

THE INDEPENDENT ZION GUIDE

May '20

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Top Things To Do In Zion

Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to ZionGuide.com to see the details on many area hikes.

Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions.

Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.

General Tips For Zion

To avoid the crowds, go early or later in the day

Often during peak times, the park runs at capacity and has more people than the shuttle system and trails can comfortably accommodate. Consider getting up extra early or trekking out midday after the initial rush has flooded in. You'll still want to ride the shuttle.

A note about pets

Leashed pets may be walked on the Pa'rus Trail. However, pets are not permitted on any other trails, on shuttles, in public buildings, or in the wilderness. Pets must be under physical control on a leash less than six feet long at all times. The interior temperature of a vehicle can quickly warm to dangerous levels. Avoid leaving animals in vehicles. Boarding kennels are available in Rockville, Kanab, Hurricane, St. George, and Cedar City.

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Safety Tips For Zion

Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.



Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.

Tips To Minimize Your Impact

Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

Tips To Maximize Enjoyment

Go on a less crowded hike

The most visited Zion have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our newest feature, Less-Traveled Zion Hikes.

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EDITORIAL

LETTER FROM THE EDITOR

By James McFadden



Well another month is behind us but as they say, forward march! wait, maybe it's April, no May, yea, yea... it's May!! Now I'm not sure if you're like me or not but this last month has been a complete blur; and trying to keep up with the

ever-changing news? don't get me started! I mean, there were actually a few days there that I had to ask my wife "what day is it

again?!"

So, as we head into May, lets hope we start to see and figure out what this 'new normal' is going to look like and more importantly, that we're able to get back to it!

We are, I might say, very excited to see that there *ARE* a few events and things to do coming up that are at the very least, starting to poke their heads up from behind the barricades and they're not even waiting for

the dust to settle!

That being said, I'm going to keep this short and sweet and invite you to check out our website so you'll be sure to see what's coming up and you'll be able to get out and do something other than hiking, which we love to do, but lets face it, a nice show and some good entertainment is long past due!

Have a wonderful month everyone and be sure to keep it real...

James McFadden is the newest member of our team. He is the Editor and Online Content Director for our website at SUIndependent.com. James has over 30 years of experience in event management, promotion, marketing, and sales. He spent his first 10 years, right out of high school, in the radio broadcasting industry and he has owned various marketing and publishing companies over the last 20+ years. He's happily married, and the proud father of four kids.

We would like to thank you, our readers, for helping us sustain during this challenging time.

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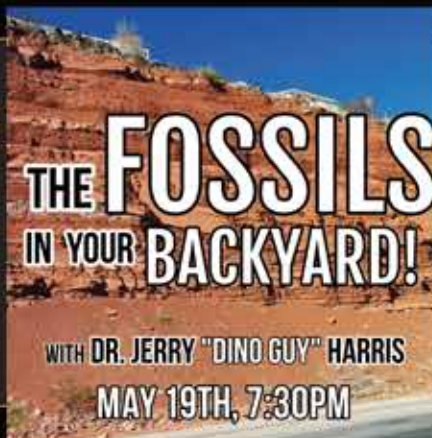
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OUTDOORS

HIKING SOUTHERN UTAH: OWENS LOOP TRAIL IN THE RED CLIFFS DESERT RESERVE

By Tom Garrison

Trail: Owens Loop Trail

Location: Red Cliffs Desert Reserve a few blocks north of downtown St. George

Difficulty: Easy with some up and down sections over uneven ground

Average Hiking Time: Around two hours at a leisurely pace

Elevation: The trailhead elevation is 2,865 feet with an elevation change from the lowest to the highest point along the trail of 330 feet.

Family-Friendly: Yes

Getting There: In St. George, go north on Main Street until you come to the end of the road at Brooks Nature Park, 452 North Main Street.

close. On the contrary, this is an easy 3.5-mile round trip hike with panoramic vistas and varied red rock structures. What is this close-by trail?

Owens Loop Trail, with the trailhead at Brooks Nature Park. Just north of downtown St. George, Owens Loop Trail begins within St. George city limits. It quickly enters the Red Cliffs Desert Reserve. The hike is free and no permit necessary.

The Reserve was established in 1996 to protect a large and diverse habitat capable of sustaining wildlife populations threatened by development and habitat loss. It comprises 62,000 acres and has more than 130 miles of shared-use trails for hiking, horseback riding, and mountain biking. Three ecosystems—the Mojave Desert, the Great Basin Desert, and the Colorado Plateau—merge in southwestern Utah and the Reserve reflects the biological diversity of this unique region. The Red Cliffs Desert Reserve Habitat Conservation Plan is administered by Washington County in coordination with the Bureau of Land Management, the US Fish and Wildlife Service, Utah Department of Natural Resources, and the Utah School and Institutional Trust Lands Administration.

Brooks Nature Park, the trailhead for our hike, is the site of the original water source for early St. George settlers. Water percolating from the surrounding red cliffs creates natural springs and a small pond complete with ducks.

We arrived at the nature park at about 9:00 am. There is a small, six or seven spaces, the parking area at the front of the park which does not have water or toilets. The temperature was in the high 50s under blue Utah sky. The trailhead elevation is 2,865 feet with an elevation change from the



View of Dixie Red Hills Golf Course from Owens Loop Trail - April 2020 Photo by Tom Garrison



Swan at Brooks Nature Park pond, UT - April 2020 Photo by Tom Garrison

more than two hours at a leisurely pace with many opportunities to stop and take photos. Although not deserted for a mid-week hike, we encountered only 11 people on the trail. And except for the distant faint hum of traffic from below, this is a wilderness experience.



View of St. George from Owens Loop Trail - April 2020 Photo by Tom Garrison

The trail later jogs northwest and finally in a loopy western direction along the top of red cliffs. The cliffs dominate the northern skyline in St. George, hence great views of the town and surrounding area. In places, the trail proceeds close to the cliff edge, be careful. There are also a few short steep sections requiring some easy rock scrambling. Much of the trail is rocky and/or over uneven layers of Slickrock. Some of the trail is up and down, but never very difficult. The western section of the trail is often faint.

Being early spring, birds were out hunting for a late breakfast and lizards scampered across rocks, warming in the sun trying not to be a late breakfast.

About one mile in is a junction with City Creek Trail, another access to Owens Loop Trail.

The trail atop the cliffs is peppered with a plethora of small caves and cavities in the red rock—great foreground views. The background views are spectacular, especially as we traversed the loop part of the trail.

The westernmost part of the trail, the loop, features clear views of Red Mountain, parts of Snow Canyon State Park, Ivins, Santa Clara, and the Dixie Red Hills Golf Course. To the south were panoramic views of St. George.

Our 3.5-mile round trip hike took a little

I strongly recommend this adventure—an easy hike featuring great views and, typical of Utah, appealing red rock structures. You can't get much closer to civilization and still feel as if you are in the backcountry.

Tom Garrison has been an avid hiker for more than 25 years. He is the author of six books, the most recent hiking book being "Hiking Southern Nevada."

Find more opinions everyday at SUIdependent.com



View to the north from Owens Loop Trail - April 2020 Photo by Tom Garrison

From Washington, go west on Red Hills Parkway and turn left (south) on 1000 East Street in St. George. Go one block and turn right (west) onto St. George Boulevard. Proceed west and turn right (north) on Main Street. (Main Street is between 100 East Street and 100 West Street.) Stay on Main Street until reaching the end of the road at Brooks Nature Park (452 North Main Street).

lowest to the highest point along the trail of 330 feet.

We quickly explored the small park, and (facing the pond) headed left around the pond on a broad path. We stopped at the pond and exchanged "good mornings" with some ducks and a giant white swan.

At the north end of the path, about 100 yards from the parking area, is a small amphitheater and a large information sign reading "Welcome to Red Cliffs Desert



Deb on Owens Loop Trail - April 2020 - Photo by Tom Garrison

In short, make your way to Main Street in St. George and go north to the end of the road.

My wife, Deb, and I often drive an hour or more to reach the trailhead of a particularly interesting hike, it's always worth the effort. This adventure is close to home, so close the trailhead is within the St. George city limits. Aww. can't be much if it is that

Reserve." Next to the sign was an Owens Loop trail sign. We headed north up the trail in a small, narrow canyon overgrown with a riot of different plants. This section was the steepest of the entire hike. After about ¼ mile we came to the end of the canyon up against Red Hills Parkway. There is a stepover and another trail sign for Owens Loop heading southwest.

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OPINION

CONGRATS, UTAH, FOR BEING AHEAD ON MAIL-IN VOTING

By Ed Kociela

It's not often that Utah can pat itself on the back when it comes to being in the forefront.

But, congrats, Beehive State, you are setting a pretty good example.

You are proving that mail-in voting is a good way to go.

Now, in Oregon, Washington, and Colorado you can only vote by mail. But Oregon, Washington, and Colorado are hardly Red State right like Utah. When one of the reddest of the red states shows that mail-in voting can work it carries a little more weight because we all know how liberal Commie hippies commit voter fraud by the millions, right?

We often get all hyped about our high-tech advancements, which, for the most part, can simplify our lives. However, in these times of COVID-19 and the uncertainty of what may befall us later this year – some experts are suggesting a second wave will wash across the nation – it is beginning to look like the best solution to solving the problem of voting in the next election is the good ol' reliability of the United States Postal Service.

The increase in numbers of those who chose to mail it in has increased over the past several elections. Four years ago more than 80 percent of all Utah voters posted their ballots. Two years ago 90 percent voted by mail. It resulted in a 7 percent increase in turnout.

Now, that may not seem like much, but in the world of voting and politics, an increase in turnout of 1 percent starts getting the political analysts excited. Reach 7 percent and they are dancing in place. Remember, there are very few landslides and most elections are decided by pretty slim margins. In fact, as we have learned, having the most popular votes doesn't always mean you're the winner, thanks to the useless Electoral College. Just ask Al Gore and Hillary Clinton.

The success of the mail-in vote doesn't square well with the administration, which continues to propagate the lie that there is massive voter fraud taking place.

The facts, of course, run contrary to the ignorance flooding from the West Wing.

The president, in fact, set up a special committee to investigate voter fraud. It disappeared when the numbers did not bear out the president's blustery lies.

In fact, investigators found that there have been only 10 cases of voter fraud by impersonation in the United States since 2000.

We have heard the president claim that in 2016 there were thousands of non-citizens who voted. However, of the 23.5 million votes cast in districts with a large number of non-citizens, there were only 30 instances of possible improper voting handed over for investigation.

The truth trumps the lie again.

The law is very specific when it comes to voting, and there are a number of ways for it to be violated: absentee ballot fraud; ineligible voters casting ballots; voter duplication; buying votes; false registration; altering the ballot count; voter impersonation; illegal assistance in the voting booth.

With so many options, you'd figure there must be a ton of folks with an agenda violating the franchise.

But, nope.

Turns out that of the billions of votes cast nationwide between 2000 and 2012, there were only 491 incidents of absentee ballot fraud, according to research by News21, a national investigative reporting project that tracks cases of election fraud.

But, the president is not one to allow facts to stand in the way of a cold shiver of fear and lies.

"Now, mail ballots — they cheat," he said when asked during an April 7 press briefing regarding COVID-19 and possible remedies to prevent its spread. "OK? People cheat. Mail ballots are a very dangerous thing for this country because they're cheaters. They go and collect them. They're fraudulent in many cases."

Of course, a month earlier, his mail-in ballot for the Florida primary had been tallied.

What is really at the heart of all of this is the fact that we don't know what kind of shape the United States will be in, come November.

Will we still be under lockdown?

Will another wave of COVID-19 sweep the nation?

Will we, as a nation, have the collective will to gather in large crowds at that point?

Look, we've lost roughly the equivalent of those Americans killed during the Vietnam War in a matter of weeks. COVID-19 has crippled our economy, pushed many out of their jobs, threatened our daily walk of life. Would we survive another massive outbreak? Some experts are warning that more people could die from the economic impact of COVID-19 than from the disease itself as the very real possibility of famines of biblical proportions are possible in dozens of nations across the globe.

If it means we take strict precautions to lessen the pain, suffering, and loss, so be it.

We can do without pro sports.

Concerts?

Plays?

Movies?

Maybe they'll all shift to online services like Firestick, Roku, and other streaming devices.

Maybe our restaurants will be forced to become more take-out than fine dining experiences.

Maybe more of us will be working from home as opposed to reporting to the office every day.

We are definitely in for some changes, I'll guarantee that.

So, if it means we cast our votes through the U.S. Postal Service, I'm fine with that.

Once again, congrats, Utah.

Nice to see you ahead of the curve on this.

Now if we could only dispense with the inane alcohol regulations.

Ed Kociela has won numerous awards from the Associated Press and Society of Professional Journalists.

He now works as a freelance writer based alternately in St. George and on The Baja in Mexico. His career includes newspaper, magazine, and broadcast experience as a sportswriter, rock critic, news reporter, columnist, and essayist. His novels, "plygs" and "plygs2" about the history of polygamy along the Utah-Arizona state line, are available from online booksellers.

INDIVIDUAL RESPONSIBILITY BEATS GOVERNMENT LOCK-DOWNS

By Howard Sierer

Minimizing our exposure to the novel coronavirus is something each of us can choose to do, largely independent of those around us. Taking individual responsibility sure beats government lockdowns.

An unfortunate number of people egged on by sensation-seeking media reporting, advocate continuing COVID-19 economic lockdowns whose costs far exceed their benefits and unnecessarily trample individual freedom.

While there is much yet to be learned, what we do know about COVID-19 augurs for informed personal choices.

First, COVID-19 complications increase dramatically with age. Per the Centers for Disease Control, 79 percent of COVID-19 deaths through April 18th occurred in 16 percent of the population over age 65. Less than three percent of deaths occurred in the 59 percent under age 45. These figures include deaths of those with underlying predisposing conditions.

Among those with no predisposing conditions, an April epidemiological study reports that people under age 65 accounted for respectively only 0.3 percent, 0.7 percent, and 1.8 percent of all COVID-19 deaths in the Netherlands, Italy, and New York City.

Second, as reported by the Stanford University Department of Medicine, 50 to 85 times as many people in San Jose had been infected with the virus but had no symptoms as had been diagnosed with COVID-19. The University of Southern California and the Los Angeles County Department of Public Health estimate that the virus is 28 to 55 times more prevalent in that county than are confirmed cases.

With only a very small chance of serious illness, it follows that many younger people facing personal financial hardships would choose to go back to work. For them, the government cure is worse than the disease.

The keywords in the previous paragraph are "would choose." To deny them that choice is both unscientific and authoritarian. Yet far too many, even here in Southern Utah, would continue denying individuals that choice indefinitely.

The clearly stated goal of government lockdowns was to "flatten the curve" of the number of COVID-19 cases to avoid overloading hospitals and medical staff. That goal has been accomplished: we are well past the peak load.

But lockdown advocates are moving the goalposts, espousing an unscientific and unsupported notion that continuing government lockdowns will produce a collective good exceeding its collective cost.

Refuting this notion by using Bureau of Labor Statistics data, University of Chicago

and facing financial disaster.

For those advocating continued lockdowns "until everyone is safe," let me suggest instead they consider two far more pressing medical catastrophes where government intervention could save lives.

In 2017 nearly 73,000 people died in the U.S because of liver disease and other alcohol-related illnesses. That year alcohol proved to be even more deadly than illicit drugs including opioids. Drunk-driving accidents claim an additional 10,000 lives per year: alcohol puts us all in danger.

The country prohibited alcoholic beverages with the 18th Amendment but repealed Prohibition with the 21st Amendment. Were repeal advocates "selfish, thoughtless" people and "greedy business owners?"

Here's a second, even bigger problem. Every year the U.S. has over 480,000 tobacco-related deaths including those from secondhand smoke. Should the government ban all tobacco products? It would save far more lives year after year with far less economic havoc than this year's COVID-19 lockdown.

Alcohol and tobacco use are individual lifestyle choices. Protecting oneself from the coronavirus is also an individual lifestyle choice: wearing a mask, maintaining social distance, choosing carefully where to go or not to go.

Doctors see continued lockdowns as lifesavers. That's certainly true and each premature death is a tragedy. Nonetheless, policy-makers must look to the well-being of all those they serve: balancing the unknowable number of lives lockdowns would prolong with the more measurable health and financial costs to others.

Two weeks ago my column asked readers to consider the broader range of COVID-19 public health issues at stake:

"At what point does the increase in alcohol and illegal drug use, the increase in domestic violence, the increase in anxiety, depression, and suicide outweigh saving an unknown number of post-lockdown lives?"

Should we maintain COVID-19 lockdowns until late 2021 when every person in the country will have received a yet-to-be-discovered vaccine? Any amount of loosening before then, even with widespread testing, will add a small but unknowable number of premature deaths. Does reopening before late 2021 constitute "negligent homicide?"

Per the Centers for Disease Control, over 37,000 Americans have died on average each year in the past decade from seasonal flu. I'm sure that doctors would agree that locking down our economy for four months starting every December would prevent the vast majority of these deaths. Is failing to lockdown every year for seasonal flu equivalent to "negligent homicide?"

Finally, ask yourself this question. Who is harmed if a local store or service facility reopens? In states like Georgia where certain types of businesses were allowed to reopen on April 21st, some opened while others chose to remain closed, individual choice and responsibility at work.

Employees can choose to stay at home. Businesses can require customers to wear masks and maintain social distancing or not. Customers can patronize or avoid newly reopened businesses as they choose.

The vast majority of customers who become infected will never know it and most of the unfortunate few who do will have only mild symptoms.

Those most vulnerable to COVID-19 – older people and those with underlying conditions – can choose to protect themselves: stay at home or pick and choose when and where to venture out. That's also true for anyone of any age, vulnerable or not.

We've all (mostly) cooperated with the lockdown. But COVID-19 lockdowns will collapse of their own weight and in the process compromise public faith in government if our leaders fail to recognize that most individuals want to take responsibility for their own health and safety.

Howard Sierer moved to St. George in 2000 after living on both coasts and places in between. He worked as a satellite systems engineer and program manager, finishing his career managing fiber optic communications systems development.



professor and former Chief Economist for the Council of Economic Advisers Casey Mulligan calculates that lockdown benefits are only 23 percent of lockdown costs.

A commenter on The Independent website charged that Southern Utah lockdown protesters would be guilty of "negligent homicide" should anyone who came in contact with them die of COVID-19. If that were the criterion, lockdowns would never end. Even if they continued for another year, there would be at least a few subsequent COVID-19 deaths, most likely among the elderly.

Commenters both locally and nationally blame protests on "greedy business owners who care more about their bottom line than people's lives." But it's those living paycheck-to-paycheck and small-business owners who are bearing the lockdown's crushing burden

Curbside Pickup @ Your Library!

Washington County Library System announced that it will offer curbside pickup services to the patrons at all eight library branch locations. Curbside Pickup provides increased access to our library resources during the COVID-19 closure by allowing patrons to pick up items they have placed on hold. As we continue to put our patrons at the heart of everything we do, we strive to offer services that are adapted to this unprecedented time.

We hope that access to great reading and movie materials will help alleviate some of the disruption to everyday life that has occurred as a result of the pandemic. Curbside service will be available at each location. For times, please call your closest library branch. For a list of branch numbers and hours of operation, please visit:

www.library.washco.utah.gov



EVENTS

CELEBRITY CONCERT SERIES IS EAGER TO ENTERTAIN!

Season ticket sales and package renewals for the Celebrity Concert Series will kick off on May 1st, 2020!

It has been far too long since we have seen the beautiful faces of our patrons since the Covid-19 pandemic shut-down everything down! The beauty of art, music, and laughter has connected us even from our homes, but it will be even better as we experience this season's offerings live – and all together! We are eagerly awaiting October with our first Celebrity Concert Series event, the Utah Symphony, and many more excellent shows as part of the 2020/21 season.

In addition to the talent presented on stage, we are pleased to welcome Karin Edwards as our new Arts Programming Coordinator. Karin is from Southern California and is thrilled to call St. George home. Her passion for the arts, dedication to performance, and brilliant talent will



certainly add to the success of our season, no doubt.

So, what can you expect to see at the Celebrity Concert Series this year? The same elevated variety of entertainment including returning favorites, and new unprecedented performance mediums that will inspire and educate. As with the past two seasons, the Utah Symphony will start the season strong on October 1st.

During this season returning favorites such as the Golden Dragon Acrobats are sure to thrill and excite with gravity-defying, family-friendly entertainment. This world touring group has been educating audiences on the art of traditional Chinese acrobatics for over 30 years. The Drifters are back with their iconic soul sound and polished performance style serenading the audience with classics "Up On The Roof" and "Under The Boardwalk".

For the first time Theatre Re: will join the stage for a one of a kind storytelling event utilizing dance, theater, and live music. The Nature of Forgetting is a performance that follows the life of Tom, a middle-aged father, struggling in the early stages of dementia. In an unforgettable intersection of art and science, this performance will be the first of its kind to join the series. With a theme so relatable to our surrounding community, this internationally acclaimed program embraces the journey of humanity, a celebration of life, and is a fitting piece to round out the season. "The Nature of Forgetting is an explosive, joyous celebration of remembering." *Exeunt Magazine - London*

Traveling from Ireland, Goitse (Go-witch-ya) is the popular and multi-award-winning quintet forged in the white-hot creative crucible of Limerick's Irish World Academy. As a leader of the new generation of traditional Irish ensembles, Goitse's sound is a bold collaboration and what Irish Music Magazine calls "Music that's brimming with energy and creative zeal."

Live From Laurel Canyon – Songs and Stories of American Folk Rock, is a captivating review of iconic folk groups flourishing



in the '60,s, and '70,s. Expect anything from the Byrds to the Eagles in this satisfying look back on a time that shaped American music.

Sure to be a crowd-pleaser, Married to Broadway - Featuring the Sharpe Family Singers is a night not to be missed. Falling in love on the stage and getting married, the Sharpe's share their memories and Broadway favorites. Each member gives a powerhouse performance and will leave you wanting more. There truly is something for everyone this season of the Celebrity Concert Series.

We are going back to basics with our

ticket packages and offering the traditional Platinum, Silver, and Gold packages with savings up to 35%. Packages are also available for Faculty/Staff of DSU as well as YOUTH packages at up to a 60% discount!

Season ticket renewals begin on May 1st. New-season ticket purchases along with 6 and 9 packages will be available starting May 26th. Becoming a season ticket member has its perks! Ticket Package holders are eligible for FREE tickets to the Dixie State Symphony Orchestra regular season concerts AND entitled to additional discounts to other shows, including the limited classical event of the Juilliard String Quartet performing in the Eccles Concert Hall on February 5 or 6, 2021.

For more information visit CelebrityConcertSeries.com or contact the DSU Box Office at 435-652-7800. We are looking forward to seeing you in our audience this fall!

THE 2ND ANNUAL KANAB FILM FEST

AN EXCITING WEEKEND OF FILM RELATED EVENTS

Like so many others, The Kanab Film Fest™ was forced to cancel its highly anticipated festival, originally scheduled to take place last month in April. Nevertheless, as that well-known saying goes, "The Show Must Go On" and that's exactly what's happening now as the KFF plans to reboot their 2nd annual film festival on its new weekend, June 4th-6th, 2020.

This year's event will take place at the newly opened, Kanab Center, which offers state of the art sound and a 4K projector. Attendees will get to see the very best films from students and professionals from the United States, Netherlands, Mexico, Thailand, Iran, and Hong Kong.

This year's presenting sponsor is the Love Kanab Show with host Karen Heet, a local YouTube show highlighting the people, businesses, and events, like the Kanab Film



Fest, that make Kanab, Utah one of the most amazing places to live.

The Film Fest takes place in a relaxed setting perfect for getting to know the filmmakers and chatting with film enthusiasts. There will be industry workshops, including "Intro to Screenwriting" with Writer and Producer Heidi Stangeland. Guests can also sign up to go on a locally-led hike or a photography tour around Kanab celebrating its 150th year and rich movie history.

Officially selected films and a full schedule of events can now be found on the Festival's website at KanabFilm.com. Although the official submission deadline has passed, the Festival recently opened up a 'Rona Shorts Category' to spur creativity during this time. Filmmakers are encouraged to submit a film made between March 1-May 20th and no longer than 5:19. To submit your work, and for more information visit KanabFilm.com.

Tickets are now available for purchase as a single or 3-day pass through KanabFilm.com. A limited number of 3 Day passes purchasers will receive a Swag bag with goodies and an exclusive invite to our catered kick-off party to be held on June 4th complete with live music.

The Kanab Film Fest™ is dedicated to keeping Kanab's film making legacy alive.

You can also visit us on Facebook at [Facebook.com/KanabFilmFest](https://www.facebook.com/KanabFilmFest) – See you at the movies!



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DISCLAIMER: During the Coronavirus outbreak many shops and restaurants will be closed or open limited hours or have limited services. We recommend you check by phone with each retailer in advance of a visit.

Sunset on the Square

Summer Movie Series
2nd & 4th Friday through August 28
Movies begin at dusk

MAY
05.11 **CANCELLED**

JUNE
06.12 *Lion King*
06.26 *The Aeronauts*

JULY
07.10 *Playing with Fire*
07.24 *The Peanut Butter Falcon*

AUGUST
08.14 *Dolittle*
08.28 *Frozen II*

St. George

FOR INFO VISIT SGCITY.ORG/SUNSETONTHE SQUARE

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2nd Monday of the Month @ 7:30PM through Sept.

VERNON WORTHEN PARK
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FREE ADMISSION

05.12.20 - CANCELLED
06.08.20 - IDOL 80'S
07.13.20 - TOM BENNETT
08.10.20 - RED DIRT GIRLS
09.14.20 - TED VIGIL

Park seating is available, bring blankets, lawn chairs, food and the family.

FOR INFO VISIT SGCITY.ORG/CONCERTINTHEPARK

Presented by the Arts & Special Events Division
Leisure Services Department
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For arts info: 435-627-4510

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NATIONAL ENDOWMENT FOR THE ARTS Utah Division of Arts & Museums

VISIT HISTORIC DOWNTOWN ST. GEORGE

Map labels include: Hooray! The Engraving Shoppe, ANCESTOR SQUARE, George's Corner, Lunatic Fringe, Painted Pony, Pizza/Pasta Factory, Split Rock Gallery, Cedar Post Pawn Shop, Twisted Noodle Cafe, Arrowhead Gallery ETC, The Electric Theatre, Downtown Yoga, Hope Chest, Tailor Hem Boutique and Barbershop, Jen's Furniture Rehab, Lunnatic Fringe, M&S Turquoise, Mainstreet Antiques, Milne Jewelry, Pioneer Courthouse, St. George Art Museum, Opera House & Social Hall, St. George Art Museum, Red Cliff Gallery, Dish Bowl, The Gold Ore Store, Annie's Vintage Garden, One Hot Grill, Washington County Library, St. George Childrend Museum, LDS Tabernacle, Arrowhead Gallery ETC, Capelletti's Restaurant, Encore 'A Chic Boutique', The Electric Theatre, Downtown Yoga, Hope Chest, Tailor Hem Boutique and Barbershop, Jen's Furniture Rehab, Lunnatic Fringe, M&S Turquoise, Mainstreet Antiques, Milne Jewelry, Pioneer Courthouse, St. George Art Museum, Opera House & Social Hall, St. George Art Museum, Red Cliff Gallery, Dish Bowl, The Gold Ore Store, Annie's Vintage Garden, One Hot Grill, Washington County Library, St. George Childrend Museum, LDS Tabernacle.

VISIT HISTORIC DOWNTOWN ST. GEORGE

ART GALLERIES AND MUSEUMS

- Arrowhead Gallery ETC
- Art and Soul Gallery & Gift
- Art Around the Corner
- Arts to Zion Showcase
- Authentique Gallery
- Bedard Fine Art Gallery
- Brigham Young Home
- Children's Museum
- Daughters of the Utah Pioneers Museum
- DiFiore Center
- Gallery 35
- Main Street Gallery by Fibonacci
- Pioneer Courthouse
- Red Cliffs Gallery
- Roland Lee Gallery
- Split Rock Art & Design Gallery
- St. George Art Museum
- Wide Angle Gallery

SHOPS

- Annie's Vintage Garden
- Bicycles Unlimited
- Carmell's Cottage
- Cedar Post Pawn Shop
- Designer Furniture Gallery
- Downtown Furniture
- Encore 'A Chic Boutique'
- Forever Young Fine Jewelers
- Hope Chest
- Jen's Furniture Rehab
- Lunnatic Fringe
- M&S Turquoise
- Mainstreet Antiques
- Milne Jewelry

LODGING

- Bear Paw Café
- Benja's Thai & Sushi
- Capelletti's Restaurant
- George's Corner
- Judd's Country Store
- One Hot Grill
- Painted Pony Restaurant
- Pasta Factory
- Pizza Factory
- Rigatti's Wood Fired Pizza
- Twenty-Five Main
- Twisted Noodle

MOVIES

- ★★★★★ - Amazing!
- ★★★★ - Good
- ★★★ - Decent
- ★★ - Poor
- ★ - Terrible

THE INDEPENDENT MOVIE REVIEWS

By Adam Mast

EXTRACTION (R)
★★★★

What "Extraction" lacks in originality, it more than makes up for in expertly crafted action

Looking for something up-tempo, non-stop, and ultra-violent to watch while at home? If so, then Netflix has got you covered with the new Chris Hemsworth-headlined action thriller, "Extraction." Truth be told, there isn't anything entirely new about the overall plot here, but what "Extraction" lacks in originality, it makes up for in pace, performances, and stunningly conceived action sequences.

In "Extraction," Hemsworth is Tyler Rake (gotta love that seemingly perfect action hero name), a broken-down, burned-out mercenary-for-hire who's offered a chance at redemption when he's hired to locate and retrieve a kidnapped boy (Rudhraksh Jaiswal) who just so happens to be the son of an imprisoned international drug lord. Throughout his deadly mission, Rake must fight off a Bangladeshi crime lord and his callous army, local authorities, and a mysterious foe in the kind of blood-soaked action we'd get just about every weekend in the 80s.

Truth be told, "Extraction" isn't all gunfire, fights, and bloodshed. Screenwriter Joe Russo (half of the sibling team that brought us the last two "Avengers" movies) does bring some weight to the proceedings by not only presenting a hero with a fractured soul but also by offering up a surprisingly effective bond between this broken soldier and a young boy caught in a world he doesn't really want to be a part of. Further still, while "Extraction" is a big bombastic action movie, it doesn't shy away from provocative themes. It doesn't shy away from shocking brutality, either, presenting a world where kids can be just as vicious as the adults on the battlefield.

As directed by Sam Hargrave (an expert stunt coordinator by trade having had a hand in "Avengers: Infinity War," "Avengers: Endgame," and "Atomic Blonde"), "Extraction" is pretty non-stop in the action

department and it's clear that this man knows his business. There's nothing choppy, confusing, or unclear in terms of action mechanics and geography. It's all expertly staged and you can feel every bullet, explosion, and punch. If you're looking for a frame of reference, it's the kind of action that you might expect from the likes of Gareth Evans ("The Raid," "The Raid 2") or David Leitch ("John Wick," "Atomic Blonde.") Look no further than a breathtaking 12-minute long uninterrupted shot in which Rake tries to navigate through a thug infested building in the slums of Dhaka with a young boy by his side. This breathtaking sequence is as terrifying as it is exhausting.

As for the cast, you could do a lot worse than having a guy like Hemsworth headline your action movie. While he has the physicality to pull this stuff off in spades, he also offers up the prerequisite vulnerability. He's more than a superhero. He's a man looking to make up for past mistakes. It's the kind of thing we've seen countless times in movies, but I'll be darned if Hemsworth doesn't fit the bill. Further still, he's complemented by a more than capable supporting cast. Young Jaiswal is terrific as a boy caught



between a rock and a hard place and for all the carnage in this picture, he's left to make one of the toughest decisions in the entire movie. What's more, he's so good here that we want to believe he's the type of kid who won't follow in his father's unsavory footsteps. Additionally, Randeep Hooda brings real dramatic weight to the table as a rival mercenary with his own agenda while a winning David Harbour of "Stranger Things" is terrific as a tough-as-nails ally who aids Rake in his mission.

Listen, there are aspects of "Extraction" that are predictable, rudimentary, and generic and true, we've seen the broken down soldier bit many times before, but as an action movie, this is a beautifully executed piece of exhilarating (and violent) entertainment. It moves at a brisk clip from beginning to end and overall, two things are abundantly clear; Firstly, you'll be in Rake's corner throughout. Secondly, you'll want to see the assholes in this picture get what's coming to them. Mission accomplished.

Find more movies everyday at SUIdependent.com

EVENTS

FLATTEN THE CURVE RUN, WALK OR ROLL PROVIDES OPPORTUNITIES TO CELEBRATE NATIONAL BIKE MONTH

ST. GEORGE — St. George Races has found a way to incorporate the active lifestyle its residents embrace while staying on-brand with social distancing guidelines with its first Flatten the Curve Walk, Run or Roll. Participants are encouraged to use their feet or any non-motorized conveyance (bicycle, skateboard, scooter, rollerblades, wheelchair) to accumulate as much mileage as possible during May.

George Races. "We are thrilled to provide a positive experience and for everyone to have something to look forward to throughout the month of May."

The event ties in with National Bike Month, which encourages more people throughout the United States to give biking a try. On a local level, the Southwest Utah Public Health Department, the City of St. George, Washington City, and the Southern Utah Bicycle Alliance have collaborated to promote National Bike Month.

"We are so pleased to partner with St. George Races and its Flatten the Curve virtual event," said Kye Nordfelt, President of the Southern Utah Bicycle Alliance (SUBA). "National Bike Month is about encouraging people to ride a bike. This virtual event provides a great incentive for activity and an excellent chance for families to have fun together."

Three divisions include runners, walkers, and participants on wheels. You may enter any division and track your mileage against the other competitors. Participants can earn as many as six milestone buttons by reaching these benchmarks: 10 kilometers, half marathon (13.1 miles), marathon (26.2 miles), 50 miles, 100 miles, and 200 miles. Everyone who participates will receive — by mail — a medal, milestone buttons, and a Flatten the Curve facemask.

"We want to encourage participation more than anything," Metler added. "This



"This is our city's first-ever virtual race event. This means anyone can participate from anywhere at their own pace. We already have almost 500 registered from 30 states," said Aaron Metler, Recreation Supervisor for the City of St. George and St.

provides an outlet for physical activity and optimism."

Ten percent of the \$30 entry fee goes toward COVID-19 research.

More information visit www.sgcity.org/sportsandrecreation/races/flattenthecurve

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2020-2021 SEASON

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May 26 - New Season Ticket purchases
June 15 - Individual Ticket purchases
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FEES AND TAXES WILL BE ADDED TO EACH PACKAGE

Springdale Utah Town Map

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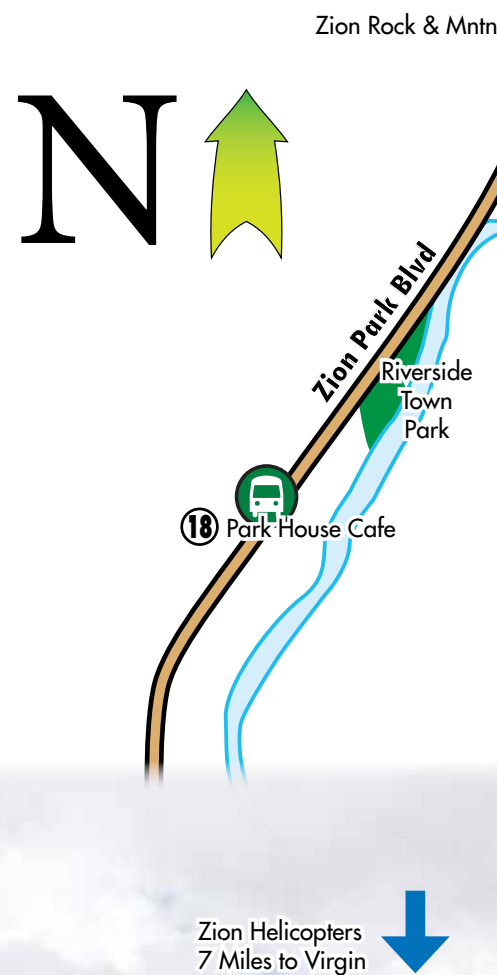
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P Paid parking lots can be found on Lion Blvd, behind Whiptail Grill Restaurant at 445 Zion Park Blvd, and a number of other locations throughout Springdale.

Other spots of note in Springdale include the library (located on Lion Boulevard, next to Town Hall), tennis/pickleball courts (also on Lion Blvd), and the Virgin River, which has numerous loctions of access, but Riverside Park is one of the best.



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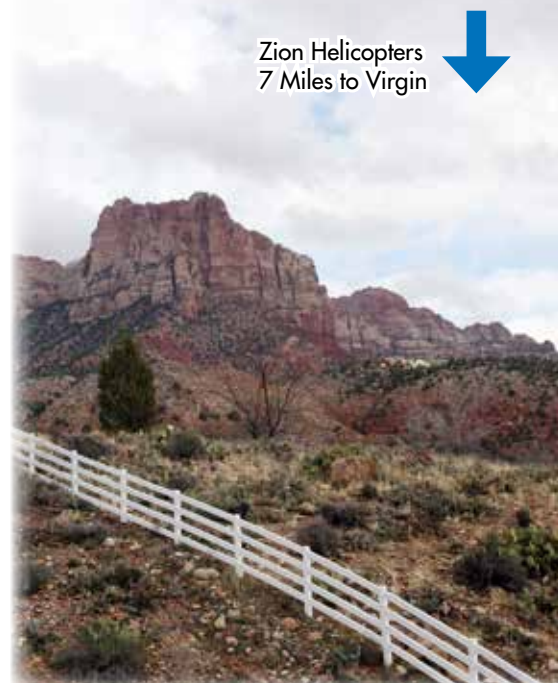
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GUIDE TO UTAH'S LIQUOR LAWS

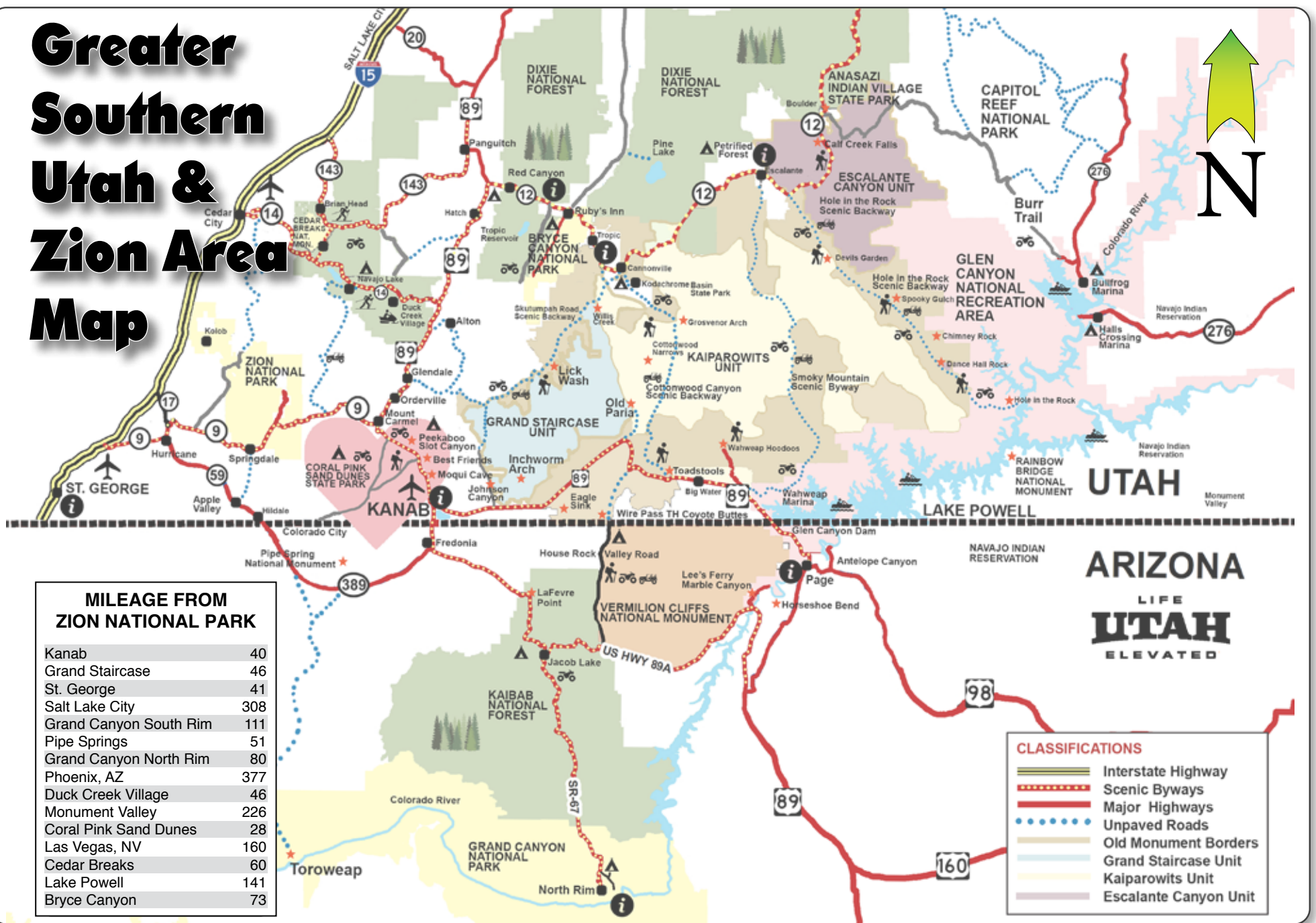
If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink. The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

SPRINGDALE'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed by address from ZNP Entrance)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks (E)spresso, (V)egan items on menu	Hours	WI-FI
Red Rock Grill	1 Zion Lodge	435-772-7760	W, B, M, E, V	6:30-10:30am, 11:30am-3pm, 5-10pm daily	Yes
Zion Canyon Brew Pub	95 Zion Park Blvd	435-772-0336	W, B, V	Noon-10pm daily	Yes
Happy Camper Market	95 Zion Park Blvd	435-772-7805	B, V	8am-8pm daily	Yes
Thai Sapa	145 Zion Park Blvd	435-772-0510	W, B, E, V	11:30am-9:30pm daily	No
Perks Coffee Shop	147 Zion Park Blvd	435-668-0446	E	7am-4pm daily	No
Café Soleil	205 Zion Park Blvd	435-772-0505	W, B, M, E, V	7am-9pm daily	No
Spotted Dog Cafe	428 Zion Park Blvd	435-772-0700	W, B, M, E, V	7-11 am, 5pm-9pm daily	Yes
Whiptail Grill	445 Zion Park Blvd	435-772-0283	W, B, V	Noon-9:30pm daily	Yes
Moki	709 Zion Park Blvd	435-215-0520	W, B, M, E	7am-10am daily, 5:30pm-10pm Thurs-Mon	Yes
Blondie's Diner	736 Zion Park Blvd	435-772-0595	B, V	11am-8:30pm Mon-Sat	Yes
Bamboo Chinese Restaurant	828 Zion Park Blvd	435-703-2882	V	11:30am-10pm daily	Yes
Zion Pizza & Noodle	868 Zion Park Blvd	435-772-3815	W, B, V	4pm-10pm daily	No
Porter's Smokehouse and Grill	897 Zion Park Blvd	435-772-0115	W, B, M, E, V	6am-9pm daily	No
Oscar's Cafe	948 Zion Park Blvd	435-772-3232	W, B, E, V	7am-9pm daily	No
Switchback Grille Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, E, V	5-8pm daily	No
Jack's Sports Grill Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, V	Noon-9pm daily	No
Bit & Spur Restaurant & Saloon	1212 Zion Park Blvd	435-772-3498	W, B, M, E, V	5pm-11pm daily	Yes
Park House Café	1880 Zion Park Blvd	435-772-0100	W, B, V	8am-2pm daily	Yes

See detailed restaurant listings for Springdale and the greater Zion National Park area at ZionGuide.com.

Greater Southern Utah & Zion Area Map



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ANASAZI STATE PARK MUSEUM - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redbreast shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinon pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.

CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

DEAD HORSE POINT - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large,

Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

ENTERPRISE - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

GRAND CANYON - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

LAKE MEAD - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

LAKE POWELL - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

PINE VALLEY - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine

Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinon trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

QUAIL LAKE - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

SAND HOLLOW - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.

SNOW CANYON - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

ZION - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion - whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.



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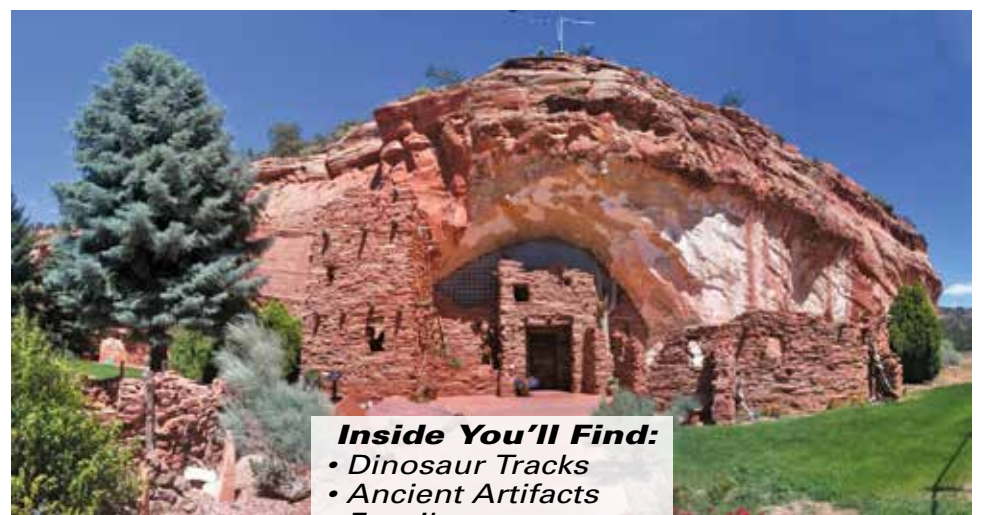
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Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time. Lower Emerald Pools Trail is closed for trail repairs until Spring 2020.

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled hikes.

Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the

3 miles long and will take about 2 hours to finish.

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

Watch for a sign that indicates the direction to Hidden Canyon.

A well-traveled path takes trekkers between sheer sandstone walls rising up hundreds of feet, made up by some of Zion's most famous landmarks: Cable Mountain and the Great White Throne. Once beyond the end



Chinle Trail, photo by Doug Dolde

right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly

Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.



Many Pools

Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

Hidden Canyon

By Bo Beck and Tanya Milligan

Hidden Canyon features steep ascents, narrow foot paths, and switchbacks on a narrow cliffside with exposure at high elevations. Some parts have chains to use for assistance. Be cautious near slippery sandstone areas with steep dropoffs. Expect full sun in most places after the early morning. Once you are into the canyon, it is shady and surprisingly cool.

This impressive 2.2-mile roundtrip hike begins at the same busy trailhead as Weeping Rock, Observation Point, and the East Rim. Begin at the Weeping Rock Trailhead, which quickly splits to the left. The trail you want to follow bears right toward the East Rim, Observation Point, and Hidden Canyon.

of the actual trail and into the slot canyon, look for small sandstone caves and a 20-foot long arch. Be careful to only explore as far as you know is safe for you! Few should ever venture past the freestanding arch.

Sandstone pools at the end of this hike are a favorite spot of the delightful and boisterous canyon tree frogs. Look for the tiny gray creatures near the water, and listen for their loud trilling. Past the pools is the end of the Hidden Canyon Trail.

Overlook Trail

By Charlotte Emmett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.

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Warning: These hikes are very popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more difficult hikes, try some of these popular hikes.

Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete and covers just under 5 1/2 miles. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.



Observation Point via East Rim Trail

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more moderate, try some of these mid-range hikes.

Watchman Trail

Starting at the Zion Canyon Visitor Center, this hike takes about two hours and covers just under 3 miles. The 368-foot elevation has some minor drop-offs and ends at a view point for Tower of the Virgin, lower Zion Canyon, and Springdale.

Middle Emerald Pools Trail

A two-hour hike, Middle Emerald Pools has long drop-offs. The unpaved trail to the Middle Emerald Pools has loose sand and slippery rocks. You'll cover two miles in 2 hours over the course of a 150-foot elevation gain. The hike starts at Zion Lodge.

Upper Emerald Pool Trail

Starting at Zion Lodge, this is a shorter trail covering one mile in about an hour. You will rise 200-feet in elevation, and there are minor drop-offs.

Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of Timber Creek, Kolob Terrace, and Pine Valley Mountains.

Those looking for something less strenuous should check out these easy hikes.

Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

Lower Emerald Pool Trail

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.

Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

Weeping Rock Trail

A short but steep hike, the Weeping Rock Trail offers trailside exhibits. This paved trail ends at a rock alcove with dripping springs. It rises 98 feet over just under a half mile. It can be completed in about 30 minutes.

Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessible, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.

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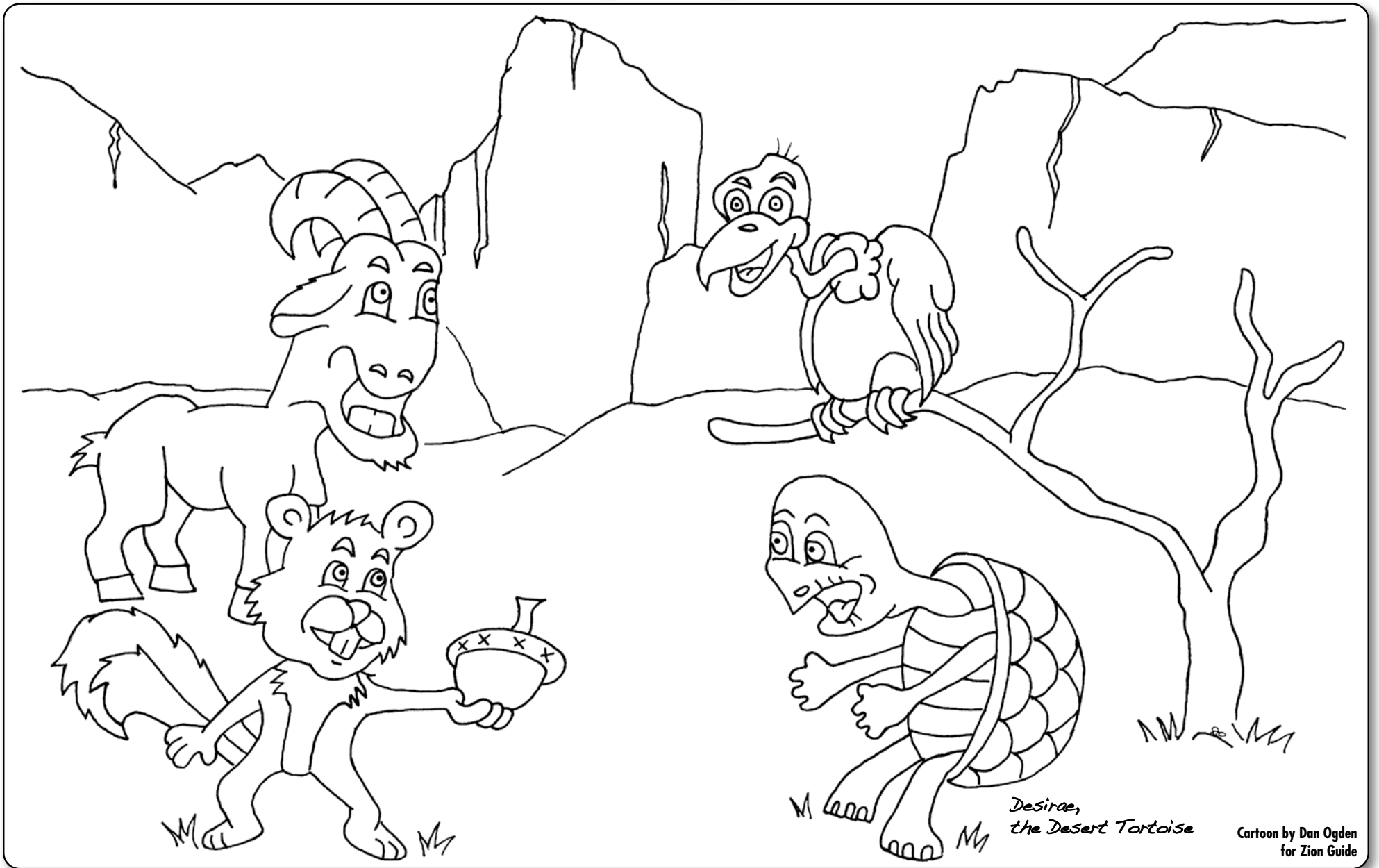
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Kanab Heritage House

The Kanab Heritage House is a glimpse into the history of Kanab and it's people. Free guided tours Monday-Saturday. Historic demonstrations and events are scheduled throughout the year. Please visit kanabheritagehouse.com for a complete list of hours and events.
 115 S Main St., Kanab, UT

Zion Area Annual Events Calendar

Currently, most events are canceled due to the Covid19 pandemic. Please check before attending any events.

May-Oct. Kanab Outdoor Market
Nursery stock, baked goods, local artistry, jewelry, crafts and goods, free bounce house and balloons for the kids.

May Kanab 10K
A beautiful course sanctioned by USA Track and Field along Hwy 89 from Moqui Cave to the Kanab City Park.

May Amazing Earthfest
Southern Utah's festival of learning, arts, and outdoor adventure.

June Jacob Hamblin Days Festival
A fun festival to celebrate the pioneer and Western heritage of Kanab and Kane County.

June-Aug. DSU Summer Concert Series
Enjoy a variety of live performances by bands, orchestras and solo artists. Located at the O.C. Tanner Amphitheater, just outside of Zion National Park.

June Maynard Dixon Country Campout
A 5-day gathering of artists and art lovers interested in the history of Western art and current Western painting.

July Kanab 4th of July Celebration
Celebrate the nation's Independence Day small-town style in charming Kanab, Utah! Parade, vendors, entertainment and festivities throughout the day into the evening.

July Springdale 4th of July Celebration
Celebrate Independence Day with the Springdale community. Kick off with a parade followed by a barbecue, live music and activities for the whole family to enjoy.

July 24th of July Celebration
Celebrate the state of Utah with a pioneer dinner. Get ready for the fourth annual Kabob-a-Que.

July Pioneer Day Celebration
Games, Dutch oven dinner at the park and a great costume parade celebrating pioneer heritage.

August Symphony at the Grand Canyon
Symphony of the Canyons performs on the patio at the North Rim Lodge. Bring a picnic dinner and listen as the sun sets over the Grand Canyon.

August Kane County Fair
Offering many wonderful events for the whole family. Most of the events are free so don't miss out.

August Western Legends Round-up
Kanab's celebration of film, music, poetry, and Western heritage.

September Big Water Dinosaur Festival
Celebrating past and present dinosaur discoveries in the Grand Staircase Escalante National Monument.

September Demolition Derby
Cars, trucks and "figure 8s" with up to 18 cars demolition derby with events for the entire family, including the Power Wheels Derby for kids and the wife-carrying contest!

September Carmel Mtn. Music and Art Festival and Car Show
Check out fancy cars and enjoy live entertainment, vendors, food and kid-friendly activities.

September Glendale Heritage Apple Festival
The Glendale Heritage Apple Festival was started to celebrate Pioneer Heritage and the many talents that are in this small town.

September Duck Creek End of Summer Bash
6 p.m. to 9 p.m. at the Duck on In Saloon in Duck Creek Village. Come spend your Labor Day Weekend in Duck Creek enjoying live music.

September Zion Canyon Music Festival
Enjoy the beautiful fall season in Zion as the canyon is filled with music. The Zion Canyon Music Festival features music, art and an exquisite backdrop.

October Red Rocktoberfest
Art, food, live music and poetry, dancing, wagon rides, photography, games and activities for the kids, all on the main drag in Kanab. German food and activities.

October Zion Rocktoberfest
Celebrate the start of fall in Zion mixed with traditional Oktoberfest aspects. The event will feature live rock and folk music and many other activities.

Nov-Dec. Zion Joy to the World
Enjoy a wonderful of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.

November Butch Cassidy 10K Run
This 10K/5K scenic race brings together community, and not just with running. Stay after for some Grafton fun with what is promised to be a party.

November K-town Turkey Trot 5K
Taking place in Kanab on Thanksgiving morning, bring the whole family for this early morning fun run/walk to make room for that delicious dinner later in the day!

November Plein Air Art Invitational
Be a part of a week of lectures and demonstrations from some of the finest plein air artists in the country. Enjoy painting sales, exhibits and workshops.

November Christmas Light Parade and Festival
An annual light parade on the Saturday after Thanksgiving. Gourmet s'mores school held on Main Street followed by music, caroling, hot cocoa and a wishing lantern launch.

November Zion Canyon Arts and Crafts Fair
Visit Zion for the 26th annual arts and crafts fair put on by Z-Arts. Spend the weekend touring the different vendors and craft booths.

December Windsor Castle by Night
Held at historic Pipe Springs National Monument, the Castle by Night is an opportunity to enjoy a historic recreation of an 1860's early settlement by candlelight and music.

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 Treats • Unusual Gifts & More!
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 Kanab, Utah
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 Saturday 10am - 3pm **11**

jakey leigh's cafe and bakery
 M - F: 7am - 3pm • Sat & Sun: 8am - 2pm
 • Baked goods made from scratch
 • Quality Fresh Ingredients
 • Breakfast and Lunch Sandwiches
 • Dog-Friendly Outside Seating
 • Featuring New York Style Homemade Bagels
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Fresh Coffee & Espresso Drinks
 Baked goods made from scratch • Quality Fresh Ingredients
 Breakfast and Lunch Sandwiches
 Featuring New York Style Homemade Bagels

4 East Center Kanab, Utah • (435) 644-8191

EAST ZION & KANAB'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed Alphabetically)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks, (E)spresso, (V)egan items on menu	Hours	WI-FI
12 Jakey Leigh's	4 E Center St, Kanab	(435) 644-8191	E, V	7am-2pm Mon-Fri, Sat & Sun 8am-Noon	Yes
28 Juniper Ridge Restaurant	2631 Hwy 89A, Fredonia	(928) 643-6094	W, B, M, E, V	5-11pm Tues-Sat	Yes
20 Nedra's Too	310 S 100 E, Kanab	(435) 644-2030	W, B, V	8am-10pm Mon, Tues, Thurs, Fri, 7am-10pm Sat, 7am-9pm Sun	Yes
7 Peekaboo Restaurant	233 W Center St, Kanab	(435) 689-1959	W, B, M, E, V	11:30am-2:30pm & 5-9pm daily	Yes
6 Sego Restaurant	190 N 300 W, Kanab	(435) 644-5680	W, B, M, E, V	6-10pm Tues-Sat	Yes
16 Wild Thyme	198 S 100 E, Kanab	(435) 644-2848	W, B, M, V	5pm-9pm Tues-Sun	Yes

EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE FOR EMERGENCIES DIAL 911

Services (Listed Alphabetically)

3 Best Friends Animal Sanctuary	5001 Angel Canyon Rd, Kanab	(435) 644-2001
27 Blacksmith Adventures	2450 South Hwy 89, Kanab	(575) 313-4650
5 The Canyons Collection	190 N 300 W, Kanab	(435) 644-8660
24 Dreamland Safari Tours	Serving the greater Kanab area	(435-644-5506
11 ERA Utah Properties	7 West Center, Kanab	(435-644-2606
25 GarKane Energy	1802 S Hwy 89A, Kanab	(435) 644-5026
13 Kanab City	37 North 100 East, Kanab	(435) 644-2534
17 Kanab Massage	67 West 200 South, Kanab	(435) 644-8492
9 Kanab Realty	93 West Center, Kanab	(435) 229-6911
14 Kane County Visitors Bureau	78 S 100 E, Kanab	(435) 644-5033
9 Karen Heet	93 West Center, Kanab	(435) 644-2232
1 Maynard Dixon Museum	2200 State St, Mt Carmel	(435) 648-2652
25 Red Rock Homes	1875 South Hwy 89, Kanab	(435) 644-3225

Shops (Listed Alphabetically)

18 Glazier's Market	264 S 100 E, Kanab	(435) 644-5029
22 Honey's Marketplace	260 E 300 S, Kanab	(435) 644-5877
8 Kanab Drug	176 W Center, Kanab	(435) 644-3401
11 Kanab Natural Market	11 W Center, Kanab	(435) 644-5575
4 Moqui Cave	4581 US-89	(435) 644-8525
29 Pioneer Creations	55 North Main, Fredonia	(928) 643-7020
10 Terry's Photo Shop	19 W Center St, Kanab	(435) 689-0443
1 The Rock Stop	385 W State St, Orderville	(435) 648-2747
2 White Mountain Trading Post	10 W Hwy 9, Mt Carmel	(435) 648-2030

Entertainment

Redstone Theater	29 W Center St, Kanab	(435) 644-2334
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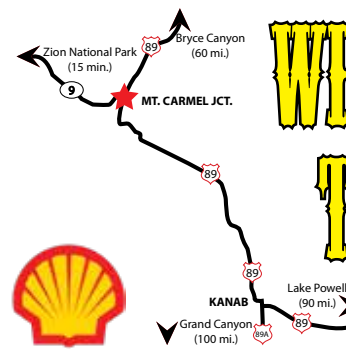
To get your business on this map and directory please call Josh at 435-632-1555 for details.




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ABRA KANABRA

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ZION NATIONAL PARK	40 MILES (64 KM)	SALT LAKE CITY AIRPORT	317 MILES (510 KM)
BRYCE CANYON NATIONAL PARK	77 MILES (124 KM)	LAS VEGAS AIRPORT	209 MILES (336 KM)
GRAND CANYON NORTH RIM	78 MILES (126 KM)	PHOENIX AIRPORT	350 MILES (563 KM)
CORAL PINK SAND DUNES	23 MILES (37 KM)	ST. GEORGE AIRPORT	84 MILES (135 KM)
GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT	15 MILES (24 KM)		
LAKE POWELL/GLEN CANYON REC AREA	73 MILES (117 KM)		