the United Utah Party's efforts to pace an initiative on the ballot to set term limits for state elected offices.

The initiative would allow state senators to serve up to three consecutive four-year terms and house members up to six consecutive two-year terms.

It would limit the governor, lieutenant governor, attorney general, state treasurer, and state auditor to two consecutive four-year terms, or eight years in office.

There would be, however, no lifetime limit. A former legislator would be allowed to come back and run for office again after taking a "time-out" period of at least one term.

While not perfect, this is a good place to start, but would it really level the playing field in Utah?

The problem, you see, is that as long as a candidate has an "R" behind his name, it is pretty much a slam dunk for him because of the culture of conservatism that permeates the state. "Mommy, Daddy, Grandma, Grandpa, and most everybody

else voted Republican, so will I," is the way the thinking goes.

The conservative influence is so strong that even most Democrats who break through and actually win an election carry the conservative banner. Rep. Jim Matheson was a good example. He had some social issue credentials that allowed him to slip through the cracks as a Democrat and a legacy as the son of Utah's last governor from the Democratic Party, but, he was a DINO — Democrat in Name Only. So as far as ideology is concerned, term limits would do little, if anything, to change Utah.

Most in our legislature have served ten years or less, but that seems long enough to me.

You see, running for office is a form of public service, not permanent employment.

You're supposed to hold office to represent all of the folks in your constituency, to govern with a fair and equal hand, to not get sucked up by the special interests and lobbyists.

The story has been told and retold but is an apt reminder here that Utah's most famous politician, Orrin Hatch, declared

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OPINION

his run for the U.S. Senate because he believed his opponent had served too long.

“What do you call a Senator who’s served in office for 18 years? You call him home,” Hatch said of Democratic Party incumbent Sen. Frank Moss, who had served 18 years.

Hatch ran on a promise of pushing for term limits, arguing that Moss had lost touch with his Utah constituents. Hatch, who won his first Senate seat in 1976, went on to serve for 42 years.

So much for campaign promises.

Hatch also argued that his longevity in office gave him a better lay of the land, a feel for governing, and experience in dealing with the wolves who prowl the halls of the Senate.

He argued that his seniority gave him rank, which translates into prime Senate committee appointments, which translates into power.

But as he neared retirement, the same argument he used against Moss was being thrown in his face: that he had served so long, he had grown out of touch with his constituency.

Being an incumbent is being in the catbird’s seat. You have name recognition, and you can talk about the legislation you worked on and who supported you. It gives a certain gravitas to the campaign that a neophyte just cannot muster.

But, does that really matter?

We see today how many seem to think that lengthy political experience is a hindrance, which partially explains the Trump phenomena. His base likes him largely because he is a so-called “outsider” who hasn’t played the political game, although there is ample evidence to the contrary that simple minds cannot wrap their arms around.

The system is rigged in Utah to secure the Republican power base and to ensure that conservatives will control the legislature by means of gerrymandering. There is no real equitable divide in the state. That’s why fair redistricting is also vitally important.

For those who believe that it takes a few years for a new legislator to plant his feet and get a feel for the job, the truth is that governance should not be that complicated. That concern could be erased by making all elected positions four-year terms and allowing those elected to serve a maximum of two terms without the ability to bounce back and run again after taking a hiatus from office. The terms would be staggered so there would not be a complete turnover every eight years.

It is obvious that we are in desperate need of change, from eliminating the Electoral College to term limits at the local, state, and federal levels.

Voting numbers prove that. A whopping 80 percent of Utah’s registered voters went to the polls in 2016. While that may sound impressive, it is a manipulation of the numbers, which also show that 42 percent of those of voting age did not cast a ballot.

That’s a lot of people who are not being represented, who are either unimpressed with the candidates being proffered or are simply fed up with the whole thing and have dropped out of the political system.

That’s unacceptable, but I must admit that I have been there before, washing my hands of the whole thing and sitting it out for eight years at one stretch.

I have to also admit that I wasn’t happy with the ballot in 2016, which truly was a choice between the lesser of two evils.

But it is time to get people back into the fold, time to re-energize them and get them back into believing that their voices and their votes matter and that they aren’t the only ones tired of the same old shuck and jive.

And that can only happen by shaking things up a bit by making some meaningful changes to the way we continue on with this great experiment of democracy.

This isn’t a Republican thing. This isn’t a Democrat thing. It’s simply the right thing to do to get this nation focused once again on the priorities that made this nation the hope and light of the free world.

Peace.

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Opening Aug. 5, the touring exhibition “Al Farrow: Wrath and Reverence” will make its eighth and final stop at Southern Utah Museum of Art on the campus of Southern Utah University.

“Wrath and Reverence” brings together pieces of Al Farrow’s work from private and public collections across the United States. These ornate sculptures depicting religious structures, ritual objects, and reliquaries are inspired by the world’s three major religions: Judaism, Islam, and Christianity. What makes Farrow’s work stand out from other religious artwork is his use of unconventional materials such as deconstructed guns, bullets, bone, glass, and steel.

“Beauty is not a concern for much of the art being produced today, yet it remains a universal attraction,” said Farrow. “I use the beauty of religious architecture to attract my viewers into closer inspection. Once close, the viewer discovers that these beautiful sculptures are made with violent materials. My hope is that the viewer is seduced into wondering about this juxtaposition and begins to think about

the relationship between religion and war, which has existed throughout history.”

Beginning its national tour in 2015, “Wrath and Reverence” has also shown at Forum Gallery in New York City, 21c Museum Hotel in Louisville, Kentucky, Bellevue Arts Museum in Bellevue, Washington and Museum of Craft and Design in San Francisco among other museums and galleries. For this exhibition, SUMA received a loan from the de Young Museum, part of the Fine Arts Museums of San Francisco, for the work titled “The Spine and Tooth of Santo Guerro.” This sculpture is inspired by European Catholic cathedrals and houses the spine of Santo Guerro, a fictional saint of war, as a commentary of how many European cathedrals were built with the intention of viewing religious relics.

“Securing a loan from the de Young Museum is a great achievement for our museum and our local arts community,” said Jessica Farling, director and curator of SUMA. “This loan is another example of how quickly SUMA is growing to become a world-class museum in the

heart of southern Utah, bringing diverse and thought-provoking exhibitions to the region. Exhibitions like Wrath & Reverence help Cedar City continue to be known as Utah’s destination for the arts.”

Visitors will have the opportunity to meet the artist during multiple events throughout the exhibition. Farrow will attend the final SUMA Summer Nights event Aug. 1 when Friends of SUMA members and Utah Shakespeare Festival ticket holders will have the opportunity to meet him and receive an exclusive look at one piece from the show. He will also attend the member’s preview event on August 3, when Friends of SUMA members will have the opportunity to view the entire exhibition before it opens to the public. The museum is teaming up with A.P.E.X. at SUU to host Farrow for a public talk Sept. 19 at 11:30 a.m. in the Hunter Conference Center. Before the show closes, SUMA will host a gallery talk with Farling Oct. 1 at 4 p.m. “Al Farrow: Wrath and Reverence” will remain on display through Oct. 5.

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LOCAL NEWS

CONDOR RECOVERY PROGRAM CONFIRMS THOUSANDTH CHICK

Zion National Park biologists confirmed a California Condor chick in a nest on the cliffs just north of Angels Landing. Biologists estimate the egg was laid mid-March and hatched beginning of May. Zion National Park is a member of The Southwest Condor Working Group that includes state wildlife agencies of Utah and Arizona, federal partners including U.S. Fish and Wildlife Service, Bureau of Land Management, and National Forest Service, and private partners including The Peregrine Fund who manages releases and day to day monitoring for the population.

The female, condor 409 (tag 9) hatched in 2006 at the San Diego Zoo and was released at the Vermilion Cliffs National Monument release site in 2008. The male, condor 523 (tag J3) hatched in 2009 at The Peregrine Fund's World Center for Birds of Prey in Boise, ID and was released at the Vermilion Cliffs release site in Arizona in 2011. They have been together for two years since 409's first mate (condor 337) died from lead poisoning in 2016. This would be condor 409's third confirmed chick. We are keeping a close watch, hoping that this chick will be her first chick to fledge successfully, this November.

In 1982, only 22 California condors were left in the world. Due to the steep decline of the population, the remaining wild condors were captured and held in captivity for safekeeping which gave rise to a tremendously successful captive breeding program that has allowed for reintroduction of the endangered birds back to the wild beginning first in 1992 in California and following in 1996 in Arizona. The population

now numbers more than 500 with over half of those flying free in the wild. Each bird, whether produced in the wild, or in captivity, is given a studbook number to differentiate it from others, and this most recent chick received studbook number 1000. A milestone that captures the essence of the population's progress towards recovery.

This thousandth chick is the product of the united efforts of citizens, biologists, government and non-government agencies to keep these magnificent birds flying free.

"We are so excited to hear about this monumental milestone in the condor recovery program," Russ Norvell, Utah Division of Wildlife Resources avian conservation program coordinator, said. "We also applaud Zion National Park for their great stewardship of these particular birds. We look forward to continued success with all our partners in helping this endangered species."

"After over two decades of efforts to restore condors to the southwest, it is nice to take a moment to reflect on the steady and slow progress made and thank those who have contributed so much, like Zion National Park, to see this effort through. We have a long way to go, but today we celebrate this milestone." Chris Parish, director of conservation for The Peregrine Fund.

40,000 years ago, condors scavenged on mammoths and giant sloths, and would have been found throughout much of North America. California condors are now limited to a small range in Arizona, Utah, northern Mexico, and California. Condors nest in caves or large crevices. A female will typically lay her egg on the floor of the cave. Both parents share incubation duties lasting approximately 57 days. The chick can take up to three days to hatch. Nestling condors are fed regurgitated meat by both of their parents. Although the chick will leave the nest and take its first flight at around six months of age, it still relies on its parents for food for as long as a year. By that time parents will have missed the next breeding season, allowing only one offspring every two years at best.

Lead poisoning is the primary cause of condor mortality and a remaining obstacle to the recovery of the population. Hunters and others are helping to reduce the amount of lead in the environment, improving chances for condor survival.

For more information on the California condor recovery program, visit peregrinefund.org/projects/california-condor.

ST. GEORGE MUSICAL THEATER PRESENTS "THE SCARLET PIMPERNEL"

By Bruce Bennett

Opening its fall season, St. George Musical Theater presents "The Scarlet Pimpernel," a crowd-pleasing musical that is sure to appeal to the show's adoring fans as well as convert many new devotees.

"The Scarlet Pimpernel" is a swashbuckling action/adventure musical based on Baroness Orczy's famous 20th-century novel about the French Revolution with an epic, sweeping book by Nan Knighton and a rousing and passionate score by Knighton and Frank Wildhorn. The show features drama, comedy, and the love triangle of Percy, a British aristocrat who dons an alias to subvert the French, Chauvin, his always-clad-in-black nemesis, and Marguerite, Percy's new bride and Chauvin's former flame. Truly, this show has it all: suspense, drama, plenty of laughs, and how can a show that features a life-sized guillotine go wrong?

"We are thrilled with this cast featuring two dozen of the most talented performers in our area," said artistic director Rachel Parry. "Nearly everyone comments on how much talent we have in our community, and this production of 'The Scarlet Pimpernel' is a perfect showcase to display the truth

of that observation." Much like St. George Musical Theater's previous shows "The King and I" and "Beauty and the Beast," "The Scarlet Pimpernel" will likely have sold-out performances, so it is recommended that tickets be purchased early. There are two methods to reduce the cost of the already very reasonable ticket prices. We are still selling our season ticket packages, which offer tickets at a price of less than \$19 a piece and the ability to use the tickets for the shows a patron wants in the quantity he wants. For an even greater discount, we have group rates as low as \$15 per ticket with a minimum group size of only 15, making this perfect for family reunions and company events.

St. George Musical Theater's "The Scarlet Pimpernel" runs Thursday-Saturday and Monday evenings at 7:30 p.m. Aug. 15-Sept. 14, with 2 p.m. performances Aug. 31 and Sept. 7. Go to sgmt.org for all tickets, and call (435) 628-8755 for group rates. St. George Musical Theater is a 501(c)(3) nonprofit organization. Donations are welcomed.

"CELLO RENDEZVOUS: AN EVENING OF BEAUTIFUL CELLO ENSEMBLE MUSIC" AT KAYENTA

By Merrie Campbell-Lee

Have you ever heard a choir of cellists perform together? The sound is powerful, sonorous, and soulful, unlike anything you've heard. On Sept. 12 at 7:30 p.m., over 20 talented cellists from the Cello Society of Southern Utah will come together to create a magical experience.

Soloists Nicole Pinell and Brittany Gardner join them to perform Vivaldi's masterwork Double Cello Concerto in G Minor and Karl Jenkins' exquisite "Benedictus."

The ensemble will play selections from Bach's Cello Suite No. 6, Rachmaninoff's "Vocalise," Shostakovich's Waltz No. 2, Villa-Lobos' Bachianas Brasileiras No. 1, and a mashup arrangement of Queen's "Bohemian Rhapsody" with Schubert's "Serenade."

Tickets are \$30 and \$10 for students with current ID and can be purchased via kayentaarts.com, at the box office, or by calling (435) 674-2787.

KURT BESTOR ELEVATES AUDIENCES AT KAYENTA "IN HIGH PLACES"

By Merrie Campbell-Lee

On Sept. 7 at 7:30 p.m., internationally acclaimed musician Kurt Bestor will perform his "In High Places" concert in view of the majestic red rock mountain range surrounding the outdoor plaza at the Center for the Arts at Kayenta in Ivins.

In his third concert at Kayenta, the renowned keyboardist, accompanied by his band of musicians, will perform a collection of original songs inspired by nature and creative minds like John Wesley Powell and Leonardo da Vinci. Some are new, unreleased pieces and others are from his recent albums, "Sketches, Seasons, Innovators" and "Outside the Lines."

Bestor loves playing in intimate settings like Kayenta.

"I get to connect with the audience in ways I can't in larger concert halls and venues," Bestor said. Throughout the concert, Bestor weaves in the stories behind each song and why and how he wrote them in his warm, humorous style.

"You can't help but feel his own journey through his music, and it touches everyone in a different way," says Elise West, a lifelong friend, fellow musician, and devoted fan. "It's the reason people go to his concerts. Everyone comes to their own

interpretation of what the music means for them personally."

Bestor's unique style has earned him legions of loyal fans around the world. His sound is powerful and, he hopes, "elevating," having the capacity to evoke joy, serenity, and ecstasy. His composing and performing talents has garnered Emmy awards and Grammy nominations. He's best known for his Christmas music, but he's also written over 40 film scores for national television and commercials. And he's played live concerts to more than half a million people in the past 28 years.

Tickets are \$35 and \$10 for children and students. Purchase online through kayentaarts.com, or call (435) 674-2787.



ORCHESTRA OF SOUTHERN UTAH HOLDS AUDITIONS

By Tanisha Crosby

The Orchestra of Southern Utah has an open call for musicians to audition to join the orchestra. As summer reaches its final stretch, OSU is gearing up for a new season of fabulous music. With each new season often comes the opportunity for new members to join the ensemble.

The talents that come together to make the orchestra complete is something truly special and extremely fulfilling. Many musicians come from Cedar City while others travel from St. George and as far as Beaver to create the music for the greatly anticipated concerts that take place throughout the year. The orchestra comprises all ages from high school students to more seasoned musicians. What binds the orchestra members together is their love and passion for music. The orchestra is a fun, challenging, and safe place to create some truly magical music. Rehearsals begin Aug. 15 and continue throughout the season every Thursday at 7 p.m. at the Heritage Theater. While rehearsals are a commitment, it is truly a joy to be able to group together, rehearse, and create music. There is some

truly wonderful repertoire lined up for this 2019-20 season that you won't want to miss out on.

Auditions for the Orchestra of Southern Utah will be open for the next two-three weeks before the 2019-20 season begins Aug. 15. Information on audition dates, requirements and how to request an audition at mysou.org/auditions#orchestraauditions.

For more information on the audition process, to schedule an audition, or for further questions, please contact OSU manager Rebekah Hughes at (435) 592-6051 or beckyosucedarcity@gmail.com.



KANAB HOSTS INAUGURAL INTERNATIONAL FOLK DANCE AND MUSIC FESTIVAL

By Russell Wulfenstein

International dancers and musicians are coming to Kanab as part of the area's first ever international folk dance and music festival Aug 5-7. Dancers and musicians from Mexico and Taiwan will take the stage along with U.S.-based folk dancers in a dynamic celebration of their rich cultural heritage.

This year's festivities include three main events: A community dinner, a free cultural street dance, and the evening performances.

The Monday night all-American community dinner, catered by the fabulous Juniper Ridge restaurant, is being offered at just \$5 per plate. The meal includes chicken and Dutch oven potatoes served at the northeast pavilion of Jacob Hamblin Park. Tickets must be purchased in advance, and seating is limited. Dinner starts at 6 p.m.

Following dinner, a free cultural dance will begin at 7:30 p.m. at the basketball courts at the southwest corner of Jacob Hamblin Park. Our teams from Mexico, Taiwan, and the United States will teach their community dances alongside our international dancers, accompanied by live musicians. The dances are meant to be easy enough for anyone to join in and have a great time with no previous dance experience required. Bring a friend. You won't regret it!

Evening performances will be held Aug. 6 and 7 at the Kanab High School Auditorium, located at 59 Cowboy Drive in Kanab. These performances are when

the groups will showcase their stunning repertoire of traditional dance and music with extravagant costuming and breathtaking



skill. Both shows start at 7 p.m. Doors open at 6:30. Adult tickets are \$10 each with family passes available for just \$30.

Tickets for the dinner and evening performances are available online at canvonsfolkfest.com.

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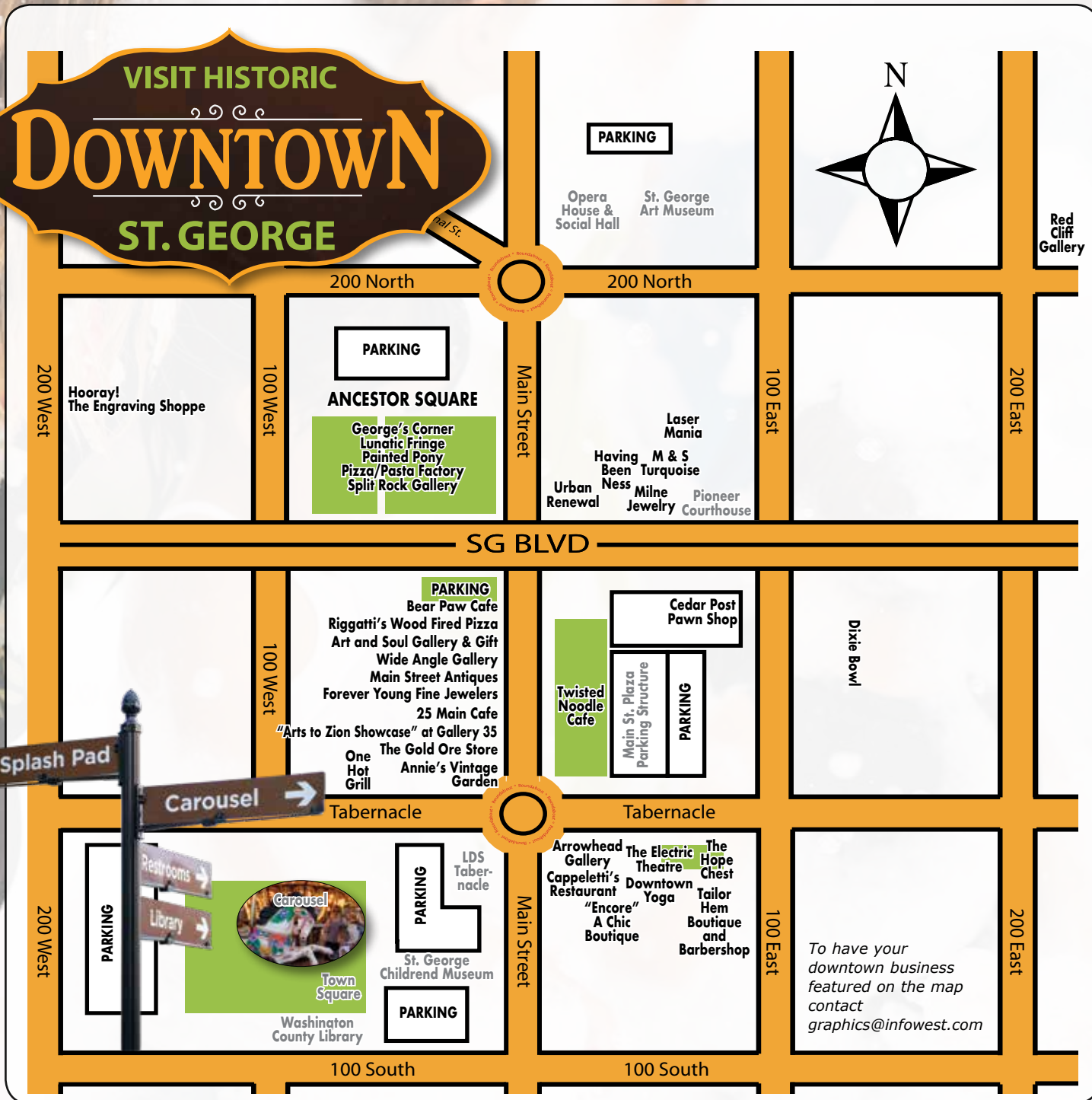
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THEATER

UTAH SHAKESPEARE FESTIVAL REVIEWS

By Brian Passey

“Macbeth”

There's no question that “Macbeth” can be one of William Shakespeare's creepiest stories. And the latest production of “The Scottish Play” at the Utah Shakespeare Festival in Cedar City certainly delivers.

Director Melissa Rain Anderson brings a horror film vibe to the production — but not a brainless, screamfest-style horror film. After all, it's still a classic work of the Bard.

Anderson increases the creepiness through an exploration of four themes throughout: time, nature turned against itself, blood, and children. Anytime you have blood and children together, it's going to be chilling.

But in Anderson's macabre vision, the children are not just victims (though Macduff's wee ones remain the play's greatest tragedy), they are also the aggressors. In addition to the Weird Sisters — the three witches called for in the script — Anderson adds three child witches to the mix, allowing them to lurk in the background during various scenes. Super creepy.

Still, the Weird Sisters are highlights, as usual. This trio is especially captivating thanks to David Kay Mickelsen's gothic costuming that recalls Bellatrix Lestrange from the Harry Potter films — a perfect

pairing for their physical movements as they swiftly slink onto the stage and later crawl out an open pit. Of the three, Sarah Hollis best inhabits the role — a terrifying vision clad in Mickelsen's striking designs.

It all takes place in front of Apollo Mark Weaver's darkly gorgeous scenic design, which features torn white draperies and gray, skeleton-like tree branches tipped with red leaves. The leaves are among the bright red accents used throughout the play, layering another dimension to Anderson's exploration of the blood theme. They even fall intermittently like drops of blood.



Emma Geer, Sarah Hollis, and Betsy Mugavero play the Witches in the Utah Shakespeare Festival's 2019 production of “Macbeth.” Photo by Karl Hugh. Copyright Utah Shakespeare Festival 2019.

The audience's vision is drawn to each corner of the set as Anderson deftly moves her actors about the stage, blocking them in such a way that makes you wonder what they are doing and adding to the suspense and mystery. Enhancing this is Lindsay Jones' spine-chilling music and sound design, covering everything from wolf howls to a deep, echoing knock that launches hearts into throats.

As Lady Macbeth, Katie Cunningham is stellar. She delivers some of the play's most famous lines (“Unsex me here...”) with power and authenticity. Her sleepwalking scene is particularly noteworthy as

she collapses in sobs that reverberate throughout her body.

Prior to that scene, on the night of the first murder, Mickelsen smartly dresses Cunningham in stark white nightclothes that not only match the torn draperies but also offset the bright red blood on her hands.

Another standout is Todd Denning (fantastic in both “Twelfth Night” and “The Book of Will” this season) as Banquo. But his best parts come after he's dead. The scene of him appearing at dinner is one of the most chilling things to ever appear on the stages of the Utah Shakespeare Festival. Bravo, Anderson, for this ingenious scene.

A surprise performance is Armin Shimerman (also superb as Polonius in “Hamlet” this season), whose Butler character delivers some much needed post-murder laughs.

It's no surprise, though, that the only actor on stage that rivals Cunningham's Lady Macbeth is Michael Elich as Macduff. In recent seasons, Elich has proved himself as one of the most talented actors to grace the USF stages, and he continues to slay his roles this year. Of all his scenes, though, Macduff's grief upon learning of his murdered family is a thing of terrible beauty — a heartbreaking mixture of anger and fragility.

And what of Macbeth himself? Wayne T. Carr's performance as the titular wicked one is steady throughout, doing a notably fine job with the “sound and fury” speech. And his final fight with Elich, as Macduff, is unexpectedly physical as they actually grapple on the stage.

The only real complaint for this production was the use of a microphone for one of the witches. Initially, it seemed as though it might be for a vocal effect, but it really just sounded like a standard microphone that had been poorly placed, creating a distracting muffled noise.

Unfortunately, one of the most memorable moments of the July 4 showing of “Macbeth” is unlikely to repeat. Due to its staging in the outdoor Engelstad Shakespeare Theatre on Independence Day, fireworks could be heard throughout. But they began in earnest just as the Weird Sisters finished their famous spell and acknowledged the approach of Macbeth with that famous line: “Something wicked this way comes.”

It's one of those live theater moments that just can't be planned, though Anderson is enough of a visionary to try. It's worth noting here that she is one of five women directing productions at the Utah Shakespeare Festival this year (including “The Greenshow”). Because of the nature of Shakespeare's plays — all written for entirely male casts more than 400 years ago — it's difficult to get a lot of women on stage, but it's nice to see the festival making an effort to bring in women as directors, especially when they are as talented as Anderson.

All in all, she has created a “Macbeth” that easily checks off each box for what is expected of The Scottish Play, and then some. It's bloody. It's bold. It's resolute.

The Utah Shakespeare Festival's production of “Macbeth” continues through Sept. 6 in the Engelstad Shakespeare Theatre at Southern Utah University's Beverley Center for the Arts in Cedar City. Tickets are \$20–\$77.

“Henry VI: 2 and 3”

Don't let the length and density of “The Conclusion of Henry VI: Parts Two and Three” at the Utah Shakespeare Festival stop you seeing it.

Granted, this production of William Shakespeare's classic game of thrones is not for the faint of heart. Although both plays are shortened, they are still two hours each — with a half-hour break between — presented as a single-ticket production and featuring the same actors and artistic staff. And while this production is the least impressive part of the festival's stellar summer season, it's still worth your time if you are a Shakespeare fan, and especially if you're trying to “complete the canon.”

Directed by Henry Woronicz, the same creative mind behind Part One in the 2018 season, Parts Two and Three face some of the same issues as the first one. Woronicz makes bold choices to breathe a little more life into these somewhat stuffy plays. While the histories in general have an unwarranted reputation for being boring, the Henry VI plays might be the most difficult to digest as they chronicle the War of the Roses and its accompanying musical crowns.

It's a repeated pattern of triumph, dialogue, backstabbing, battle, triumph of a

new faction, dialogue, backstabbing, battle, etc. And it can become monotonous.

Woronicz succeeds in taking a massive and complicated story and making it not only digestible but also entertaining. Yes, the program notes help a great deal, and it's worth the investment for the full souvenir program with actor bios and photos to help keep everyone straight, especially as actors take on different roles throughout the production.

Longtime patrons of the Utah Shakespeare Festival will be comfortable with actors playing different roles, but typically each character only has one costume. Not so in Parts Two and Three. Once again, Lauren T. Roark has designed some of the best costumes we've seen on the USF stages, but one of Woronicz's storytelling devices is to gradually move his characters through time, especially during Part Three. So the same actor might be playing the same character, but he could wear a few different outfits as the centuries fly by.

It's a fascinating idea — using the visual cues of costumes and props to move the storyline throughout the ages as a commentary about how the political problems of that time are still reflected today — but like some of Woronicz's creative ideas from Part One, they falter in execution. Until you understand what's happening, you might find yourself distracted from the play as you wonder why a character is wearing a ball cap. Did he forget to take it off backstage before entering? And, wait, did they really have guns that looked like that in the 15th century?

Stepping away from those thoughts for a moment, there is a glue holding the storytelling together amidst the occasional confusion. That is the acting.

Jim Poulos expertly inhabits the role of timid King Henry VI — a seemingly kindhearted but naive ruler who is obviously in way over his head. Complicated male characters who don't always exhibit stereotypically “manly” behavior are to be commended and celebrated (we need more of them), but that's a modern take on Shakespeare's Elizabethan culture. It's clear that Shakespeare intended to write Henry as a weak leader who is browbeaten by his wife and whose failures led to a civil war. All of that said, Poulos is absolute perfection in the role Shakespeare wrote.

Contrasting his character is Stephanie Lambourn as the fiery and resolute Queen Margaret, whose character defies stereotypically “womanly” behavior — at least for the time in which the play was written. Again, strong female characters are to be commended and celebrated today (we need more of them), but the Queen's embrace of stereotypically “manly” behaviors portrays her as stepping outside her role and usurping her husband's authority. Of course, this is on the Bard and the customs of the time, not on Woronicz or Lambourn, who sizzles in the role. Perhaps, though, her character is more redeemable



Michael Elich plays Duke of York, Stephanie Lambourn plays Queen Margaret, Jim Poulos plays King Henry VI, and John Oswald plays Cardinal of Winchester in the Utah Shakespeare Festival's 2019 production of “The Conclusion of Henry VI: Parts Two and Three.” Photo by Karl Hugh. Copyright Utah Shakespeare Festival 2019.

in Part Three, when Shakespeare's script allows her to show strength as a woman and not just as a male caricature.

Joining Poulos and Lambourn in a rock-steady performance is Michael Elich as Richard Plantagenet, Duke of York. His character is cunning and conniving and you never doubt it with Elich in control. He continues to own the stage whenever he sets foot upon it — even as he steps away from York to play a commoner with joyful abandon.

Yet with Woronicz's bold choices — including modern music utilized in both revelatory and distracting ways — his directing is almost a character unto itself.

Modern adaptations of Shakespeare have their place. They can help us better examine enduring themes and eternal truths. The finale of Part Three drives



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THEATER

home these ideas in visually exciting and emotionally powerful ways. Woronicz triumphs here, but ultimately, it's a costly victory because of the confusion sowed by his devices earlier on.

While some of Woronicz's experiments didn't work, he should be applauded for having the bravery to try. And, after all, a black box like the Eileen and Allen Anes Studio Theatre is the type of venue that is perfect for experimentation.

One aspect of this production where experimentation absolutely succeeds is the casting of Emelie O'Hara as Richard, Duke of Gloucester and the future King Richard III. That's right, a short woman — the type of actor typically cast as a boy in Shakespearean production — carries the role that becomes one of the Bard's greatest villains. And she owns it.

The first moment that O'Hara lopes onto stage, her arched back immediately revealing her identity, might leave some audience members questioning the casting. But any doubts are erased as O'Hara dominates the role. She is downright chilling as Richard (just wait for the scene with the baby), and we can only hope she is again cast for the part in next year's "Richard III." She's wicked good.

Overall, Woronicz faced a gargantuan task of wrangling two epic and easily confusing history plays into one understandable and entertaining production. It has its bumps, but for the most part "The Conclusion of Henry VI: Parts Two and Three" is a success, and a great opportunity for Bard buffs to cross two more off the list.

The Utah Shakespeare Festival's production of "The Conclusion of Henry VI: Parts Two and Three" continues through August 31 in the Eileen and Allen Anes Studio Theatre at Southern Utah University's Beverley Center for the Arts in Cedar City. Tickets are \$52-\$56.



Utah Shakespeare Festival

"The Book of Will"

"The Book of Will" at the Utah Shakespeare Festival in Cedar City is a play for people who love Shakespeare. But it's also the must-see play of the summer.

A wonderful ensemble cast makes the most out of every word in Lauren Gunderson's brilliant, funny, and poignant play. And Melinda Pfundstein's masterly direction ensures that we feel each heartbeat with them.

It begins with a group of William Shakespeare's friends — most of whom worked with him at the Globe Theatre — waxing nostalgic as they mourn his death, celebrate his words, and lament how the Bard's life work is being lost to bad acting, altered dialogue, and unauthorized printings of his plays.

They have to save the words. That means collecting the plays and preserving them by publishing a folio of Shakespeare's work.

At the heart of the ensemble are the legendary King's Men actors Richard Burbage (Todd Denning), Henry Condell (René Thornton Jr.), and John Heminges

(Chris Mixon). But Gunderson's moving script doesn't let it devolve into a boys' club. Instead it smartly creates room for their families — Condell's wife, Elizabeth (Sarah Hollis), and Heminges's wife, Rebecca (Katie Cunningham, also excellent as Lady Macbeth this season), and daughter, Alice (Betsy Mugavero) — to become part of the story and, in many cases, a driving force behind it.

All have moving and memorable moments, with Mugavero in particular standing out for her expectedly strong showing. She's spot-on with every line, as usual. Impassioned one moment, the next she's adding the precise intonation necessary to get the most out of a joke.

There are some seriously funny moments. Denning later returns in the hilarious role of Shakespeare's rival Ben Johnson. And Mauricio Miranda is awkwardly comedic as Ralph Crane.

But the heart of the play is Thornton, whose performance is love personified. That love is in his endearing delivery and written across his face.

In fact, these actors playing actors all deliver their lines with a love and reverence for the legacy of Shakespeare. That sentiment is written into Gunderson's script. And Pfundstein deftly brings it out of every moment of the play.

Shakespeare is responsible for some of the greatest romances in the Western canon. "The Book of Will" returns that love to the playwright. This is a love letter to William Shakespeare.

It's a play about friendship, family, and feelings, from exuberant joy to "a tempest of loss," and how powerful feelings are part of being alive.

Shakespeare's work often espoused underlying messages, and "The Book of Will" is no different. There are smartly written feminist undertones throughout Gunderson's words, from the women celebrating Shakespeare's portrayal of women ("They spoke!") to their reveling in the emergence of Emilia Bassano Lanier, portrayed in the play by Hollis and known as the first Englishwoman to become a professional poet.

There's even a point when Rebecca "Becky" Heminges notes that not everyone

doing good work gets applause. It seems to subtly nod at the often ignored and underappreciated emotional labor carried by wives and mothers throughout the world.

Even though so many of the powerful moments are found in the words, perhaps the most memorable comes through Pfundstein's direction, itself filled with a love for the art of theater.

It's impossible not to smile as the printing process begins and strings of pages stretch out across the theater. It's magical — a magic enhanced by the production's staging in the outdoor Engelstad Shakespeare Theatre, which has a classic "Wooden O" design like Shakespeare's own Globe Theatre.

It's simply delightful. It's enchanting. Plays like "The Book of Will" are why we go to the theater.

We go to see the magic. The Utah Shakespeare Festival's production of "The Book of Will" continues through Sept. 5 in the Engelstad Shakespeare Theatre at Southern Utah University's Beverley Center for the Arts in Cedar City. Tickets are \$20-\$77.

To purchase tickets, visit bard.org or call (800) 752-9849.

CALENDAR

Multi-Day Events

To get your event in our Free Calendar of Events log on to suindependent.com/events_calendar/form.php Limit one free listing per day or date per organization.

**YOUR FEATURED EVENT HERE!
CALL (435) 656-1555.**

TUACAHN: "A GENTLEMAN'S GUIDE TO LOVE & MURDER" July 5–Aug 10, 7:30 p.m. Performed in the newly renovated indoor Hafen Theater. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

HISTORIC ST. GEORGE LIVE! 10 a.m. Guests will meet the pioneer settlers in historic buildings around town. St. George Art Museum, 47 E. 200 N., St. George.

Find more at SUindependent.com

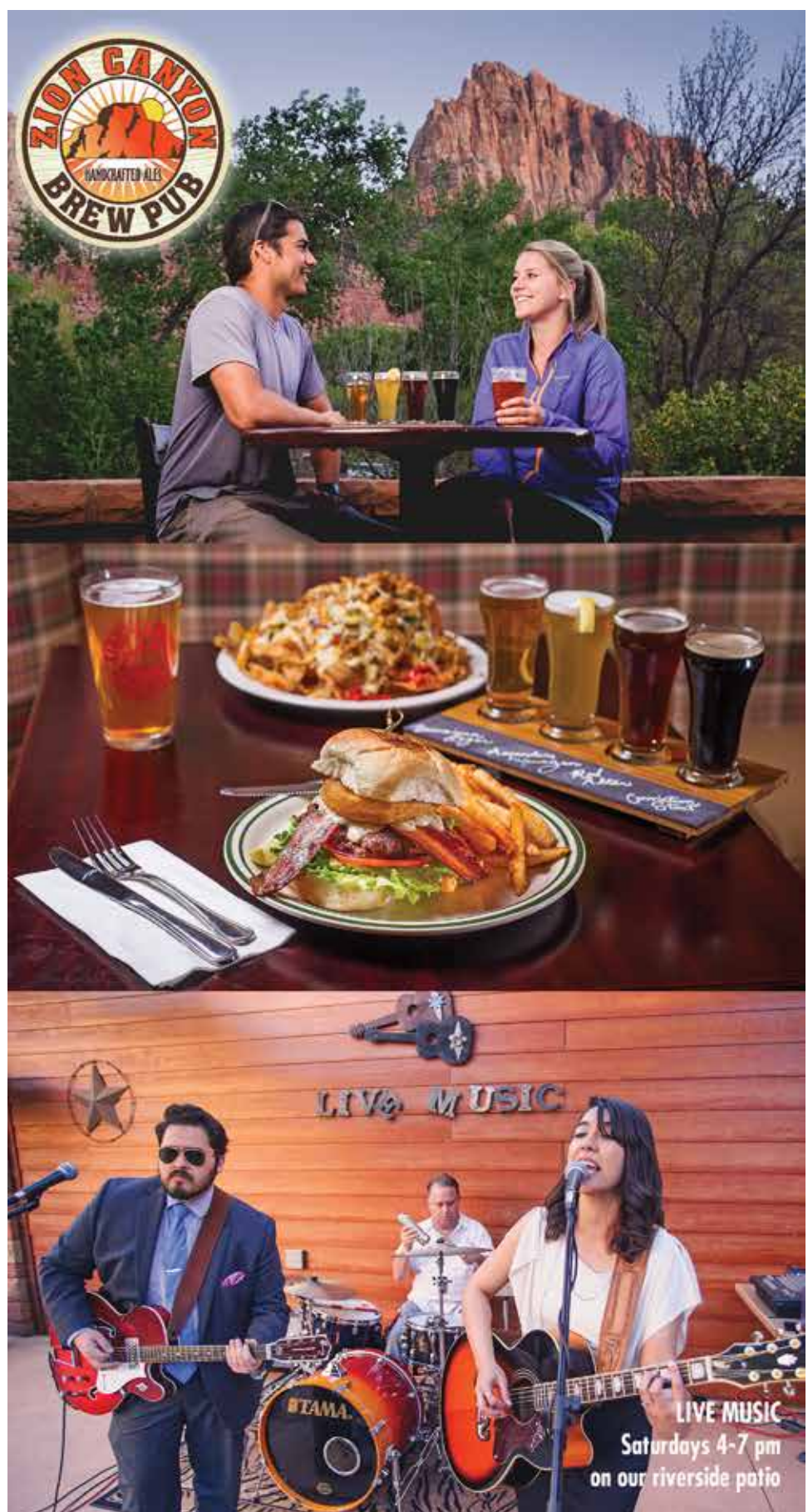
EXHIBITION OF WOODCUTS AND LINOCUTS BY CAROL BOLD, ROYDEN CARD, ABE MCCOWAN, AND ROBERT PERKINS Through Oct. 22, 10 a.m. St. George Art Museum, 47 E. 200 N., St. George.

"ONLY ABSTRACTION" Mondays–Fridays, 10 a.m.–5 p.m. through Aug., 29. 231 works of art from 63 southern Utah artists. The show features abstract art from all mediums including all forms of painting and mixed media, photography, pottery, sculpture and other. The show is a blend of small and large pieces. All the art will be for sale. Red Cliff Gallery, 220 N. 200 E., St. George.

"THE ALCHEMIST" Aug. 16, 17, 28, and 30, 9:30 a.m. Bard.org. Randall L. Jones Theatre, 300 W. Center St., Cedar City.

"WORDS CUBED" Aug. 16 and 17, 9:30 a.m. bard.org. Anes Studio Theatre, 101-199 W. University Blvd Cedar City.

TICKET PURCHASES FOR WITCH EVENTS Aug. 2–6. Witches Night Out for ladies 18+ and Waffles & Witches for families. Staheli Family Farm, 3400 S. Washington Fields Rd., Washington.




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CALENDAR

"HUDSON" Aug. 23, 24, 29, and 31, 9:30 a.m. Bard.org Randall L. Jones Theatre, 300 W. Center St., Cedar City.

2ND ANNUAL BIKE FESTIVAL Aug. 24-25, 9:30 a.m. Brian Head Resort, 329 S. Highway 143, Brian Head.

2019 COVE FORT DAYS Aug. 2 1-8 p.m. and Aug 3, 9 a.m. to 6 p.m. Experience pioneer life as it was in 1867. Visit the pioneer village with pioneer arts and crafts, including cooking, weaving, spinning, wood carving, quilting, hair weaving, blacksmithing, soap making, and more. Old-time storytelling will take place all day, including famed storyteller and singer of Utah history, Clive Romney. Free covered wagon and stagecoach rides as well as pioneer games and activities for kids. Families are welcome to bring their own picnic lunch or to purchase food from any of several food vendors that will be available. Cove Fort Historic Site, 17655 State Hwy. 161, Beaver.

NEIL SIMON'S "BAREFOOT IN THE PARK" Aug. 2-4, 7:30 p.m. Paul is a conservative young lawyer who marries the vivacious Corie. Their passionate relationship descends into comical discord in a five-story New York City walk-up. Kayentaarts.com, (435) 674-2787. Kayenta Center for the Arts, 881 Coyote Gulch Ct., Ivins.

KANE COUNTY FAIR Aug. 6-10. County fair exhibits and activities. Thekanecountyfair.com. Carroll Arena, Orderville.

"I HATE HAMLET" Aug. 7-11, 7:30 p.m. Set in John Barrymore's old apartment in New York City — the author's real-life home at the time — the play follows successful television actor Andrew Rally as he struggles with taking on the dream role of Hamlet while dealing with a girlfriend who is keeping a firm grip on her chastity and playing host to the ghost of John Barrymore who, clothed as Hamlet, has come back to earth for the sole purpose of convincing Rally to play the part. But when a Hollywood friend shows up offering Andrew a new role in a TV pilot with a potentially large salary and fame, Andrew is forced to choose between Shakespeare, whom his girlfriend loves, or television, where he is loved by millions. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

WASHINGTON COUNTY FAIR Aug. 7-10. Washington County Regional Fairgrounds, Hurricane.

GARFIELD COUNTY FAIR Aug. 13-17, 10 a.m. Garfield Country Fair Building, 725 N. Main St., Panguitch.

MOST WANTED AT VIRGIN RIVER LOUNGE Aug 16, and 17, 7 p.m. showtimes may vary. Playing classic rock, disco, oldies, country, and everything in between. Free. 21 or older. 100 Pioneer Blvd., Mesquite.

TUACAHN: THE SOUND OF MUSIC July-Oct. 26, 8:45 p.m. Based on the true story of the Von Trapp Family Singers. Tuacahn Amphitheatre, 1100 Tuacahn Dr., Ivins.

"LITTLE SHOP OF HORRORS" Aug. 14-18, 7:30 p.m. Simonfest presents a delectable sci-fi horror musical with an electrifying 1960s pop/rock score by Alan Menken and Howard Ashman. Seymour Krelborn is a meek and dejected assistant at a floral shop who happens upon a strange plant, which he affectionately names "Audrey II" after his crush at the shop. Little does he know that this strange and unusual plant will develop a soulful R&B voice, a potty mouth, and an unquenchable thirst for human blood. As Audrey II grows bigger and meaner, the carnivorous plant promises limitless fame and fortune to Seymour, as long as he continues providing a fresh supply of blood. Just when it's too late, Seymour discovers Audrey II's extraterrestrial origins and his true drive for world domination. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

"NEWSIES" Aug. 15, 16, 17, 22, 23, 24, 29, 30, 31, Sept. 5, 6, and 7, 7:30 p.m. Based on the real-life Newsboy Strike of 1899, this new Disney musical tells the story of Jack Kelly, a rebellious newsboy who dreams of a life as an artist away from the big city. After publishing giant Joseph Pulitzer raises newspaper prices at the newsboys' expense, Kelly and his fellow newsies take action. With help from the beautiful female reporter Katherine Plumber, all of New York City soon recognizes the power of "the little man." The Stage Door, The Electric Theater, 68 E. Tabernacle St., St. George.

WESTERN LEGENDS HERITAGE AND MUSIC FESTIVAL Aug. 15-17, 8 a.m. High Noon Longhorn Parade, wagon train, Breakfast with the Stars, Dinner with the Stars, Kansas City Barbeque Contest, live entertainment, The Stranded Tourists, melodramas, train ride and robbery, line dancing and s'mores, hayrides, costume contest, rodeo, vendor fair, Roo Arcus, Country Battle USA, and more. Kanab.

COUNTRY MUSIC FESTIVAL Aug 31-Sept. 1, 9:30 a.m. Brian Head Resort, 329 S. Highway 143, Brian Head.

DOCUTAH INTERNATIONAL FILM FESTIVAL Sept. 2-7. It's the DOCUTAH DECADE this year! Ten years of bringing the best documentaries from around the world to the Red Canyons of Southern Utah. DOCUTAH films are screened at indoor and outdoor venues among the amazing scenery of Southern Utah. In 2018 DOCUTAH received submissions from all over the world, engaging professional and student filmmakers from 14 different countries. Red Cliffs Theaters, 385 N. Mall Dr., St. George.

TUACAHN: DISNEY'S "WHEN YOU WISH" May-Oct. 24, 8:45 p.m. Tuacahn Amphitheatre, 1100 Tuacahn Dr., Ivins.

TUACAHN: DISNEY'S "THE LITTLE MERMAID" May-Oct. 25, 8:45pm Based on one of Hans Christian Andersen's most beloved tales and the classic animated film, Disney's The Little Mermaid is a beautifully melodic love... Tuacahn Amphitheatre, 1100 Tuacahn Dr., Ivins.

TOUCH OF SILK AT CASABLANCA Aug. 2-4, 7 p.m. showtimes may vary. Playing old school R&B, Motown, and more. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

GUITARS & CADILLACS AT VIRGIN RIVER HOTEL Aug. 2, and 3, 7 p.m. Showtimes may vary. '50's cover band. Free. 21 or older. 100 Pioneer Blvd., Mesquite.

DREW BAKER BAND AT CASABLANCA Aug 14-18, 7 p.m. showtimes may vary. The band plays modern current and classic country as well as classic rock and some contemporary radio hits. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

NEW HORIZONS INTERMEDIATE BAND AND STRINGS Band 1-3 p.m., strings 3-5 p.m. Economical group lessons for seniors. \$80 per semester or \$30 per month. (435) 772-1005, zionmusicensembles@gmail.com, zionmusicensembles.com, newhorizonsmusic.org. Electric Theater, 68 E. Tabernacle St., St. George.

NEW HORIZONS BEGINNER BAND AND STRINGS Band 1-3 p.m., strings 3-5 p.m. Economical group lessons for seniors. \$80 per semester or \$30 per month. Call for confirmation. (435) 772-1005, zionmusicensembles@gmail.com, zionmusicensembles.com, newhorizonsmusic.org. Electric Theater, 68 E. Tabernacle St., St. George.

MOVIES AT CRESCENT MOON MOVIE THEATER Wednesdays-Saturdays at 7:30 p.m. and Saturdays at 1 p.m. Ticket prices start at \$6. Call (435) 644-2350 or visit crescentmoonkanab.com. 150 S. 100 E., Kanab.

LIVING HISTORY AT SILVER REEF GHOST TOWN Fourth weekend of every month. 10 a.m. Silver Reef Museum, 1903 Wells Fargo Rd., Leeds.

PIZZA N PAINT NIGHT FOR KIDS 6 p.m. every Friday and Saturday. Fridays are for 4-12 year olds and Saturdays are for 8-14 year olds. Pizza, a movie, and paint supplies are provided. Kids take home their creations. Ms. Traci's Small Scholars, 293 E. Telegraph St. Ste. 103, Washington.

OUTBACK HIKING CLUB OF SOUTHERN UTAH Dates and times vary. Visit meetup.com/outback-hiking-club-of-southern-utah.

BEST FRIENDS ANIMAL SANCTUARY TOUR 8 a.m.-5 p.m. Drive to the sanctuary and take a tour through the visitor center. Make reservations at (435) 644-2001 or visit bestfriends.org. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

COWBOY DINNER AND SKIT 9 a.m. Join the Chuckwagon Cookout at Little Hollywood Museum for the buffet when they have tours scheduled. Walk-ins are welcome. Most seatings include an episode of the "How the West Was Lost" cowboy skit. \$16 for lunch and \$20 for dinner. 297 W. Center St., Kanab.

ART CLASSES Tuesdays and Thursdays at 6 p.m. Oil painting, drawing, portraits, and pastel classes available. Desert Rose Art Studio, 225 N. Bluff St., Suite 1, St. George.

POLE FITNESS CLASSES 7 p.m. Beginner class (Flow 1) held Tuesday and Thursday nights at 7 p.m. for \$10. Or attend the free community intro class at 7 and 8 p.m. Saturday nights. Book a party for your bachelorette or birthday party. 270 N. 2940 E., St. George.

KARAOKE AT THE STATELINE CASINO Tuesdays and Fridays at 8 p.m. Karaoke goes until they're finished. Stateline Casino, 490 W. Mesquite Blvd., Mesquite.

STAR PARTY A guided stargazing tour takes place in Dark Canyon Star Park every night. Learn something about the night sky and the universe. For reservations, text or call (435) 899-9092 or email kanabstars@gmail.com. N. Hwy. 89, Kanab.

ARE YOU STRESSED OR NOT LOSING WEIGHT? Noon. A special emphasis is placed on weight loss, diabetes, heart disease, and stroke prevention based on simple, proven methods to a healthier lifestyle. Southwest Utah Public Health Department, 620 S. 400 E., St. George.

GENTLE YOGA Mondays and Wednesdays at 4:15 p.m. ZACI Yoga, 348 N. Bluff St. #205, St. George.

KARAOKE AT THE ONE AND ONLY Mondays and Wednesdays at 9 p.m. 800 E. St. George Blvd., St. George.

Events by Day SUNDAYS

SOUTHERN UTAH MORMON TRANSITION/SUPPORT GROUP 1-2:30 p.m. This weekly support group is for individuals questioning their Mormon faith and looking to join like-minded people in open discussion on navigating a faith transition. The group meets in at the north end of the building by the pharmacy in the community room at Smith's, located at 565 S. Mall Dr. in St. George.

MONDAYS

USMS SWIM TECHNIQUE COACHING 8 a.m. Free. Must pay Sand Hollow Aquatic Center pool entry fee. Current USMS membership required. All level swimmers 18+, individual abilities considered in workout structure. Call Lynne Lund at (760) 844-6288. 1144 Lava Flow Dr., St. George.

STORY TIME WITH GRANDPA STEVE 10 a.m. Washington County Library, 88 W. 100 S., St. George.

SUMMER STORYTIME AT PANGUITCH LIBRARY 2 p.m. Stories, craft, and treat every Monday Panguitch Library, 25 S. 200 E., Panguitch.

COMMUNITY BEREAVEMENT GROUP 3:30 p.m. A supportive and educational group for those experiencing grief resulting from the loss of a loved one. Call (702) 346-5224. Mesquite Library, 121 W. First N. St., Mesquite.

DANCE CLASSES AT CCC 5 p.m. Children's Hip Hop/Contemporary. 5 class punch pass \$20.10 class punch pass \$40. First class FREE! Purchase punch passes at Town Hall during business hours. Canyon Community Center, 126 Lion Blvd., Springdale.

KICKSTART YOUR HEALTH NUTRITION AND COOKING CLASSES 4:30 p.m. Class topics range from digestion to blood pressure. Visit nutritiousway.org. 1554 Hummingbird Dr., St. George.

GIVE IT A WHIRL POTTERY CLASS 5 p.m. Try out a potter's wheel and learn basics of throwing a pot on the wheel. 2-hour class. All tools and supplies provided. \$30 per person. No registration. The Tilted Kiln, 215 W. St. George Blvd., St. George.

ST. GEORGE DANCE COMPANY CLASS 7:30-8:45 p.m. Ballet for adults, intermediate to advanced. Open to the public. Visit saintgeorgedance.com or call (435) 773-1221. The Electric Theater, 68 W. Tabernacle St., St. George.

TUESDAYS

CHILDREN'S STORY TIME 10 a.m. Frontier Homestead State Park, 635 N. Main St., Cedar City.

FRONTIER STORY TIME 10 a.m. Each Tuesday, preschool children can learn about the past through stories and history-related events. A different story and activity is featured each week. Free. (435) 586-9290. Frontier Homestead State Park Museum, 635 N. Main St., Cedar City.

MEMORY MATTERS EARLY STAGE MEMORY LOSS SERIES 10:30 a.m. Designed to aid the person with memory loss and their primary care partners and includes presentations on legal and financial preparation, pharmaceutical and alternative remedies, brain health, and nutrition. Falls Event Center, 170 S. Mall Dr., St. George.

STORY TIME WASHINGTON BRANCH 11 a.m. Washington County Library System, 220 N. 300 E., Washington.

WEEKLY HEALTHY LIFESTYLE CLASS Noon. Class to help you start taking steps to a healthier lifestyle. Must be at least 18 years old and a resident of Washington, Iron, Kane, Garfield, or Beaver County. Southwest Utah Public Health Department, 620 S. 400 E., St. George.

KARAOKE AT PEGGY SUE'S DINER 5-9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 380 N. Sandhill Blvd., Mesquite.

HERITAGE WRITERS GUILD Second Tuesday of each month at 6 p.m. Meets in the basement of the St. George Library. Call (435) 634-5737. 88 W. 100 S., St. George.

CHAPTER 1 BOOK CLUB 5:30 p.m. Washington County Library System, 88 W. 100 S., St. George.

OPEN PAINT NIGHT 6 p.m. Desert Rose Art Studio invites anyone who would like to join a group of artists. Bring whatever medium you want. Cost is \$15. Call Alice Hiatt at (435) 256-3317. 225 N. Bluff St. Suite 1, St. George.

TRIBUTE TO THE KING AT CASABLANCA 6-10 p.m. Starring John Brooks. Must be 21 or older. Free. "Voted Best of Las Vegas 2013 "Best Elvis Tribute Show" and "Best Lounge Performer." CasaBlanca Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

THE GRACEFUL WOMAN 6:30 p.m. Open to women of all ages for a night to empower, uplift, heal, strengthen, and teach. Fruit and tea will be served after class. By donation. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

LIBRARY ART CLUB FOR CHILDREN 6:30 p.m. Every second and fourth Tuesday of each month. Free. Register in the children's area. St. George Library, 88 W. 100 S., St. George.

INTERMEDIATE LEVEL WEST COAST SWING CLASSES AND DANCING Each first and third Tuesday of the month at 7 p.m. \$6 per person per class. For more information, contact Neil Duncan at neiljamesduncan@gmail.com or call (619) 994-6854. Washington City Community Center, upstairs aerobics room, 350 E. 200 N., Washington.

WEDNESDAYS

STORY TIME WITH MRS. MANN 10 a.m. Washington County Library, 88 W. 100 S., St. George.

STORY TIME 11 a.m. Washington County Library System, 36 S. 300 W., Hurricane.

WRITERS' IMPROVEMENT GROUP 2 and 6 p.m. Offered by Heritage Writers Guild. Bring up to eight pages of writing, double spaced, 12-point font for free and friendly feedback. For more information, call (435) 625-1743. St. George Library, 88 W. 100 S., St. George.

ANIME GAMER CLUB 3 p.m. Teens and 'tweens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

WELCOME WAGGIN 5 p.m. Join one of Best Friends' founders to learn more about the organization, hear heartwarming stories, and discover secrets about the sanctuary. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

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KARAOKE AT BEAVER DAM STATION 5:30–9 p.m. Full bar. 21 and over, must have ID. Hosted by singer Gayle Louise. Beaver Dam Station, County Hwy. 91, Littlefield, AZ.

PAINT NITE AT 'BOUT TIME PUB & GRUB 6 p.m. No experience necessary. Use the code SUTAH for 35% off. Drinks purchased from the venue separately, no BYOB. 21 and up. 929 W. Sunset Blvd., St. George.

GRATITUDE & GRIT: YOGA FOR ADDICTION RECOVERY 6 p.m. Meditation and yoga exercises to help overcome destructive behaviors. All are welcome. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

THURSDAYS

TODDLER TIME Thursday's and Friday's, 11 a.m. Washington County Library System, 88 W. 100 S., St. George.

TOPS WEIGHT LOSS GROUP 4 p.m. The Wentworth At the Meadows Theater Room, 950 S. 400 E., St. George.

MENTAL HEALTH CLASSES 5:30 p.m. Free. National Alliance on Mental Illness offers classes for families and loved ones coping with mental illness. Peer to Peer and Family to Family classes taught by trained volunteers in recovery. Support group for Peer to Peer Sept. 7. Support group for Family to Family Sept. 4. Washington County Library, 88 W. 100 S., St. George.

PAINT NIGHT AT SAND HOLLOW RESORT 6 p.m. No experience necessary. Use the code SUTAH for 35% off. Drinks purchased from the venue separately, no BYOB. 21 and up. 5662 W. Clubhouse Dr., Hurricane.

DESERT COMMUNITY STRINGS 6:30 p.m. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings.org St. George Medical Building, 736 S. 900 E., St. George.

JOYFUL YOGA 6:30 p.m. Kundalini Yoga as taught by Yogi Bhajan. Free, donations accepted. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

SINDUSTRY 7 p.m. Free drink and drawing ticket, corn hole tournament, beer pong, and Jenga. Live entertainment. \$10 buckets of beer. No cover charge. 275 Mesa Blvd., Mesquite.

LINE DANCING AT THE ONE AND ONLY 9 p.m. Come have some good old fashioned fun with a friendly crowd. 64 N. 800 E., St. George.

KARAOKE WITH DJ JANELLE AT MIKES TAVERN 9 p.m.–1 a.m. No cover. 90 W. Hoover Ave., Cedar City.

FRIDAYS

YOGA NIDRA AND GONG 9 a.m. A unique guided meditation preceded by yogic breathing and movement. All levels welcome. The Healing Tree, 535 S. Main St. #4, Cedar City.

SUP YOGA AT QUAIL 10 a.m. Join Michelle Ennis and DIG Paddlesports UP Yoga Friday mornings. Experience the Bliss of Yoga on the water while laughing, getting wet, and having a great time. Whether you are an experienced yogi or you just want to try something new, challenging, and fun, this class is for everyone. Feel at ease while you are guided to move and balance. Taught by a certified Stand Up Paddle Yoga instructor in a safe and supportive environment. Classes are 90 minutes and include SUP instruction, warm up, flow, playtime, and savasana on the water. Quail Creek State Park, 472 N. 5300 W., Hurricane.

MOMS 'N TOTS PLAYTIME 11 a.m. Washington County Library System, 36 S. 300 W., Hurricane.

DANCE CLASSES AT CCC 5 p.m. Adult Hip Hop/Contemporary. 5 class punch pass \$20. 10 class punch pass \$40. First class FREE! Purchase punch passes at Town Hall during business hours. Canyon Community Center, 126 Lion Blvd., Springdale.

PAINT YOUR PET PARTY 5–7 p.m. For just \$20 per person, you're provided with an 11x14 canvas, paints, brushes, and artist instruction. No prior painting experience is needed. Don't have a pet? Thumb through one of the many Best Friends' magazines to find an animal of your liking or email a web image to visitor-center@bestfriends.org and they'll print it out for you. Email jennifernagle@hotmail.com to sign up. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

KARAOKE AT OASIS GOLF CLUB 5–9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 100 Palmer Ln., Mesquite.

SUU DISCOVER STORY TIME 6:30 p.m. Cedar City Library, 303 N. 100 E., Cedar City.

LIVE MUSIC AT PEEKABOO WOOD FIRED KITCHEN 6:30–8:30 p.m. Free. 233 W. Center St., Kanab.

KARAOKE AT STATELINE CASINO Fridays at 7 p.m. Contest sign-ups at 6:30 p.m. Cash prizes! Open Karaoke before and after the contest each Friday. Hosted by singer Gayle Louise. (435) 229-9725. 490 W. Mesquite Blvd., Mesquite.

SOUND CELEBRATION: CRYSTAL SINGING BOWLS 7 p.m. This is a shower of beautiful sound vibration. Bring a yoga mat, pillow, or blanket. There are chairs and benches to sit on if you prefer. \$10–\$20; please do not stay away for lack of funds. Rockville Community Center, 43 E. Main St., Rockville.

DJ SPINZ AT THE ONE AND ONLY 9 p.m. 64 N. 800 E., St. George.

FREE COUNTRY SWING DANCE LESSONS FRIDAY NIGHTS AT MIKE'S TAVERN 9 p.m. 90 W. Hoover Ave., Cedar City.

SATURDAYS

TUACAHN SATURDAY MARKET 9 a.m.–1 p.m. Come enjoy the wonderful surroundings at the outdoor market in the canyon featuring local artwork, crafts, food and entertainment. 1100 Tuacahn Dr., Ivins.

YEAR ROUND FARMERS MARKET 9 a.m.–noon every Saturday. Cedar City's year-round downtown farmers market. 50 W. University Blvd./Center St., Cedar City.

CEDAR SATURDAY MARKET 9 a.m.–1 p.m. every Saturday. Food, artisans, drawings, bingo, and more. Held indoors during winter. (435) 463-3735. IFA, 905 S. Main St., Cedar City.

TAI CHI DRAGON QIGONG AT SANTA CLARA LIBRARY 10:30–11:30 a.m. Full-body energetic healing. Admission is free. No experience needed. Tai Chi Dragon Qigong is good for all ages and all levels of health and mobility. Santa Clara Library, 1099 N. Lava Flow Dr., Santa Clara.

KANAB OUTDOOR MARKET 5 p.m. Local crafts, produce, live entertainment, and more. Jacob Hamblin Park, 566 N. 100 E., Kanab.

LIVE MUSIC AT ZION CANYON BREW PUB 4–7 p.m. Free. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

KARAOKE AT VJ'S BBQ SPORTS BAR & GRILL 6 p.m. Hosted by singer Gayle Louise. (435) 229-9725. 560-522 W. Mesquite Blvd., Mesquite.

Events by Date

Fri, Aug 2

ART ON MAIN GALLERY STROLL 5 p.m. Main St., St. George.

ST. GEORGE STREETFEST 6 p.m. On the first Friday night of every month, downtown St. George transforms into a multi-stage outdoor concert venue and street market. Town square, 50 S. Main, St. George.

DULCE AT PEEKABOO KITCHEN 6:30 p.m. Free. Dulce is a husband and wife combo playing country, rock, bluegrass, and southern blues. 233 W. Center St., Kanab.

BRANDON CLOVE AT GEORGE'S CORNER 8 p.m. 2 W. St. George Blvd., St. George.

THE COMEDY MACHINE 8:30 p.m. Enjoy top comedic performances from the United States. Tickets are \$15–\$25 and can be purchased at startickets.com. Casablanca Resort, 950 W. Mesquite Blvd., Mesquite.

Sat, Aug 3

WIRELEFANT AT ZION CANYON BREW PUB 4 p.m. Free. Wirelefant is an alternative rock band formed in Southern Utah. Originally created as an acoustic duo, they have continually developed their sound, changing members throughout. From entertaining young crowds in loud venues, to pleasing families out to dinner with some light melodies and familiar tunes, Wirelefant is just good music. 95 Zion Park Blvd., Springdale.

FOOL'S GOLD AT CANYON'S LODGE 7 p.m. Free. Acoustic Bluegrass/Folk/Americana. Classic Rock. 236 N. 300 W., Kanab.

DAVE COMPTON AT GEORGE'S CORNER 8 p.m. 2 W. St. George Blvd., St. George.

EC ADAMS AT CASABLANCA 8:30 p.m. Featuring all the best of the '70s from disco to classic rock and to pop. Must be 21 or older to attend. 950 W. Mesquite Blvd., Mesquite.

Mon, Aug 5

PAWS FOR TALES—READ TO A DOG 4 p.m. Children can read to registered therapy dogs. Washington County Library System, 88 W. 100 S., St. George.

THE FAMOUS UNKNOWNNS AT CONCERT IN THE PARK 7:30 p.m. Free. Show Band. Park seating. (435) 627-4525. Vernon Worthen Park, St. George.

Tues, Aug 6

KARAOKE LUAU 8 p.m. Club Toadz, 432 N. 100 W., Cedar City.

Wed, Aug 7

FOREIGN FILM CLUB 6 p.m. Washington County Library System, 88 W. 100 S., St. George.

JACK KELLY DUNN AT GEORGE'S CORNER 7 p.m. Free. 2 W. St. George Blvd., St. George.

Thurs, Aug 8

SUPPORT GROUP/ LUNCH AND LEARN Noon. Support group for caregivers. Bring your own lunch. Five County Association of Government Building, 585 N. Main St., Cedar City.

Fri, Aug 9

MOVIE NIGHT AT TOWN CENTER SQUARE 6 p.m. "Footloose." St. George Town Square, 50 S. Main, St. George.

"SCIENCE FAIR" 6 p.m. Free screening. Q&A with co-directors Cristina Constantini and Darren Foster following the screening. Dolores Doré Eccles Fine Arts Center, 225 S. University Ave., St. George.

RIVERHOUSE BAND AT PEEKABOO KITCHEN 6:30 p.m. Free. Classic and southern rock with country blues. 233 W. Center St., Kanab.

THOMAS GABRIEL AT SAND HOLLOW RESORT 7 p.m. 5662 W. Clubhouse Dr., Hurricane.

BEANS AND WHEELS AT GEORGE'S CORNER 8 p.m. Free. Folk/Rock/Americana. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

Sat, Aug 10

JORDAN M. YOUNG AT AT ZION CANYON BREW PUB 4 p.m. Plays slide and electric blues/classic rock. Jordan is a touring artist based out of Austin, TX. Free. 95 Zion Park Blvd., Springdale.

SECOND SATURDAY SWING DANCE 7:30 p.m. Swing Dance lesson followed by two hours of swing dance music. DSU, Whitehead Education Building, 865 E. 100 S., St. George.

CHARLIE KESSNER AT GEORGE'S CORNER 8 p.m. Free. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

HOT AUGUST NIGHT AT CASABLANCA 8:30 p.m. Rob Garrett's tribute to Neil Diamond. Purchase by phone at (800) 585-3737. Must be 21 or older to attend. 950 W. Mesquite Blvd., Mesquite.

Mon, Aug 12

KANAB CAREGIVER SUPPORT GROUP 12:30 p.m. Senior Center, 56 W. 450 N., Kanab.

Tues, Aug 13

ASK A FOSTER PARENT Noon. Utah Foster Care, 491 E. Riverside Dr., #2B, St. George.

PAGE TURNERS BOOK CLUB 2:30 p.m. Page Turners Book Club Washington County Library System, 88 W. 100 S., St. George.

Wed, Aug 14

MESQUITE REPUBLICAN WOMEN 5:30 p.m. Doors open at 5 p.m. (702) 346-3804, sherriejh@gmail.com. Veterans Center, 840 Hafan Ln., Mesquite.

JERRY ALLEN AT GEORGE'S CORNER 7 p.m. Jerry Allen is based out of St. George and cites Matchbox 20 and The GooGoo Dolls as influences. 2 W. St. George Blvd., St. George.

Thurs, Aug 15

SUPPORT GROUP/ LUNCH AND LEARN Noon. Support group for caregivers. Bring your own lunch. Five County Association of Government Building, 1070 W. 1600 S. Bldg. B, St. George.

TEEN BOOK CLUB 3:30 p.m. Washington County Library System, 36 S. 300 W., Hurricane.

PAWS FOR TALES—READ TO A DOG 4 p.m. Children can read to registered therapy dogs. Washington County Library System, 88 W. 100 S., St. George.

BOOK ENDS BOOK CLUB 4:30 p.m. Washington County Library System, 220 N. 300 E., Washington.

ST. GEORGE ALS SUPPORT GROUP 7 p.m. Bee Hive Cottages Senior Living, 2041 Mesa Palms Dr., St. George.

AUGUST FULL MOON GUIDED HIKE 8 p.m. Pipe Spring National Monument, 406 Pipe Springs Rd., Fredonia.

Fri, Aug 16

FREE MOVIE MATINEE 2 p.m. 111 S. Main St. in the Gym, LaVerkin.

DICK EARL AT PEEKABOO KITCHEN 6:30 p.m. Free. Dick Earl is a blues and rock and roll musician from St. George. 233 W. Center St., Kanab.

JAKE SHEPARD AND ELI SABBITAS AT GEORGE'S CORNER 8 p.m. Funk. 2 W. St. George Blvd., St. George.

MASTERS OF PUPPETS AT CASABLANCA 8:30 p.m. The ultimate celebration of everything Metallica. Purchase by phone at (800) 585-3737. Must be 21 or older to attend. 950 W. Mesquite Blvd., Mesquite.

Sat, Aug 17

FESTIVAL OF FLAVORS 11 a.m. Brian Head Resort, 329 S. Highway 143, Brian Head.

RELATIONSHIP REMEDIES 1 p.m. Are you annoyed by someone you actually want to love? Come sit by me. I got you. 2304 Rustic Dr., St. George.

DICK EARL'S ELECTRIC WITNESS AT ZION CANYON BREW PUB 4 p.m. Free. Dick Earl is a blues and rock and roll musician from St. George. 95 Zion Park Blvd, Springdale.

KANAB SHOW AND SHINE 5 p.m. See many classic and new cars. Junction of Main and Center Streets, Kanab.

FOOL'S GOLD AT CANYON'S LODGE 7 p.m. Free. Acoustic Bluegrass/Folk/Americana. Classic Rock. 236 N. 300 W., Kanab.

KENNY RUSSELL AT GEORGE'S CORNER 8 p.m. Kenny Russell sings country/folk/american and is based out of Cedar City. 2 W. St. George Blvd., St. George.

Sun, Aug 18

TWO-DAY MASTERCLASSES 8–18 years old: beginning, intermediate, advanced levels. Students should have 3 or more years of dancing. Desert Edge Dance Company, 446 S. Mall Dr., St. George.

Wed, Aug 21

DAN LAVOIE AT GEORGE'S CORNER 7 p.m. Free. Dan Lavoie is a New York-based singer/songwriter who cites rock, folk, funk, and blues influences. 2 W. St. George Blvd., St. George.

Fri, Aug 23

JOSH WARBURTON AT PEEKABOO KITCHEN 6:30 p.m. Free. Josh Warburton performs originals and classics in the folk, blues, and rock genres with unique vocals and acoustic guitar. 233 W. Center St., Kanab.

MIKE AND ELAINE AT GEORGE'S CORNER 8 p.m. This multi-instrumentalist couple are also in local band Soul What!? and cover a range of musical styles in many genres. 2 W. St. George Blvd., St. George.

Sat, Aug 24

JOSH WARBURTON AT VERMILLION 45. 8pm. 210 S 100 E, Kanab, UT. 6:30 p.m. Free. Josh Warburton performs originals and classics in the folk, blues, and rock genres with unique vocals and acoustic guitar.

ENTERPRISE CORN FEST Fresh corn, vintage cars, half marathon, live entertainment. Enterprise City Park, Enterprise.

DAN LAVOIE AT ZION CANYON BREW PUB 4 p.m. Free. Dan Lavoie is a New York-based singer/songwriter who cites rock, folk, funk, and blues influences. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

TREADING WAVES AND BUFFALO SKATER RELEASE PARTY 7 p.m. Reading and signing by S.R. Atkinson. Live performance by Lyndy Butler. Food and drinks, coloring contest, giveaways. Ages 12+ only. The Book Bungalow, 94 Tabernacle St., St. George.

INNERVIEW AT GEORGE'S CORNER 8 p.m. 2 W. St. George Blvd., St. George.

Mon, Aug 26

COLOR COUNTRY CAMERA CLUB 4TH MONDAY 6 p.m. The Color Country Camera Club is a fellowship of people with a mutual interest in photography who routinely gather at meetings and on field trips to share photographic knowledge and experiences. Attendees are at all levels of expertise. No fees or by-laws. St George Public Library, 88 W. 100 S., St. George.

CALENDAR

Tues, Aug 27

MEDITATION GROUP WITH CRISTINA CLERICO 5:30 p.m. Free group. Cedar City Library, 303 N. 100 E., Cedar City.

Wed, Aug 28

GARY HUFF AT GEORGE'S CORNER 7 p.m. Free. 2 W. St. George Blvd., St. George.

VEGAS LIMIT — ALL REQUEST LIVE The ultimate interactive party! CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

Thurs, Aug 29

STRENGTH TRAINING FOR THE ENDURANCE ATHLETE 7 p.m. Dixie Regional Medical Center, 1380 E. Medical Center Dr., St. George.

Fri, Aug 30

FINAL FRIDAY ART WALK 5 p.m. Artisans Gallery & Center Street, 94 W. Center St., Cedar City.

JON STONE AT PEEKABOO KITCHEN 6:30 p.m. Free. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 233 W. Center St., Kanab.

THE NAKED WAITERS AT GEORGE'S CORNER 8 p.m. Free. The Naked Waiters play acoustic ukulele-based pop. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

Sat, Aug 31

NAKED WAITERS AT ZION CANYON BREW PUB The Naked Waiters are a unique acoustic trio who specialize in an equally particular instrument: the ukulele. 4 p.m. 95 Zion Park Blvd., Springdale.

FOOL'S GOLD AT CANYON'S LODGE 7 p.m. Free. Acoustic Bluegrass/Folk/Americana. Classic Rock. 236 N. 300 W., Kanab.

LISA MAC AT GEORGE'S CORNER 8 p.m. Free. Lisa Mac has become known for her powerful, soulful voice and poignant blues-rock songwriting. 2 W. St. George Blvd., St. George.

ANTHEMS — U.K. VS USA AT CASABLANCA 8:30 p.m. The Who versus Guns n Roses, The Beatles versus Aerosmith, Queen versus Journey, The Rolling Stones versus The Doors, Led Zeppelin versus Kiss, Pink Floyd versus Bon Jovi, and many more. Las Vegas's Kelly Christian of Yellow Brick Road fame with Stu Saddoris and his tribute band, TRINITY with dueling lead singers. Purchase by phone at (800) 585-3737. Must be 21 or older to attend. 950 W. Mesquite Blvd., Mesquite.

RAVEN CAIN BAND AT MIKE'S TAVERN 9 p.m. 90 W. Hoover Ave., Cedar City.

Sun, Sept 1

RAGGEDY EDGE AT GEORGE'S CORNER 8 p.m. Folk/Rock. 2 W. St. George Blvd., St. George.

Mon, Sept 2

PAWS FOR TALES—READ TO A DOG 4 p.m. Children can read to registered therapy dogs. Washington County Library System, 88 W. 100 S., St. George.

Wed, Sept 4

FOREIGN FILM CLUB 6 p.m. Washington County Library System, 88 W. 100 S., St. George.

Fri, Sept 6

RAY'S OF LIGHT AT GEORGE'S CORNER 8 p.m. 2 W. St. George Blvd., St. George.

Sat, Sept 7

MIKE & ELAINE AT ZION CANYON BREW PUB 4 p.m. Free. This multi-instrumentalist couple are also in Soul What!? and cover a range of musical styles in many genres. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.



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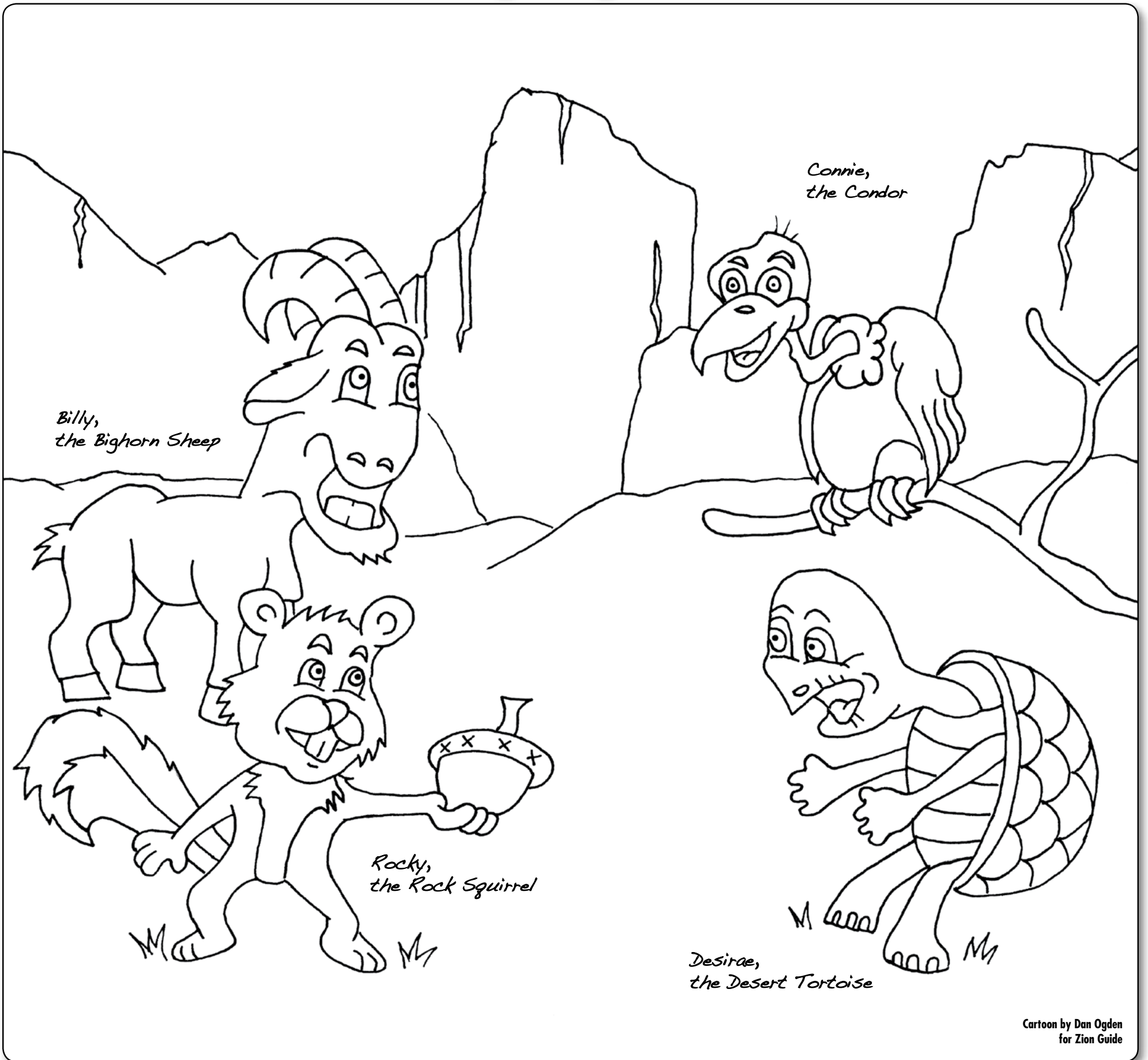
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Zion Area Town & Cities

Cedar City



To get to Cedar City from Zion National Park, take State Route 9 from the park's south entrance to I-15 north. The overall distance is about 57 miles, about the same as traveling to St. George. Cedar City is home to Southern Utah University. It has a population of about 31,000 and an elevation of almost 6,000 feet, making it cooler in the summer. Named "Festival City," it is a popular summer destination in the area with a variety of noteworthy annual events.

The world-renowned Tony, Emmy, and National Governor's Association Award-winning Utah Shakespeare Festival attracts about 120,000 patrons each year. The 2018 season runs through Oct. 13 and features "Henry IV Part One," "Othello," "The Merry Wives of Windsor," and other plays by Shakespeare as well as a few by other playwrights. The festival also puts on an event through Sept. 8 known as the Greenshow, a free lighthearted outdoor entertainment event including singing, dancing, and more. Visit bard.org for a schedule of plays.

Cedar City is also home to the Neil Simon Festival, which runs through Aug. 11. This year's offerings include Simon's "Biloxi Blues" and "Jake's Women" in addition to a few other shows. Visit simonfest.org for more information.

Cedar Breaks National Monument is only 23 miles east of the city along Highway 148. At 10,000 feet, it offers scenic meadows and forests along with breathtaking views of the natural amphitheater below. The nearby Duck Creek Village is a nice place to visit to refuel and purchase supplies or simply pause for a picnic.

Brian Head Ski Resort is located about 45 minutes east of Cedar City. Although it is a ski resort, summer activities there are plentiful and range from hiking and biking to live music and festivals. And at nearly 11,000 feet, it is the highest-elevation ski resort in Utah, so the climate is much cooler. More information is available at brianhead.com.

Bryce Canyon National Park isn't in Cedar City — it's about 76 miles east

of Cedar City and 83 miles from Zion. Like Brian Head, with higher elevations it's cooler than Zion. So at such a short distance, visitors to Zion or Cedar City would be well advised to take a day and drive to Bryce Canyon National Park for a change of scenery and climate, hitting two of the nation's most spectacular national parks in one trip.

More ideas for local recreation in Cedar City and the surrounding area are available at cedarcity.org, cedarcitychamber.org, and visitedarcity.com.

Hurricane Valley



Situated between Zion National Park and St. George, the town of Hurricane is a mere 23 miles east on State Route 9 with an estimated population of about 16,000.

Sand Hollow Resort is home to more than just a golf course. Sand Hollow Reservoir affords visitors opportunities for boating and other watersports while sand dunes are a popular destination for ATV enthusiasts. For golfers who want even more variety, Sky Mountain Golf Course and Copper Rock Golf Course are also nestled within Hurricane Valley.

The Sand Hollow State Park and Quail Lake State Park are two more recreation destinations in Hurricane Valley, each boasting warm waters and

magnificent red rock camping scenery.

The Southern Utah Sports Shooting Park is a public facility near the Washington County Fairgrounds. With five ranges to choose from, visitors can enjoy everything from skeet and clay shooting to rifle, handgun, and trap shooting.

Find more at cityofhurricane.com and hvchamber.com.

Kanab and Fredonia



Kanab has a population of about 4,500, and just across the Arizona state line, Fredonia has a population of about 1,300. Both towns are easily accessible from Zion National Park by departing from the park's east entrance along State Route 9 and following Highway 89 south. Kanab is about 40 miles away, and Fredonia is only 10 miles further.

Best Friends Animal Sanctuary in nearby Angel Canyon is home to about 1,600 animals, from cats and dogs to rabbits, horses, pigs, and more. It has engaged in high profile rescue work over the years, taking animals after Hurricane Katrina as well as dogs rescued from Michael Vick's dogfighting kennels, saving them from euthanasia. The sanctuary offers a variety of free tours and features one of the area's best buffets, which is open to the public.

Moqui Cave, another geographical landmark created by sandstone erosion, was used by the Anasazi for shelter. Now privately owned, it houses dinosaur tracks, fluorescent minerals, fossils, and Native American artifacts along with a gift store.

The Western Legends Round-Up, held the week of Aug. 20, is a celebration of Western heritage with an emphasis on Kanab's historic role as a backdrop for Western films. Live music and a BBQ competition are a part of the festival along with more immersive activities like campfire breakfasts and Dutch oven dinners.

A popular destination for photographers and ATV enthusiasts alike, Coral Pink Sand Dunes State Park comprises dunes made from the pink Navajo Sandstone frequently seen



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Zion Area Town & Cities (Cont.)

throughout southern Utah. Due to how the geography directs winds, they have deposited sandstone particles in this area for thousands of years, resulting in the dunes. This unique area contains rare and endangered species only found here: the Coral Pink Sand Dunes tiger beetle and Welsh's milkweed.

Grand Staircase-Escalante National Monument stretches over a million acres from Glendale and Kanab to the eastern part of the state. A visitors' center is located in Kanab.

Just south of the Utah border and west of Fredonia in the town of Kaibab is Pipe Spring National Monument, where Pipe Spring enabled the Ancestral Puebloans and Kaibab Paiutes to survive the heat and aridity of the northern Arizona desert for over 1,000 years.

For more information, visit zionguide.com, visitsouthernutah.com, and fredoniaaz.net.

Mesquite



Although it's in Nevada, the city of Mesquite is only 80 miles from Zion National Park. Simply head east on State Route 9, then take I-15 south. Situated directly between St. George and Las Vegas, Mesquite offers all of the amenities and entertainment found in Vegas with none of the traffic, crime, or pollution. For a town of only about 18,000, Mesquite has a lot going on.

CasaBlanca Resort is a hotel, casino, golf course, RV park, and performance venue rolled into one. Its free Summerpalooza event series hosts poolside concerts featuring the best Vegas talent, and the CasaBlanca Showroom regularly houses some of Sin City's best tribute acts — not to mention an annual Elvis impersonator contest.

Eureka Casino Resort is another golfing and gambling destination in Mesquite. It operates the Rising Star Sports Ranch, which is home to Mesquite's NABP League basketball team, the Nevada Desert Dogs.

For more information, visit mesquitenv.gov or mesquitenvchamber.com.

Mt. Carmel, Glendale, and Orderville



The towns of Mt. Carmel, Glendale and Orderville are east of Zion National Park and north of Kanab and are collectively referred to as Long Valley. These towns are very small. However, being centrally located, they serve as waystations for those traveling to Grand Staircase-Escalante National Monument, Bryce Canyon, Kodachrome State Park, or the Coral Pink Sand Dunes State Park.

This area is a little off the beaten path, so venturing into Long Valley immerses one in the resplendence of some of Utah's most untouched outdoor beauty. The three towns are located on Scenic Highway 89, part of the Utah Heritage Highway 89. Opportunities abound for hiking, boating, camping, and more. There are inns, cabins, and lodges in the area for those looking for a place to rest, and the Thunderbird Lodge offers not only rooms but the Thunderbird Golf Course and the Thunderbird Restaurant.

For more information, visit visitsouthernutah.com/glendale-orderville or zionguide.com

St. George



St. George can be reached by traveling 56 miles west on State Route 9 from Zion National Park's south entrance. With a population of nearly 85,000 people, it is the largest city within 100 miles of Zion. Before it was settled, the area was home to Ancestral Puebloans — forbears of the modern Hopi, Zuni, Pueblo, and Southern Paiute nations.

The St. George area is a destination for rock climbers, boulderers, and mountain bikers. It offers multiple golf courses and spas as well as opportunities for boating, fishing, horseback or ATV riding, and myriad other outdoor activities.

Snow Canyon State Park and the Red Cliffs Desert Reserve are both located near St. George, and each offers its own unique scenery that's a bit different from that in Zion.

There are often theatrical offerings from local companies including Tuacahn, The Stage Door, The Space Between, and Brigham's Playhouse. Kayenta Art Village and Dixie State University also frequently host concerts, plays, and other cultural events throughout the year.

The St. George Children's Museum is conveniently located downtown right next to both St. George's largest splash pad and another interactive water

feature for kids and adults alike — which can be a fun relief from the desert heat. The children's museum does not charge admission (although donations are accepted) and houses exciting kids' activities including a performers' stage, a medieval dress-up area, full-body interactive video games, a dinosaur room, a physics experiment room, and much more.

The Dinosaur Discovery Site is an all-ages dinosaur museum. Located at Johnson Farm, it boasts genuine dinosaur tracks found on site where they are safeguarded, maintained, and on display for the public.

There are numerous art galleries throughout the St. George area. Of note are Arrowhead ETC, located downtown next to the Electric Theater, and the St. George Art Museum, which houses everything from abstract art to desert landscapes in a variety of media ranging from sculpture to paintings, photography, and beyond.

The Red Hills Desert Garden offers a sampling of native flora set amidst a small outdoor aquarium that is host to several species of native fish. It is set adjacent to one of St. George's most popular hiking and scrambling areas, Pioneer Park, from which one can take in breathtaking views of the entire city.

St. George is also home to over 30 excellent and well maintained public parks. Local favorites include the newly-renovated Vernon Worthen Park and Thunder Junction, which features a train ride, permanent metallophones, and a huge volcano that "erupts." Find a full list at sgcity.org, and visit visitstgeorge.com and stgeorgechamber.com for more ideas for local recreation.

Springdale



Springdale sits at the south entrance to Zion National Park, and unless patrons enter through the east entrance, they must travel through it to reach the park.

While Zion National Park is a national tourist attraction, locals often come to Springdale just for the high-quality restaurants, and the Bit and Spur Saloon is one of few southern Utah venues that consistently attracts touring bands. Locals also routinely come from Cedar City and St. George simply to enjoy Springdale's top-notch spas, inns, and hotels.

From the Conviction Stout and Springdale Amber to the Ascender Hefeweizen and Zion Pale Ale, The Zion Brew Pub offers seasonal and flagship brews freshly concocted by the Zion Brewery, southern Utah's craft brewery. With an authentic wood-paneled pub feel indoors, the pub also regularly features frequent live music outdoors on the patio — right next to the Virgin River and backed by the grandeur of the canyon walls.

The O. C. Tanner Amphitheater is home to the annual Zion Canyon Music Festival in late September and provides a venue for other festivals and performances as well. For a schedule of events, visit octannershows.com.

For more information on what's going on in Springdale, visit springdaletown.com or zionguide.com.

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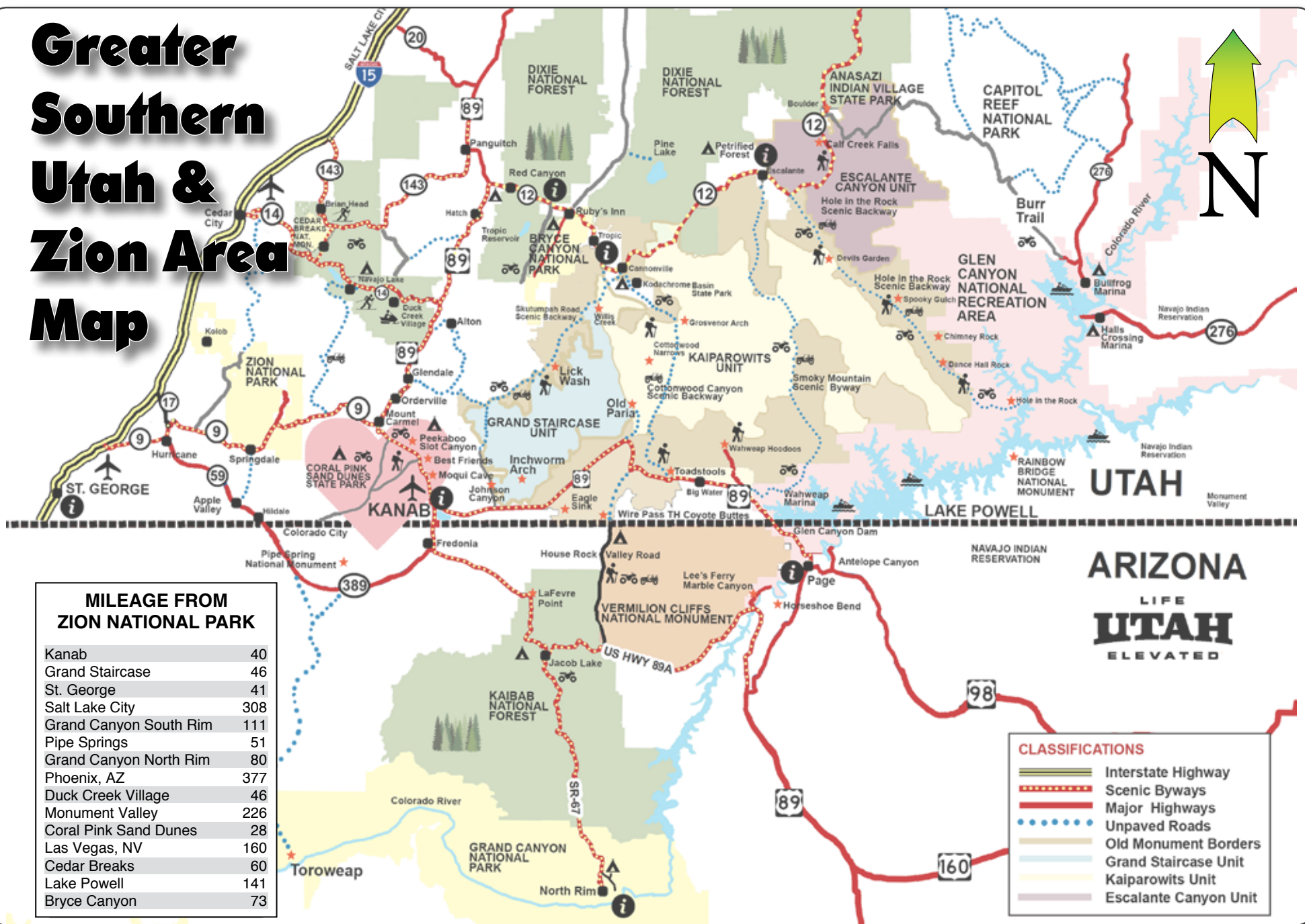
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Greater Southern Utah & Zion Area Map



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BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, reidside shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and piñon pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.

CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

DEAD HORSE POINT - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large, Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

ENTERPRISE - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states

at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

GRAND CANYON - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

LAKE MEAD - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

LAKE POWELL - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

PINE VALLEY - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and piñon trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

QUAIL LAKE - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.


SAND HOLLOW - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.

SNOW CANYON - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

ZION - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby

Springdale host numerous cultural activities, as well. There's something for everyone in Zion - whether you're

looking for a challenging hike or a fun excursion for the family. (435) 772-3256.



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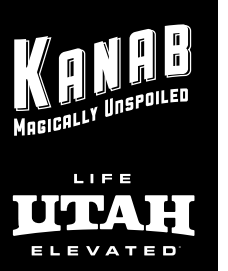
What better way to kick off summer than playing in and around Kanab! Surrounded by Lake Powell, Zion National Park, Bryce Canyon National Park, Coral Pink Sand Dunes, the Grand Canyon, and dozens of other scenic wonders. Kanab is the perfect basecamp for outdoor adventure.

For more information on lodging, dining, and attractions, go to VisitSouthernUtah.com

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WESTERN LEGENDS HERITAGE & MUSIC
 FESTIVAL
 August 15-17, 2019
KanabWesternLegends.com



Zion Area Annual Events Calendar

May-Oct. Kanab Outdoor Market
Nursery stock, baked goods, local artistry, jewelry, crafts and goods, free bounce house and balloons for the kids.

May Kanab 10K
A beautiful course sanctioned by USA Track and Field along Hwy 89 from Moqui Cave to the Kanab City Park.

May Amazing Earthfest
Southern Utah's festival of learning, arts, and outdoor adventure.

June Jacob Hamblin Days Festival
A fun festival to celebrate the pioneer and Western heritage of Kanab and Kane County.

June-Aug. DSU Summer Concert Series
Enjoy a variety of live performances by bands, orchestras and solo artists. Located at the O.C. Tanner Amphitheater, just outside of Zion National Park.

June Maynard Dixon Country Campout
A 5-day gathering of artists and art lovers interested in the history of Western art and current Western painting.

July Kanab 4th of July Celebration
Celebrate the nation's Independence Day small-town style in charming Kanab, Utah! Parade, vendors, entertainment and festivities throughout the day into the evening.

July Springdale 4th of July Celebration
Celebrate Independence Day with the Springdale community. Kick off with a parade followed

by a barbecue, live music and activities for the whole family to enjoy.

July 24th of July Celebration
Celebrate the state of Utah with a pioneer dinner. Get ready for the fourth annual Kabob-a-Que.

July Pioneer Day Celebration
Games, Dutch oven dinner at the park and a great costume parade celebrating pioneer heritage.

August Symphony at the Grand Canyon
Symphony of the Canyons performs on the patio at the North Rim Lodge. Bring a picnic dinner and listen as the sun sets over the Grand Canyon.

August Kane County Fair
Offering many wonderful events for the whole family. Most of the events are free so don't miss out.

August Western Legends Round-up
Kanab's celebration of film, music, poetry, and Western heritage.

September Big Water Dinosaur Festival
Celebrating past and present dinosaur discoveries in the Grand Staircase Escalante National Monument.

September Demolition Derby
Cars, trucks and "figure 8s" with up to 18 cars demolition derby with events for the entire family, including the Power Wheels Derby for kids and the wife-carrying contest!

September Carmel Mtn. Music and Art Festival and Car Show

Check out fancy cars and enjoy live entertainment, vendors, food and kid-friendly activities.

September Glendale Heritage Apple Festival
The Glendale Heritage Apple Festival was started to celebrate Pioneer Heritage and the many talents that are in this small town.

September Duck Creek End of Summer Bash
6 p.m. to 9 p.m. at the Duck on In Saloon in Duck Creek Village. Come spend your Labor Day Weekend in Duck Creek enjoying live music.

September Zion Canyon Music Festival
Enjoy the beautiful fall season in Zion as the canyon is filled with music. The Zion Canyon Music Festival features music, art and an exquisite backdrop.

October Red Rocktoberfest
Art, food, live music and poetry, dancing, wagon rides, photography, games and activities for the kids, all on the main drag in Kanab. German food and activities.

October Zion Rocktoberfest
Celebrate the start of fall in Zion mixed with traditional Oktoberfest aspects. The event will feature live rock and folk music and many other activities.

Nov.-Dec. Zion Joy to the World
Enjoy a wonderland of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.

November Butch Cassidy 10K Run

This 10K/5K scenic race brings together community, and not just with running. Stay after for some Grafton fun with what is promised to be a party.

November K-town Turkey Trot 5K
Taking place in Kanab on Thanksgiving morning, bring the whole family for this early morning fun run/walk to make room for that delicious dinner later in the day!

November Plein Air Art Invitational
Be a part of a week of lectures and demonstrations from some of the finest plein air artists in the country. Enjoy painting sales, exhibits and workshops.
<https://zionpark.org/about/zion-national-park-plein-air-art-invitational/>

November Christmas Light Parade and Festival
An annual light parade on the Saturday after Thanksgiving. Gourmet s'mores school held on Main Street followed by music, caroling, hot cocoa and a wishing lantern launch.
http://www.visitsouthernutah.com/Annual_Events

November Zion Canyon Arts and Crafts Fair
Visit Zion for the 26th annual arts and crafts fair put on by Z-Arts. Spend the weekend touring the different vendors and craft booths.
<http://zarts.org/wp/zion-canyon-arts-and-crafts-fair/>

November-December Zion Joy to the World
Enjoy a wonderland of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.



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Zion Area Events Features

EXCITING CHANGES FOR WESTERN LEGENDS HERITAGE AND MUSIC FESTIVAL By Karen Williams

Mark your calendars for the amazing revamped Western Legends Heritage and Music Festival Aug. 15-17! Kane County is stepping in to update this beloved festival and add great new elements including country music and western heritage, making the festival bigger and better than ever.

"The western movies filmed here and the amazing actors that were in the films have been such an exciting part of this event, but we've been aware for some time that in order for the event to survive, there needed to be a shift in focus to include other major elements that would be sustainable for many years to come," said Camille Johnson Taylor, director of Kane County Office of Tourism. "We're excited to be able to step in and add new, exciting elements to keep the event going and to stimulate attendance."

The new and improved event will include a two-day battle of country bands (both classic country and pop country) called, "Country Battle USA." Six bands will compete, and

there will be \$15,000 in prize money — winner takes all. The winner will perform during a street dance finale Aug 17. Other new elements include a costume contest, wagon hay rides, line dancing, s'mores, and a rodeo.



"We appreciate the trust that the Western Legends board has placed in us to let us step in and work some magic on this event," said Vicki Hooper, head of the event center. "We specialize in events and we know we can build on the foundation they've established and enhance the event even further. It's important to our community and we hope everyone will be proud of the new event."

Guests at the festival will still enjoy favorite events like Dinner and Breakfast with the Stars, the High Noon Parade with longhorn cattle, the wagon train, historic movie bus tours, and the Kansas City Barbeque Contest. There will be two days of the street fair with great craft and food vendors, live entertainment, and melodramas including a train ride and robbery. Roo Arcus will perform again this year.

For updates and more information, visit kanabwesternlegends.com.

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City of Kanab

A Western Classic

- Balloons & Tunes - February
- Kanab Film Festival - April
- Kanab 10K - May
- Amazing Earthfest - May
- Sighthound Shivoo - May
- Kanab Outdoor Market - May-October
- Summer Concerts - 2nd Sat., Jun-Aug
- Jacob Hamblin Days - June
- July 4th Celebration
- Canyons Folk Festival - August
- Western Legends - August
- Red Rocktoberfest Art Walk - October

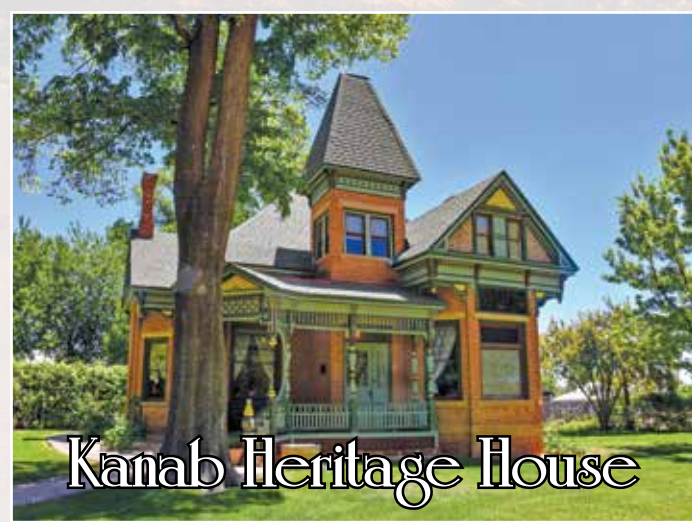


Visit Kanab All Year

- Hiking Trails
- Biking Trails
- OHV Trails
- Skate Park/Pump Track
- Jackson Flat Reservoir
- Jacob Hamblin Park

Seasonal Attractions

- The Splash Pad @ Hamblin Park
- Cowboy Watering Hole Pool
- Heritage Museum
- Heritage House Museum (See Below)



The Kanab Heritage House is a glimpse into the history of Kanab and it's people. Free guided tours Monday-Saturday.

Historic demonstrations and events are scheduled throughout the year.

Please visit kanabheritagehouse.com for a complete list of hours and events.

115 S Main St., Kanab, UT

Kanab Heritage House

Kanab Utah City Map

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Please visit the Kane County Info Center located at 78 S. 100 E. (#14 on this map) for more info on:

- Local Hiking Trails
- Jackson Flat Reservoir & Sherry Belle Trail
- Family History Center
- Heritage House
- Kanab Heritage Museum
- Kanab City Library
- Grand Staircase Escalante Visitor Center

EAST ZION & KANAB'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed Alphabetically)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks, (E)spresso, (V)egan items on menu	Hours	WI-FI
12 Jakey Leigh's	4 E Center St, Kanab	(435) 644-8191	E, V	7am-2pm Mon-Fri, Sat & Sun 8am-Noon	Yes
28 Juniper Ridge Restaurant	2631 Hwy 89A, Fredonia	(928) 643-6094	W, B, M, E, V	5-11pm Tues-Sat	Yes
20 Nedra's Too	310 S 100 E, Kanab	(435) 644-2030	W, B, V	8am-10pm Mon, Tues, Thurs, Fri, 7am-10pm Sat, 7am-9pm Sun	Yes
7 Peekaboo Restaurant	233 W Center St, Kanab	(435) 689-1959	W, B, M, E, V	7am-2pm & 5pm-9pm daily	Yes
6 Sego Restaurant	190 N 300 W, Kanab	(435) 644-5680	W, B, M, E, V	6-10pm Tues-Sat	Yes
16 Wild Thyme	198 S 100 E, Kanab	(435) 644-2848	W, B, M, V	5pm-9pm Tues-Sun	Yes

EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE FOR EMERGENCIES DIAL 911

Services (Listed Alphabetically)

11 Audrey Lathim, Realtor	7 West Center, Kanab	(435) 689-0998
3 Best Friends Animal Sanctuary	5001 Angel Canyon Rd, Kanab	(435) 644-2001
27 Blacksmith Adventures	2450 South Hwy 89, Kanab	(575) 313-4650
5 The Canyons Collection	190 N 300 W, Kanab	(435) 644-8660
23 Dreamland Safari Tours	Serving the greater Kanab area	(435-644-5506
11 ERA Utah Properties	7 West Center, Kanab	(435-644-2606
25 GarKane Energy	1802 S Hwy 89A, Kanab	(435) 644-5026
13 Kanab City	37 North 100 East, Kanab	(435) 644-2534
17 Kanab Massage	67 West 200 South, Kanab	(435) 644-8492
8 Kanab Realty	93 West Center, Kanab	(435) 229-6911
14 Kane County Visitors Bureau	78 S 100 E, Kanab	(435) 644-5033
9 Karen Heet	93 West Center, Kanab	(435) 644-2232
1 Maynard Dixon Museum	2200 State St, Mt Carmel	(435) 648-2652

23 Red Rock Homes	1875 South Hwy 89, Kanab	(435) 644-3225
17 Security Finance of Kanab	310 S 100 E #12, Kanab	(435) 644-8904
Shops (Listed Alphabetically)		
15 American Goods/Kanab Tour Co.	176 S 100 E, Kanab	(435) 644-5525
18 Glazier's Market	264 S 100 E, Kanab	(435) 644-5029
22 Honey's Marketplace	260 E 300 S, Kanab	(435) 644-5877
10 Kanab Natural Market	11 W Center, Kanab	(435) 644-5575
4 Moqui Cave	4581 US-89	(435) 644-8525
29 Pioneer Creations	55 North Main, Fredonia	(928) 643-7020
9 Terry's Photo Shop	19 W Center St, Kanab	(435) 689-0443
1 The Rock Stop	385 W State St, Orderville	(435) 648-2747
2 White Mountain Trading Post	10 W Hwy 9, Mt Carmel	(435) 648-2030
Entertainment		
Redstone Theater	29 W Center St, Kanab	(435) 644-2334

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www.zioncanyonrealestate.com

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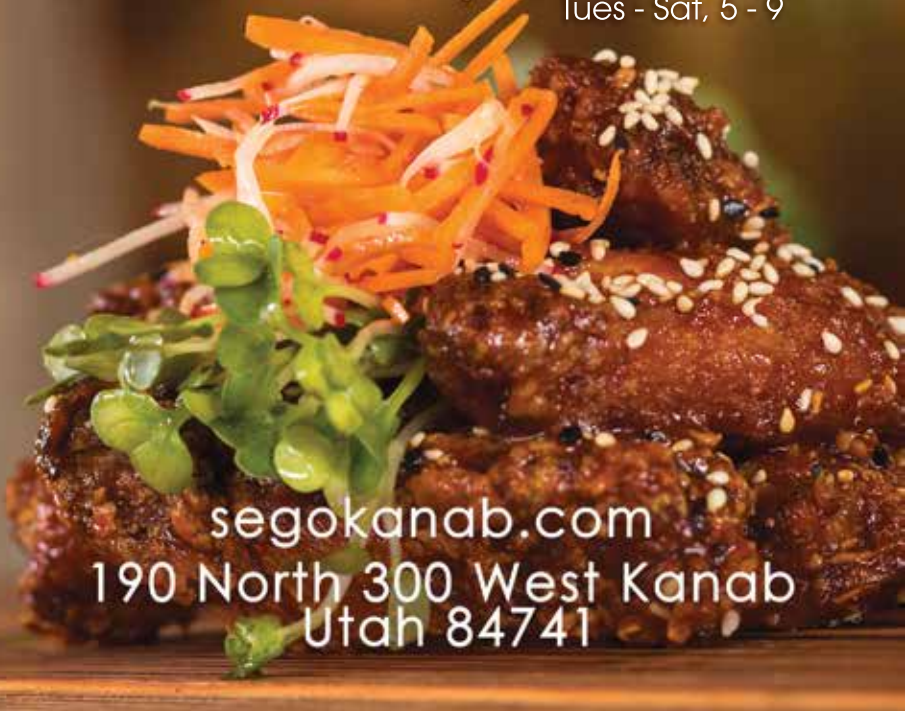
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DON'T BE A STATISTIC: THE LOCALS' GUIDE TO HIKING PREPAREDNESS By Jason Gottfried

National parks are seeing an uptick in helicopters carrying unfortunate hikers out of precarious situations.

In 2017, the National Park Service reported 324 search-and-rescue operations, which means 324 extremely unpleasant vacation experiences — nearly one a day. In 2014, the reported number was almost half that. The majority of those rescues occurred in Zion and Bryce Canyon National Parks, and most hikers who end up getting into trouble are either in their 20s or are older than 60.

Despite our highly skilled and dedicated rescue teams' valiant efforts, not everyone made it out of their predicaments safely. Twelve people lost their lives in Utah's national parks in 2017 alone.

It's hard to imagine one wanting a vacation amid the splendor of our national parks to involve search and rescue teams or a close encounter with death.

Zion National Park is often referred to as an outdoor Disneyland. But this is the

wilderness, and it's far less forgiving than any theme park. Here are some tips for how to safely enjoy your time in Zion Canyon.

Bring water

You lose more water through perspiration than you realize, and if you are used to a more moist climate — and nearly any climate is less arid than southern Utah — you can become dehydrated quickly without realizing it.

The National Park Service recommends that hikers bring one gallon of water per hiker per day. There are fill stations throughout Springdale and the park that provided filtered water at no charge.

Natural water sources in the park such as creeks and streams are not reliable sources of clean drinking water. If you find yourself in a situation wherein you need water but have none, it is strongly advised that any locally-sourced water intended for consumption first be filtered, boiled for at least 10 minutes, or treated with iodine before consuming.

Wear appropriate clothing

While most paths and trails are well maintained, this is the great outdoors, and a little loose gravel or slickrock can lead to injury — or worse. Think of appropriate footwear as an insurance policy — and if you are a little nervous, a hiking stick never hurts. Also, dress lightly if it's going to be hot, but be sure to use appropriate sun protection like sunscreen and large-brimmed hats, because suffering from sunstroke or severe sunburn during an already taxing hike can be brutal.

Hike at your skill level, and don't take risks

Trails in Zion range from short and easy to long and challenging. Don't overestimate your ability and endurance level. And don't engage in horseplay or other activity that might endanger yourself or others. Some of Zion's hikes are steep, and you wouldn't be the first person to tumble down a hill — or worse, fall off a cliff. Zion is beautiful, but it's also dangerous, so respect yourself and

others by respecting the terrain.

Leave wildlife alone

Animals instinctively avoid humans, but the area is home to everything from poisonous snakes to mountain lions. Never approach local wildlife — and never try to feed them. This can result in injury to visitors, and numerous visitors have required stitches after attempting to hand-feed animals. But when humans feed wildlife, it's also not good for the animals, who are already best suited to feed themselves.

Hike sober

Sometimes relatively stationary outdoor activities like boating or camping involve enjoying an adult beverage or two. But when you're hiking the varied terrain of our national parks, you don't want your coordination, balance, or judgment to be impaired to any extent. Zion Canyon, Springdale, and Kanab are home to several fine restaurants and bars — but visit them for a cocktail after your hike, not before.

DEEP TISSUE LASER THERAPY

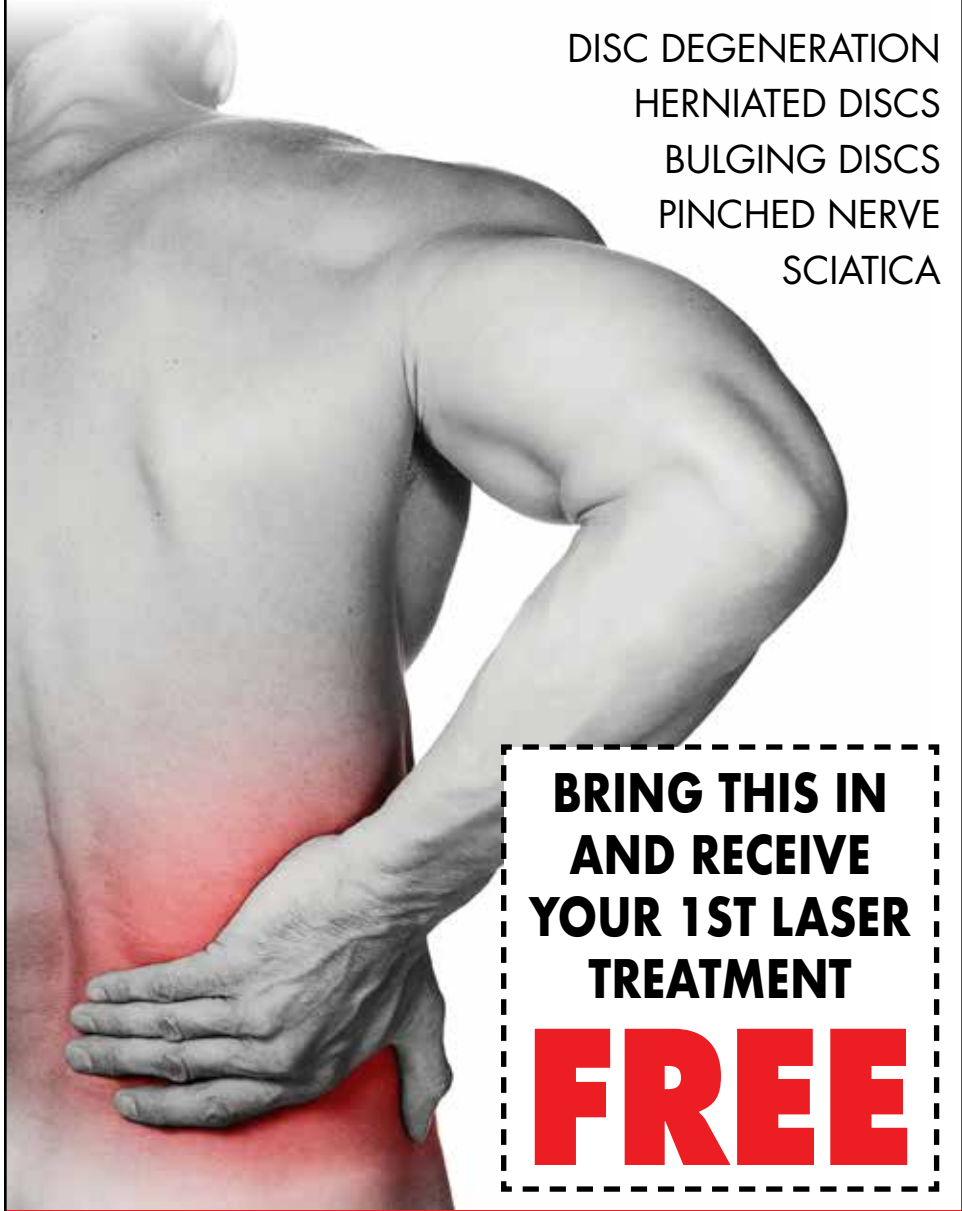
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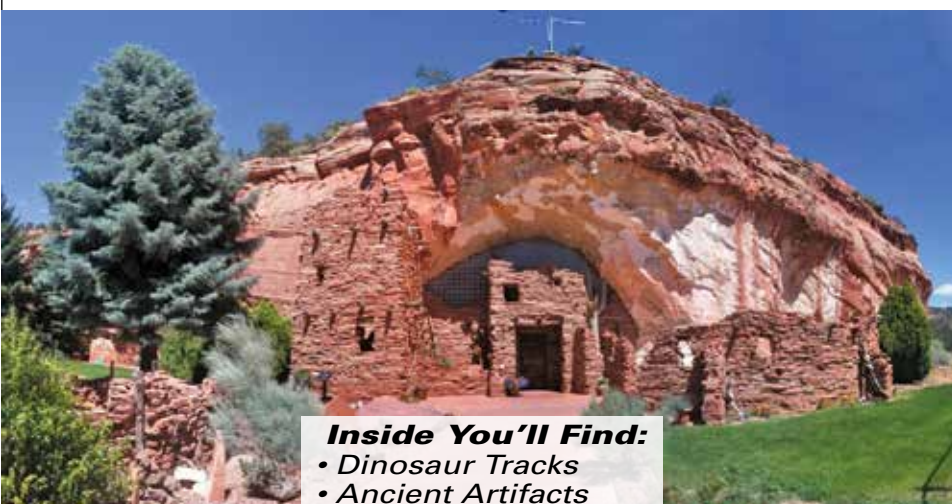


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