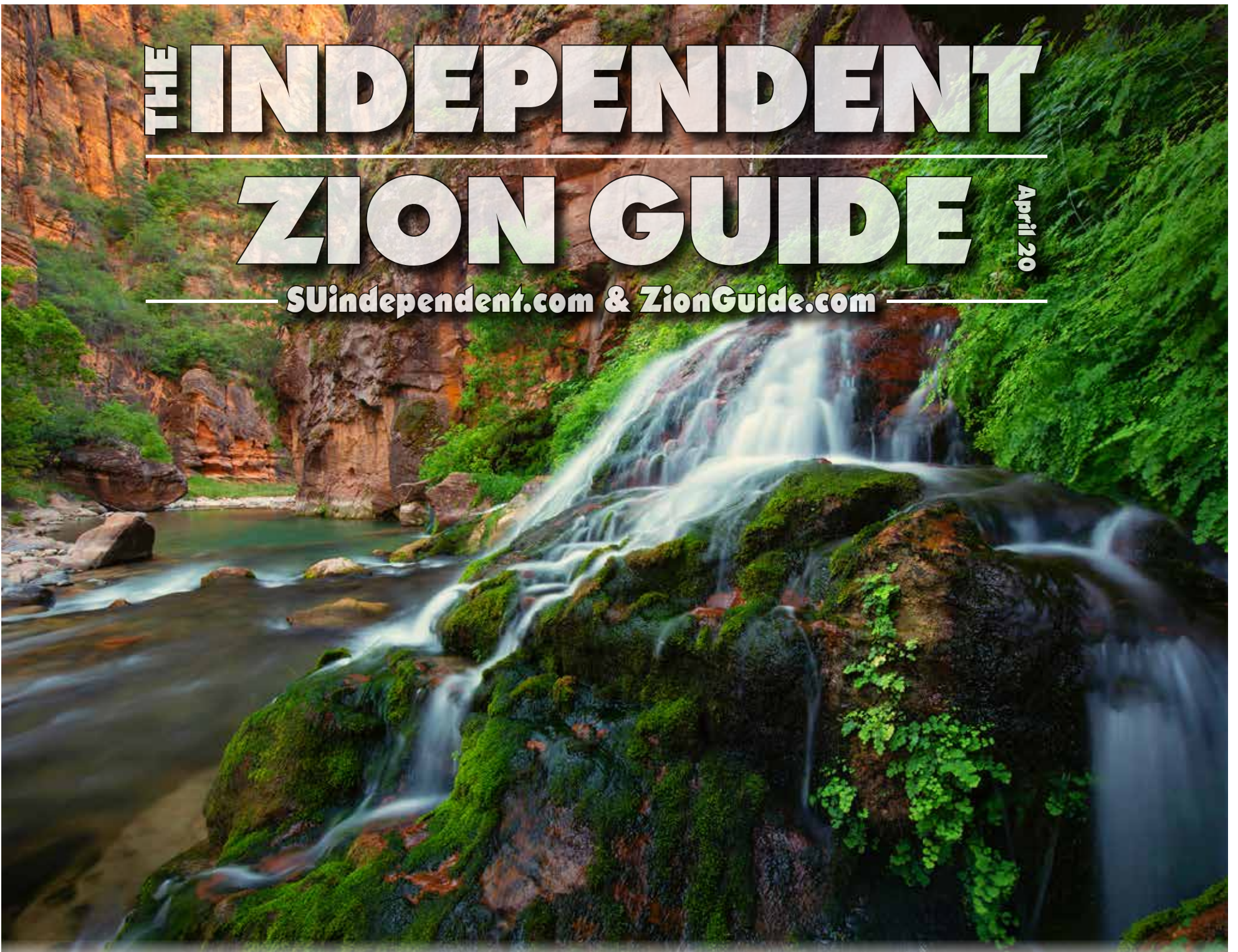


THE INDEPENDENT ZION GUIDE

April 20

— SIndependent.com & ZionGuide.com —



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Top Things To Do In Zion

Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to ZionGuide.com to see the details on many area hikes.

Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions.

Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.

General Tips For Zion

To avoid the crowds, go early or later in the day

Often during peak times, the park runs at capacity and has more people than the shuttle system and trails can comfortably accommodate. Consider getting up extra early or trekking out midday after the initial rush has flooded in. You'll still want to ride the shuttle.

A note about pets

Leashed pets may be walked on the Pa'rus Trail. However, pets are not permitted on any other trails, on shuttles, in public buildings, or in the wilderness. Pets must be under physical control on a leash less than six feet long at all times. The interior temperature of a vehicle can quickly warm to dangerous levels. Avoid leaving animals in vehicles. Boarding kennels are available in Rockville, Kanab, Hurricane, St. George, and Cedar City.



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Safety Tips For Zion

Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.



Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.

Tips To Minimize Your Impact

Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

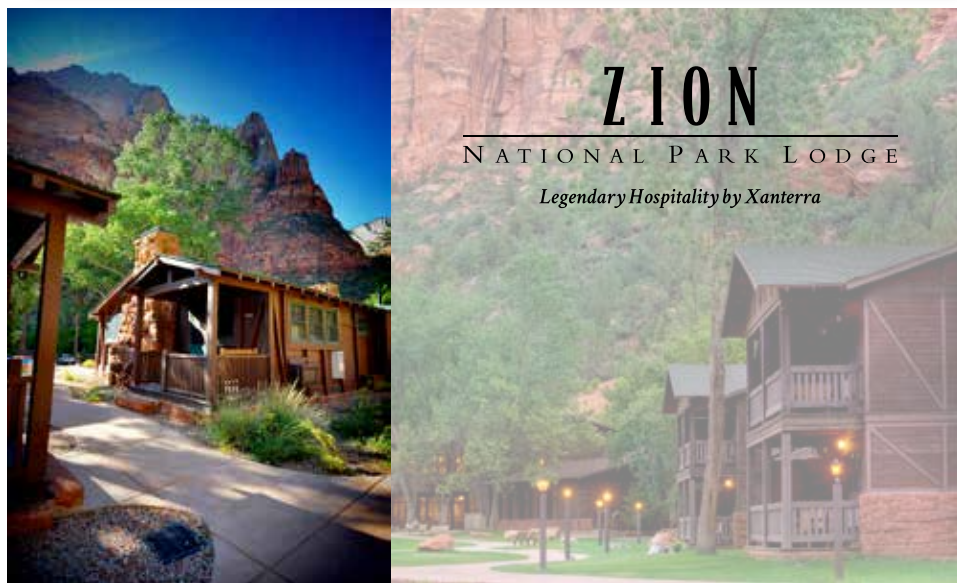
Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

Tips To Maximize Enjoyment

Go on a less crowded hike

The most visited Zion have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our newest feature, Less-Traveled Zion Hikes.



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EDITORIAL

PUBLISHER'S PERSPECTIVE

By Josh Warburton

Sitting down on the Monday morning before we go to print to write about our current situation is a challenge. What can I possibly add to this conversation? What hasn't been said that needs to be said? What can I possibly write that will have value at a time when things are changing so quickly?

Well, I can ask everyone to adhere to the CDC guidelines, which are changing daily. I can tell you that folks in my current town of Kanab are *not*, by and large, respecting them. But they'll need to soon, or it will be too late in little rural towns like mine to 'flatten the curve.'

There are probably many reasons for this. Things happen more slowly in places like Kanab. As I type this, there are still zero reported cases of Covid-19 in Kane County. An interesting number since reported cases in neighboring Washington County is now at eight, with one death and nearby Coconino

County Arizona has 68 confirmed cases and two deaths. Testing is still basically non-existent in Kanab but with a substantial number of Page and St. George workers living in Kanab, the reality is Covid-19 is already here and we just don't know it.

But it seems many here just don't want to believe it. Either they buy into some 'hoax' theory or simply want to wish it away, but the reality is, it's here and it's not going to be good. We have extremely limited beds and resources in our tiny hospital, and if the ones in Page and St. George get bogged down with patients it's hard to say how many will not be able to get adequate treatment. Frankly, some here will die who likely wouldn't if the warnings were heeded. So please folks, I implore you, as the governor says 'stay home, and stay safe' as much as you possibly can, wash your hands before and after going out or come into contact with anyone, and please, please, if you see me at the grocery store, please stay six feet away from me and others. This is a serious killer virus and it needs to be treated that way.

Now all of that said, I had hoped not all of this message from me would be negative so let me take a crack at that. There are some silver linings I'm seeing from all this. All of my neighbors seem to be watching out for each other. I've had more good conversations, across the 50 feet from my house to

the road as neighbors walk their dogs, in the last week than the prior couple of months. This disaster is bringing people together, if not literally, then definitely figuratively. The sense of community seems to be strengthening, something I hope we continue long after the pandemic.

I also see people embracing technology to stay connected, work, and even entertain. Our traffic on SUindependent.com is way up. People are at home looking for information on the situation and for ways to stay busy and keep themselves entertained, and we're happy to help do both!

To that end, we've created a very unique print edition this go-round. You'll notice there is no calendar of events, a feature we've had every issue since we began publishing as The Revolution back in 1996. There is also basically no events coverage because all events have been canceled or postponed. Don't worry, we'll be the best place to look for events once they start to happen again. Instead, we have a very nice collection of opinions, a hike, and a unique feature, the best new movies you can watch, at home.

Additionally, we're adding brand new features, live events, and special content to SUindependent.com daily and ongoing. Keep up with the latest developments with us there.

Above all, I just want to say that we are

all in this together. Most of us are sacrificing income, losing jobs, or otherwise being negatively affected by the outbreak, but by doing so we are collectively "flattening the curve" to reduce the number of deaths and hospitalizations. We all want a return to normal but we can't rush it at the expense of our community's health and lives. And be sure to reach out (remotely) to your family, friends, and neighbors, especially the elderly. We all need to help each other however we can.

Happy reading.



Josh Warburton is the Founder and Publisher of The Independent. Josh enjoys hiking the scenic trails of southern Utah, working in his yard, and debating politics. Since 1996, Josh has run the day to day operations of The Independent

while also performing as a singer/songwriter all over the West, and running for office twice. He is a longtime vegan and creative, and he is intimately involved in his community and the greater southern Utah area, most recently serving as the 2019 Kanab Arts Board Chair.

A LETTER FROM THE EDITOR

By James McFadden

I'm sure you have all heard the saying, from the frying pan into the fire by now. Well, that just about completely sums up this past month for me as I excitedly joined this amazing team here at The Independent. Not even a full two weeks in and chicken little comes running in my door, or should I say, across the TV screens and into every news station in the world!

I am both hopeful and deeply concerned about the future as I know many of you are as well. It's going to be impossible to say how the next few weeks and months will unfold but there's one thing I believe and feel we all can be sure of and that's this; we will be ok, we will be alright - we just need to come together as a human family and show that unique and noble kindness and compassion we are all capable of. Only we can't just be kind and compassionate

to the ones we love. Our family, friends, co-workers, and the like. We need to be kind and compassionate to the stranger, the troubled, the young, and especially the aged among us. Common courtesy was an oxymoron yesterday, now more than ever it needs to be just that... common, not rare, common...

As you read through this month's issue, we hope you find comfort and peace, knowing that not everything has been canceled, not everything around us has been shuttered or boarded up. There are a lot of amazing people, business owners, artists, and celebrators of life out there keeping the candles lit and the hearths warm. This day too shall pass and spring will come, at last, it might be a little late this year but mark my words... it will come.

So with that, I raise this banner to all. If you have ever contributed to our month-

ly paper or our online website in the past, we invite you to reach out and renew your resolve; pick up your voices where you left off. If you are a current contributor, advertiser or sponsor, we hope you will commit to raising your voices even higher.

We would also like to invite all writers, thought leaders, community leaders, and local supporters from every walk of life; come and join forces with us. Nurture your talent, your insights, your expertise, your desires & express life through written word, and yes, we even want to hear your opinions; let them be a shining beacon to those around us as well as the world for that matter. Let's remind them, and let them know, we are more than the sum of what is happening around us.

May peace be your guide and prosperity your companion.



James McFadden is the newest member of our team. He is the Editor and Online Content Director for our website at SUindependent.com. James has over 30 years of experience in event management, promotion, marketing,

and sales. He spent his first 10 years, right out of high school, in the radio broadcasting industry and he has owned various marketing and publishing companies over the last 20+ years. He's happily married, and the proud father of four kids.

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OUTDOORS

BLACK GULCH TRAIL IN THE RED CLIFFS DESERT RESERVE

By Tom Garrison

Trail: Black Gulch Trail

Location: Red Cliffs Desert Reserve about six miles north of St. George

Difficulty: Moderately strenuous with much rock scrambling

Average hiking time: About three hours

Elevation: The trailhead elevation is 4,170 feet with an approximately 450 feet elevation change from lowest to the highest point in Black Gulch.

Family-Friendly: No, unless the kids are grown, in at least okay shape, and have a decent sense of balance.

Getting there: From downtown St. George go north on 1000 East and turn right (east) on Red Hills Parkway. Take the Parkway .7 miles and turn left (north) onto Cottonwood Springs Road (aka 1550 East). Stay on the main road and drive 6.5 miles to the "Black Gulch" signed trailhead on the right (east). (It is about 1.2 miles past the signed Yellow Knolls Trailhead.) The first three miles of Cottonwood Springs Road is paved, the remainder a good dirt road, that poses no problem for a standard sedan.

the predominate red rocks in southern Utah.

The Red Cliffs Desert Reserve was established in 1996 to protect a large and diverse habitat capable of sustaining wildlife populations threatened by development and habitat loss. It comprises 62,000 acres and has more than 130 miles of shared-use trails for hiking, horseback riding, and mountain biking. Three ecosystems—the Mojave Desert, the Great Basin Desert, and the Colorado Plateau—merge in southwestern Utah and the Reserve reflects the biological diversity of this unique region.

My wife, Deb, and I began this adventure on a clear late March morning. The trailhead has a large parking area without water or toilets. It is the starting point for three trails, Black Gulch Trail, High Point Trail, and Lange's Dugway Trail. The trailhead elevation is 4,170 feet, the temperature in the mid-50s, and the cloudless sky a deep blue as we geared up. Since Black Gulch Trail is in the Red Cliffs Desert Reserve there are no fees or permits necessary.

Access to Black Gulch Trail is gained by first hiking about ¼ mile on Lange's Dugway Trail. There is a stepover at the beginning of Lange's Dugway Trail about 75 yards up (north) Cottonwood Springs Road from the parking area. Following this trail downslope led to the bottom of Black Gulch drainage and we turned left (south) beginning the major part of our hike.

Like almost all canyons, gulches, and ravines, Black Gulch serpentine as we headed downstream (generally south). Also, like many canyons, Black Gulch alternates between open stretches and more cliff-faced closed-in sections. In places, the primeval lava flows upslope along both sides of the canyon seemed ready to topple down—luckily that did not happen.

The bottom and sides of the drainage are strewn with black volcanic boulders.



added a couple of pounds of mud to our boots and made us even more cautious due to slippery surfaces.

While Black Gulch is difficult to maneuver, it is photogenic and secluded. We did not meet another human in the gulch, although we did scare a family group of four deer who bounded downstream. Although Deb and I are pretty quiet on the trail, we also flushed several coveys of quail as we trod downstream.

After approximately 2.5 miles in the drainage, Black Gulch Trail ends where it intersects Winchester Trail coming in from the left (east). Normally Winchester Trail is a rock-strewn narrow path. However, a line of utility poles roughly paralleling Winchester Trail was being replaced and a road was needed for the huge equipment. The utility company scrapped Winchester Trail free of large rocks and about 15 feet wide—good for us.

We scampered, well actually trudged, up the steep part of Winchester Trail. Once upon the flat plateau, we walked to the intersection with Cottonwood Springs Road, very near Yellow Knolls Trailhead. We were on Winchester Trail for approximately ½ mile. From here it was a quick 1.2-mile walk north along the road back to the Black Gulch Trailhead.

Be aware that Black Gulch is known for an above-average population of rattlesnakes, be careful where you place your next step and hands. We hiked on one of the first days of spring, the temperature in the 50s, and did not see a snake. In warmer weather spotting and avoiding snakes should be a priority.

The hike 4 ½ loop round trip and took a bit more than three hours with many opportunities to stop and take photos. This adventure is for hikers in pretty good shape

with a decent sense of balance who prefer to avoid other folks on the trail. If you meet these criteria, this a great hike in a different environment very close to St. George.



Tom Garrison has been an avid hiker for more than 25 years. He is the author of five books, the most recent being "Hiking Southern Nevada."

with a decent sense of balance who prefer to avoid other folks on the trail. If you meet these criteria, this a great hike in a different environment very close to St. George.



Or, from Washington go north on 3050 East Street/Green Springs Drive, cross under Interstate 15 (at exit 10), and turn left (west) onto Red Hills Parkway. Continue on Red Hills Parkway for 1.6 miles and turned right (north) onto Cottonwood Springs Road. Follow the above directions from there.

Who doesn't love living in southwest Utah's red rock country? Our area is a major tourist destination for a reason. However, don't you just kinda sometimes need a break from the privileged red rock formations. Perhaps a bit of diversity? Since as a society we seem to demand more than a dollop of diversity, how about some diversity in hiking?

Our hike through Black Gulch in the Red Cliffs Desert Reserve is dominated by ancient lava flows and black and greyish rocks and boulders—certainly different from

Many places require rock scrambling over or around the larger boulders. There are rocks/boulders from small to very large throughout most of the hike in the gulch. It is imperative to watch your step; a twisted ankle is only the next stride away. (I know, among my many non-hurtful slips was one about halfway down the gulch in which I suffered a pretty painful rolled ankle. But I sucked it up and finished the hike.)

In parts of the canyon, user trails exist on upland benches and can be used to avoid some obstacles. We took advantage of some to circumvent the more precarious boulder jams in the bottom of the canyon.

Because of heavy rain the day prior to our hike, a plethora of small rock tanks, mostly in the middle section of Black Gulch, were filled with water—a boon to the local animal population. Unfortunately, the recent rain

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OPINION

THE POSITIVE EFFECTS OF COVID-19
By Dan Clark

Responding to the inspiration of my buddy Jimmy Rex I believe: A wise man once said, "I had to quit my job to create a life unlimited - by focusing on what matters most, which is what lasts the longest - families are forever - if not then what's forever for?"

This virus is going to give us opportunities we never could have dreamed of before...

When was the last time you had a chance to be home with your family for a few days just hanging out? Without the men watching sports?!

When was the last time you cared so much about your health?

When was the last time you had opportunities to serve everyone around you?

And while you may not be quitting your job you are going to have time to evaluate your life in a way you never thought you would.

My recommendation:

Make a list of things that make you happy. Make a list of things you do every day. Compare the lists. Adjust accordingly.

Viruses Are Contagious. So is panic, fear, hysteria, calm, love, service, kindness, enthusiasm, joy - Choose Wisely!

You can waste this "Pause" in our normal reality and binge on Netflix, wallow in Reality TV and playing X-Box - OR ... You can create new habits, hobbies and deepen your understanding of mortality by seeking real answers about where we came from, why we are on earth, where we are going when we die - with the realization that in the final judgment it will not be about money and power and what we did - but about who we became. Adversity is what introduces us to ourselves! May I suggest ten things we all can do during this opportunity for growth:

1. Phone a friend.
2. Write one handwritten Thank You note to someone every day. Put a stamp on the envelope and mail it.
3. Reach out to family members from whom you are estranged and reconcile your differences.
4. Read a good book
5. Learn to cook
6. Learn to play the piano and guitar
7. Learn to dance all sorts of styles
8. Invest in your continuous education and enroll in an online real estate investing course or enroll in an online

Public Speaking course so you stand out when the Vaccine is created, and this crisis ends. Yes, it will end - we are America and our researchers and doctors will find a cure!

9. Invest in the down Stock market - buy low, sell high. Now is the time! The market always bounces back!
10. Make a list of people and things you are thankful for - start today to reset your daily mindset to an attitude of gratitude until it becomes an automatic habit.

Lean into the discomfort and grow! Don't focus on fear, focus on love and growth. Replace fear (False Evidence Appearing Real) with faith. Pain is a signal to grow, not to suffer.

It's not what happens to us but what we do with what happens to us that defines who we are. If you wonder if your glass is half empty or half full - have filled or half spilled - you have missed the point. It's Refillable!

We are losing sports, we are losing concerts, and we are losing many other comforts.... I am currently losing my profession as a professional speaker. Our recovery will be individually determined by our perspective and commitment to persevere. Remember it is always okay in the end - so if it's not okay, then it's not the end!

Be safe, show kindness, wash your hands, and create more than you consume! AND remember no matter what our past has been and what our present is - we have a spotless future! Let us all rally until we reset our priorities and emerge as better human beings committed to healing our beloved America! There is always a rainbow after a storm. Faith always precedes a miracle. No one will ever know how strong we are until being strong is our only choice!!!



Dan Clark is one of the most in-demand speakers on the planet, Dan delivers customized, cutting edge keynote speeches and transformational training programs to entry-level employees, emerging leaders, seasoned executives, educational administrators, Military Officers, and NCOs. In the last thirty years Dan has spoken in all 50 states, 61 countries, on 6 continents, to over 5500 audiences, to millions of people, to a 'who's who' list of clients including 200 of the Fortune 500 companies, National Trade Associations, Million Dollar Round Table, Super Bowl Champions, NASA, U.S. and Foreign Government Agencies.

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OPINION

WILL WE EVER BE THE SAME? I HOPE NOT
By Ed Kiocela

We will never be the same. At least that's what they tell me. This COVID-19 outbreak has, supposedly, changed us forever.

I'll believe it when I see it. And, history is on my side on this one. World War I was supposed to be the war that ended all wars and we would never be the same. But guess what? It wasn't long before we found ourselves marching off to World War II.

The evil of American racism was supposedly settled with the Civil Rights movement. No longer would people be discriminated against. No longer would you be judged based upon your race or beliefs. We would never be the same. We see how that worked out, especially since so many still hold a grudge about a black man living in the White House.

businesses that are opting to allow their employees to work from home right now will figure out the immense savings to their bottom line by doing so after all of the self-quarantines and social isolation.

We might see a difference in our air quality as a result of the drastic reduction in automobile traffic, perhaps leading to better public transportation options.

And, maybe, just maybe, the light will go on and we will finally do something about universal healthcare.

I wouldn't hold my breath on that one because God forbid we engage in any kind of socialism, even though I don't know anybody who will refuse their government handout from the stimulus package.

We may have a lingering effect of our trials when this is all said and done and we no longer have to keep everybody in our thoughts and prayers, but I'm pretty sure it won't last.

We'll be back at it, business as usual, after a short time and pretty much forget all about COVID-19. Until the next Big Thing, of course.

Some social scientists lament the breakdown of society, but I think if you really study it, humankind has been pretty much broken from the very beginning. How else do you explain the eternal wars, racism, and inhumanity we have inflicted upon each other?

Perhaps we have evolved to become



After Vietnam we swore we'd never again become entangled in a war that has no end, that we would never be the same. Last time I checked, we still have men and women in harm's way in the Middle East.

And, of course, we all talked about how we would never be the same after Sept. 11, 2001 and the terrorist attacks.

Well, folks, guess what, we are the same and I seriously doubt COVID-19 is going to do a damn thing to change that.

Look, I understand that there are some incredible people doing wonderful things right now - shopping for elderly neighbors, trying to lift each other's spirits via social media and the Internet, and hand-stitching facemasks for doctors, nurses, and first responders who are the true, selfless heroes.

But, I also look around at fat cats giving each other insider info on how to make a ton of money as the economy crashes, price gouging, people hoarding everything from toilet paper to God knows what else. I have no problem with people making money, just don't take advantage of the disadvantaged when you do.

The states are bidding against each other for precious few items that could mean the difference between life and death. Because so many of us live paycheck to paycheck, many are afraid of losing their homes, their jobs, the ability to pay for life-saving medical attention.

We have a president whose incompetence has never been more on display than right now as he doles out lies and misinformation and remains locked into petty grievances during his daily press briefings. I swear I now know why Elvis used to shoot up the televisions in his hotel rooms. Watching this guy has, more than once, inflamed me to the point of wanting to hurl the remote through the screen.

His goal of putting everybody in church on Easter Sunday would be nice if it came from somebody other than a serial philanderer whose unacceptable, lewd behavior didn't frame his character; whose lies didn't foul the very air we breathe; whose concern lies more with the economy and uber-rich than in saving lives.

Practically, we will see some change, I'm sure.

I would just about guarantee that many

stronger, smarter, longer-living beings, but what about becoming kinder, gentler, more compassionate human beings? Shouldn't that fit somewhere into the equation?

It is my deepest wish that we go through this as quickly as possible and that when we come out on the other side we take a moment to reflect and realize that we are all in this life together, that we are truly dependent upon each other regardless of where we live, what we look like, or what we believe in, that instead of building walls we build bridges so we can reach out to one another, embrace each other, find strength in our differences as well as in our commonality. We need to find a way to make all of those jigsaw puzzle pieces that comprise humanity fit, a way to make all of those colors on the palette complement each other, a way for the hum of our various cultures to find harmony.

We've never experienced anything like this in our lifetime, nothing of this scale or threat. It's understandable that people are frightened, angry, confused.

But, since we can't go outside, why not go inside and explore ourselves, find meaning, find purpose?

You know, someday soon, hopefully, we will be done with this social distancing.

We will leave our homes, come together, embrace each other and live our lives again.

But, will we be changed? Will we be better? Will we be different?

The optimist in me says when this is over we can be different, we can emerge with a better understanding of "love thy neighbor."

However, the realist in me says it will be short-lived.

I mean if war, pestilence, famine, and disease cannot change human nature, what can?

Ed Kociela has won numerous awards from the Associated Press and Society of Professional Journalists. He now works as a freelance writer based alternately in St. George and on The Baja in Mexico. His career includes newspaper, magazine, and broadcast experience as a sportswriter, rock critic, news reporter, columnist, and essayist. His novels, "plygs" and "plygs2" about the history of polygamy along the Utah-Arizona state line, are available from online booksellers.

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THEATER

HURRICANE VALLEY THEATRICAL COMPANY... WE'LL BLOW YOU AWAY!

By Beatrice Stockwell

Just off busy State Street is a lovely tree-lined block with grassy parks and a pair of buildings bearing the low, contemporary lines of 1960's architecture. To the east side of the street is the Hurricane Leisure & Recreation Offices, and to the west is the Fine Arts building – a building where you can find real magic. Here you can be transported to places real and imagined, to timelines past, parallel, and convex. Here, there is real live Theater...

The Hurricane Valley Theatrical Company lives in the Hurricane City's Fine Arts building. The city acquired the building from the local school district in 2009 and its performing space ultimately became the passion project of Kyle Myrick, Hurricane Valley Theatricals Executive Director.

Kyle and the high school choir director, Scott Morrise, began doing shows at the small theater with the dated available equipment and local volunteers. Thanks to the local RAP Tax Initiative and community donations, the 550 seat space now boasts state of the art audio and lighting equipment, freshly renovated rehearsal and dance studios, and dedicated dressing rooms. The city of Hurricane generously finances 100% of the biannual productions, but the theatrical group is always looking for donors, patrons, and volunteers to help with the technical production of the shows.

Past productions include a trip "Into the Woods", a raucous wedding with 'The Drowsy Chaperone', a revolution with "Les Miserables" and even a quest with the ogre 'Shrek'.



The upcoming Spring show, 'Hairspray' (opening night yet to be determined), marks the 20th full scale production and the 12th Southern Utah Amateur Premiere of a Broadway musical.

'Hairspray' is set in 1962 Baltimore around a larger than life heroine, Tracy Turnblad (Grace Wells). Tracy dreams of being one of the popular, perfectly coiffed and made-up teens found dancing on the televised 'Corny Collins Show' (apologies to American Bandstand...) One of the show's dancers must take a nine-month break 'hmm' which opens a spot for a new girl on the show. Against all odds and the admonishment of her family, Tracy auditions for



Mimi Knell as Janet Van De Graff in The Drowsy Chaperone

the show. She quickly discovers that she is not the image that the TV station is looking for and points out that the show needs to be racially integrated...

Will Tracy get cast on the show? Will her friendships with the black students at school suffer? Will the show's heartthrob Link Larkin (Coby Oram) notice her? The answers can be found in the funny and musical spectacle that is 'Hairspray'. (Music by Marc Shaiman; lyrics by Marc Shaiman & Scott Wittmann.)

Last year began the practice of a Preview Night, with tickets at only \$5. The reduced price encourages families on a limited budget to experience live theater and allows the cast and crew the opportunity to polish the production with a full audience before the official opening night. Check their website www.hurricanetheatrical.com or call (435) 668-9753 for updated preview and show information.

Since 2014, Hurricane Valley Theatrical Company has held a two-week summer camp for local children.



Nathan Myers as Quasimodo & McKenzie Morgan as Esmeralda in The Hunchback of Notre Dame

On the surface, the camp teaches the basics of stagecraft and performance, but its campers learn much more. Our technology-saturated generation has an opportunity to develop real-life skills which will help them succeed no matter what they choose to do in life. They gain self-confidence and practice speaking in front of others in a safe environment where it is OK to make creative choices and put themselves into roles and situations that can help find solutions to very real problems. They learn self-awareness and learn to be conscious of everything going on around and inside of them. They become aware of the physical space they are moving through as well as their own physicality, voice, tone, and facial expressions – all ultimately

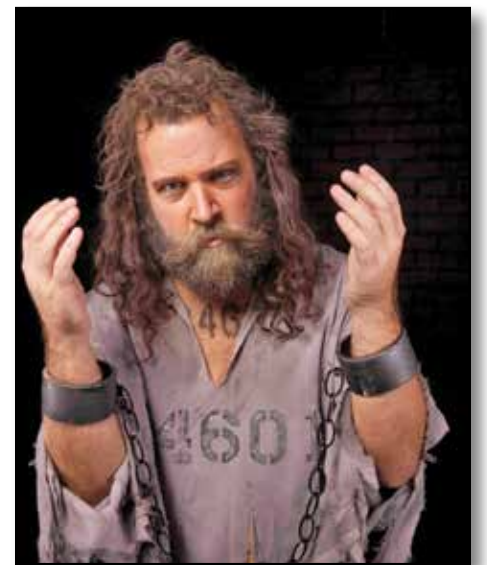
focused on being a character other than themselves.

They also learn true concentration through remembering lines, singing, and dancing (all at the same time) and staying focused and in character. This can be physically demanding and that calls for development through stretching, dance, voice, and character portrayal.

Though not usually viewed as a 'team sport', theatrical production is a massively collaborative act. Because it is indeed live, that means absolutely anything can happen. If an actor makes a mistake on stage, forgets a line, or drops a prop, it is up to the other cast & crew members to work the moment and adapt without the audience ever figuring it out. It teaches them to be flexible, problem solve, improvise, and be quick on their feet by working through unplanned mistakes and surprises.

The program's success is obvious in the smiles, enthusiasm, and the camp's enrollment now topping 80 campers per summer session. And yes, acting and technical design classes for teens and adults are in the early planning stages – these skills are valuable for everyone!

For information about the spring production of 'Hairspray' or to donate, volunteer, or for summer camp information, please contact www.HurricaneTheatrical.com or 435-668-9753. Preview tickets are just \$5 and regular admission is \$15.



Brodie Perry as Jean Val Jean in Les Misérables

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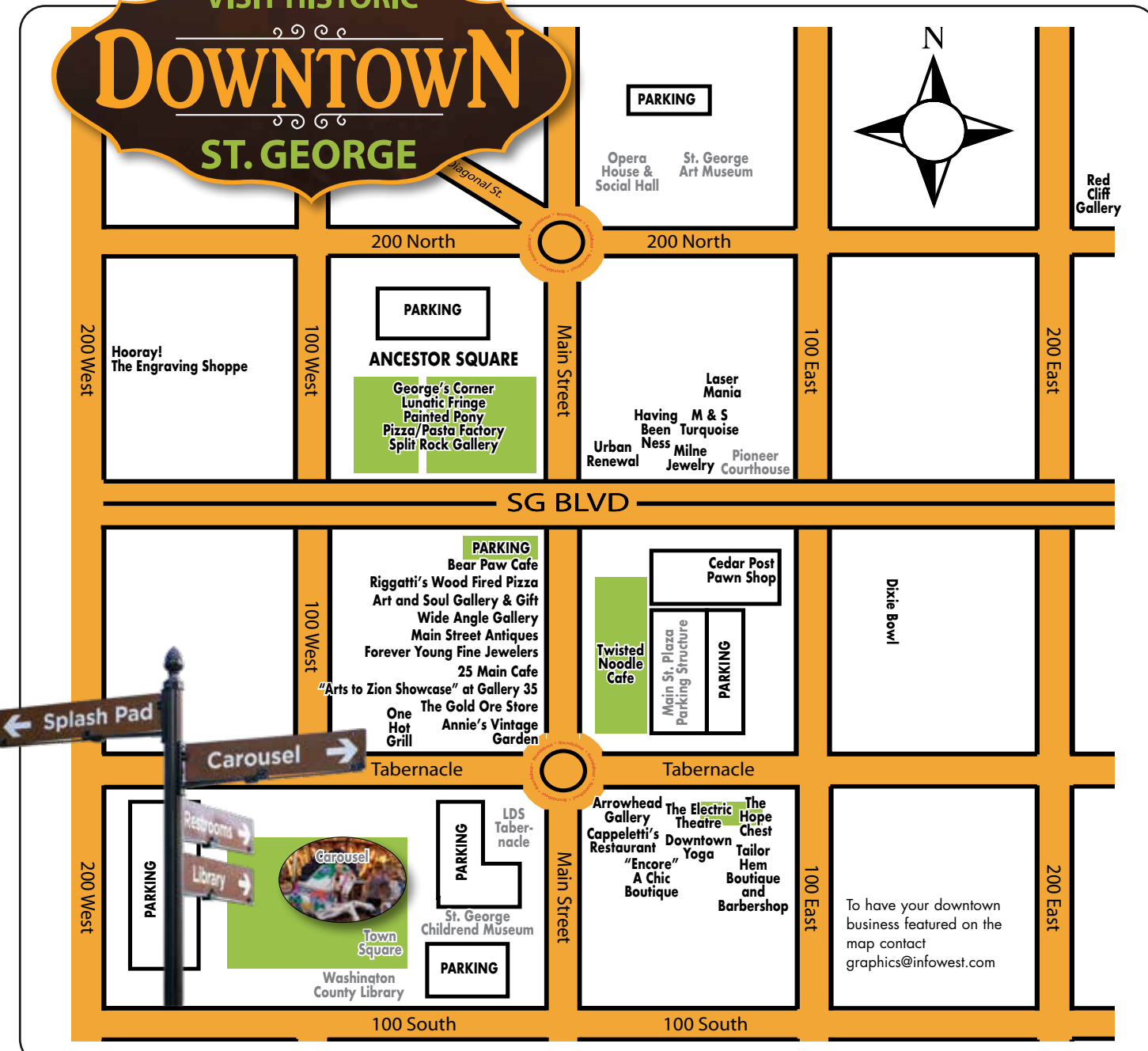


DISCLAIMER: During the Coronavirus outbreak many shops and restaurants will be closed or open limited hours or have limited services. We recommend you check by phone with each retailer in advance of a visit.

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SHOPS
BOUTIQUES
ART GALLERIES
MUSEUMS
DINING
LODGING
ACCOMODATIONS

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The map shows a grid of streets: 200 West, 100 West, Main Street, 100 East, and 200 East. Major streets include 200 North, SG BLVD, and 100 South. Landmarks include Ancestor Square, Town Square, and various galleries and shops. A compass rose is located in the upper right quadrant.

Shops & Boutiques

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 Cedar Post Pawn Shop
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 Encore 'A Chic Boutique'
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 Milne Jewelry

Art Galleries & Museums

Art Galleries and Museums
 Arrowhead Gallery ETC
 Art and Soul Gallery & Gift
 Art Around the Corner
 Arts to Zion Showcase
 Authentique Gallery
 Bedard Fine Art Gallery
 Brigham Young Home
 Children's Museum
 Daughters of the Utah Pioneers Museum
 DiFiore Center
 Gallery 35
 Main Street Gallery by Fibonacci
 Pioneer Courthouse
 Red Cliffs Gallery
 Roland Lee Gallery
 Split Rock Art & Design Gallery
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Lodging/Accomodations

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Restaurants

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MOVIES

THE INDEPENDENT MOVIE REVIEWS

**(AT HOME VERSION)
By Adam Mast**

In These Trying Times, There's Plenty of Entertainment to Enjoy at Home

Clearly, a lot has happened in the last month but in some ways, maybe pressing the pause button has been a good thing for a lot of us. At the very least, it's given us more time to spend with our families, look at the world with a new perspective, and focus on things that, perhaps, slipped by the wayside as we went about our busy lives.

As we hunker down and take proper precautions to protect the ones we love there's certainly no shortage of things to do; Getting a head start on your spring cleaning, playing board games, or going for a walk are prime examples. Of course, my favorite pastime is watching movies and while the temporary closure of theaters has been quite a bummer--I'll forever be a proponent of the theatrical experience--My extensive Blu-Ray/DVD collection and access to various streaming services and VOD have ensured that my habitual movie viewing habit ain't going nowhere.

While COVID-19 has caused immediate changes in our day-to-day lives, it's had a most unique impact on the movie theater industry in particular. In a time when exhibitors are doing everything they can to keep butts in the seats, to keep streaming services at bay, and to make sure there are at least 2 months in their theatrical home window, this sudden seismic shift has seen major studios like Disney and Universal Pictures testing out a new business model. More on that in a moment.

As we all navigate through these tricky times, it's important to remember that no matter where your mindset might be in terms of the actual scope of this pandemic, staying home, washing your hands, and maintaining social distancing isn't too much to ask. Always better to be safe than sorry. And while it is true, the economy may take a bit of hit, we'll all bounce back and get through this together.

As we continue to weather this storm, here are a few titles you might want to check out after you're finished with that spring cleaning, have taken that much-needed walk or hike, and lost your ass in that brutal game of Monopoly;

VIDEOS ON DEMAND

VOD is certainly nothing new, but a few major studios have opted to attempt something fairly unprecedented and Video on Demand is part of the plan. What might that plan be? How about bringing first-run movies directly to your home? And for only \$20! Now, \$20 might sound a little steep to some folk but if you have a family, this is beyond a reasonable price. Not only do you have the option of pausing the movie and running to the restroom, but you also have your own easily accessible snack bar, aka, the kitchen.

While watching select first-run titles in a home setting certainly won't duplicate the theatrical experience, this is a great option, particularly if there's a current release you're dying to see. The big question of the moment is will first-run movies continue to be available via VOD once the pandemic subsides and theaters re-open for business? Only time will tell.

It should also be noted that some of the bigger event films have been pulled from the theatrical release calendar altogether and are being re-positioned for later dates because let's face it; Many of us hardcore moviegoers don't fancy the idea of watching a film like "No Time to Die" for our first time at home.

For the time being, here's a little list of first-run films that you can order now.

"THE INVISIBLE MAN" (UNIVERSAL PICTURES/BLUMHOUSE)

This re-imagining, from "Upgrade" director Leigh Whannell took in quite the box-office haul off a rather small \$7 million budget so Universal decided to make it available to view from the comfort of your own home. Elisabeth Moss stars as a woman who desperately tries to convince everyone in her life that her deceased husband is, in fact, alive and terrorizing her through the power of invisibility. What follows is essentially a fusion of "Sleeping With the Enemy" and "Hollow Man." While not without its faults, "The Invisible Man" delivers the chills, most notably in the first half. (Rated R)

"I STILL BELIEVE" (LIONSGATE)

This Christian-themed film follows musician Jeremy Camp and his eventual rise to fame. "I Still Believe" certainly isn't without its cheesy (and undeniably sentimental) moments, but in the end, it's earnest spirit shines through. Further still, this film gets a lot of mileage out of likable leads Britt Robertson and K.J. Apa. (Rated PG)

**NETFLIX
"OZARK"** (SERIES)

This dark look at the American Dream follows an accountant as he struggles at every turn to outsmart drug lords and authorities to keep his family safe.

Eventually, he and his loved ones find themselves getting into one intense scrape after the next after relocating from the big city to the Ozarks. This series is pulpy and ridiculous at times, but Jason Bateman and Laura Linney are outstanding in the leads and they're given an assist by an extremely capable supporting cast. "Ozark" has been compared to the likes of "Breaking Bad" and while it's not quite in the same league, it's still well worth watching. Note: Season 3 just dropped! (Adult situations and language. Not for the kids.)

**APPLE TV+
"AMAZING STORIES"** (NEW SERIES)

This updating of Steven Spielberg's forgotten 80s anthology series is very much in the same tradition. It's pretty much what the title implies.

**DISNEY+
"ONWARD"** (ANIMATED FEATURE)

This latest Pixar film just opened in theaters in March 2020 but its theatrical run was cut short so the folks at Disney decided to drop it on their streaming service for our viewing pleasure. (Family appropriate.)

"FROZEN 2" (ANIMATED FEATURE)

Not surprisingly, this sequel to the 2013 monster hit also made a killing at the box-office. But is it as good as its predecessor? That's debatable. It's beautifully animated and certainly darker than the first, but the songs aren't as catchy and it doesn't quite stick the landing. That said, it's a "Frozen" movie and your kids are likely to love it! (Appropriate for the whole family.)

**CBS ALL ACCESS
"PICARD"** (SERIES)

After 2 successful seasons of "Star Trek: Discovery," CBS Access is back to push our nostalgia buttons with the rousing, "Picard." Patrick Stewart returns to the role that made him an international star and he's bringing along several familiar faces for the ride. (Of the PG-13 variety.)

Now it should be noted that the previously mentioned recommended streaming services and titles only scratch the surface! Plenty of great content over at **Hulu** and **Amazon Prime** as well as several other premium channel offerings. Point being, you're not likely to run out of entertainment any time soon so for the time being, do your best to stay home.

For the full list of titles, Adam reviewed, visit us online at SUIndependent.com.

THE UNITY CENTER OF POSITIVE LIVING CORRECTION



Center. In the supporting article, we incorrectly stated that Sharon Connors was from the Unity Center of Positive Living, which she is not. The Unity Center of Positive Living is a non-denominational organization that meets in the little chapel at Grace Episcopal Church here in St. George and Sharon is from Sun City. She was to be the first non-LDS favored candidate to speak to our National Day of Prayer breakfast until it was recently canceled due to the COVID-19 pandemic; due to the COVID-19 pandemic, the prayer breakfast is to be rescheduled.

In our March issue of The Independent we ran a front cover cameo announcing Sharon Connors, the author of *Adventures in Prayer*, and a Unity Reverend from Sun City, AZ, would be speaking at this year's Annual Day of Prayer breakfast on May 7th, 2020 here in St. George at the DSU Gardner

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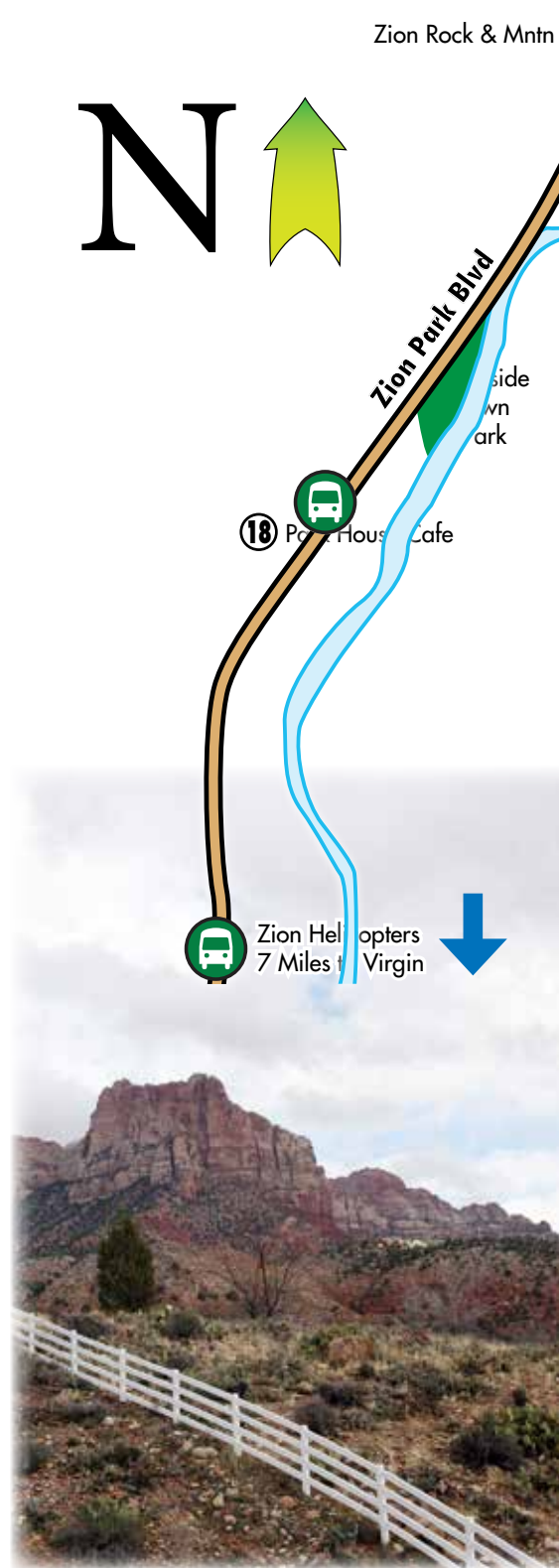
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P Paid parking lots can be found on Lion Blvd, behind Whiptail Grill Restaurant at 445 Zion Park Blvd, and a number of other locations throughout Springdale.

Other spots of note in Springdale include the library (located on Lion Boulevard, next to Town Hall), tennis/pickleball courts (also on Lion Blvd), and the Virgin River, which has numerous loctions of access, but Riverside Park is one of the best.



WELCOME TO YOUR ONE STOP SHOP

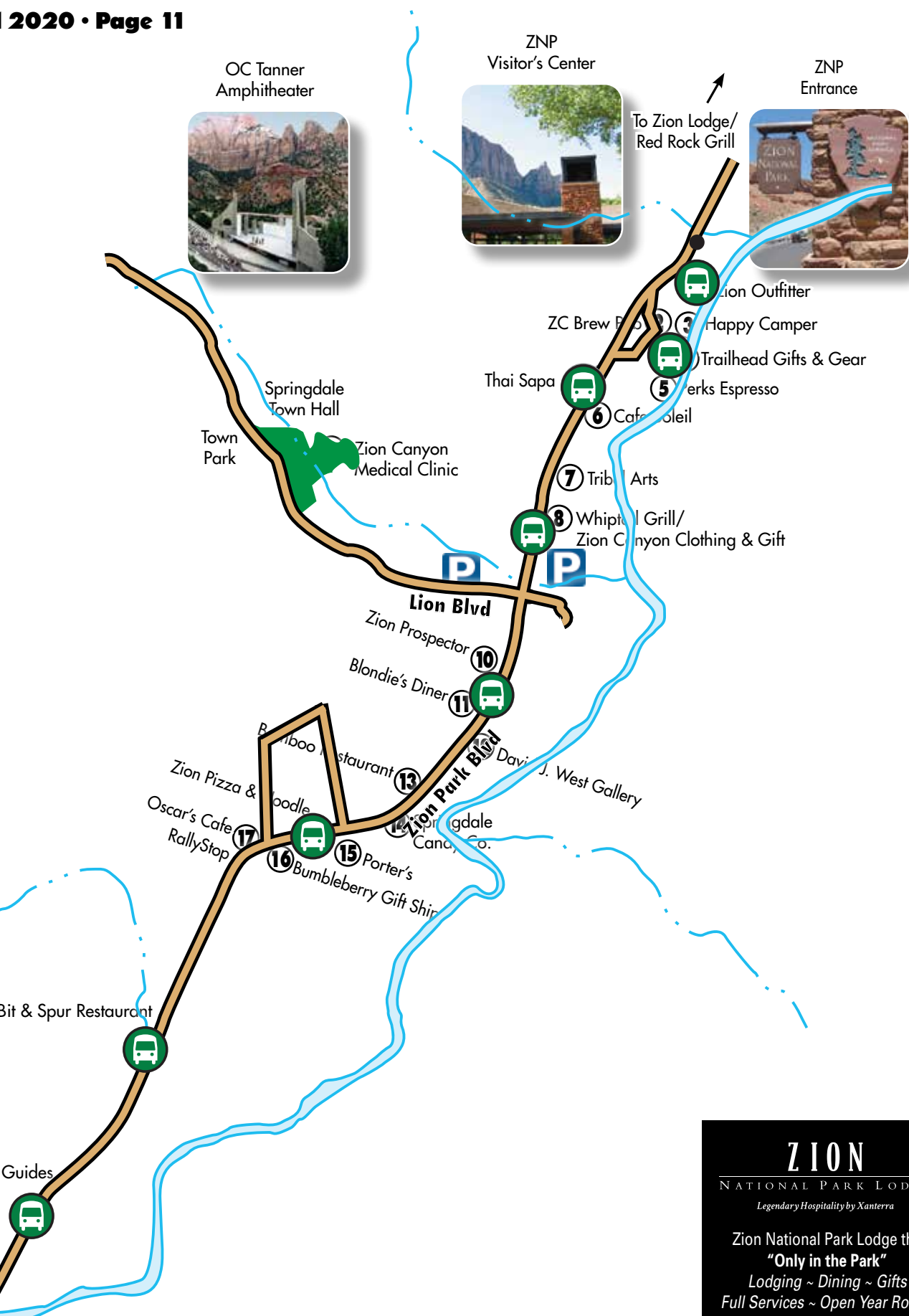
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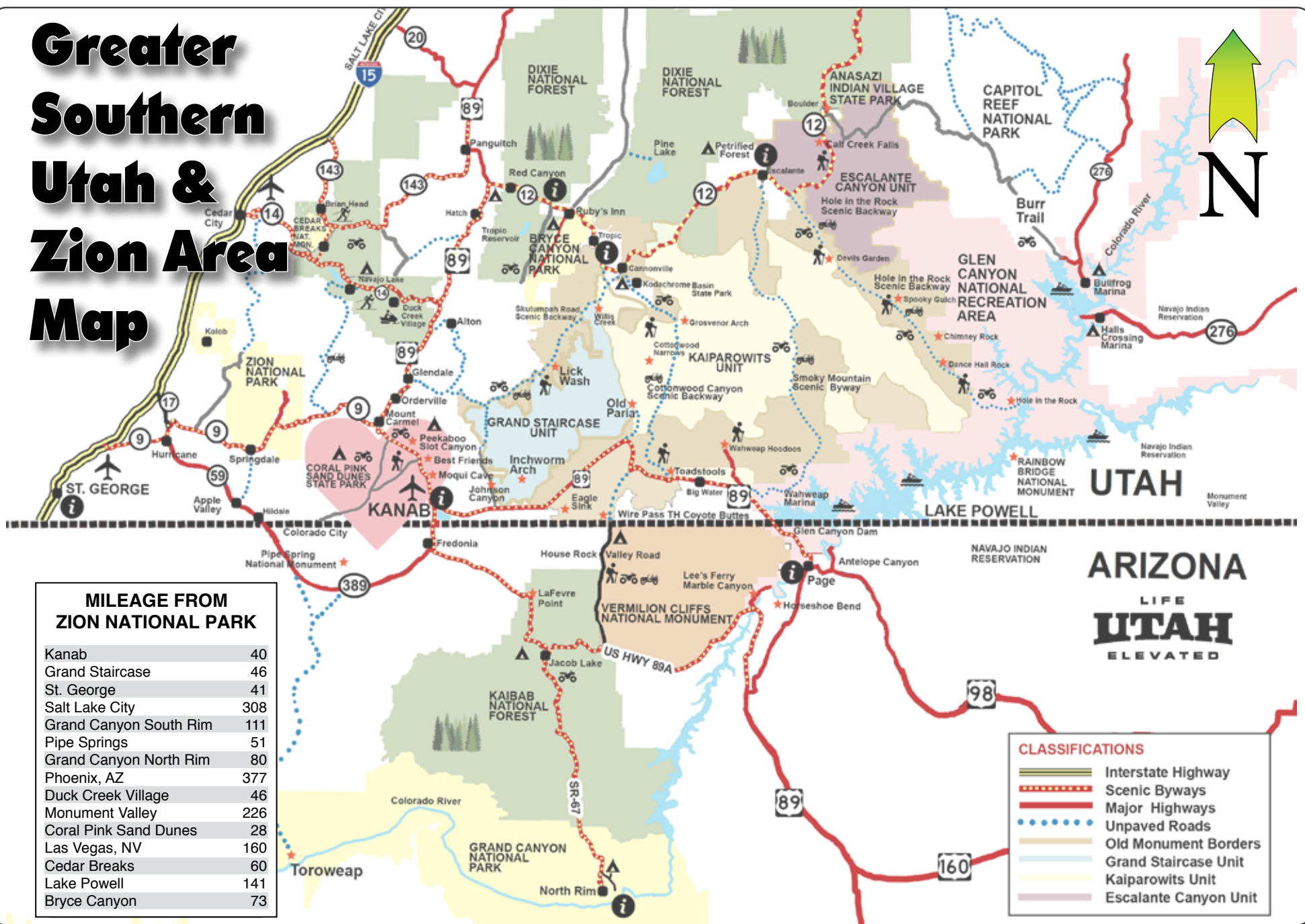
If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink. The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

SPRINGDALE'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed by address from ZNP Entrance)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks (E)spresso, (V)egan items on menu	Hours	WI-FI
Red Rock Grill	1 Zion Lodge	435-772-7760	W, B, M, E, V	6:30-10:30am, 11:30am-3pm, 5-10pm daily	Yes
Zion Canyon Brew Pub	95 Zion Park Blvd	435-772-0336	W, B, V	Noon-10pm daily	Yes
Happy Camper Market	95 Zion Park Blvd	435-772-7805	B, V	8am-8pm daily	Yes
Thai Sapa	145 Zion Park Blvd	435-772-0510	W, B, E, V	11:30am-9:30pm daily	No
Perks Coffee Shop	147 Zion Park Blvd	435-668-0446	E	7am-4pm daily	No
Café Soleil	205 Zion Park Blvd	435-772-0505	W, B, M, E, V	7am-9pm daily	No
Spotted Dog Cafe	428 Zion Park Blvd	435-772-0700	W, B, M, E, V	7-11 am, 5pm-9pm daily	Yes
Whiptail Grill	445 Zion Park Blvd	435-772-0283	W, B, V	Noon-9:30pm daily	Yes
Moki	709 Zion Park Blvd	435-215-0520	W, B, M, E	7am-10am daily, 5:30pm-10pm Thurs-Mon	Yes
Blondie's Diner	736 Zion Park Blvd	435-772-0595	B, V	11am-8:30pm Mon-Sat	Yes
Bamboo Chinese Restaurant	828 Zion Park Blvd	435-703-2882	V	11:30am-10pm daily	Yes
Zion Pizza & Noodle	868 Zion Park Blvd	435-772-3815	W, B, V	4pm-10pm daily	No
Porter's Smokehouse and Grill	897 Zion Park Blvd	435-772-0115	W, B, M, E, V	6am-9pm daily	No
Oscar's Cafe	948 Zion Park Blvd	435-772-3232	W, B, E, V	7am-9pm daily	No
Switchback Grille Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, E, V	5-8pm daily	No
Jack's Sports Grill Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, V	Noon-9pm daily	No
Bit & Spur Restaurant & Saloon	1212 Zion Park Blvd	435-772-3498	W, B, M, E, V	5pm-11pm daily	Yes
Park House Café	1880 Zion Park Blvd	435-772-0100	W, B, V	8am-2pm daily	Yes

See detailed restaurant listings for Springdale and the greater Zion National Park area at ZionGuide.com.

Greater Southern Utah & Zion Area Map



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Southern Utah State & National Parks

ANASAZI STATE PARK MUSEUM - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redbreast shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinon pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.

CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

DEAD HORSE POINT - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large,

Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

ENTERPRISE - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

GRAND CANYON - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

LAKE MEAD - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

LAKE POWELL - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

PINE VALLEY - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine

Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinon trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

QUAIL LAKE - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

SAND HOLLOW - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.

SNOW CANYON - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

ZION - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion - whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.

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Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time. Lower Emerald Pools Trail is closed for trail repairs until Spring 2020.

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled hikes.

Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the

3 miles long and will take about 2 hours to finish.

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

Watch for a sign that indicates the direction to Hidden Canyon.

A well-traveled path takes trekkers between sheer sandstone walls rising up hundreds of feet, made up by some of Zion's most famous landmarks: Cable Mountain and the Great White Throne. Once beyond the end



Chinle Trail, photo by Doug Dolde

right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly

Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.



Many Pools

Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

Hidden Canyon

By Bo Beck and Tanya Milligan

Hidden Canyon features steep ascents, narrow foot paths, and switchbacks on a narrow cliffside with exposure at high elevations. Some parts have chains to use for assistance. Be cautious near slippery sandstone areas with steep dropoffs. Expect full sun in most places after the early morning. Once you are into the canyon, it is shady and surprisingly cool.

This impressive 2.2-mile roundtrip hike begins at the same busy trailhead as Weeping Rock, Observation Point, and the East Rim. Begin at the Weeping Rock Trailhead, which quickly splits to the left. The trail you want to follow bears right toward the East Rim, Observation Point, and Hidden Canyon.

of the actual trail and into the slot canyon, look for small sandstone caves and a 20-foot long arch. Be careful to only explore as far as you know is safe for you! Few should ever venture past the freestanding arch.

Sandstone pools at the end of this hike are a favorite spot of the delightful and boisterous canyon tree frogs. Look for the tiny gray creatures near the water, and listen for their loud trilling. Past the pools is the end of the Hidden Canyon Trail.

Overlook Trail

By Charlotte Emmett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

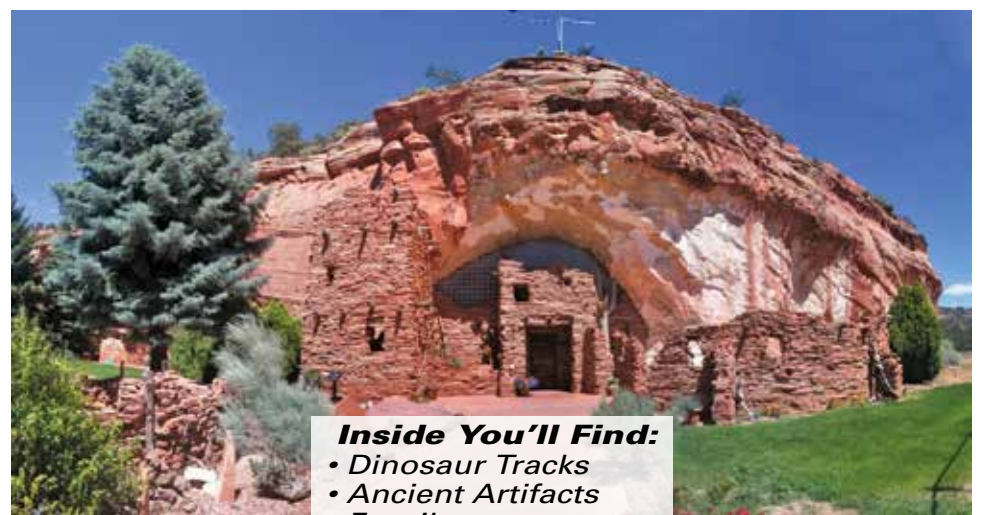
The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.



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Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time. Lower Emerald Pools Trail is closed for trail repairs until Spring 2020.

Warning: These hikes are very popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more **difficult** hikes, try some of these popular hikes.

Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete and covers just under 5 1/2 miles. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.



"Observation Point Revisited" photo by David J West.

Observation Point via East Rim Trail

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more **moderate**, try some of these mid-range hikes.

Watchman Trail

Starting at the Zion Canyon Visitor Center, this hike takes about two hours and covers just under 3 miles. The 368-foot elevation has some minor drop-offs and ends at a view point for Tower of the Virgin, lower Zion Canyon, and Springdale.

Middle Emerald Pools Trail

A two-hour hike, Middle Emerald Pools has long drop-offs. The unpaved trail to the Middle Emerald Pools has loose sand and slippery rocks. You'll cover two miles in 2 hours over the course of a 150-foot elevation gain. The hike starts at Zion Lodge.

Upper Emerald Pool Trail

Starting at Zion Lodge, this is a shorter trail covering one mile in about an hour. You will rise 200-feet in elevation, and there are minor drop-offs.

Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike

provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of Timber Creek,

Kolob Terrace, and Pine Valley Mountains.

Those looking for something **less strenuous** should check out these easy hikes.

Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

Lower Emerald Pool Trail

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.

Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

Weeping Rock Trail

A short but steep hike, the Weeping Rock Trail offers trailside exhibits. This paved trail ends at a rock alcove with dripping springs. It rises 98 feet over just under a half mile. It can be completed in about 30 minutes.

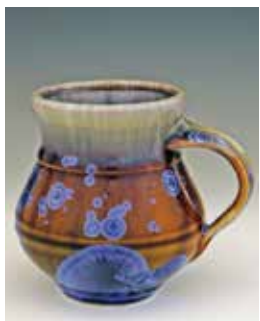
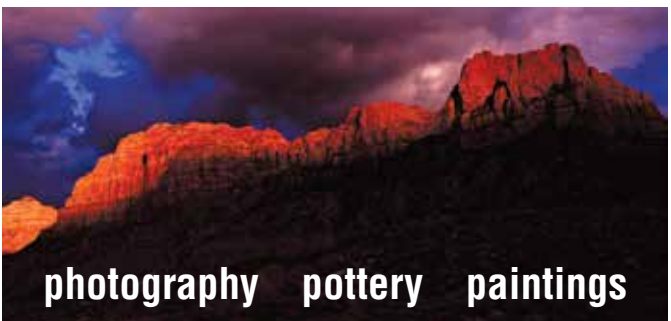
Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessible, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.



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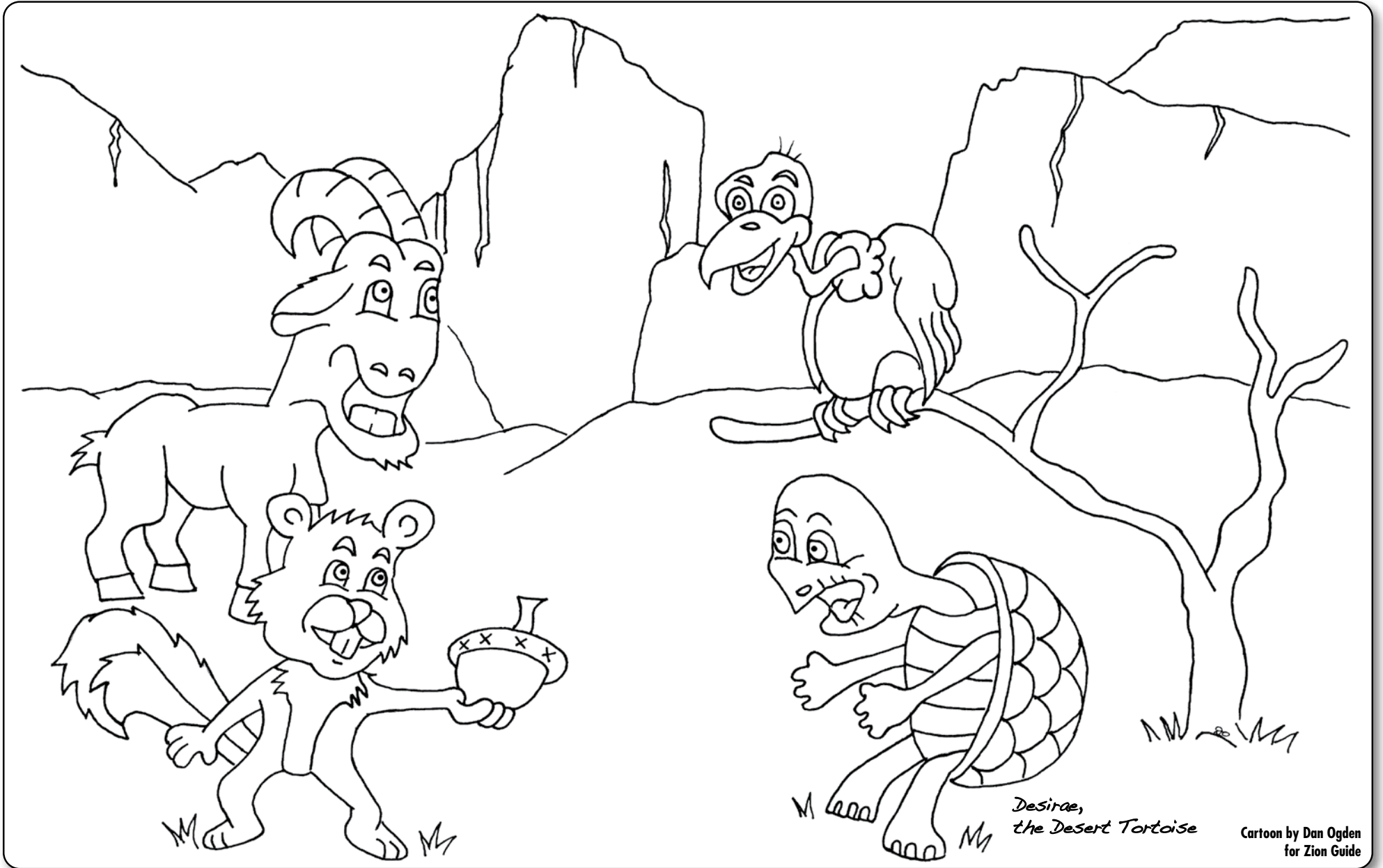


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Zion Area Annual Events Calendar

Currently, most events are canceled due to the Covid19 pandemic. Please check before attending any events.

May-Oct. Kanab Outdoor Market
Nursery stock, baked goods, local artistry, jewelry, crafts and goods, free bounce house and balloons for the kids.

May Kanab 10K
A beautiful course sanctioned by USA Track and Field along Hwy 89 from Moqui Cave to the Kanab City Park.

May Amazing Earthfest
Southern Utah's festival of learning, arts, and outdoor adventure.

June Jacob Hamblin Days Festival
A fun festival to celebrate the pioneer and Western heritage of Kanab and Kane County.

June-Aug. DSU Summer Concert Series
Enjoy a variety of live performances by bands, orchestras and solo artists. Located at the O.C. Tanner Amphitheater, just outside of Zion National Park.

June Maynard Dixon Country Campout
A 5-day gathering of artists and art lovers interested in the history of Western art and current Western painting.

July Kanab 4th of July Celebration
Celebrate the nation's Independence Day small-town style in charming Kanab, Utah! Parade, vendors, entertainment and festivities throughout the day into the evening.

July Springdale 4th of July Celebration
Celebrate Independence Day with the Springdale community. Kick off with a parade followed by a barbecue, live music and activities for the whole family to enjoy.

July 24th of July Celebration
Celebrate the state of Utah with a pioneer dinner. Get ready for the fourth annual Kabob-a-Que.

July Pioneer Day Celebration
Games, Dutch oven dinner at the park and a great costume parade celebrating pioneer heritage.

August Symphony at the Grand Canyon
Symphony of the Canyons performs on the patio at the North Rim Lodge. Bring a picnic dinner and listen as the sun sets over the Grand Canyon.

August Kane County Fair
Offering many wonderful events for the whole family. Most of the events are free so don't miss out.

August Western Legends Round-up
Kanab's celebration of film, music, poetry, and Western heritage.

September Big Water Dinosaur Festival
Celebrating past and present dinosaur discoveries in the Grand Staircase Escalante National Monument.

September Demolition Derby
Cars, trucks and "figure 8s" with up to 18 cars demolition derby with events for the entire family, including the Power Wheels Derby for kids and the wife-carrying contest!

September Carmel Mtn. Music and Art Festival and Car Show
Check out fancy cars and enjoy live entertainment, vendors, food and kid-friendly activities.

September Glendale Heritage Apple Festival
The Glendale Heritage Apple Festival was started to celebrate Pioneer Heritage and the many talents that are in this small town.

September Duck Creek End of Summer Bash
6 p.m. to 9 p.m. at the Duck on In Saloon in Duck Creek Village. Come spend your Labor Day Weekend in Duck Creek enjoying live music.

September Zion Canyon Music Festival
Enjoy the beautiful fall season in Zion as the canyon is filled with music. The Zion Canyon Music Festival features music, art and an exquisite backdrop.

October Red Rocktoberfest
Art, food, live music and poetry, dancing, wagon rides, photography, games and activities for the kids, all on the main drag in Kanab. German food and activities.

October Zion Rocktoberfest
Celebrate the start of fall in Zion mixed with traditional Oktoberfest aspects. The event will feature live rock and folk music and many other activities.

Nov.-Dec. Zion Joy to the World
Enjoy a wonderful of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.

November Butch Cassidy 10K Run
This 10K/5K scenic race brings together community, and not just with running. Stay after for some Grafton fun with what is promised to be a party.

November K-town Turkey Trot 5K
Taking place in Kanab on Thanksgiving morning, bring the whole family for this early morning fun run/walk to make room for that delicious dinner later in the day!

November Plein Air Art Invitational
Be a part of a week of lectures and demonstrations from some of the finest plein air artists in the country. Enjoy painting sales, exhibits and workshops.

November Christmas Light Parade and Festival
An annual light parade on the Saturday after Thanksgiving. Gourmet s'mores school held on Main Street followed by music, caroling, hot cocoa and a wishing lantern launch.

November Zion Canyon Arts and Crafts Fair
Visit Zion for the 26th annual arts and crafts fair put on by Z-Arts. Spend the weekend touring the different vendors and craft booths.

December Windsor Castle by Night
Held at historic Pipe Springs National Monument, the Castle by Night is an opportunity to enjoy a historic recreation of an 1860's early settlement by candlelight and music.



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Kanab Utah City Map



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 fotomd@kanab.net **10**

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The Soda Fountain Kanab Drug
 176 W. Center St. • Kanab, Utah
 Open 'til 10 through October
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EAST ZION & KANAB'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed Alphabetically)	Address	Phone	Drinks/Vegan <i>(W)ine, (B)eer, (M)ixed Drinks, (E)spresso, (V)egan items on menu</i>	Hours	WI-FI
12 Jakey Leigh's	4 E Center St, Kanab	(435) 644-8191	E, V	7am-2pm Mon-Fri, Sat & Sun 8am-Noon	Yes
28 Juniper Ridge Restaurant	2631 Hwy 89A, Fredonia	(928) 643-6094	W, B, M, E, V	5-11pm Tues-Sat	Yes
20 Nedra's Too	310 S 100 E, Kanab	(435) 644-2030	W, B, V	8am-10pm Mon, Tues, Thurs, Fri, 7am-10pm Sat, 7am-9pm Sun	Yes
7 Peekaboo Restaurant	233 W Center St, Kanab	(435) 689-1959	W, B, M, E, V	11:30am-2:30pm & 5-9pm daily	Yes
6 Sego Restaurant	190 N 300 W, Kanab	(435) 644-5680	W, B, M, E, V	6-10pm Tues-Sat	Yes
16 Wild Thyme	198 S 100 E, Kanab	(435) 644-2848	W, B, M, V	5pm-9pm Tues-Sun	Yes

EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE FOR EMERGENCIES DIAL 911

Services (Listed Alphabetically)	Address	Phone	Shops (Listed Alphabetically)	Address	Phone
3 Best Friends Animal Sanctuary	5001 Angel Canyon Rd, Kanab	(435) 644-2001	18 Glazier's Market	264 S 100 E, Kanab	(435) 644-5029
27 Blacksmith Adventures	2450 South Hwy 89, Kanab	(575) 313-4650	22 Honey's Marketplace	260 E 300 S, Kanab	(435) 644-5877
5 The Canyons Collection	190 N 300 W, Kanab	(435) 644-8660	8 Kanab Drug	176 W Center, Kanab	(435) 644-3401
24 Dreamland Safari Tours	Serving the greater Kanab area	(435-644-5506	11 Kanab Natural Market	11 W Center, Kanab	(435) 644-5575
11 ERA Utah Properties	7 West Center, Kanab	(435-644-2606	4 Moqui Cave	4581 US-89	(435) 644-8525
25 GarKane Energy	1802 S Hwy 89A, Kanab	(435) 644-5026	29 Pioneer Creations	55 North Main, Fredonia	(928) 643-7020
13 Kanab City	37 North 100 East, Kanab	(435) 644-2534	10 Terry's Photo Shop	19 W Center St, Kanab	(435) 689-0443
17 Kanab Massage	67 West 200 South, Kanab	(435) 644-8492	1 The Rock Stop	385 W State St, Orderville	(435) 648-2747
1 Kanab Realty	93 West Center, Kanab	(435) 229-6911	2 White Mountain Trading Post	10 W Hwy 9, Mt Carmel	(435) 648-2030
14 Kane County Visitors Bureau	78 S 100 E, Kanab	(435) 644-5033	Entertainment		
9 Karen Heet	93 West Center, Kanab	(435) 644-2232	Redstone Theater	29 W Center St, Kanab	(435) 644-2334
1 Maynard Dixon Museum	2200 State St, Mt Carmel	(435) 648-2652	To get your business on this map and directory please call Josh at 435-632-1555 for details.		
25 Red Rock Homes	1875 South Hwy 89, Kanab	(435) 644-3225			

City of Kanab

A Western Classic

- Balloons & Tunes - February
- Kanab Film Festival - April
- Kanab 10K - May
- Amazing Earthfest - May
- Sighthound Shivoo - May
- Kanab Outdoor Market - May-October
- Summer Concerts - 2nd Sat., Jun-Aug
- Jacob Hamblin Days - June
- July 4th Celebration
- Canyons Folk Festival - August
- Western Legends - August
- Red Rocktoberfest Art Walk - October

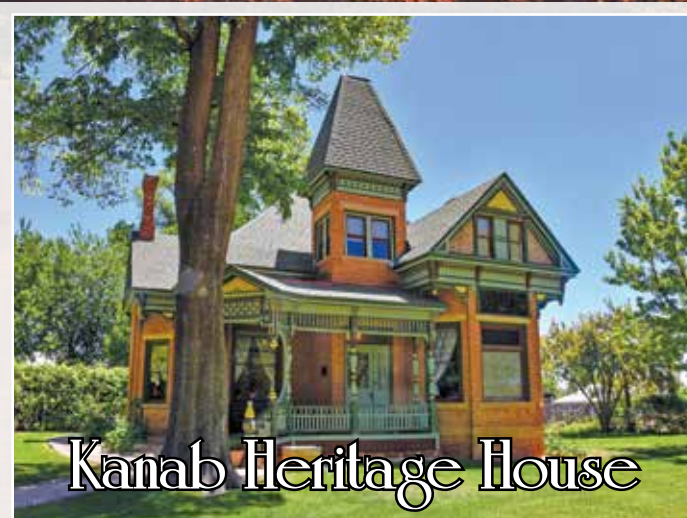
Visit Kanab All Year

- Hiking Trails
- Biking Trails
- OHV Trails
- Skate Park/Pump Track
- Jackson Flat Reservoir
- Jacob Hamblin Park



Seasonal Attractions

- The Splash Pad @ Hamblin Park
- Cowboy Watering Hole Pool
- Heritage Museum
- Heritage House Museum (See Below)



Kanab Heritage House

The Kanab Heritage House is a glimpse into the history of Kanab and its people. Free guided tours Monday-Saturday.

Historic demonstrations and events are scheduled throughout the year.

Please visit kanabheritagehouse.com for a complete list of hours and events.

115 S Main St., Kanab, UT

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KANAB, MAGICALLY UNSPOILED

There's more magic than ever in Kanab this year, as we celebrate the town's 150th Anniversary. There'll be events and celebrations throughout 2020, and itineraries to help you explore Kanab's history and all it has to offer. So anytime is the right time for that family vacation, weekend getaway, or scenic Southern Utah road trip.

For a full list of events – and help planning your trip – go to visitsouthernutah.com

