

THE INDEPENDENT

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ZION GUIDE

Feb. '22

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EVENTS

PUBLISHER'S PERSPECTIVE

By Josh Warburton

Happy new year! Yeah, I know I'm a little slow on that one... but I didn't write an article for our January edition, so I'll say it now! I really hope we all have a good new year after two crazy years of Covid-19 disrupting....well, just about everything.

We at The Independent have started the year strong. Our February edition grew to 28 pages, up from the 24 it was over the past few months, and up from only 16 pages for the same month last year! That was a tough time indeed! Nevertheless, this year looks to be a positive one.

Like so many fellow Americans, we got a little help from our (government) through

the PPP loan program, which was forgiven as promised. And while I am so grateful to have received it (and frankly, it helped us stay afloat so, so much) this year, we are not expecting any handouts, and we'll have to make ends meet the old-fashioned way... by earning it. But like I said, things are looking pretty good so far, so here's to hoping it continues.

2022 will also mark some significant milestones in my personal history. It was February of 1992 that I became vegan, so this month I celebrate my 30th veganiversary! Oh, you didn't know? Well, then we probably have never met! Ha! That's based on the old



joke - "How do you know someone is vegan? Because they tell you in the first 10 minutes of knowing you." And that is true of a lot of folks, and I'm guilty of wearing it on my sleeve on occasion, but I still have people I've known for years tell me they didn't know that about me, so maybe I'm not a "pushy vegan." That said, if you want to talk about it, I'm more than happy to!

And all of that said, I have folks say they didn't know I am a musician either... and also of 30 years, as I started playing guitar and singing also when I was 15 years old. Clearly, that was a big year for me that set me on a path I've continued to pursue. But the last two years have been difficult for many artists and performers, me included. I only played one gig in 2020 and two in 2021. And that was mostly by choice... but this year looks to be a little different. Although I have nothing booked now, I've just started jamming with a group of musicians in Kanab, where I live these days. So you may see or hear something coming from this remote area of our state, and if so, I hope you'll go and check it out.

This edition also marks the end of another

publishing year for The Independent, having published our first edition in March of 1996. Yup, that's 26 years that we'll celebrate next month, and every one that goes by now, it's more of a marvel to me we are still trucking. And really, as strong as ever. Our print circulation is back up to pre-covid numbers. We had our highest online visitorship in 2020 and 2021, combining over 1,000,000 visits to suindependent.com over those two years.

I want to thank all of you for being part of my journey. And I hope you enjoy the latest edition of The Independent and Zion Guide. Happy reading, and seriously, have a happy new year!



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RECREATION

DREAMLAND SAFARI TOURS – THE BUCKSKIN GULCH PRIMER

Buckskin Gulch in southwestern Utah is considered the granddaddy of slot canyons and is arguably the longest, most continuous slot canyon in the world. Its red rock walls soar over 400' into the sky above, and in many places, the slots are less than 10 feet (3 meters) wide. For many, exploring the narrow confines of Buckskin Gulch is a bucket list hike.

Backpacker Magazine lists Buckskin Gulch as one of the "10 most dangerous hikes in America," and for good reason. Once you enter its narrow confines, the only spot to climb out is the Middle Route. The Paria Plateau, and the catchment area that extends to Bryce Canyon, drains into Buckskin when it rains, and there's no way to escape a flash flood. So, not only do you need to know what the weather is doing in the area, but also in the region.

Need a conditions update? Call Dreamland Safari Tours at 435-644-5506 as they regularly guide both day trips and overnight backpacking trips into Buckskin Gulch and the Paria River Corridor.

There are three trailheads used to access Buckskin Gulch: 1) Wire Pass, which is by far the most popular and is accessed



via House Rock Valley Road, 2) Buckskin Gulch (also off House Rock Valley Road), and 3) White House. All three trailheads require a \$6 per person parking fee purchased in advance at recreation.gov or onsite. To access Wire Pass from the north, you must drive 9 miles of dirt on House Rock Valley Road from Highway 89. If it is wet, do not attempt this road as it becomes impassible, even for 4WD vehicles. Also, this road crosses Buckskin Wash, which can have quicksand and does flash flood.

If using Wire Pass, park at the big new parking lot, cross the road, and then hike the easy 1.7 miles to the confluence with Buckskin Gulch (keep your eyes open for

petroglyphs). The terrain is flat to slightly downhill and the ground cobbly. Typically, there is an established ladder to get up and down one of the short boulder jams. There's a bypass on the right before the canyon if it is missing. Most visitors hike a mile or two from the confluence before turning around and returning along the same route.

From the confluence, you can turn either left or right. The most spectacular section is to the right. It is 10 miles to the Paria River, with only the Middle Route, at just over 6 miles, as a possible climb out via some exposed scrambling. You will know you are at the Middle Route if you keep your eyes open for some very cool petroglyphs.

A few miles below the Middle route is the boulder jam. This obstacle is typically best passed via Moqui steps carved into a boulder. Typically, a short rope is fixed here, but having your own short 20-foot hand line may provide some peace of mind. Once past the boulder jam, it's another few miles to the confluence with the Paria River – this junction is easy to miss, so keep your eyes open. Watch for petroglyphs along this section, as there is significant native American evidence here. There's a fantastic camping spot with a seep/spring just above the junction. From the Paria/Buckskin confluence, it's another 7.1 miles up the Paria River to White House.

Depending on the time of year, Buckskin may be totally dry or very muddy, or in more extreme conditions, accessible only by wading or swimming. Conditions change rapidly, and your enjoyment and how much time you spend in the canyon will be based on the conditions. This hike can be done as either a day hike or backpack. Most day hikes only explore a small part of the upper or lower canyon, but it is possible to do the entire 19.8 miles from Wire Pass to White House in a day, with a car shuttle.

Due to the potential for wading, trekking poles are a must. Non-waterproof shoes that drain work best. There's no need for separate water shoes as your feet are likely to be wet for the duration of the hike. Two to three liters of water for a day trip is recommended, and because it is typically colder in the canyon than in the surrounding area, it's always a good idea to bring some extra layers.

Dreamland Safari Tours offers both guided Buckskin Gulch day hikes and a two-night 3-day backpack from Wire Pass of Buckskin Gulch to White House (or a four-night five-day backpack in the Paria River Corridor from White House to Lee's Ferry). Overnights do require a coveted overnight permit. Call Dreamland at 435-644-5506 for more information.

SUAG PRESENTS "COLORS OF THE WEST"

Join us at the Red Cliff Gallery February 18th for our artists' reception and awards ceremony 6- 8 PM.

Works from over 50 local artists will follow the show theme of the use of dramatic colors and light to heighten the emotional tension in the artist's work. Artwork includes paintings, pastels, mixed media, photography, and 3D. Reception and remaining dates of the show are free and open to the public. Artwork is available for purchase.

The exhibit continues through March 24.

Red Cliff Gallery's regular hours are Monday through Friday from 9 AM-5 PM and Saturday 11 AM-3 PM. The gallery is operated by the Southern Utah Art Guild, which supports local artists and the cultural growth of the community at large. The guild is partially funded through grants by



the City of St. George, Washington County and the state of Utah.

Local Professional watercolor artist, Roland Lee will be judging the show.

The Southern Utah Art Guild is an organization whose mission is to promote the visual arts and artists in Southern Utah. Go to www.southernutahartguild.com to find out more about the activities of the Southern Utah Art Guild.

The Southern Utah Art Guild's Red Cliff Gallery show schedule can be found at www.redcliffgallerysuag.com. The Southern Utah Art Guild also operates the Arrowhead Gallery in the Electric Theater Center, located at 68 E. Tabernacle in St. George.

The Red Cliff Gallery is located at 220 N. 200 E. in St. George.

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EVENTS

JAZZ, CLASSICAL, AND BIG BAND SWING FINISH THE CELEBRITY CONCERT SERIES!

By Ginger Nelson,
Director Of Arts
Programming

Hello, 2022! A new year brings with it new goals, new opportunities, and a hopeful look into the future. Like most of you, I eagerly look forward to a fresh start with deeper appreciation as I reflect on how we individually and collectively grew for the better in 2021. Fortunately for you, the Celebrity Concert Series continues to offer uplifting entertainment that should be part of everyone's New Year's Resolutions; Live More through Live Performance!



February and March host a strong finish of concerts that you absolutely must see! For the second time, CCS collaborates with the St. George Jazz Festival to present LP And The Vinyl. The dizzyingly talented composer and pianist Danny Green and his longtime trio mates, Justin Grinnell (bass) and Julien Cantelm (drums), play on

another level developing a nearly psychic connection performing original compositions and jazz standards. Renowned jazz, blues, and gospel singer Leonard Patten completes the trio. The group's repertoire draws from three separate areas: beautifully reimagined renditions of favorite hits by artists including Stevie Wonder, The Beatles, and David Bowie, fresh and funky explorations of jazz standards, and their original songs. This concert will leave you buzzed with energy and craving more.

For our second full orchestra concert, we welcome prestigious Van Cliburn Silver Medalist Kenny Broberg performing classical music in full-encompassing sound on February 26. Broberg will play Beethoven 3 to perfection with the Dixie State Symphony Orchestra under Director Dr. Paul Abegg. Certainly, a staple of classical music that must be heard live!

Our March concerts are the ideal finale for the season. Live From Laurel Canyon on March 9 brings all of your favorites from the Byrds to the Beach Boys with songs and stories of American Folk Rock. Transporting you back further is the highly anticipated Wartime Radio Revue (FINALLY) performing a bandstand concert complete with USO radio program themes that will make you wish you had a dancefloor. Still, if you attended the Drifters concert, you already know that you don't need one! Tap your toes along to the beat, stand in the aisle and sway to your favorite songs. I hope you will, I sure do!

The Celebrity Concert Series has been a most welcomed refuge for our audience, me included. As with all things, change is as good as rest. I am enjoying every moment of the remaining season as it will be my last as the Director of Arts Programming for DSU. Thankfully, I have had the honor of sharing great experiences with our audience and performers that have uplifted my life exponentially. I extend a sincere invitation to all who have not yet enjoyed a Celebrity Concert Series event with a promise that you will be refreshed and recharged as you take time to feed your soul through live performance! I hope that you all can say the same as you take a chance and join our audience and become part of the CCS family.

Thank you all for sharing your time with us at the Celebrity Concert Series. For more information and our full-season line up visit www.celebrityconcertseries.com, and for tickets, visit the DSU Ticket Office in person from Monday – Friday 10:00 am to 2:00 pm, over the phone at 435-652-7800 or online at DSUTIX.com. Join us for these incredible concerts and buy a chocolate turtle or two! I hope to see you in our audience!

SHELL RAISING COMES TO FAR EASTERN NEVADA'S STEPTOE VALLEY

Schellraiser 2022 is set for Thursday, June 2, through Sunday, June 5, at the McGill Pool Park, about 3.5 hours north of St. George and just over three hours from Cedar City. Early-bird four-day festival passes, and individual day tickets are now on sale at www.schellraiser.com/tickets.

BRONCHO and The Dirty River Boys round out the four-day event's headliners, while Nikki Lane, Shannon Shaw, Starcrawler, The Last Bandoleros, The Cactus Blossoms and Blue Water Highway are among the festival's supporting acts.

The expanded lineup also features Whitney Rose, The Paranoyds, Ratboys, Jaime Wyatt, Vandoliers, Black Belt Eagle Scout, Chuck Mead, Moving Panoramas, Federale, Motel Radio and Panda Riot, among others.



"This is my dream lineup," event organizer, NNRy supporter and McGill resident Rudy Herndon said. "My longtime heroes the Old 97's were the very first band to commit to this event, and thanks largely to their involvement, everything else fell into place surprisingly well, in spite of the ongoing Covid-19 pandemic."

Schellraiser was founded in late 2019

as part of privately funded efforts to help revitalize McGill's small but historically significant downtown core. Work is slowly but steadily under way to restore the town's long-abandoned movie theater and Odd Fellows meeting hall, where a new coffeehouse/restaurant and community event center are taking shape.

The festival is also developing the Schellraiser campground in the spectacular Steptoe Valley, just minutes away from the High Schells and Bristlecone wilderness areas near McGill.

Lodging options will range from two shipping container homes with rooftop decks, to fully furnished yurts, bell tents and unfurnished box tents; restrooms and shower trailers will also be available for campground guests. Campground reservations will be available starting in mid-February through the event's website at schellraiser.com.

For its inaugural festival, the event organizer reached out to the railway to help support its McGill train depot and McGill railroad track restoration projects.

To kick off Schellraiser's fundraising campaign, the festival donated \$25,000 last year to help the railway and its volunteers restore Locomotive 81. It has since chipped in another \$5,000 for other railway projects.

"The Nevada Northern Railway is one of the main things that drew me to this area in the first place," Herndon said. "And I wanted to do my part to help this one-of-a-kind national historic landmark bring about its vision for the future." Herndon said that festival goers can help the event maximize its impact by buying tickets and festival passes: All proceeds -- after event expenses -- will be donated to the railway. Visit www.schellraiser.com for more information

SEARS DIXIE INVITATIONAL ART SHOW AND SALE CELEBRATES 35 YEARS

Dixie State University - The annual Sears Dixie Invitational Art Show and Sale, recognized as one of the biggest art events in the state of Utah, celebrates its 35th year, opening to the public February 19th, at the Dolores Dore Eccles Fine Arts Center, Sears Art Museum, on the campus of Dixie State University.

The Sears Dixie Invitational, which has been a mainstay at DSU, will feature more than 240 works of art from 140 renowned artists from Utah and the United States. DSU Sears Art Museum, Curator and Director, Kathy Cieslewicz noted that this year's show will feature strong representation of landscapes, genre, still life, figures, ceramics, and sculpture, including a variety of styles from super realism to extreme abstraction. Oils, watercolors, pastels, acrylics, bronze, and glass are of outstanding quality.

"Viewers will find a full scope that one could expect to find in some of the biggest art shows across the country," Cieslewicz said. "Lying at the heart of this significant collection of artworks are artists who have created wonderful pieces and then presented in an effort to raise monies to support the Sears Art Museum. We encourage art lovers and collectors from near and far to participate. Culture has always been important in our area and artists continue to be drawn to our beautiful southern Utah landscape.

Since the inaugural Sears Dixie Invitational Art Show and Sale in 1988, a portion of the proceeds from each painting purchased has been allocated to help fund the art museum in the Eccles Fine Arts Center. The Sears Dixie Invitational Art Show made its debut in that new space in 2005, and appropriately enough, the museum bears the name of the show's founders, the late Robert N. and Peggy Sears.

The goal of the Invitational is to give people the opportunity to purchase art, to gain a purchase prize to add to the DSU Permanent Collection, and to educate our students and

community. The Invitational is the only fundraiser for the Sears Art Museum. This is the perfect time to purchase original art as 37% is a taxable donation for the patron.

The Sears Dixie Invitational Art Show and Sale has attracted buyers and patrons who enjoy beautiful art by some of the most successful artists from Utah and many other states. The Sears Art Museum is the perfect place to showcase this beloved legacy envisioned by Robert N. Sears with the intent to bring beautiful art to the institution and community.

"It is my great pleasure to work with professional artists and to create a pleasing installation of magnificent artwork that is surely enhanced by the uniquely evocative setting of the Sears Museum Gallery," Cieslewicz went on to say. "We are very grateful to the Sears family and our many patrons who are helping us to fulfill our mission and to help us continue to build our collections through gifts and donations. We are excited to greet thousands of people who make this a yearly destination."

Michelle Condrat is the 2021 Purchase Prize winner and will adjudicate the show and place the ribbons. Her artwork, "Canyon Royalty" joined the DSU Permanent Art Collection last year. Viewer's will enjoy her two artworks for sale in the Museum.

The exhibit will open to the public Saturday February 19th, and will be on display through Saturday April 2nd. Special exhibit hours are 9:00 a.m. to 5:00 p.m., Mondays through Fridays, and Saturdays 12:00 p.m. to 4:00 p.m. Call Jeanine Nay (435) 652-7903 for presale and gala tickets. The Artist Symposium is free Friday, February 18, 3:00 p.m. Enjoy the art preview Friday, February 18th 4:00 p.m. Please visit www.searsart.com for more information, or call Kathy Cieslewicz (435-652-7909). Admission is free during the run of the exhibit. We encourage everyone to please wear a mask and maintain social distancing.



ONE NIGHT ONLY AT KAYENTA – WORLD-RENOWNED PIANIST MYKOLA SUK

The Center for the Arts at Kayenta is proud to welcome pianist Mykola Suk for one night only, March 26, 2022, at 7:30 PM. Accompanied by cellist Ka-Wai Yu and violinist Urs Rutishauser, the program will feature two piano trios: Beethoven's famous "Ghost" and the highly rhapsodic work by Ildebrando Pizzetti. He will also perform a solo piece from his vast repertoire.

Currently, Professor of Piano Studies at UNLV, Suk's international career has spanned four continents, with performances in prestigious venues from the Great Hall of Moscow Conservatory to Lincoln Center's Alice Tully Hall and Carnegie Hall in New York City. He has appeared as a soloist with major orchestras, including the Russian National Symphony and the Beethoven Orchestra Bonn, and given recitals in the former Soviet Union, France, Germany, England, Portugal, Finland, Egypt, Spain, Mexico, United States, Canada, Korea, China, Mongolia, and Australia.

Mykola's passion for chamber music has brought him to distinguished festivals and collaborations worldwide. Among these is the Kuhmo Chamber Music Festival (Finland), Kiev International Music Festival (Ukraine), Australian Festival of Chamber Music, and International Keyboard Institute and Festival (New York City).

Tickets for adults \$30, children and students \$10. To purchase tickets and for more

information, visit www.KayentaArts.com or call 435-674-2787.

About Kayenta Arts Foundation and The Center For the Arts at Kayenta: Kayenta Arts Foundation is a 501c3 nonprofit organization whose mission is to develop and create an environment where diverse artistic endeavors can flourish. The Center for the Arts at Kayenta (CFAK) is our beautiful black box theater that brings our mission to the community. Southern Utahans come to CFAK to learn, express, appreciate and celebrate art in all forms.

The Kayenta Arts Foundation is supported in part by funding from Washington County and Ivins City RAP funds. KAF is also supported in part by the Utah Division of Arts & Museums, with funding from the State of Utah and the National Endowment for the Arts.

Come, be a part of the art at the Center for the Arts at Kayenta!



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EVENTS

SHARE YOUR TALENTS AT THE WASHINGTON COUNTY FAIR

Share Your Talents At The Washington County Fair

This Year's Fair Will Be From April 20 - 23th, 2022

The Washington County Fair is now taking exhibit Item entries *online only* for those who wish to participate in any or the categories listed below! Share your talents and hard work with the community!

Register online before midnight on



Monday, April 4th at www.washcofair.net/premium

Entry Categories are

- 4-H
- Animal Shows
- Field & Crops
- Fine Arts
- Home Arts
- Horticulture
- Literary Arts

Important Dates

Intake days will now be:

Thursday, April 14th from 8 AM to 6 PM

Friday, April 15th from 9 AM to 1 PM

Wednesday, April 20th from 8 AM to 11 AM (Perishable Items)

An exhibitor may enter a total of 25 items in home arts and 10 items in fine arts. The same item duplicated cannot be entered in more than one department. To be considered for any premium money, ALL items must be registered online. Questions? Call 435-634-5706.

Other Application Entries Include:

- Parade Entry
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EVENTS

WATCH THE SKY TURN WHITE

Annual Delta Snow Goose Festival Returns!

DELTA — It's a sight you have to see to believe: Thousands of geese lifting off Gunnison Bend Reservoir amid honks and the beating of wings. If you want to see the incredible spectacle yourself, head to the annual Delta Snow Goose Festival later this month.

The festival, hosted by the Delta Chamber of Commerce, will be held Feb. 25-26 at Gunnison Bend Reservoir, west of Delta. Part of the festival includes a free snow goose viewing event hosted by the Utah Division of Wildlife Resources.

As many as 20,000 geese — mostly snow geese — have been at the reservoir during past festivals. Except for the black tips on their wings, snow geese are com-



pletely white. DWR biologists will be available to provide information about the birds and help you find them.

The areas where you'll see the geese vary according to the time of the day. If you arrive in Delta early in the morning, you can watch the geese feeding in fields that surround the reservoir. Then, between 9 a.m. and 10:30 a.m., the geese take off and fly back to the reservoir.

"Seeing those thousands of geese in flight makes for incredible photos," DWR Regional Outreach Manager Adam Kavalunas said. "Watching and hearing the geese take off can take your breath away. It's a great family activity, and we encourage you to come out and see these amazing birds in flight."

After landing on the reservoir, the geese usually spend the next few hours there. Then, sometime between 4-6 p.m., the birds take off again and fly back to the fields. DWR biologists will watch which fields the geese fly to. If you arrive after the geese have left the reservoir, the biologists will direct you to the fields where the geese are feeding.

Here are a few tips and reminders for anyone attending the goose viewing event:

- Try to bring your own binoculars or a spotting scope to view the geese. If you get too close to the birds, you could scare them away.
- Please respect private property. Trespassing to view the geese is not legal.
- For your safety, if you pull off the road to view the geese, pull as far off the road as you can.
- Be prepared for cold, wet weather by dressing in layers that will help you stay warm and dry.

Visit www.deltatah-chamber.com/snowgoosefestival for more information.

ST. GEORGE ARTS COMMISSION PRESENTS

Our ANNUAL Sweetheart Swing

Monday, February 14, 2022 – 7-10 PM

St. George Children's Museum - 86 South Main Street, 3rd Floor, St. George, UT

Attend the Annual Sweetheart Swing at the St. George Children's Museum located at 86 South Main Street, 3rd Floor, St. George on Monday, February 14th from 7-10 pm. The Sweetheart Swing, where guests are invited to dance to live music by Southern Utah Rebel Jazz Band, is presented by the St. George Arts Commission.

Tickets are available at the door or in advance at the St. George Art Museum, 47 East 200 North, Tues-Sat from 11 a.m. to 6 p.m. Tickets are \$15 per person and include

Valentine refreshments. Only 150 tickets are available. For additional information, contact Community Arts at 435-627-4512.



SUU – AN EVENING OF MUSIC FOR THE COMMUNITY

By Ashley H. Palmer

Southern Utah University, Cedar City, Utah: SUU's music faculty will perform for the community on Tuesday, February 15, 2022 at 7:30 PM on the Thorley Recital Hall stage. There will be several full time and adjunct faculty performing, from guitarists to singers to percussion to winds to strings and more. These solos and ensembles with different combinations of instruments will bring an evening of fun for the community. This concert is free and open to the public.

Dr. Bradshaw first gave me the music to these pieces over ten years ago when I was an adjunct professor of guitar here at SUU. These compositions showcase his keen insight into different aspects of guitar techniques like harmonics and octave melodies. I'm very excited to play them for the public."

Don't miss this exciting evening of music provided by SUU's music faculty. For more information about the arts events at SUU, please visit www.suu.edu/arts.



Dr. Lawrence Johnson, Chair of the Department of Music at SUU, shares, "The SUU faculty have always enjoyed collaborating on our annual recital. Recently we combined the full time and adjunct faculty to come together and perform in one recital, giving everyone a chance to work together that previously might not have happened. We consider this recital a gift to the community which has steadfastly supported us through all these years and continues to do so, and for which we are extremely and forever grateful."

Southern Utah University is accredited by the National Association of Schools of Music (NASM). The SUU music faculty have an exceptional combination of both teaching and performing expertise. The faculty work hard to keep the mission of SUU's Department of Music at the forefront of their classes. Their mission is to provide a dynamic educational environment where a community of learners explore pathways in music by developing individual strengths and pursuing collective excellence to prepare for lifelong learning, 21st-century careers in music, and active engagement in community performances.

Dr. McKay Tebbs, at SUU, says, "I'm really looking forward to performing the 3 *Guitar Etudes* by Dr. Keith Bradshaw.

About the College of Performing and Visual Arts

The College of Performing and Visual Arts (CPVA) at Southern Utah University comprises 26 academic programs including liberal arts (BA/BS) and professional (BFA, BM, BMed) degrees in art, design, dance, music, and theatre. It includes graduate programs in the fields of arts administration (MFA, MA), music education (MME), and music technology (MM). More than 60 full-time faculty and staff are engaged in teaching and mentoring over 900 majors in the College. CPVA presents over 100 performances, lectures, presentations, and exhibitions each year and is affiliated with the Southern Utah Museum of Art (SUMA), Utah Shakespeare Festival, and the Center for Shakespeare Studies. Southern Utah University is an accredited member of the National Association of Schools of Art & Design (NASAD), National Association of Schools of Dance (NASD), National Association of Schools of Music (NASM), and the National Association of Schools of Theatre (NAST) making SUU the first public university in the state of Utah to be accredited by all four associations. For more information about the College of Performing and Visual Arts, visit www.suu.edu/pva.



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OPINION

THE UTAH MASK WARS

By Howard Sierer

Are you following the latest COVID-19 guidance? Are you sure you've seen the latest? Are you required to wear a mask in public places indoors? Does a mask protect you or are you asked to wear one to protect others in case you have the virus but are asymptomatic?

If you know – or think you know – the answers to these and related questions, you are better informed than most of us.

We've received a hodgepodge of COVID-19 messaging over the last two years. While frustrating to those of us trying to be careful and thoughtful of others, the ever-changing guidance has reflected scientists' ever-changing understanding of the virus and, to an unfortunate extent, the political leanings of those offering guidance or mandating our behavior.

The latest dustup here in Utah stems from conflicting guidance from Utah's governor and the Salt Lake County Council. The county imposed a 30-day mask mandate that applies to indoor spaces including schools in response to the then-surging Omicron variant. The governor encourages but doesn't mandate mask-wearing and claims authority to override the county order in state-owned facilities.

I have a more fundamental question for both the county and the governor: Is the type of mask we've been wearing a waste of time?

The federal government has announced that it plans to provide 400 million N95 masks to health departments and pharmacies across the country which will be made available free of charge to all of us. These masks will be taken from the Strategic National Stockpile, a \$7 billion repository of a variety of supplies that are intended to be used in response to a biological or nuclear attack.

This action raises the question: Why N95 masks and why hasn't the government provided them before now?

N-95 masks were patented in 1995 and were manufactured in limited quantities prior to the COVID pandemic and used primarily by medical personnel. They were recognized as the "gold standard" but since they'd been used in limited settings, they were in short supply for the general public when COVID burst on the scene.

If N95 masks are the best way to reduce COVID's spread, why wasn't high-volume production funded in the spring of 2020 for all of us? Why have they been "hoarded" in the national stockpile ever since rather than released to the public sooner?

With a surplus of conventional masks

available today almost anywhere, why release N95s now? Is that because regular masks are ineffective? Have we been wasting our time wearing them? N95s are more expensive than the ones we've all been offered free at store entrances in the past but if they are the answer now, they were the answer in 2020 and 2021.

Omicron spreads so quickly that it will burn itself out this winter, running out of people to infect. Sending out N95 masks now is closing the barn door after the horse has escaped. Is their distribution now just a political gimmick to show that something is being done, no matter how futile?

I wear a regular mask in public indoor places although I remove the mask in restaurants now that I've begun to eat out occasionally. I've been COVID-19 vaccinated and boosted and shake my head when I read that the vast majority of today's hospitalized COVID patients are unvaccinated.

These hospitalized "victims" are suffering from self-inflicted wounds, putting themselves in jeopardy, overloading our hospitals, and wearing down our health care providers. The rest of us can only hope we don't have a heart attack or other medical emergency requiring hospital care that might not be available in a timely fashion.

Over a year ago, I encouraged Utah to "mask up and endure to the end." I'll continue to wear a mask, even a lesser mask than the N95, but I'll wonder whether it's doing much good. And I'll see if I can get the three N95s that will be offered to each adult if only to get a head start on COVID's next variation.

But lesson learned: elected politicians and bureaucrats, anxious to appear knowledgeable and in control by leading us out of the COVID wilderness, instead have been undercut repeatedly as the science evolved

NEIL YOUNG PUTS SPOTIFY ON THE SPOT

By Ed Kociela

Neil Young has been a curmudgeon since he emerged from the womb.

He's an irascible character who doesn't suffer fools gladly, but that is commonly a byproduct of genius, an often used superlative that rarely fits. By most accounts, the word is a spot-on descriptive of Young, his amazing body of work, and his social conscious.

Young finds himself, today, at the heart of a steaming conflict with Spotify, a giant in the streaming business that offers music and podcasts — some free, others on tiered-pay levels that don't even approach walking around money for the artists.

Young has a rich catalog ranging from his days with Buffalo Springfield, Crazy Horse, Crosby, Stills and Nash, and, of course, his solo ventures. As one of the most prolific and gifted artists just this side of Bob Dylan and Kris Kristofferson, what he realizes from the Spotify streaming is virtually chump change even though the site is highly monetized as a result of music-starved subscribers and corporate investment.

Last week, Young demanded that Spotify remove his catalog from its playlist, not because of money or placement or prestige, but because the service also offers "The Joe Rogan Experience," a blogcast heavily laced with misinformation regarding COVID-19 and conspiracy theories with absolutely no basis in fact.

Rogan has used the show as a vehicle to promote specious "cures" for the disease

or rats or other vermin. When that piece of media detritus wore out its welcome he moved on to do color commentary for mixed martial arts competitions.

Still, he found an audience and his blogcast freak show draws enough of a following to persuade Spotify to have him under wraps with a \$100 million contract.

Young joined some 270 health professionals, practitioners, and researchers who wrote an open letter to Spotify to voice concerns about what they consider "false and societally harmful assertions" made on the Rogan show and asked Spotify to set a "clear and public policy to moderate misinformation on its platform."

"I realized I could not continue to support Spotify's life-threatening misinformation to the music-loving public," Young said in an open letter.

The suits at Spotify opted to stand by their \$100 million investment.

Young stood by his principles and pulled his music. He was quickly joined by Joni Mitchell and Nils Lofgren. David Crosby and Peter Frampton issued statements supporting Young's decision.

Normally, I would do the knee-jerk thing and say that Rogan has a 1st Amendment right to say what he wishes.

Except this is different.

Very different.

You see, lives really are at stake here.

And, as former Supreme Court Justice Oliver Wendell Holmes said in *Schenk v. United States*, "The most stringent protection of free speech would not protect a man in falsely shouting fire in a theater and causing a panic." Holmes believed that only instances of clear and present danger warranted placing limits on free speech. There is a clear and present danger in the misinformation being blathered by Rogan and his guests.

Young has been a consistent supporter of free speech, releasing, through the years, songs with biting lyrics, critical commentary, social responsibility.

After the Spotify story broke he made it clear his position has not changed.

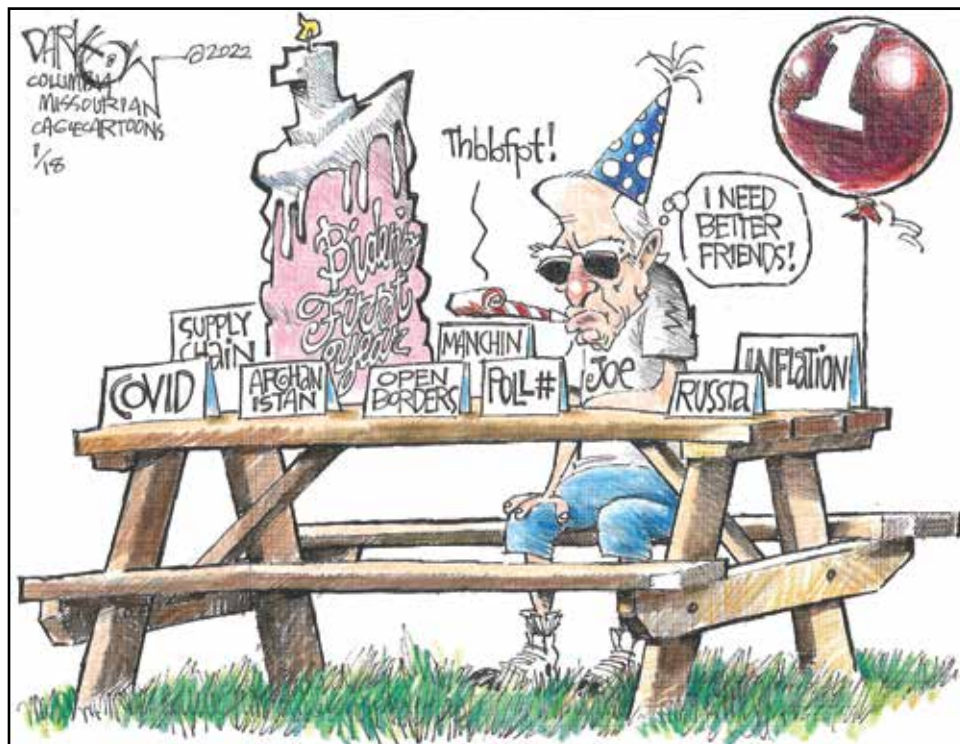
"I support free speech," he wrote on The Neil Young Archives. "I have never been in favor of censorship. Private companies have the right to choose what they profit from, just as I can choose not to have my music support a platform that disseminates harmful information. I am happy and proud to stand in solidarity with the front line health care workers who risk their lives every day to help others."

The question here is this: Are you going to listen to somebody who admits they are not steeped in science but suggest you follow the guidelines of those who are or are you going to listen to somebody who traffics in outlandish conspiracy theories that are totally without merit or substance? Neil Young may be a crusty old rock star, but I'll put my money on him.

So have a lot of other people, I guess, because within two days of removing his music from Spotify, the streaming service stock fell 12 percent, week-on-week, a loss of \$4 billion in market capitalization.

It is the only measure that could possibly provoke social media giants like Spotify, Facebook, and the others to develop a sense of accountability for what appears on their platforms.

Until then, we'll have to deal with guys like Rogan, Jones, Tucker Carlson and all the other purveyors of this garbage.



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and features guest appearances from people like Alex Jones, a far-right whack job so deep into conspiracy theories that his anchor runs deeper than the Titanic. Jones has claimed that the government has held back information about the 2012 Sandy Hook Elementary School shooting, the Oklahoma City bombing, the September 11 attacks, and the moon landing. He's in league with the loonies who claim the government is shooting us up with tiny chips in the COVID vaccines and that the United States is colluding with other nations to create a New World Order.

Recently Rogan featured Dr. Robert Malone, another conspiracy theorist who has compared pandemic policies to the Holocaust. Malone, by the way, has been suspended from Twitter for posting misinformation about COVID.

There have been others who have pushed for unproven, untested concoctions as cures and preventative measures to fight COVID, which we will not mention here out of a sense of responsible commentary and the possible danger they could pose for the community.

Rogan, who by giving those people a platform, is responsible for providing false information even though, of course, he doesn't have the chops to back up any of the nonsense.

He's a comedian at heart, a guy who scratched out a living by working the nation's comedy clubs. He had a few network gigs that he rather passively pursued to pay the bills, but made his mark as the host of the underwhelming "Fear Factor" reality show, where contestants were asked to do such outrageous things as eat lamb's eyeballs or be contained in a coffin filled with snakes

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OPINION

WHY BIDEN DOESN'T GET MORE CREDIT

By Lisa Rutherford

I am not here to say that President Biden is without flaw. I am here to look at the situation and perhaps provide a slightly different perspective than what I've been reading and hearing lately. No one person can single-handedly control the multi-trillion-dollar U.S. economy. However, many seem to think that the president can or at least should assume the majority of the blame. In any case, whoever was poised to win the 2020 election would start out with by far the lowest interest rates in the history of the data. Because of that and other economic factors, this was one of the most challenging market environments to start a presidential term in history, although that seems rather counterintuitive. Is his presidency doomed when even some in his own party seem focused on undermining his efforts, and certainly the Supreme Court has offered no help recently? Some writers have compared Joe Biden to President Jimmy Carter and say he's worse, but let's see if that's the case.

Carter's term in office witnessed some of the worst inflation many of us have ever experienced. Inflation is what drives up costs as we have witnessed recently when it comes to gasoline prices, food, and other household costs. That's very important in Americans' lives. The double-digit inflation during President Carter's presidency is not what we are experiencing now. However, even then, there were those who benefited from the high interest rates. Those invested in bonds and CDs did well.

Inflation has many contributing factors, and as Treasury Secretary Janet Yellen explained recently "is behaving differently than it did in the past." For instance, low unemployment has been associated with inflation due to driving up wages, but some economists assert the current low unemployment has not done that. In this case, the pandemic had a serious impact on inflation. During the pandemic many factories around the world shut down and people stopped buying. But as the covid cases headed downward demand for consumer goods started picking back up. The historic \$1.9 trillion stimulus bill was passed making money available and shopping started again. But the supply wasn't there. More dollars chasing fewer goods caused prices to surge. So, although something Biden and Congress did contributed—passed the much-needed stimulus bill—we, too, contributed by our own actions. Maybe if people slow down their buying that might help. When people stock up for fear that certain goods won't be available, that does not help the situation overall. Businesses that anticipate more inflation and raise their prices accordingly help to perpetuate rather than solve the problem. Interest rates going up could help by making money more expensive to borrow—less money, less spending—but that can be a painful cure as I will show. It's a delicate balance and not all one man's fault. It's unfortunate that citizens hold a president responsible when they themselves have contributed in some part.

And some efforts by presidents to control inflation can backfire, as happened when President Nixon's wage-price controls expired after his re-election resulting in even more inflation. He was followed by President Ford who, faced with high energy prices, tried with his WIN (Whip Inflation Now) slogan to get Americans to help by carpooling, turning down the thermostat, and planting WIN gardens. But overall inflation peaked above 12%, and along with other issues, cost Ford the election in 1976. Then Ford handed the mantle to President Carter in 1977 who seems to have borne the brunt of everything that came before him and after. Carter was faced with soaring inflation (13% in 1980), long lines for gasoline due to an energy crisis, and a host of conflicts including the Iran revolution. Carter chose Paul Volker as Chair of the Federal Reserve, a man who had no trouble raising interest rates within the banking system causing interest rates to blow past 10%, which hammered economic growth and jobs.

All of this cost Carter reelection. His successor Ronald Reagan inherited the economic problems but stood by Paul Volker and by 1983 inflation was headed downward. Carter had made the right decision with Volker. It had cost him the presidency

but saved the nation economically. Carter had other problems, too, but it's only fair to give him credit where credit is due. Once inflation came under control, it remained fairly stable until the early 90s with a slight blip under President George H.W. Bush.

This past December's 7% inflation is of concern, but we were at 13% in 1980 and down around 3% in 1983. So, it can be tamed and quite quickly at times—not without some pain however. Biden's \$1.9 trillion American Rescue Act and the \$1.2 trillion infrastructure plan may not be the silver bullets and may make things worse. It remains to be seen. However, we have squandered much time and allowed many problems in this nation to fester for these past thirty years as we have enjoyed low inflation rates. In fact, the American Society of Civil Engineers gave our nation's infrastructure a C minus score and said an additional \$2.6 trillion is needed over the next decade. Biden's infrastructure plan will help bridges, roads, airports, ports, waterways, the nation's broadband, schools, and water and energy systems. These are all things that we count on in our daily lives. Before we bash old Joe too much, let's see what comes of all of this.

It's important to remember that inflation is global. The inflation rates for numerous household goods including food were already at their highest levels in a decade even before Biden entered the White House. It's also important to remember that economic data is generally "backward" looking. Even with all our technology, we seem unable to capture "real time" data and analyze it but, rather, must look backward.

Perhaps Biden and his party reached

BEATING INFLATION IS LAUGHABLE

By Tom Purcell

In these inflationary times it's not easy to laugh as you watch the value of your hard-earned savings being destroyed.

But I chuckled out loud when I read some of the tips offered by Bloomberg News to beat inflation, which is at its highest point in more than 40 years.

Since Americans have enjoyed low inflation and stable consumer prices for a long time, Bloomberg explains, Americans are "a little rusty on basic inflationary-era tactics."

Bloomberg turned to the long-tortured people of Argentina for guidance, as they have become experts at navigating hyperinflation rates as high as 50 percent in a typical year.

The tips the Argentinians offer are the polar opposite of everything my Depression-era parents taught my sisters and me about managing our money — nutty tips that suddenly make sense in a nutty world.

Here's the first one: spend your paycheck immediately.

Why put money in the bank where its purchasing power will decline in value every day, when you can buy a new refrigerator, sofa or some other big-ticket item that will cost more a month from now?

In these goofy times, the sooner you buy it, the less you will pay for it.

Another tip: borrow lots of money.

If you can borrow a million today at a 3 percent annual rate and the inflation rate continues at 7 percent, you will enjoy a 4 percent gain.

That is, as today's dollars inflate, it will

be easier for you to repay the loan in the future.

Even this English major can see that makes sense — sort of.

Another tip: buy cars.

That was certainly my strategy in my spendthrift 20s, when I lived paycheck to paycheck, in part because I always had to have a nice ride that I couldn't afford.

I can't believe any news outlet would encourage Americans to put their money into automobiles, traditionally a horrible, rapidly depreciating investment.

But in a world turned on its head — there is a shortage of cars due to a shortage of computer chips used in their manufacture — even new and old cars are soaring in value.

My father has lost a fortune in cars over his lifetime, as they depreciated 30 percent or more the day he drove them off the car lot.

Finally, he got lucky. He leased a 2020 Kia. A year from now when his lease is up he will make the payoff of \$13,500 and keep the car because it will be worth significantly more than that.

Bloomberg offers some traditionally sensible tips, such as buying inflation-linked bonds, which increase in value as inflation increases.

Bloomberg also suggests buying a home, which also makes sense, as a house is a great hedge against inflation. Though good luck finding one at a reasonable price, as housing values have soared.

Covid has caused considerable market disruptions that have contributed to rising prices and our inflation woes.

The federal government's stimulus spending, massive borrowing and especially its continuous money printing are major drivers of inflation.

I wish we had confidence that our political leaders had a sound strategy to solve this problem — a problem largely of their own making — but we don't.

I'm surely not alone in my worry that financial matters may get plenty worse before they get better.

Until then I'll demonstrate my investor acumen by squandering my hard-earned savings on a shiny new car I can't afford.



too far with their legislation. I personally feel that's the case, but as president when you feel it might be your only chance maybe going for it makes sense. With the Republicans seemingly being so united and the Democrats appearing so dysfunctional with the extremes pulling the party apart, it's a difficult situation for President Biden. I don't envy him his position. There are rumblings of discontent in the Democratic party about his leadership, but perhaps those who are grumbling should take a good hard look at themselves and what they have contributed...or not.

Comparing presidents is difficult because presidents deal with so many different issues. Biden was ranked as worse than Jimmy Carter in one poll based on economic issues, but it remains to be seen where he will land when the dust settles. In a recent January 2022 poll, 70 percent polled said that improving the inflation situation would improve their opinion of the president. For his sake and ours, let's hope that happens. Inflation is not good for any of us.

In closing, as readers consider President Biden's current situation and ponder their financial futures under Democrats or a Republican replacements, consider that economists Alan S. Blinder and Mark W. Watson reviewed economic performance from Presidents Harry Truman to Barack Obama's first term, and inflation was lower under Democratic leaders, real GDP growth was higher, and unemployment lower, too. A more current NY Times article backs this up asserting that Democrats are bolder when dealing with problems.

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OUTDOORS

HIDDEN PINYON TRAIL, SNOW CANYON STATE PARK

By Tom Garrison



a leisurely pace with much exploring. **Elevation:** The trailhead is approximately 3,330 feet elevation with about 120 feet elevation change from the trailhead to the highest point of the trail. **Family-Friendly:** Yes, but very young children should be careful. No dogs allowed. **Getting there:** From St. George go north on State Highway 18 (Bluff Street) and turn left (west) onto Snow Canyon Parkway. Continue approximately 3.6 miles and turn right (north) at Snow Canyon Drive. The Snow Canyon State Park south entrance is .8 miles ahead. Pay the fee and continue north on Snow Canyon Drive 1.5 miles past

Trail: Hidden Pinyon Trail
Location: Snow Canyon State Park near St. George, Utah
Difficulty: Easy with a lot of up and down hiking on a rocky trail, nothing too strenuous.
Average Hiking Time: One to 1 ½ hours at

the entrance station and park in the large area on the left (west). A sign indicates this provides access to Hidden Pinyon and Red Sands Trails.

At the parking area, go west on the 100 feet long asphalt walkway to the asphalt paved Whiptail/Hidden Pinyon Trail and continue north (right). There is a large sign pointing out the correct direction.

In mid-January, my wife Deb and I decided to explore a new, for us, trail in Snow Canyon State Park—Hidden Pinyon Trail. This is an easy hike taking you into the heart of Snow Canyon with some of the best views in the park. It was also my birthday (well, within a few days of my actual birthday), and continued our tradition of birthday hikes.

If the remainder of the St. George area was a vast wasteland, Snow Canyon would still be a good enough reason to live here for outdoor enthusiasts. The 7,400-acre park was created in 1959 and has views that rival the much better known Zion National Park. There is evidence that the Ancestral Puebloans/Anasazi used the canyon for hunting and gathering and were followed about 1200 AD by the Paiutes. In the 1850s Mormon pioneers discovered the area.

Hidden Pinyon Trail Guides that provide a description of the plants and points of interest for each of the 19 numbered metal poles along the trail. Make sure to take one of the guides.



At about ¼ mile from the trailhead, we went left (west) on a sandy track, the signed beginning of Hidden Pinyon Trail.

We quickly entered a winding open canyon with cliffs lined with lichen, moss, and desert varnish. The canyon was short, and we soon came to an open area where the trail merges with Red Sands Trail and proceeded along a rocky uphill section. At the next intersection, about ½ mile from the trailhead, we followed the signage for Hidden Pinyon Trail to the left. We crossed a flat open area and down (now going south) a boulder passage and into a hidden canyon with views of the petrified dunes and white cliffs to the north.

The middle section of the trail presents some great views of isolated red sandstone outcroppings and the central part of Snow Canyon.

A little later, about one mile from the trailhead, the trail reconnected with Red Sands Trail. We went right and followed the route back to the trailhead.

Since it was mid-winter, the plants, while alive, were not flourishing. And except for a few birds, we did not see any animals. We did encounter at least 20 other people, including families with kids, along the way. It was a good day to enjoy a mild winter day. This would be a great hike in the spring or fall.

We traveled about 1.7 miles roundtrip taking a little more than one hour at a leisurely pace with many stops for photos and at the numbered posts to examine the plants. While the hike overall is easy, much of the trail is rocky—watch your step—with several not too steep up and down sections.

I highly recommend this hike. Living so close to Snow Canyon State Park, one tends to take for granted the amazing sandstone formations and views.



Snow Canyon State Park is home to a diversity of plant and wildlife species. Hidden Pinyon Trail is a good way to familiarize yourself with the flora and fauna. The Park placed 19 numbered metal markers on the trail and provides a corresponding brochure pointing out different plants along the route.

Although we did not see them, it was the middle of winter, heat-loving lizards make their home in the rocks and bushes in the area—the rock captures the heat during the day and slowly releases it at night.

We arrived at the trailhead about 10:00 am on a clear morning in mid-January. The temperature was in the mid-40s. The sky was cloudless and deep blue, great for snapping photos.

At the parking area, we went west on the 100 feet long asphalt walkway to the asphalt paved Whiptail/Hidden Pinyon Trail and continued north (right). There is a large sign pointing out the correct direction.

The trail went steadily uphill and at about .2 mile from the trailhead was a metal information box with a lid on a metal pole on the left. Although the box is not marked, we peeked inside and found a stack of

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MOVIES

THE INDEPENDENT MOVIE REVIEW

By Adam Mast

HELLBENDER (R)
★★★★



right notes, particularly in the final act. Likewise, Poser is outstanding as a mother who always has her daughter's best interests at heart. Together, Adams and Poser bring the magic which is of great benefit to "Hellbender" because for all its horror elements, for all its dark humor, and for its central theme of identity, this is, first and foremost, a mother/daughter story. Therefore, it was probably helpful during filming that Poser and Adams are mother and daughter in real life.

In fact, "Hellbender" as a whole is a full-on family affair. Both Zelda and Toby put this film together alongside John Adams (who also makes a memorable cameo in the film) with an assist by Lulu Adams who appears as a teen Izzy befriends along her journey of self-discovery. No matter how dark or how offbeat the proceedings get, that sense of family can be felt throughout.

It should also be noted that the Adams family make films on the cheap and on their own terms but that certainly isn't to imply that "Hellbender" feels cheap. Far from it. As mentioned previously, from a technical standpoint this is a very creative film and it bristles with a cheeky if a tad dark sense of humor. Look no further than the closing moments of the movie in which a final exchange between mother and daughter serves as the perfect ending to this rock n' roll-tinged gem of a horror movie.

The Adams Family are good people and as it happens, they've made a fantastic movie in "Hellbender," particularly if you're a genre fan. Be sure to give it a watch when it drops on Shudder on February 24th.

"Hellbender" is a creative witch-centric family affair.

Starting on February 24th, genre fans are going to be treated to a very special little genre picture called "Hellbender" as this much-buzzed-about movie will finally make its debut on the streaming service Shudder, following a very successful film festival run.

In fact, a very lucky St. George audience was fortunate enough to see "Hellbender" on the big screen as it served as the opening night film at the HorrorFest International Film Festival this past October. It should also be noted that "Hellbender" went on to win best-of-fest and acting honors at this same genre festival. Now, everyone can see what all the buzz is about.

This creative, thrifty, and immensely entertaining witch-centric coming-of-age story weaves its tale around Izzy (Zelda Adams), a teenager with a gift. This loaner of a teen spends most of her time rocking out with her hip, adoring, and slightly mysterious mother (Toby Poser), but as the days go on, Izzy becomes more and more aware of said gift, and before long, certain revelations suggest that, perhaps, there's more to her than meets the eye.

As a teenager discovering her true identity and attempting to fully embrace it, a wonderful Zelda Adams hits all the

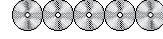
ALBUM REVIEWS

- 🎧 - Forget about it
- 🎧🎧 - Borrow it from a friend first
- 🎧🎧🎧 - Nice to have in your library
- 🎧🎧🎧🎧 - You should own this
- 🎧🎧🎧🎧🎧 - Classic - Buy it now

THE INDEPENDENT ALBUM REVIEW

By Rob Jones

Not The End Of The Road
by Kissin' Dynamite



It's a pretty rare thing for a band to be young and seasoned veterans of their genre. The guys in Kissin' Dynamite were in their mid-teens when they signed their first record contract, which gave them an early start, and as a result, their music is an excellent hybrid of artistic experience and youthful energy.

All of their prior six albums have been good, but I think they began to refine their sound two albums ago on the album Generation Goodbye.

I can't really categorize these guys one way or the other in terms of the era they fit. It's definitely hard rock, but it's their blend of it where the roots are in the 80s style, but it's given a very much modern mix. Not the end of the road follows up, and in my opinion exceeds, their last album Ecstasy, taking everything that worked on that album and dialed it up to 11.

Right out of the gate, you have the title track "Not The End Of The Road," an energetic rocker that has a thematic message that things will get better and that it's in our hands, something I think the world needs to hear right now. Two more great rockers follow in "What Goes Up" and "Only The Dead" before slowing it down a bit for one of my top favorites from the album "Good Life," which features guest vocals from Guernica Mancini of Thundermother, among other guests. This song is just a feel-good anthem.



In fact, anthemic is the word I'd use to describe this whole album, which is further proven by the next two songs, "Yoko Ono" and "Coming Home," the latter of which is one of the major highlights of this album. "Gone For Good" is a ballad that seems tailor-made to be a radio hit. "Voodoo Spell" is another excellent rocker that blurs that line between old school and new hard rock.

The album ends on what, after several listens to the whole album, I've gradually come to feel is the best song on the entire album, "Scars," which is a deep, moving, gradually building power ballad with some heartfelt lyrics. This is artistic honesty and the sort of thing I look for, where you see into the heart and soul of the person writing it, and it makes you feel.

Kissin' Dynamite not only set the bar high for music this year but for themselves. This is easily their best album to date. This, in my opinion, is a perfect album, no weak songs, exceptional playing, fantastic melodies and vocals, everything works here. You could throw all these song names into a hat and pick your singles at random, that's how good these songs are.



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CALENDAR

Multi-Day Events

KAYENTA ART EXHIBIT-PHOTOGRAPHY LIGHT & LIFE Feb. 4-23. Photography on paper, metal, or canvas. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

DIXIE WATERCOLOR SOCIETY EXHIBITION Feb. 4-Mar. 4, 10 AM. Over 20 local watercolor artists will have their work on display. 35 N. Main St., St. George.

SUAG "COLORS OF THE WEST" ART SHOW Feb. 4-10, 9 AM. The theme of the show is artwork, paintings, photography, and sculpture that celebrate the colors of the western desert. Features over fifty local artists from St. George and surrounding areas. Red Cliff Gallery, 220 N. 200 E., St. George.

ST. GEORGE JAZZ FESTIVAL Feb. 11-12. The St. George Jazz Festival consists of two concerts this year! LP and the Vinyl will be performing Friday at 7:30 at the Cox Auditorium. They will also be holding a free jazz clinic that same day at 1:30 in the Cox Auditorium. John Daversa will be performing with the Rebel Jazz Band on Saturday at 7:30 at the Cox Auditorium. For info and tickets visit www.stgeorgejazzfest.com. St. George.

JOHN SMITHERMAN & FRIENDS CONCERT Feb. 10-12, 7:30 PM. After performing to sold-out crowds at the Center for the Arts at Kayenta last fall, John Smitherman returns to perform songs that connect to the love in all of us. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

KANAB TRAIN SHOW Feb. 11-12, 4 PM. Bring all the family to see lots of trains! There will be lots to see, do, and purchase for folks of all ages. For more information visit www.kanabtrainshow.com. Kanab Center Ballroom and Gymnasium, 20 E. 100 N., Kanab.

KURT NIKKANEN, DANIEL GAISFORD, JASON BONHAM, & JESSIKA SOLI Feb. 18-19, 7:30 PM. We are proud to present world-renowned violinist Kurt Nikkanen and a team of virtuosos for a night of adventurous music. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

8TH ANNUAL BALLOONS AND TUNES ROUNDUP Feb. 18-20, 7:30 AM. Hot Air Balloon Launches will take place at the former Coral Cliffs Golf Course in Kanab each morning at 7:30 AM. (weather permitting). Friday afternoon join us on Main Street for our vendor fair and listen to our great bands followed by a Lantern Festival. Saturday morning will start us off with another Balloon Launch, a vendor fair throughout the day, and into the evening, join us on Center Street for a Balloon Glow at 7 PM. followed by live bands playing into the night! The final Balloon Launch will be on Sunday morning, so be sure to stay all weekend! City of Kanab, 76 N. Main, Kanab.

SEARS DIXIE INVITATIONAL ART SHOW Feb. 18-Apr. 2. Every year on President's Day weekend, Dixie State University and Sears Art Museum host its prestigious Robert N. and Peggy Sears Dixie Invitational Art Show & Sale. Over 100 artists from all over the West and more than 200 traditional, contemporary, and sculptural pieces of artwork. Sears Art Museum, 155 N. University Ave., St. George.

BRUCE CANYON WINTER FESTIVAL Feb. 19-21. Ruby's Inn near Bryce Canyon National Park is wrapping up the Winter Olympics by hosting their 2022 Winter Festival. There will be Free clinics, demos, and tours. Events may be subject to change due to snow and weather conditions, but the Bryce Canyon Winter Festival will be held regardless of snow conditions. Ruby's Inn, 26 S. Main, Bryce Canyon City.

STUDIO REDS WINTER PRODUCTION Feb. 24-28, 7 PM. Cedar High School, 166 W. 1925 N., Cedar City.

GREGG PETERSON BAND AT CASABLANCA Feb. 2-6, 7 PM. Showtimes may vary. Classic Rock, Variety, and dance band. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

LUMEN ATRA AT CASABLANCA Feb. 9-13, 7 PM. Showtimes may vary. Playing a diverse variety of dance music—from Top 40 hits of today, 60s, 70s, 80s, 90s, 00s and more!. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

THE RIDE AT CASABLANCA Feb. 16-20, 7 PM. Showtimes may vary. Singing a great variety of classic rock. 950 W. Mesquite Blvd., Mesquite.

LAURIE COOK & THE HEAT AT CASABLANCA Feb. 23-27, 7 PM. Showtimes may vary. Playing a wide variety of dance music including pop, disco, Latin, classic rock and Country. 950 W. Mesquite Blvd., Mesquite.

Events by Date

SATURDAYS

CEDAR CITY FARMERS MARKET 9 AM.-1 PM. Come for the farmers, food, and artisans as well as drawings, bingo, and more! For information visit them on Facebook, Cedar Saturday Market, or call Nancy (435) 463-3735. IFA, 905 S. Main St., Cedar City.

TUACAHN SATURDAY MARKET 9 AM. A fun craft festival set in a beautiful and scenic canyon. Every Saturday morning we have live entertainment, crafters, vendors, food and fun. In the event of rain, we cozy up under the cover of the Tuacahn Amphitheater plaza. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

HURRICANE UTAH FARMERS MARKET 9 AM. Hurricane Valley is full of talented farmers, bakers, and crafters who have local produce and homemade goods. Hurricane Community Center, 100 W. 100 S., Hurricane.

FESTIVAL CITY FARMERS MARKET 10 AM. Every Saturday behind I/G Winery. Free admission. The Festival City Farmers Market offers the bounty of local farmers and backyard gardeners who grow organically year-round. Come and support local farmers by buying fresh and local year-round. Shop locally produced and grown fruit, vegetables, cheese, jam, bread, eggs, honey, farm products, and more. 45 W. University Blvd./Center St., Cedar City.

TUACAHN SATURDAY MARKET 10 AM. Every Saturday local artists, crafters, and vendors to come and show off their work. 1100 Tuacahn Dr., Ivins.

TAI CHI DRAGON QIGONG AT SANTA CLARA LIBRARY 10:30-11:30 AM. Full-body energetic healing. Admission is free. No experience needed. Tai Chi Dragon Qigong is good for all ages and all levels of health and mobility. Santa Clara Library, 1099 N. Lava Flow Dr., Santa Clara.

TINKER LAB 11 AM. Tinkerlab is the museum's newest weekly class offered to museum guests. In this class kids will get the chance to experiment, and learn new skills. Tinkerlab activities will normally be crafted for groups ages 5+, but all are welcome to come "tinker" with us! Tinkerlab will be held on each Saturday of the month. Participation is included with your admission price. St. George Children's Museum, 86 S. Main St., St. George.

SATURDAY MOVIE MATINEE AT ST. GEORGE LIBRARY 2 PM. Washington County Library System, 88 W. 100 S., St. George.

Events by Date

Fri, Feb 4

PROKOFIEV'S PETER AND THE WOLF 7:30 PM. A delightful evening presenting Sergei Prokofiev's Peter and the Wolf, a symphonic fairy tale. Also features the Zion Youth Symphony and the Southwest Symphony Orchestra. Cox Performing Arts Center, 325 S. 700 E., St. George.

MATT FLINNER TRIO CONCERT 7:30 PM. Sonically founded in bluegrass, jazz, and American acoustic music, the virtuosic collaboration between esteemed mandolinist Matt Flinner, guitarist Ross Martin and bassist Eric Thorin is a finely tuned compositional machine. Led by Grammy-nominated mandolinist Matt Flinner, the Matt Flinner Trio has established itself as of the most creative and virtuosic groups on the bluegrass and modern acoustic music scenes. Kayenta Center for The Arts, 881 Coyote Gulch Court, Ivins.

Sat, Feb 5

FREE LANDSCAPE WORKSHOP-SPRING INTO VEGGIE GARDENING 10 AM. Tips on planting and growing vegetables in this climate. This class is held outside. We recommend bringing a chair or blanket for seating. The Garden at Tonaquint Park, 1851 S. Dixie Dr., St. George.

Sun, Feb 6

JERRY SEARE AT GEORGE'S CORNER 6 PM. Contemporary. 2 W. St. George Blvd., St. George.

KENNY BROBERG-VAN CLIBURN MEDALIST WITH THE DSSO 7:30 PM. American pianist Kenny Broberg is the 2017 Van Cliburn International Piano Competition Silver Medalist. He followed this with a bronze medal win at the 2019 International Tchaikovsky Competition. Playing with absolute precision, Kenny talent has been featured from coast to coast. Cox Performing Arts Center, 325 S. 700 E., St. George.

Mon, Feb 7

PAWS FOR TALES-READ TO A DOG 4 PM. Children can read to registered therapy dogs. Washington County Library System, 88 W. 100 S., St. George.

Tues, Feb 8

FEBRUARY JAZZCAST 7 PM. Romance will be in the air as the OTC House band returns for their February JazzCast. This month will feature bass player Ryan Tilby and a selection of tunes with a Romance/Love theme to go along with Valentine's Day. Join us on the livestream, participate in the chat, and even request tunes from the Facebook Livestream. Or join us in person. Off the Cuff Comedy Training Center, 913 S. Main St., Cedar City.

THE POULENC TRIO 7:30 PM. Cedar City Music Arts is a concert series—the oldest of its kind in Southern Utah. The goal is to bring the finest musicians to Cedar City for the benefit of our patrons. We call our season The Virtuoso Series. All performances begin at 7:30 at the Heritage Center Theatre. Festival Hall and Heritage Theater, 105 N. 100 E., Cedar City.

Wed, Feb 9

DJ JANELLE AT MIKE'S TAVERN 9 PM. 90 W. Hoover Ave., Cedar City.

Thurs, Feb 10

A.P.E.X. EVENT: DR. TEMPLE GRANDIN DEVELOPING DIFFERENT KINDS OF MINDS 11:30 AM. Featuring author and speaker Dr. Temple Grandin. Temple is well known to many for her trailblazing work as a spokesperson for people with autism and her lifelong work with animal behavior. Her life's work has been to understand her own autistic mind and to share that knowledge with the world. SUU Campus Hunter Conference Center, Hunter Conference Center, 301-557 W. University Blvd., Cedar City.

JOSH LARSEN AT GEORGE'S CORNER 6 PM. Josh Larsen is a singer/songwriter from St. George. Acoustic Alternative Rock. 2 W. St. George Blvd., St. George.

Fri, Feb 11

LP AND THE VINYL 7:30 PM. Renowned jazz blues and gospel singer Leonard Patton teamed up with the critically acclaimed Danny Green Trio to form LP And The Vinyl. The band's wide array of influences includes everything from jazz, R&B, rock, 80's, and 90's hits, to Brazilian, and classical music. Cox Performing Arts Center, 325 S. 700 E., St. George.

Sat, Feb 12

SECOND SATURDAYS AT SUMA 2 PM. Formerly known as Family Day, this series of events is for families and friends in the community of all ages. The planned activities are geared toward people of all ages and backgrounds, and this event is free and open to the public. Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

SUU HIGH SCHOOL HONOR ORCHESTRA 4 PM. Southern Utah University's Department of Music is hosting the SUU High School Honor Orchestra Concert. High school students from all over the region will be led by Dr. Xun Sun, Director of Orchestral Activities at SUU. This event is free to the public and provides an SUU Scholarship Audition opportunity. This year SUU's Music Department will host 30 to 50 high school students. The final concert will be performed with the SUU Orchestra. Festival Hall and Heritage Theater, 105 N. 100 E., Cedar City.

VALENTINE'S DINNER THEATER 6:30 PM. Reservations only, \$58 per person. Reservations, Dinner Choice, and Valentine's Hotel Packages are available at www.ironsspringsutah.com or call (435) 708-0101. In addition to dinner the Simon Fest Theatre Company presents The Six Shooter-When the Shoe Doesn't Fit a live old-time radio broadcast that is a twist on the classic Cinderella story set in the wild west. Iron Springs Adventure Resort, 3126 N. Iron Springs Rd., Cedar City.

NAUGHTY VALENTINE CELEBRATION 7 PM. Live Music, fun times, specialty cocktails, & bring your naughty partner! Hive 435 Tap House, 61 W. St. George Blvd., St. George.

JOHN DAVERSA AND THE REBEL JAZZ BAND 7:30 PM. Don't miss John Daversa and the Rebel Jazz Band in concert! He will be playing alongside Southern Utah's own Rebel Jazz Band. This is a concert you won't want to miss. The concert will be opened by the outstanding High School band from the St. George Jazz Festival. Cox Performing Arts Center, 325 S. 700 E., St. George.

2ND SATURDAYS AT BLUES KATZ FEATURING LIVE ENTERTAINMENT 8 PM. An event that you will be able to count on every Second Saturday of every month at Blues Katz Rock n' Roll Bar. 307 N. Bluff, St. George.

SCUZZ TWITTLY AT CASABLANCA 8:30 PM. XXX Rated Comedy! Must be 21 or older to attend. Country music artist and comedian Scuzz Twittly takes his hilarious show on the road with a live performance of his biggest hits and funniest bits. Cranking out the laughs through songs about beer-soaked adventures with scantily clad women. Performance contains explicit language and X-rated adult-themed material. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

Sun, Feb 13

STEVE STAY AT GEORGE'S CORNER 6 PM. Acoustic Contemporary Rock. 2 W. St. George Blvd., St. George.

VALENTINE'S GOLF TOURNAMENT 8 AM. \$75 per player entry fee includes: tournament prizes, on-course contests, lunch. 8:30 AM. Shotgun start. Two-person teams. Contact Palms Pro Shop 702-346-4067 Palms Golf Club, 550 Peppermill Palms Blvd., Littlefield.

Mon, Feb 14

BRIAN HEAD ICE-VALENTINE'S DAY 3 PM. For information and to get your tickets, visit www.brianheadice.com. Brian Head Resort, 249 S. Village Way, Brian Head.

VIRGIN VALLEY AMATURE RADIO CLUB 6 PM. The Virgin Valley Amateur Radio Club holds meetings on the second Monday of every month. For more information please go to our website at: www.vvarc.net. Airport Fire Station #3, Mesquite.

LOVERS NIGHT AT HIVE 435 TAP HOUSE 7 PM. Bring your loved one to Hive 435! Live jazz music, specialty cocktails, and romantic times. Hive 435 Tap House, 61 W. St. George Blvd., St. George.

SWEETHEART SWING 7 PM. Don't miss Sweetheart Swing at the St. George Children's Museum. The Sweetheart Swing, where guests are invited to swing dance to live music by Rebel Jazz Band, is presented by the St. George Arts Commission. Tickets are available at the door or in advance at the St. George Art Museum, 47 E. 200 N., Tues.- Sat. from 11 AM.-6 PM. Tickets are \$15 per person and include Valentine refreshments. Only 150 tickets are available. St. George Children's Museum, 86 S. Main St., St. George.



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CALENDAR

Thurs, Feb 17

A.P.E.X. EVENT: DAVID ANTHONY DURHAM 11:30 AM. Featuring author David Anthony Durham. David is the author of a trilogy of fantasy novels set in Acacia: The Sacred Band, The Other Lands, and The War with The Mein, as well as the historical novels The Risen, Pride of Carthage, Walk Through Darkness, and Gabriel's Story. Free. SUU Campus Hunter Conference Center, Hunter Conference Center, 301-557 W. University Blvd., Cedar City.

MIKE AND ELAINE AT GEORGE'S CORNER 6 PM. This multi-instrumentalist couple are also in local band Soul What!?! and cover a range of musical styles in many genres. 2 W. St. George Blvd., St. George.

Fri, Feb 18

SEARS DIXIE INVITATIONAL ART SHOW GALA & SALE Artist symposium 3 PM., Preview 4 PM., Gala & Sales 6 PM. Exhibit opens to the public Feb. 19th. Sears Art Museum, 155 N. University Ave., St. George.

Find more at SUIndependent.com

Sat, Feb 19

FREE LANDSCAPE WORKSHOP: LAWN MANAGEMENT 10 AM. Understand the best management practices of lawn care in this arid, dry climate, including the basics of a spray sprinkler system. Tonaquint Nature Center, 1851 S. Dixie Dr., St. George.

Wed, Feb 23

BOOK DISCUSSION GROUP 7 PM. Washington County Library System, 126 Lion Blvd., Springdale.

Thurs, Feb 24

A.P.E.X. EVENT: ARTIST IN RESIDENCE-AISHA LEHMANN 11:30 AM. A.P.E.X. events premier free weekly lecture series, with presenters invited from all areas of the world. This week we feature artist in residence, Aisha Lehmann. An artist and researcher, grappling with the complexities of identity in race, ethnicity, gender, and spirituality. She translates observations into imagery using paper, patterns, drawing, and printmaking techniques. SUU Campus Hunter Conference Center, Hunter Conference Center, 301-557 W. University Blvd., Cedar City.

MERRIL CAMPBELL AT GEORGE'S CORNER 6 PM. Acoustic Rock. 2 W. St. George Blvd., St. George.

Fri, Feb 25

READER'S CIRCLE BOOK CLUB 3 PM. Washington County Library System, 36 S. 300 W., Hurricane.

DESERT HILLS HIGH: SUPAF PIANO Desert Hills High School, 828 E. Desert Hills Dr., St. George.

HEARTSTRINGS BAND AT MIKES TAVERN 9 PM. 90 W. Hoover Ave., Cedar City.

Sat, Feb 26

KENNY BROBERG-VAN CLIBURN MEDALIST WITH THE DSSO 7:30 PM. American pianist Kenny Broberg is the 2017 Van Cliburn International Piano Competition Silver Medalist. He followed this with a bronze medal win at the 2019 International Tchaikovsky Competition. Playing with absolute precision, Kenny talent has been featured from coast to coast. Cox Performing Arts Center, 325 S. 700 E., St. George. **DESERT HILLS HIGH: SUPAF PIANO** Desert Hills High School, 828 E. Desert Hills Dr., St. George.

Sun, Feb 27

SKY ALLEN MUSIC AT GEORGE'S CORNER 6 PM. Free. Folk/Soul. 2 W. St. George Blvd., St. George.

Tues, Mar 1

VOYAGER LECTURE SERIES, PRESENTED BY DR. JERRY HARRIS 7:30 PM. Dinosaurs and Fossils Lecture. Dr. Harris will review the spectacular fossils at the St. George Dinosaur Discovery Site, while touching on some of the other fossils in the area, as well as what future discoveries might look like. Optional social hour with like-minded friends, light snacks, and beverages at 6:30 PM. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

Wed, Mar 2

SNOW CANYON HIGH: CONESITE CHOIR CONCERT 6 PM. Snow Canyon High School, 1385 Lava Flow Dr., St. George.

Thur, Mar 3

AUSTIN GREY AT AT GEORGE'S CORNER 6 PM. Contemporary Music. W. St. George Blvd., St. George.

Sat, Mar 5

FREE LANDSCAPE WORKSHOP: DRIP IRRIGATION 10 AM. Learn how to install, use and maintain a drip system. This workshop will be offered in person and virtually. To participate virtually, please visit <https://bit.ly/3wWnYkM>. Washington County Water Conservancy District, 533 E. Waterworks Dr., St. George.

STUDIO REDS WINTER MUSICAL-MATINEE 2 PM. Cedar High School, 703 W. 600 S., Cedar City.

MIKE SUNDBERG FASHION SHOW/DANCE PARTY ON THE PLAZA 6 PM. An exquisite, exciting collection newly designed by Mike Sundberg on the Walton Commons, complete with runway, catered dinner, our Kayenta sunset, and DJ-hosted nightlife afterparty! With room for over 200, it's our biggest event of the year! Come celebrate the art of making people look good! Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

Sun, Mar 6

DJ JANELLE AT MIKE'S TAVERN 9 PM. 90 W. Hoover Ave., Cedar City.



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6:30pm in the showroom

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Located next to ZNP South Entrance

- Narrows
- Outfitting
- Clothing
- Gear
- Bikes
- Showers
- Laundry

Zion Rock & Mntn G



P Paid parking lots can be found on Lion Blvd, behind Whiptail Grill Restaurant at 445 Zion Park Blvd, and a number of other locations throughout Springdale. Other spots of note in Springdale include the library (located on Lion Boulevard, next to Town Hall), tennis/pickleball courts (also on Lion Blvd), and the Virgin River, which has numerous loctions of access, but Riverside Park is one of the best.

Located next to ZNP South Entrance

- Narrows Outfitting
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- Gear • Bikes
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GUIDE TO UTAH'S LIQUOR LAWS

If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink. The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

SPRINGDALE'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed by address from ZNP Entrance)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks (E)spresso, (V)egan items on menu	Hours	WI-FI
Red Rock Grill	1 Zion Lodge	435-772-7760	W, B, M, E, V	6:30-10:30am, 11:30am-3pm, 5-10pm daily	Yes
Zion Canyon Brew Pub	95 Zion Park Blvd	435-772-0336	W, B, V	Noon-10pm daily	Yes
Happy Camper Market	95 Zion Park Blvd	435-772-7805	B, V	8am-8pm daily	Yes
Thai Sapa	145 Zion Park Blvd	435-772-0510	W, B, E, V	11:30am-9:30pm daily	No
Perks Coffee Shop	147 Zion Park Blvd	435-668-0446	E	7am-4pm daily	No
Café Soleil	205 Zion Park Blvd	435-772-0505	W, B, M, E, V	7am-9pm daily	No
Spotted Dog Cafe	428 Zion Park Blvd	435-772-0700	W, B, M, E, V	7-11am, 5pm-9pm daily	Yes
Whiptail Grill	445 Zion Park Blvd	435-772-0283	W, B, V	Noon-9:30pm daily	Yes
Blondie's Diner	736 Zion Park Blvd	435-772-0595	B, V	11am-8:30pm Mon-Sat	Yes
Bamboo Chinese Restaurant	828 Zion Park Blvd	435-703-2882	V	11:30am-10pm daily	Yes
Zion Pizza & Noodle	868 Zion Park Blvd	435-772-3815	W, B, V	4pm-10pm daily	No
Oscar's Cafe	948 Zion Park Blvd	435-772-3232	W, B, E, V	7am-9pm daily	No
Switchback Grille Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, E, V	5-8pm daily	No
Jack's Sports Grill Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, V	Noon-9pm daily	No
Bit & Spur Restaurant & Saloon	1212 Zion Park Blvd	435-772-3498	W, B, M, E, V	5pm-11pm daily	Yes
Park House Café	1880 Zion Park Blvd	435-772-0100	W, B, V	8am-2pm daily	Yes

See detailed restaurant listings for Springdale and the greater Zion National Park area at ZionGuide.com.

Welcome To Zion from Zion Guide!

Safety Tips For Zion

Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.

Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.



Tips To Minimize Your Impact

Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

Tips To Maximize Enjoyment

Go on a less crowded hike

The most visited Zion hikes have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our feature, Less-Traveled Zion Hikes, in this issue.

To avoid the crowds, go early or late in the day

Consider getting up extra early or trekking out midday after the initial rush has flooded in.

Consider coming back again in the low season

Starting in the late fall, the number of visitors to Zion Canyon starts to dwindle, and by December it's significantly less than in the heat of the summer. It is simply a different experience to see Zion in the winter with the snow-capped monoliths. Most hikes are still accessible and are less crowded. You can also drive to the Temple of Sinawava parking lot. The shuttles stop running from November until March.

Check out Kolob Canyons and Kolob Terrace Road

With gorgeous open spaces and plenty of dirt roads to explore, Kolob Terrace Road is one of Zion's best kept secrets. You'll notice the air getting cooler as you gain elevation, and you'll find plenty of beautiful views worth stopping at for a quick photo op. The Kolob Terrace Road turnoff is in Virgin, so watch for signs. Portions of the Kolob Canyon District of Zion National Park are reached via Exit 40 on Interstate 15.



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Top Things To Do In Zion

Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to ZionGuide.com to see the details on many area hikes.

Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

Catch an event

Not only does Zion Brew Pub have live music every Saturday, the property also hosts a handful of events throughout the year, as do the Bit and Spur restaurant, Tanner Amphitheater, Bumbleberry Inn, Wildcat Willies, and several other locations.

Try a guided tour

Jeep, helicopter, ATV, canyoneering, horseback riding, or mountain biking, guided tours are all available. Many of these tours take you outside Zion National Park boundaries and give you a unique perspective on Zion's canyons and plateaus from surrounding areas of southern Utah. Check out ZionGuide.com for listings and ads.

Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions, like the Little Hollywood Movie Museum and the Best Friends Animal Sanctuary.

Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.



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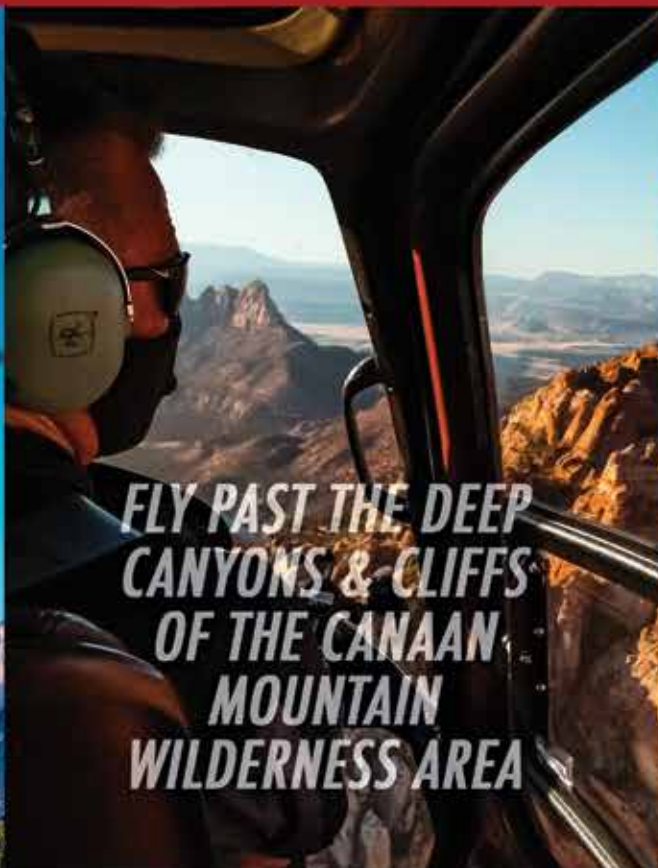


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Zion National Park Shuttle Info

FALL OPERATIONS UPDATES FOR ZION NATIONAL PARK

Important Shuttle Bus Information

The Zion Canyon Line, or park shuttle, runs from the visitor center up the Zion Canyon Scenic Drive to destinations like the Zion Lodge and trailheads, including Emerald Pools, West Rim Trail, and Temple of Sinawava where hikers depart for the Narrows. There are two shuttle routes, and both are free. See our Park Information Guide for a map of the park shuttle.

The Springdale Shuttle, or town shuttle, is located in the Town of Springdale. It stops at 9 locations in town and picks up and drops off visitors at the park's pedestrian/bike entrance.

Background

The shuttle system was established in 2000 to eliminate traffic and parking problems, protect vegetation, and restore tranquility to Zion Canyon. In 2017, park shuttles estimated more than 6.3 million riders. In 1997, visitation was 2.4 million and increasing.

When The Shuttle Is In Operation

The park is a big place, and you can drive yourself on all open park roads except the Zion Canyon Scenic Drive during the shuttle season when Scenic Drive is closed to private vehicles. Shuttle season is almost all year. Typically, shuttles run March through November, weekends in February and March, and the last week in December. See the current and upcoming schedule below. Explore the map of the park to see other roads you can drive. If you would like to visit the Zion Canyon Scenic Drive before or after the shuttles run each day, you may use a bicycle.

Shuttle Schedule

Weekend-only shuttle service will resume on the Zion Canyon Scenic Drive from February 19 through March 18, 2022. Monday through Friday, private vehicles are allowed on the Zion Canyon Scenic Drive until all parking lots are full.

During shuttle operations, the last shuttle will arrive back at the Visitor Center around 45 minutes after it leaves the Temple of Sinawava. Do not wait until the last shuttle to leave Zion Canyon for the day. Due to limited capacity, the shuttle may be full by the time it reaches your stop, and you will be out of luck.

Shuttle Service will start in Springdale on March 19, 2022

How To Use The Shuttle System

The Zion Canyon Shuttle connects the Zion Canyon Visitor Center to stops at various locations on the Zion Canyon Scenic Drive. Shuttles leave every few minutes and are all the same, going to all shuttle stops on the route in both directions. You may get on and off at any shuttle stop in either direction. The shuttle is free, but masks are required. Most visitors should start

at the Zion Canyon Visitor Center. If you are staying at the Zion Lodge, please begin by using the shuttle there. More details about the park shuttle, including open and closed shuttle stops, are featured on our Park Information Guide.

The Springdale shuttle operates similarly on the town route but is slightly less frequent. Shuttle Stop Map in the town of Springdale (PDF 0.9 MB)

Parking is limited inside Zion, and all parking lots fill early in the day. Paid Parking is available in the town of Springdale.

Our website contains additional Traffic and Travel Tips, and you can tune your radio to 1610 AM for additional information when you arrive.



Please, no eating or smoking on the bus, beverages other than water are not allowed, and pets are not permitted on the shuttle buses.

Masks continue to be required when on the shuttle.

Shuttle Schedule	Jan. 2 to Feb. 18	Feb. 19 to Feb. 20	Feb. 26 to Feb. 27	Mar. 5 to Mar. 6
First bus into the canyon from the Zion Canyon Visitor Center	No Service	8:00 a.m.	8:00 a.m.	8:00 a.m.
Last shuttle leaves the Visitor Center	No Service	3:30 p.m.	3:30 p.m.	3:30 p.m.
Last bus out of the canyon from the Temple of Sinawava	No Service	5:45 p.m.	5:45 p.m.	5:45 p.m.



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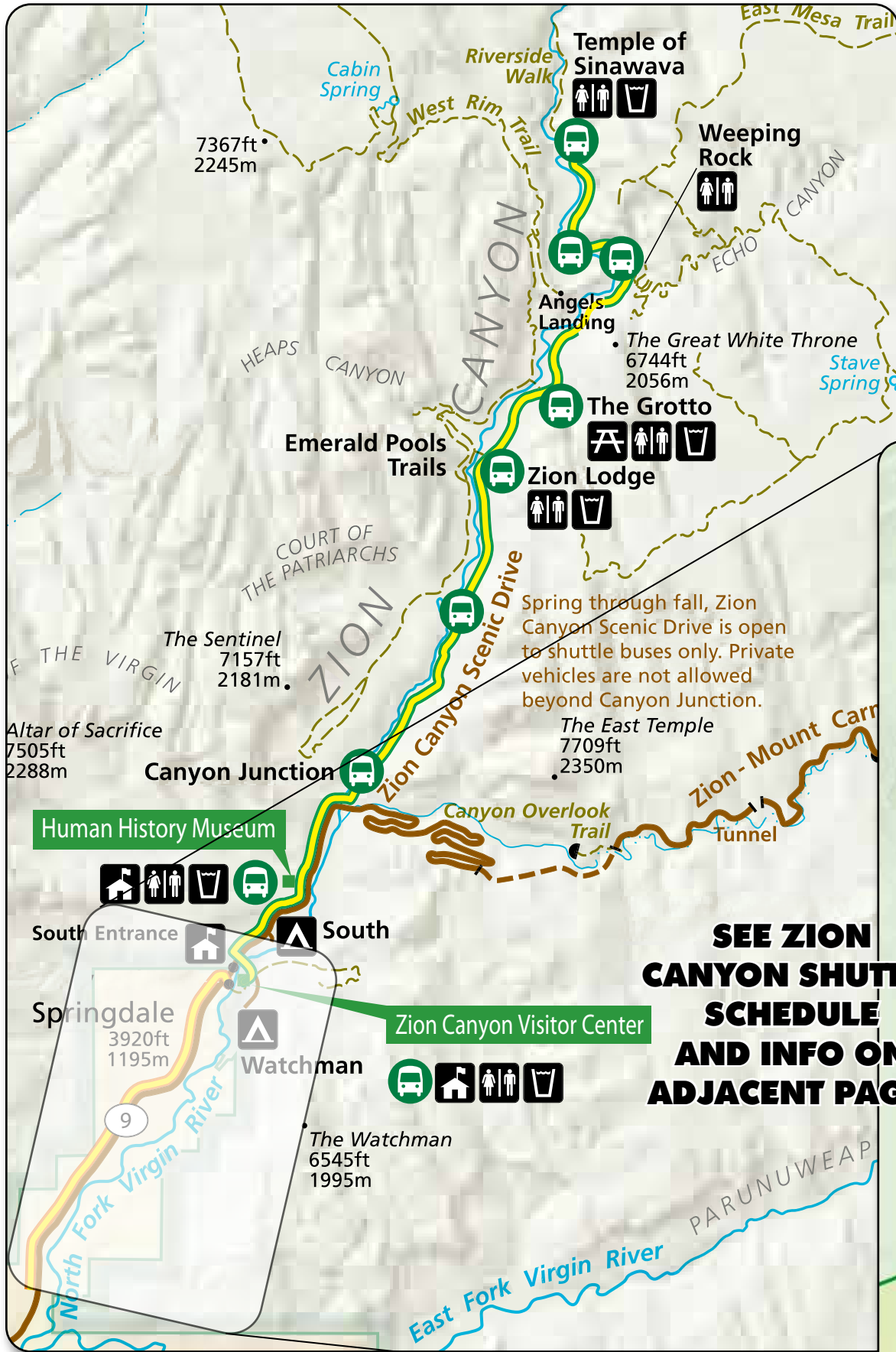
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Springdale Shuttle Map



SEE ZION CANYON SHUTTLE SCHEDULE AND INFO ON ADJACENT PAGE.



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Zion National Park Latest Info

PERMIT PROCESS FOR HIKING ANGELS LANDING IN ZION

Apply to hike Angels Landing in April and May

SPRINGDALE, Utah – Planning a visit to Zion National Park this summer? Are you hoping to hike Angels Landing? Starting this year, you must apply for a permit to hike at Angels Landing and you can now apply at www.go.nps.gov/AngelsLanding.

“We expect many visitors will want to apply for a permit, so we took care to make our process accessible, flexible, and fair.” Superintendent Jeff Bradybaugh said. “Lotteries were the right fit for Angels Landing because they give certainty about application periods and flexibility so that people can fill out the application when it’s convenient for them.”

Need to know

- All advanced ‘Spring Seasonal Permits’ for April 1st until May 31st have been awarded except for Day-Before permits.

- Starting April 1st, 2022, you can apply for ‘Day-Before’ lotteries. (Apply one day in advance of your desired hiking date) through December 31st, 2022.

- ‘Summer Seasonal Applications’ will be available April 1st through April 20th for June 1st through August 31st permits.

- For Day-before Lottery applications, visit www.go.nps.gov/AngelsLanding.

You can also apply by calling recreation.gov at (877) 444-6777 from 10 AM - 12 PM EST, every day except for Thanksgiving Day, Christmas Day, and New Year’s Day.

On April 25th, recreation.gov will email the results for the Summer Seasonal applications to every applicant. This means hikers with

permits can start planning hikes to Angels Landing ahead of time. For example, hikers with permits to hike in June will have up to

four months to plan trips.

The lottery schedule is posted at www.go.nps.gov/AngelsLanding, and we will share news releases and social media updates when we open those permit lotteries.

About Zion’s Angels Landing Pilot Permit Program

On and after April 1, everyone hiking past Scout Lookout to Angels Landing needs to have a permit. This means you need a permit to hike on the half-mile section of the trail with chains. Hikers do not need a permit to go to Scout Lookout.

This is a pilot program, and the National Park Service (NPS) will monitor and adjust it as needed. The pilot permit program reflects comments from nearly 1,000 members of the public, park neighbors, and other stakeholders. It also reflects lessons the NPS learned by metering the number of hikers on the trail to Angel Landing in 2019 and 2021 and from distributing tickets to use the park shuttle system in response to COVID-19 in 2020.

Angels Landing is one of many places people enjoy hiking in Zion National Park. The park recorded about 2.8 million total visits in 2011 and nearly 4.5 million visits in 2019. As the number of people who visit Zion continues to rise, the NPS is preparing a plan designed to provide high-quality visitor experiences and sustainably manage park resources. The Angels Landing Pilot Permit Program will inform that planning process. We plan to share an update on the plan and ask for your feedback about it in 2022.



Photos © James Kay

Grand Staircase-Escalante & Bears Ears Restored!



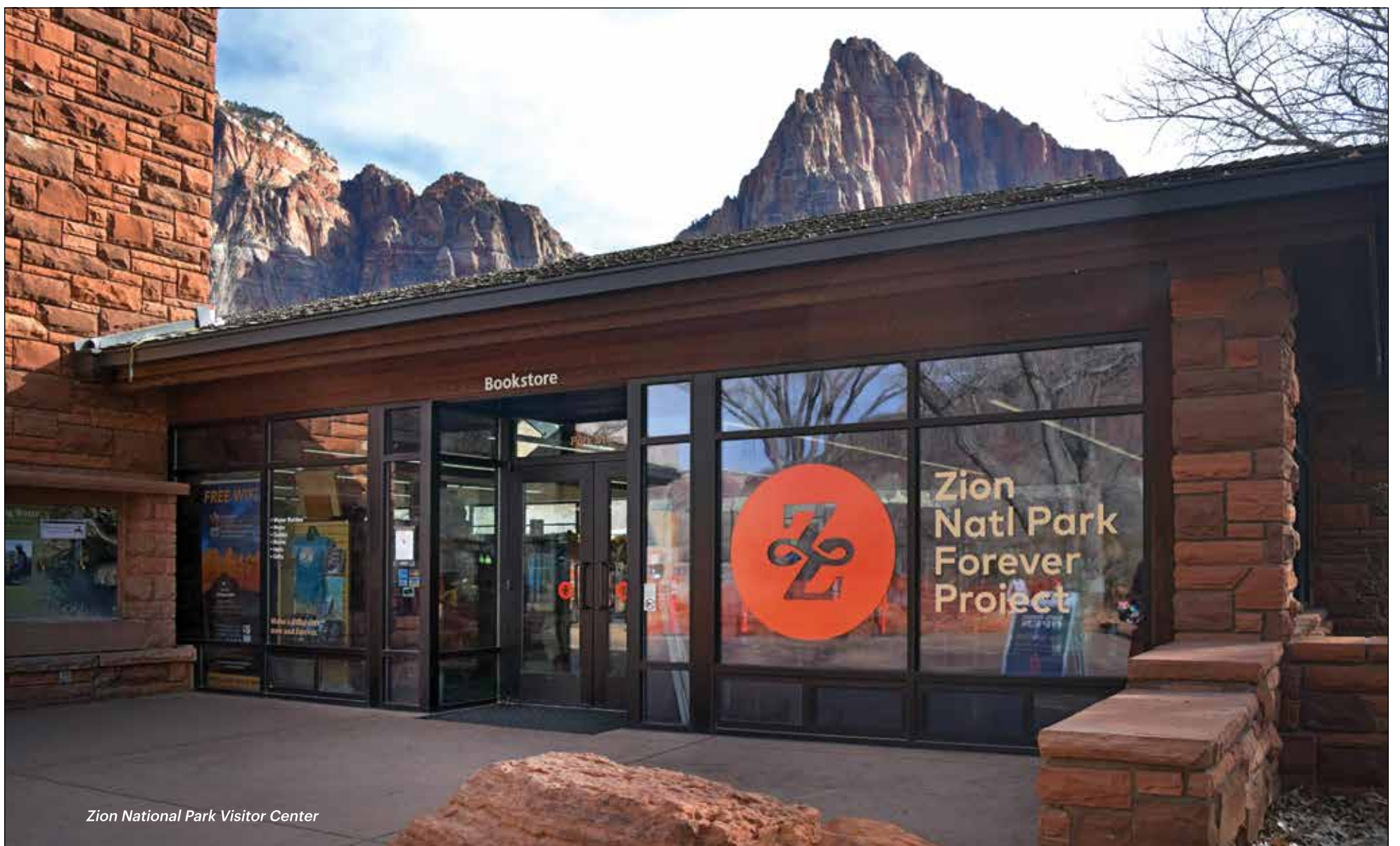
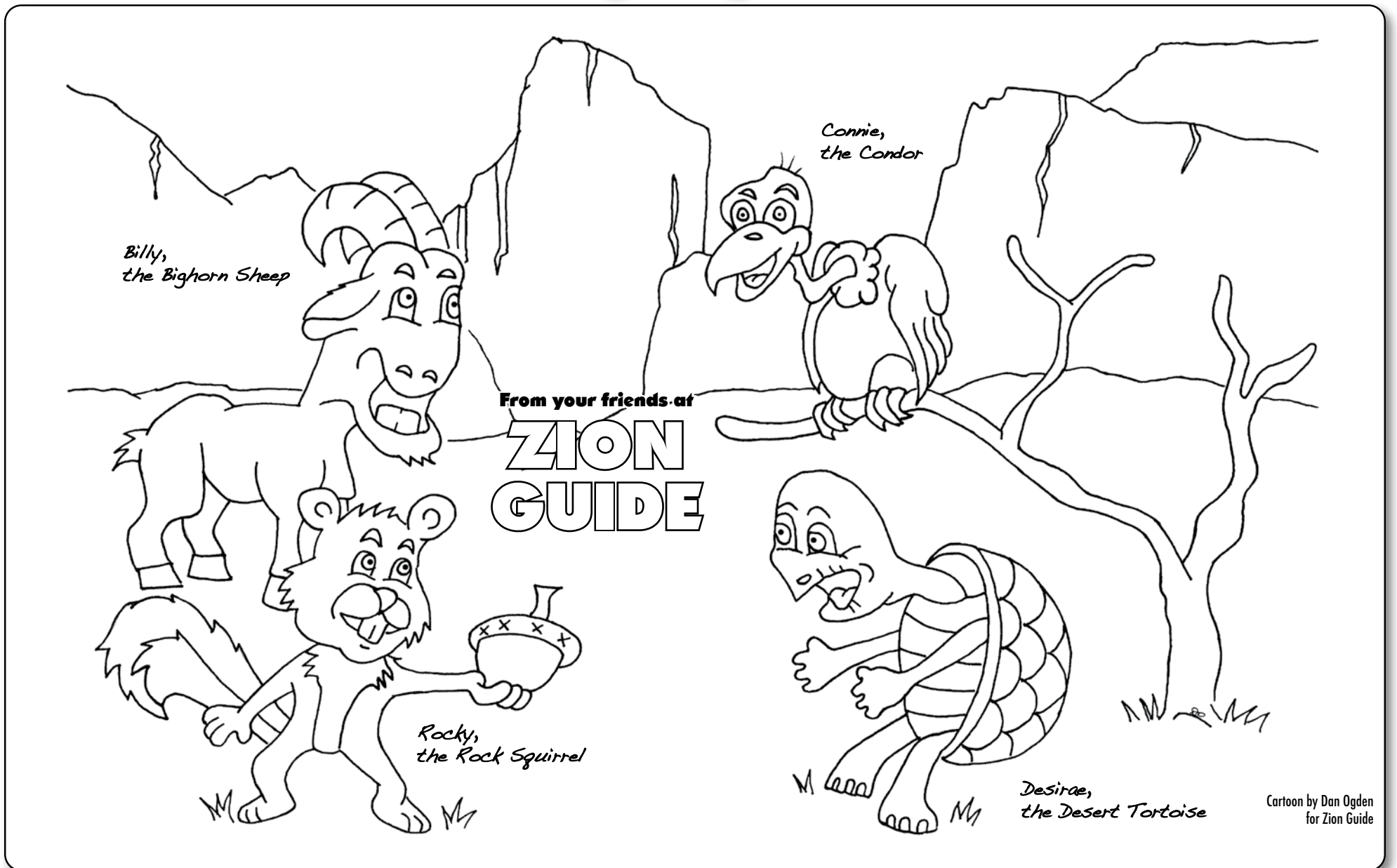
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Zion Animals Coloring Page



Zion National Park Visitor Center



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Southern Utah State & National Parks

ANASAZI STATE PARK MUSEUM - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redbreast shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinon pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.



CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

DEAD HORSE POINT - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado

to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large, Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

ENTERPRISE - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground



is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

GRAND CANYON - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

LAKE MEAD - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

LAKE POWELL - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

PINE VALLEY - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinon trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

QUAIL LAKE - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

SAND HOLLOW - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.



SNOW CANYON - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

ZION - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion - whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.

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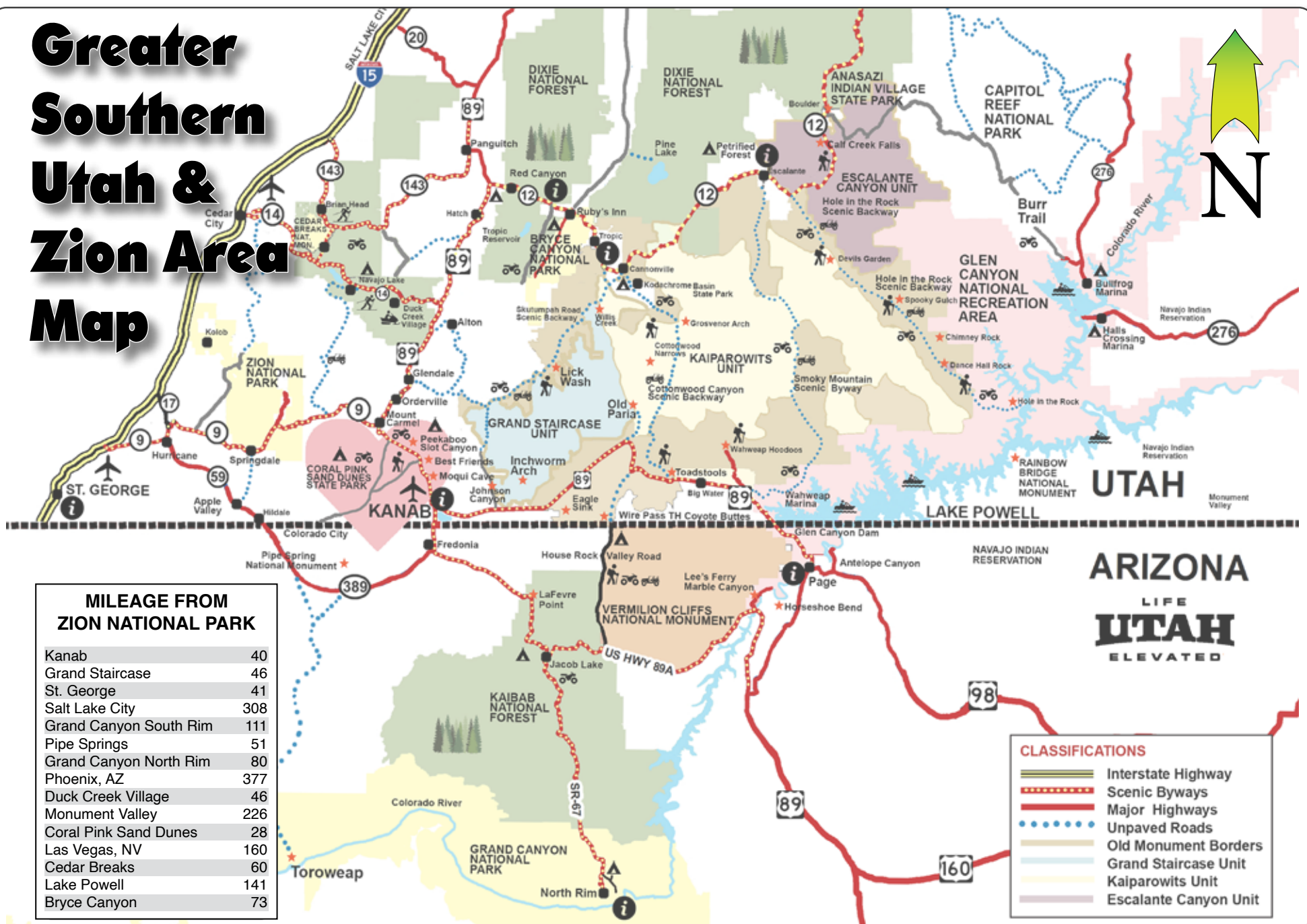
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Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time. Lower Emerald Pools Trail is closed for trail repairs until Spring 2020.

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled hikes.

Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel

to the south.

For families with young children, this makes an excellent turnaround spot.

Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly 3 miles long and will take about 2 hours to finish.

can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge



Many Pools

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You

and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

Hidden Canyon

By Bo Beck and Tanya Milligan

Hidden Canyon features steep ascents, narrow foot paths, and switchbacks on a narrow cliffside with exposure at high elevations. Some parts have chains to use for assistance. Be cautious near slippery sandstone areas with steep dropoffs. Expect full sun in most places after the early morning. Once you are into the canyon, it is shady and surprisingly cool.

This impressive 2.2-mile roundtrip hike begins at the same busy trailhead as Weeping Rock, Observation Point, and the East Rim. Begin at the Weeping Rock Trailhead, which quickly splits to the left. The trail you want to follow bears right toward the East Rim, Observation Point, and Hidden Canyon. Watch for a sign that indicates the direction to Hidden Canyon.

A well-traveled path takes trekkers between sheer sandstone walls rising up hundreds of feet, made up by some of Zion's most famous landmarks: Cable Mountain and the Great White Throne. Once beyond the end of the actual trail and into the slot canyon, look for small sandstone caves and a 20-foot long arch. Be careful to only explore as far as you know is safe for you! Few should ever venture past the freestanding arch.

Sandstone pools at the end of this hike are a favorite spot of the delightful and boisterous canyon tree frogs. Look for the tiny gray creatures near the water, and listen for their loud trilling. Past the pools is the end of the Hidden Canyon Trail.

Overlook Trail

By Charlotte Emett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.

Please check with nps.gov for current conditions, restrictions, and access. Be careful and have fun!



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Popular Zion Hikes

Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time.

Warning: These hikes are very popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more **difficult** hikes, try some of these popular hikes.

Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete and covers just under 5 1/2 miles. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.

Observation Point via East Rim Trail

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more **moderate**, try some of these mid-range hikes.

Watchman Trial

Starting at the Zion Canyon Visitor Center, this hike takes about two hours and covers just under 3 miles. The 368-



"Observation Point Revisited" photo by David J West.

foot elevation has some minor drop-offs and ends at a view point for Tower of the Virgin, lower Zion Canyon, and Springdale.

Middle Emerald Pools Trail

A two-hour hike, Middle Emerald Pools has long drop-offs. The unpaved trail to the Middle Emerald Pools has loose sand and slippery rocks. You'll cover two miles in 2 hours over the course of a 150-foot elevation gain. The hike starts at Zion Lodge.

Upper Emerald Pool Trail

Starting at Zion Lodge, this is a shorter trail covering one mile in about an hour. You will rise 200-feet in elevation, and there are minor drop-offs.

Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of

Timber Creek, Kolob Terrace, and Pine Valley Mountains.

Those looking for something **less strenuous** should check out these easy hikes.

Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

Lower Emerald Pool Trail

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.

Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessible, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.

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13 Jakey Leigh's	4 E Center St, Kanab	(435) 644-8191	E, V	7am-2pm Mon-Fri, Sat & Sun 8am-Noon	Yes
6 Segó Restaurant	190 N 300 W, Kanab	(435) 644-5680	W, B, M, E, V	6-10pm Tues-Sat	Yes
22 Sunny Creek Coffee	681 E Chinle, Kanab	(435) 212-3839	E, V	7am-2:30pm Mon, Wed-Sat	Yes
17 Willow Canyon Outdoor	263 S 100 E, Kanab	(435) 644-8884	E	7:30am-7pm daily	Yes

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