

MORE GREAT HAPPENINGS IN THIS ISSUE:



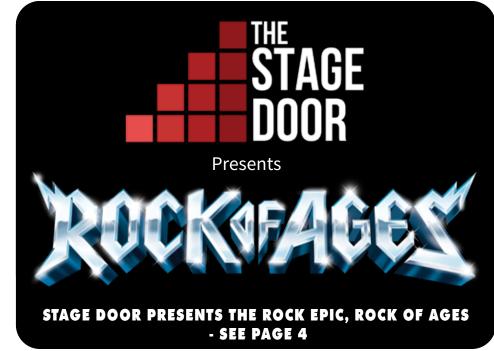




"THE IMMENSE PRODIGALITY OF COLOR" WITH LYMAN HAFEN AND ROLAND LEE - SEE PAGE 4



CLEAN COMEDY AT ITS BEST WITH COMEDIAN NICK HOFF - SEE PAGE 4



THE INDEPENDENT AND ZION GUIDE CONTENTS - MARCH 2023

COVED ON

Area Calendar of Events 10

710N GUIDE SECTION

UN I HE LUVEK:		11µ3, 11114, ≪ 1 411
Fort Desolation Fest Brings	Hiking	Guide to Utah's Liquor Laws
Music To The Mountains	Less-Traveled Zion Hikes	General Tips To Enjoy Zion 16
- See page 3	Popular Zion Hikes	Safety and Preparedness Tips
THE INDEPENDENT SECTION	Maps	Top Things To Do In Zion17
Publisher's Perspective	Springdale Utah Business & Services Map 14	Zion Annual Event Calendar
Events		Local's Guide to Hiking Preparedness
Outdoors		So. Utah State & National Parks
Movies8	Shopping & Dining	
Opinion9	Springdale Restaurant Guide	Find more great content at

ZionGuide.com and SUindependent.com

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Published by The Independent, St. George, Springdale, & Kanab, UT. 435-656-1555. Online at ZionGuide.com and SUindependent.com. PO Box 3116, St. George, UT 84771 • © Copyright 2023 Independent Publishing Company, Inc.



SLOT & BINGO PLAYERS



WEDNESDAYS, MARCH 1, 8, 15, 22 & 29 AND ST. PATRICK'S DAY MARCH 17







See Players Club for complete rules. "Problem Gambling Helpline" 800-522-4700



FORT DESOLATION **FEST BRINGS MUSIC TO THE** MOUNTAINS

Coming June 8 - 10, 2023, to the Capitol Reef National Park area.

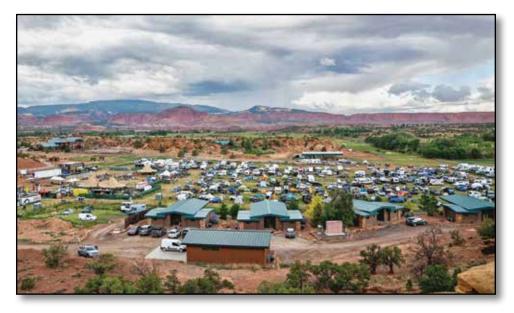
The Third Annual Fort Desolation Fest Brings Ben Harper & The Innocent Criminals, Shakey Graves, The White Buffalo, Morgan Wade, and many more to Torrey, Utah.

Fort Desolation Fest is back this June 8-10, giving attendees three days to explore the Capitol Reef National Park area and three nights to enjoy live music in the red rocks of Cougar Ridge Resort.

A Small Festival with a Big Lineup

Many music festivals can be daunting with their crushing crowds, long lines, and the struggle of getting anywhere near the stage. Fort Desolation fest performers are world-class, but the capacity is limited, so everyone can get reasonably close to the music, whether their tickets are GA or VIP. This year's artists include:

Ben Harper & The Innocent Criminals, Shakey Graves, The White Buffalo, Morgan Wade, Houndmouth, Jamestown Revival, Madison Cunningham, The Brothers Comatose, Parker Millsap, along with Pixie



& The Partygrass Boys.

"We want everything about our festival to create a premium experience. This year's lineup is next-level, the Capitol Reef area is always magnificent, and the festival property-Cougar Ridge Resortis breathtaking. We're not interested in letting this festival get too big. We want just the right crowd size and energy to maintain our vibe," said Jeremy Rawle, Founder of Fort Desolation.

National Park Adventures

Fort Desolation Fest takes place just a few miles from Capitol Reef National Park, one of Utah's "Mighty Five" national parks. The music is at night, so attendees have three days to craft their own adventures in the awe-inspiring red-rock cliffs, canyons, domes, and arches of the surrounding landscapes. From hiking to fly-fishing to cycling to off-roading, there's something for everyone in the area.

Campground Vibes

The on-site campground, just a short walk from the stage, has become a legendary experience in recent years. From after-hours jams with festival artists to campsite cook-offs to stargazing in this International Dark Sky Community, there's so much to love. Camping spots typically sell out fast. And for those who are more "indoorsy," there's plenty of other lodging in and around Torrey.

"The campground scene is my favorite part of this festival. You see people inviting their neighbors over for food and drinks, showing off their latest rig builds, throwing frisbees and having fun. They show up as perfect strangers and leave as new best friends. The most anticipated element in the campground is which artist is going to appear on the after-hours stage. It's always

March '23 · Page 3

a surprise," said Rawle. **Adventure Travel Expo**

Each day, top brands will show off their latest, greatest products for vehiclesupported adventure travelers in the on-site adventure travel expo. Whether it's a ruggedized travel trailer, campfire cooking equipment or the just-right rack for carrying gear, attendees can explore some of the best outdoor products on the market.

Volunteer Opportunities

Local volunteers can exchange volunteer hours for a music pass. And traveling volunteers can volunteer for a music pass and a spot in the volunteer campsite.

Passes and camping spots are on sale now at https://fortdesolation.com/fest/

Email any questions to info@ fortdesolation.com.

About Fort Desolation

Fort Desolation isn't a place. It's the notion that the road can always take you somewhere wonderful-where you can climb a mountain, soak in a secret swimming hole, gaze at a starry sky and get as lost as you want to be. That's what inspires us as we create gatherings and goods for outdoor adventure travelers, music lovers and everyone in between.





Often I use Publisher's Perspective" as the headline for my (semi) monthly articles, largely because they are then all easy for folks to know they are coming from me, and it's quite short,

leaving more room for my thoughts. This piece however is a bit more of the perspective of a publisher as I'm writing about newspaper publishing this time.

Publishing anything for any length of time is a challenge. Whether it be a book, magazine, newspaper, newsletter, or website, it's very detail oriented and exists in a forever changing landscape. Those changes in the landscape hit a bit harder this month when I recently read that as of **PUBLISHER'S PERSPECTIVE By Josh Warburton**

February 22, Iron County Today is no longer being published. This follows the ceasing of operations of the only commercial radio station in Page, AZ at the end of last year, and along with it their printed visitor guide and website. Page's "local" newspaper also shifted operations last year to Globe, AZ, over 300 miles away.

This is notable as the twenty plus year shift in people's news consumption habits continues to move readers online, and along with them the advertising dollars, which now go largely to Google and Facebook, and not to the local mom and pop publications. Consolidations have occurred and newsrooms have been hollowed out or shuttered. Publications have closed and printing presses are being sold, disassembled, and moved to more profitable markets. This affects the rest of us still producing printed papers, and we have not been immune to it.

In June of 2021 we geared up to send

our files to our printer of nearly a decade only to be told that they could not print our paper at the page count we were requesting and in the turnaround time required. This was due in part to major consolidation where our printer had taken on dozens of new clients after a large print competitor closed their doors. And while rather shocking, we were lucky enough to find another printer in our region (Arizona) who was able to print our paper the next day and get it to us by our regular publishing day of the first Friday of the month. Then, just over a year later and as we prepared to send our files, we were told by our Arizona printer that they'd been sold, but that another sister press also in Arizona could print us. With no notice to make a deliberate choice as to where we have our paper printed, we went with the flow and had this new printer print for us and things went fine...until they didn't. Just a few months in and after turning in our files for our monthly print we

were told that we'd not be getting our paper delivered on time, due to a press breakdown and for the fact that this press runs nearly 24 hours per day. We were behind several other publications who were also waiting to get their publication printed. Luckily the printer was able to shift a couple of things around and essentially bump us up in the schedule so we could get our paper on time and deliver it on our regular schedule.

This brings me around to a topic I frequently write about in my columns, and that's gratitude. As we celebrate 27 years this month publishing The Independent, I am so grateful to be able to still have a viable business, and for our communities to have this outlet. People rarely know what goes on behind the scenes, and it's a good reminder that things are often more difficult than they appear. \overline{I} can't imagine we'll still be publishing in another 27 years, so just like everything else in our short lives, enjoy it while you have it. Happy reading!



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March '23 · Page 4



"THE IMMENSE PRODIGALITY OF COLOR" -WITH LYMAN HAFEN AND ROLAND LEE

March 16th, 2023 - 7PM, at the Bumbleberry Inn Theater in Springdale Utah.

Springdale, Utah - Zion Forever Project and Zion Canyon Mesa are proud to present an evening of words and images that will

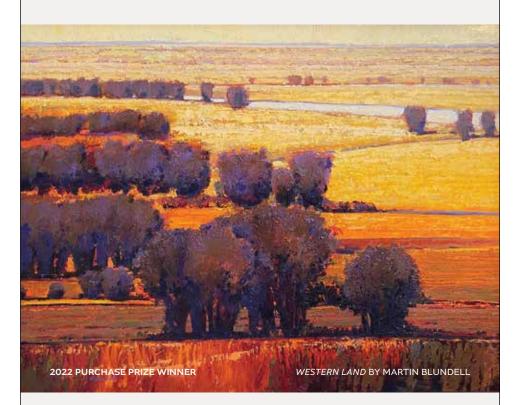


take audiences on a breathtaking journey through Zion National Park. "The Immense Prodigality of Color: An Evening with Lyman Hafen and Roland Lee" will feature the talents of Lyman Hafen, local author and former president and CEO of Zion Forever Project, and nationally recognized artist, Roland Lee.

Together, Hafen and Lee have been working partners for more decades, and on March 16, 2023, they will bring their incredible talents to the Bumbleberry Inn Theater for a free program beginning at 7pm. Through Hafen's words and Lee's art,

THE UT SEARS ART MUSEUM PRESENTS THE 36TH ANNUAL SEARS INVITATIONAL ART SHOW AND SALE

FEBRUARY 19 – APRIL 2, 2023



EXHIBITION HOURS MONDAY - SATURDAY 10 AM - 6 PM SUNDAY 3 PM - 6 PM

the audience will be transported through the stunning landscapes of Zion, exploring the power of both words and images and discussing which has the greater power.

"This is a once-in-a-lifetime opportunity for us honor the beauty of Zion National Park through the power of words and images," said Hafen. "We can't wait to share our love of this incredible place with the community."

Lee added, "We hope that everyone who attends will come away from the evening with a deeper appreciation of the unique and awe-inspiring landscapes of Zion."

ABOUT ROLAND LEE

Roland Lee has become nationally known for his transparent watercolors of the southwest landscape, the pioneer west, and rural European scenes. A signature member of the National Watercolor Society, he devotes full-time to painting from his studio in the historic district of St. George, Utah. Since 1979 Roland has concentrated on the medium of transparent watercolor using no white, black, or opaque paints. A graduate of Brigham Young University, he has exhibited and won awards in over 100 invitational juried shows.

ABOUT LYMAN HAFEN

Lyman Hafen is a native of St. George, Utah. He grew up on the southern edge of what was then a small town and as a boy developed a strong sense of place roaming the broken landscape and listening to the stories his father told. He has written more than a dozen books of fiction and nonfiction and his writing has been honored on several occasions by the Utah Arts Council. He has written and directed three documentary films and he was appointed by Governor Jon Huntsman to the board of directors of the Utah Arts Council.

Don't miss this free event, hosted by Zion Forever Project and Zion Canyon Mesa. Join us on March 16, 2023, at the Bumbleberry Inn Theater, for an unforgettable evening of art and words.

"Zion Canyon Mesa is currently constructing its arts and humanities residency on their twenty-six-acre site above Springdale, and looks to open for residencies this fall. Check out their podcasts: zioncanyonmesa.org"

The Zion Forever Project is the official nonprofit partner of Zion National Park, Cedar Breaks, and Pipe Spring National Monuments. The momentum behind the Forever Project has generated funding, partnerships, and community support from organizations and Park enthusiasts throughout the state and beyond, reflecting the Project's goals to unite park, community, and state partner resources to address visitation and park protection issues. Visit zionpark.org to join in the mission of stewardship for Zion National Park.

STAGE DOOR PRESENTS THE ROCK EPIC, ROCK OF AGES

March 30th through April 15th, 2023 at the Electric Theater.

It's the tail end of the big, bad 1980s in Hollywood, and the party has been raging hard. Aqua Net, Lycra, lace, and liquor flow freely at one of the Sunset Strip's last legendary venues, a place where heart throb Stacee Jaxx takes the stage and scantily clad groupies line up to turn their fantasies into reality. Amidst the madness, aspiring rock star (and resident toilet cleaner) Drew longs to take the stage as the next big thing (and longs for small-town girl Sherrie, fresh off the bus from Kansas with stars in her eyes). But the rock 'n' roll fairy tale is about to end when German developers sweep into town with plans to turn the fabled Strip into just another capitalist strip mall. Can Drew, Sherri and the gang save the strip - and themselves - before it's too late? Only the music of hit bands Styx, Journey, Bon Jovi, Whitesnake and more hold the answer.

This spring is going to be nothing but a good time. The Stage Door is proud to present the rock epic, Rock of Ages. Prepare yourself to be transported back to a simpler time, a time of big bangs, and even bigger rock anthems. Under the direction of our board member, Venny Carranza, this production is sure to please. When paired with the musical talents of Amy Gleave, the

production design of Joshua Scott, the costumes of Tonya

CLEAN COMEDY AT ITS BEST WITH COMEDIAN NICK HOFF

Christensen, and the organizational prowess of Kristen McPhie, you get a team that wants to rock.

Our team is joined by an epic all star cast of local talent. Eric Humphries and Juliet Lorentzen. lead the cast as Drew and Sherrie, respectively. Michael Iorg hilariously narrates the production as Lonny. Josh Scott and Jeremy Posten share the role of club owner Dennis. Dan Fowlks rocks the stage as Stacee Jaxx. Stefenie Frisbie tends to the cast as Justice. Dean Jones and Coy Shinn are the comical German father son duo trying to take over the strip, as Christine France leads the fight against them. They are joined by a powerful ensemble with Ashlie Davenport, Parker Jenson, Marlie Nebeker, Gig Jones, & Tysen Chanticleer.

The show runs from March 30th until April 15th with shows on Thursday, Friday and Saturday at 7:30 PM. In addition, there will be two matinee shows on April 1st and 8th at 2 PM. Tickets are on sale now at thestagedoortheater.com.

At The Stage Door, we hope you get the chance to see something you haven't seen before, to laugh with your whole being, and to

be inspired in your heart. Join us at The Stage Door.

tour, which was not quite so noble a cause. Check out Nick live when he comes to the Heritage Theater in Cedar City on May

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May 11th at the Cedar City Heritage Center Theater and May 12th in Kanab at the Kanab Center. Both shows open at 7 PM.

Presented by Liberty Entertainment, Nick Hoff is a nationally touring stand-up comedian who has been on MTV, co-hosts a weekly show on SiriusXM, and was a featured act in Netflix's Comedy Festival. His debut album "Baby Daddy" hit #1 on the iTunes comedy charts, and his new hour-long special "Front to Back" can be streamed on YouTube.

When he's not on stage, Nick can often be seen in commercials for Miller Lite, Pepsi and Amazon.

Jeff Foxworthy and Larry the Cable Guy, hand-picked Nick to open for them on their critically acclaimed "We've Been Thinking" Tour. He has headlined the "Pink Ribbon Comedy Tour" which made stops in 40 cities doing 65 shows all raising money for breast cancer research. He was also part of the "Walk of Shame" national comedy 11, and again in Kanab on May 12 at the Kanab Center.

In the meantime, you can listen to his weekly podcast "Hoffcast" where he trades stories with comedians, friends, and astronauts, well... one astronaut (so far).

The Heritage Theater is located at 105 N 100 E Cedar City, UT 84720 and the Kanab Center is located at 20 N 100 E, Kanab, Utah 84741.

Check out Nick Hoff on all social media networks, YouTube, or www.nickhoff. com and visit libertyentertainment.live to purchase your tickets!





YOU CAN BE A PART OF THE WASHINGTON COUNTY FAIR By James McFadden

April 14-22, 2023

I remember when I was younger, growing up in southern California, one of the things I always looked forward to each year was the County Fair...

My sister always had something entered through the FFA or 4-H and every year she took home an award. One year she even took home a Grand Champion award for raising a bottle-fed calf.

I always looked forward to the fair,



it was a time to explore new flavors, ride thrilling rides, peruse amazing exhibits, experience new adventures, and hang out with all my friends and make new ones too. One year I even worked at the fair, I lived in a camper on the grounds and even thought I found the love of my life (I was barely 16 or 17 at the time, what did I know!) Boy, were those the days!

Since moving here to southern Utah, our family has kept up the tradition of attending the fair and there is one aspect of the fair I think most people overlook which is, you too can be a part of the fair! Are you an

Artist? Well, you can enter your art into the Art competition and display your work in the Art exhibit! Are you a writer? Again... you can enter your work, your stories, and your visions into the fair's community competition exhibits. Other notable subjects are 4-H, Animal Shows, Field & Crops, Fine Arts, Home Arts, Literary Arts, and Horticulture.

You MUST enter online prior to deadline. Registration closes on April 8th. An exhibitor may enter a total of 25 items in home arts and 10 items in fine arts. The same item duplicated cannot be entered in more than one department. To be considered for any premium money, ALL items must be registered online. Questions? Call 435-634-5706.

Important Dates

Intake days will now be:

Thursday, Apr. 14th from 8 AM to 6 PM Friday, Apr. 15th from 9 AM to 1 PM Wednesday, Apr. 19th from 8 AM to 11 AM (Perishable Items)

Visit washcofair.net for more information and to register your items today.

ST. PATRICK'S DAY EVENTS AND PARADE RETURNS TO SPRINGDALE

Saturday, March 18th, 2023 The 34th annual St Patrick's Day Celebration and Parade is continuing a cherished Springdale tradition after four years on hiatus that celebrates the changing of the seasons in Zion. The event is free to the public, and there will be an array of things to do for all ages. Absolutely everyone who's interested in having a good time is invited!

The rousing event will feature 3hattrio, Tilted Mesa, Wooden Tantrum, and the awardwinning Utah Pipe Band, which has been performing in various iterations since it was founded over 80 years ago by Scottish immigrants. This will be the first St Patrick's celebration without the beloved largerthan-life founder Larry McKown, who sadly passed away just weeks after our last parade almost four years ago. There are plans to honor Larry's legacy with the Larry McKown Spirit Award for the parade float participant that captures the essence

of Larry and his founding vision of St Patrick's in Springdale. Larry also notably founded, among others, Flanigan's Inn and the Spotted Dog Cafe.

Like previous years, the festivities will begin with a 2 PM parade through the Town of Springdale, beginning at the intersection of Lion Boulevard and Zion Park Boulevard and ending at Canyon Springs Road. This is one of the area's most beloved, liveliest, and greenest parades with past entries ranging from painted belly dancers to shamrockbedazzled bicycles to competitive business interpretations of all things St. Patrick.

Following the parade, the celebration continues at the Bumbleberry lawn with an intimate yet spectacular performance by the bagpipers, drummers, and dancers of

the Utah Pipe Band. Rounding out the Celtic theme you can enjoy delicious food and a beer garden by Zion Brewery. Parents can rejoice and relax with the addition of a free kid's zone to keep the younger crowd thoroughly entertained. Festivities will continue

throughout the night as things move indoors at the Bumbleberry Theater with a 7 PM performance

by 3hattrio and local restaurants such as Spotted Dog and Zion Canyon Brew Pub offer their own take on Irish-themed dishes. The St. Patrick's Day tradition

in Springdale has been embraced by locals and visitors alike for its flair and excitement, which can only be enhanced by its indescribable location within the surrounding towering Navajo sandstone walls. Join us and celebrate the beginning of yet another beautiful season in Zion Canyon!



Panguitch City March Events

11th & 25th Panguitch Ranch Sorting 13th & 27th TTP Play Day – TripleC Arena 17th-18th Little Britches Rodeo –

Triple C Arena

24th Team Penning- Triple C Arena 31st TTP 4D Barrel Race

Come Visit Panguitch for a Change of Pace!





March '23 · Page 6



On February 17 new southern Utah band Tilted Mesa debuted at Adria's Restaurant in Kanab, Utah to a sell-out crowd. The band performed for nearly two hours a selection of songs one audience member described as "the best setlist ever!" Drawing from the last six decades of music Tilted Mesa rocked classics such as "Gimme Some Lovin" and "Something's Got a Hold On Me" mixed with a few more obscure but noteworthy songs such as "Colors" from the band The Black Pumas and "Desert Song" by the California-based group The Mother Hips, who have themselves performed in southern Utah numerous times.

"We wanted to pick a few tunes that connected us to our area, so Desert Song was a natural choice, plus we just love the Mother Hips! We also do "Take Me To The River" which seems appropriate for our landscape and region." Said guitarist/singer Josh Warburton, who is the publisher of The Independent.

The band also played a few original tunes and their debut seemed to really impress the crowd with many people cheering and commenting to the band afterwards about how much they liked it and how good it sounded.

"It just seems like the stars aligned for us that night with a packed house, our sound system working without a hitch, and no train wrecks to speak of. You can't always count on any of that." Said Warburton.

Tilted Mesa will perform next at the legendary Bit and Spur Restaurant in Springdale on St. Paddy's Day Friday, March 17 at 6 pm, and then the following day as part of Springdale's St. Paddy's Day celebrations behind the Bumbleberry Theater at around 3 pm.

"We are super stoked to be able to perform at the Bit, and on St. Paddy's Day



nonetheless! They've built this beautiful back area with a stage and a taco truck, it should be a really fun show. And then to play the next day also in Springdale is a treat."

The band will also perform at Blues Katz in St. George on April 29 and Best Friends Roadhouse on May 6.

Tilted Mesa is made up of Warburton, Jessi Cotton on vocals, Josh Baird on keys and vocals, Matt Stewart on bass and vocals, and Jake Hartner on Drums. With the success of their first show the band is looking to bring their classic style and energetic showmanship to an expanding audience at future shows and they are available for parties and events. Contact and follow Tilted Mesa @tiltedmesa on Facebook, Instagram and Twitter.

SO MUCH TO DO AND SEE AT THE CENTER FOR THE ARTS AT KAYENTA

There is never nothing to do if you're a frequent visitor to Kayenta and the Center for the Arts at Kayenta is making sure that remains true. From 3D experiences to Swanky Jazzy music, the Center for the Arts has you covered.

Here is just a taste of what you can enjoy in March!

N O W I S W H E N W E A R E (THE STARS) – March 9th till the 19th

This new, one-of-a-kind, immersive experience comes from the mind of New Yorkbased theater/technology pioneer Andrew Schneider. **NOWISWHENWEARE** (the stars) draws on inspirations as broad as seeing the Milky Way for the first time to installations such as Yayoi Kusama's Infinity Mirror Room and Random International's Rain Room. Tickets starting at \$10.

Jurassic World: Could It Become A Reality? – March 21st

In a remote island in 2015, a theme park exists where spectators watch dinosaurs — animals previously extinct for eons — run wild, free to roam the grounds, and eat up everything (except their human visitors) in sight. There are T-rexes, velociraptors, triceratops, and more, even including a hybrid dinosaur built by the park's scientists to wow fans.

It all sounds like the stuff of fantasy, or more accurately, the plot of a famous film franchise, right? Actually, not quite — although not possible just yet, the crazy events of Jurassic World could happen — someday. Join us as Jerry Harris walks us through if Jurassic World become a reality. Tickets are just \$15. **Coyote Tales - BUSTED –** March 24th

Coyote Tales are live, open-mic style storytelling events with amateur and experienced storytellers. Each event has a theme on which stories are to be based. The theme for this event is: "Busted." Potential storytellers may address that theme in any way they choose. Prior to the event, storytellers craft their true, on-theme story, practice the telling (5 minutes or less), and work on eliminating excess detail to nail the perfect ending. When the doors open, potential storytellers put their name in the hat in hopes of being chosen to share their tale. If chosen, the storyteller takes the stage to delight the audience. Tickets to the show are \$20.

Dee-Dee Darby Duffin And Friends Jazz Band – March 25th

Born in the "Charm City" of Baltimore,Dee-Dee has ben delighting audiences with her mixture of jazz standards, R&B, soul and funk for a quarter of a century. While making sweet sounds Dee-Dee also discovered the acting bug and has performed in countless regional theater productions and discovered her love of jazz while performing to sold out shows in the lead role in Lady Day At Emerson's Bar & Grill for Pygmalion Theater Company in Salt Lake City, Utah. Folks have been lining up to see her ever since. Tickets to the show start at just \$10 per person.

So as you can see, there is plenty of things to experience at the Center For The Arts At Kayenta! Visit www.kayentaarts.com and secure your seats today!



Get \$10 With Every Lift Ticket

All lift tickets come with a \$10 dollar credit, \$25 rental, and a \$100 afternoon adult group lesson! *Available March 1, 2023 - End of Season*



Get yours today at brianhead.com/worlds-best-spring-break



Saturday, March 11, 2023 at Frontier Homestead State Park

Cedar City, UT- Join us for a trip back in time as we explore wool, from Sheep to Shawl. Frontier Homestead State Park, in partnership with the Sagebrush Fiber Artisans, will allow participants to journey through the step-by-step process of taking wool from the sheep's back to yours. Join us from 10 AM – 4 PM to have fun with the whole family. Sheep will be attending as well to give visitors the opportunity to touch and feel before and after their annual haircut. Shearing demonstrations will be given once per hour starting at 10:30 AM, with the final shearing at 3:45 PM.

Demonstrations will include shearing, washing, carding, spinning, dyeing, and weaving. Come enjoy the demonstrations and visit with our talented craftspeople. Cost is \$2.00 per person or \$8.00 per family. Friend's Group members are free with membership card.

Discover the pioneer and early industrial history of Cedar City, Iron County, and southwest Utah through an extensive horse-drawn wagon collection, historic buildings, Native Heritage exhibit, sawmill, and replica blast furnace. Enjoy many hands-on activities and interpretive programs throughout the year, including Sheep-to-Shawl, Iron Mission Days, and festive seasonal events throughout the year.

Frontier Homestead State Park Museum tells the story of development in Iron County when in the 1850's, Brigham Young sent Mormon missionaries here to mine and process iron. Museum displays include horse-drawn vehicles used from 1850 to 1920 and a collection of pioneer artifacts. An iron industry exhibit features the only known remaining artifact from the original foundry - the town bell.

This living history experience is hosted at Frontier Homestead State Park Museum, located at 635 North Main Street in Cedar City. Call 435-586-9290 for more information.

Frontier Homestead State Park - Where history becomes YOUR story.

CAPTURING THE LIGHT AT THE RED **CLIFFS GALLERY**

Open to the public until March 23, 2023.

The Southern Utah Art Guild invites the public to its "Capturing the Light" art show. About 200 artworks from over 77 local artists will follow the show theme of capturing the light. Artwork includes paintings, pastels, mixed media, photography, and 3D.

Remaining dates of the show are free and open to the public. The artwork is available for purchase at the gallery. The exhibit continues through March 23.

Red Cliff Gallery's regular hours are Monday through Friday from 9 AM-5 PM and Saturday 12-4 PM. The gallery is operated by the Southern Utah Art Guild, which supports local artists and the cultural growth of the community at large. The guild is partially funded through grants by the City of St. George, Washington County and the state of Utah. The show is being held at the Red Cliff Gallery, 220 N. 200 E. in St. George.



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March '23 · Page 8



**** - Amazing!
**** - Good
*** - Decent
** - Poor
* - Terrible

THE INDEPENDENT MOVIE REVIEW By Adam Mast COCAINE BEAR (R)

Attempting to write a review on a movie with the title "Cocaine Bear" feels almost pointless. I mean...How does one do that? Sharing an opinion on a gleefully selfaware film like this is sort of like trying to review "Snakes on a Plane" or "Sharknado." Even the title of this movie is so on-thenose, you pretty much know what you're in for when you buy a ticket and for a lot of viewers, that will be enough. That said, this is a review, so...I'll do my best to properly convey my personal thoughts where it pertains to this high-concept, 1980sset movie from director, Elizabeth Banks ("Pitch Perfect 2," "Charlie's Angels"), without sounding like a total killjoy.

Loosely based on a true story (the operative word being "loosely!"), "Cocaine Bear" finds a handful of various colorful individuals having run-ins with a massive black bear in the middle of the woods. But this isn't just any black bear. No, this crazed wild animal has consumed a large amount of cocaine. Where this cocaine came from isn't particularly relevant only to say that there's so much of the white stuff, that said bear has developed a real taste for it. The individuals that come into contact with this animal include a mother (Kerri Russell) looking for her lost-in-thewilderness daughter (Brooklyn Prince), an affable drug dealer (O'Shea Jackson Jr.) and his emotionally distraught best friend (Alden Ehrenreich), a gangster (the late Ray Liotta) looking to get his product back, an at-the-end-of-his-rope police officer (Isaiah Whitlock Jr.), an out-to-prove-herworth park ranger (Margo Martindale), and a trio of hooligans (Aaron Holliday, J.B. Moore, and Leo Hanna) who spend their days causing mischief amongst visiting tourists and the locals.

As you probably gathered by the title and synopsis, "Cocaine Bear" is a comedy. It certainly has horror elements but...It's more interested in making viewers laugh by way of random (and ridiculous) humor and a journey through the absolutely absurd. Disappointingly, though, as was the case with Willow in the recent Disney+ series of the same name, the bear in question often feels more like a mere supporting character in what's supposed to be her own movie. This is to say that Banks is often more interested in shifting the action back and forth between a handful of colorful individuals who each have their own little missions to accomplish. This might have paid off to a stronger effect had all of these characters brought the funny at a quicker clip and had there not been so many of these characters to speak of.

Of the individuals we meet throughout the film, it's Ehrenreich, Martindale, and Whitlock Jr. who fare best. At the very least, they have the funniest bits in the movie. A generally delightful Russell is given very little to do in this picture and that's disappointing because she's quite a talent. Likewise, the late, great Liotta is also squandered. He's charismatic to be sure but rather than exploiting what could have been a funny ongoing gag in which his gangster, Syd, must take care of a youngster back home, Banks and her screenwriter Jimmy Warden opt to bring him to the woods in the final act in an effort to aid others in pursuing the bear at the heart of the plot, and honestly, it's a rather routine and uninspired direction to take this particular character.

Listen, I'm a Banks fan. I love her personality and I love her energy and it would stand to reason that both of these attributes would make for a goofy comedy that's as endearing as it is silly. Sadly, that's not really the case here. There are a couple of entertaining set pieces, including a zany one involving an ambulance, but despite the buzzed-about title, "Cocaine Bear," this movie is not as consistently funny as one might hope. The movie does tend to lull a bit and many of the gags don't land. What's more, there are simply too many characters, most of whom don't really contribute a whole lot to the film, overall.

It should also be noted that "Cocaine Bear" isn't quite as bonkers as that biggerthan-life title would suggest and honestly, it meanders more than it engages. Beyond that, the CG nature of the bear itself and the cartoony gore effects drain the attack scenes of tension. I get this is a comedy and that's by design, but had this thing had more of a visceral kick with the bear attacks it might have taken things up a notch. That approach certainly worked for horror/comedy masterworks like "An American Werewolf in London."

In "Cocaine Bear," the proceedings play a little more like "Yogi Bear" if Yogi had a craving for blow rather than picnic baskets. For some, I suspect the very idea of that will be enough to take this film to cult status but for me personally, it just wasn't consistently funny enough. In the end, this movie's strongest attributes are its title, a few bright spots amongst the cast, and a lively soundtrack featuring Devo frontman Mark Mothersbaugh at the helm.

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Trails: Entrada Canyon Trail and Carmel Canyon Loop Trail

Location: Goblin Valley State Park, Utah Difficulty: Each hike is easy. There is a short steep section at the beginning of Entrada Canyon Trail and almost all the trail is narrow at the bottom of a natural drainage comprised of hardened mud. The last section of Carmel Canyon Loop is somewhat steep with rock scrambling through a narrow canyon. Carmel Canyon is not well marked, with some trail markers knocked down, and several user trails leading in different directions. Follow the rock cairns.

Average hiking time: Less than one hour for Entrada Canyon Trail and about one hour for Carmel Canyon Loop Trail. Both at a leisurely pace with many photo stops.

Elevations: Entrada Canyon Trail, 4,933 feet trailhead elevation with less than a 100 feet elevation change. Carmel Canyon Loop, 4,893 feet trailhead elevation with about an buttes and a valley of strange shaped rock formations surrounded by a wall of eroded cliffs. Chaffin returned in 1949 and spent several days exploring the area he called Mushroom Valley.

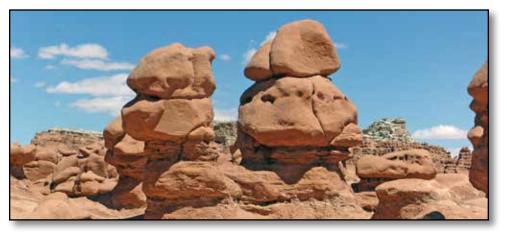
Despite its remoteness publicity attracted visitors to the valley. In 1954 it was proposed that Goblin Valley be protected from vandalism. The state of Utah later acquired the property and established Goblin Valley State Reserve. In 1964 it was designated a state park.

For our first exploration of Goblin Valley State Park, we chose two easy hikes, representative of the entire area. The first, Entrada Canyon Trail is a 1.2 mile one way (you can go out and back) hike featuring interesting goblin formations on the rim of a dried mud drainage. The second, Carmel Canyon Loop Trail, 1.5 miles long, features more perspectives of the goblins and a short colorful narrows section.

Our adventure began on a late April morning. Before leaving Deb and I explained to Bob and Willa, our cats, that we would be gone overnight and under no circumstances were they to have some crazy cat conclave while we were gone.

The Entrada Canyon Trailhead elevation is 4,933 feet, the temperature was in the mid-60s, and the sky, of course, a deep Utah blue. There is less than a 100 feet elevation change during this easy hike which took us less than one hour.

There is a short steep section at the beginning of Entrada Canyon Trail and the



85 feet elevation change.

Family friendly: Yes, although probably a bit much for very young kids. Dogs are allowed on a leash.

Getting there: From St. George head north on Interstate 15. About 117 miles later (the mileage depends upon your exact starting point) take Exit 132 near Sulphurdale onto Interstate 70/Highway 89 (which later become Highway 50) going east. Stay on Interstate 70 for approximately 148 miles and exit the Interstate via Exit 149 onto State Highway 24 going south. Remain on Highway 24 for 24 miles and then turn right (west) onto Temple Mountain Road. After five miles turn left (south) onto Goblin Valley Road. Almost seven miles later is the park entrance station and visitor center. After paying your fee and examining the displays at the center, drive past the entrance station for .4 mile and turn right toward the campground. About .1 mile past the intersection, make the second left turn (the first left goes to the group campsite) into the campground. Unless you have purchased a campsite, the only place to park is in front of the bathrooms. Park there and walk back to the group campsite. The Entrada Canyon Trailhead, marked with a sign, is on the trail tracks south and a little east following a natural drainage. About ¹/₄ mile in, we passed a service road leading to bike trails. The entire trail past that intersection is a narrow track at the bottom of a hardened mud drainage. Most of the way, goblins are peering down on you from the rim of the mud walls. It is an easy climb to the rim of the walls, and we took many photos of the goblins.

At the end is a short uphill section to the Goblin Valley Observation Point and parking area. Here most hikers turn around for the return trip. We took a break before our next hike to explore Goblin Valley directly below the Observation Point—an amazing sight. There are literally hundreds of hoodoos and rock formations of all sizes and shapes—the goblins. Most park visitors do not hike the trails, but come directly to the Observation Point, walk down a series of steps, and wander around the goblins.

After communing with the goblins, we proceeded to the Carmel Canyon Trailhead located at the northeastern end of the parking area. The trailhead elevation is 4,893 feet with about an 85 feet elevation change during the hike. This is an easy 1.5 miles loop trail and we started in a counterclockwise direction heading northeast. Beware that Carmel Canyon Loop Trail is not well marked, with some trail markers knocked down, and several user trails leading in different directions. Follow the rock cairns. In addition to goblins and other formations, the end of this hike features a short section of somewhat steep colorful narrows requiring some rock scrambling. We finished the hike returning to the Observation Point (it is a loop hike) in about one hour. We then headed back along a paved road to the Entrada Canyon Trailhead and campground and our vehicle. The road passes close to the famous Three Sisters formation and we got some good photos. Since it was a long drive home, about four hours, we spent the night in Green River, about 45 miles from the park. In 2019 Green River had a population of 856. It is a pleasant town straddling its namesake, the Green River, and alongside Interstate 70. Virtually everyone must work in motels, there at least ten in the town, and eateries. While other Utah national and state parks receive more visitors and press coverage, don't assume Goblin Valley State Park is something to bypass. It is isolated and receives some visitors, but sans massive crowds. Its' weird goblin inhabitants make it a worthwhile trip.

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southeast side of the entrance.

Looking for that desert playground with goblins being the most prominent feature? We were and Goblin Valley State park in south central Utah fit the bill.

Encompassing only 3,654 acres, Goblin Vallev State Park became an established state park in 1964. It features amazing red sandstone formations, many resembling animals, faces, and portals to alien worlds. The stone formations of Goblin Valley result from millions of years of geological history. The most famous structures are thousands of pinnacles or hoodoos, referred to as goblins. These are formations of mushroom-shaped rock pinnacles, some as tall as several yards. The distinct shape of these formations results from an erosion-resistant layer of rock atop a relatively softer sandstone. Time and the forces of nature-uplift, wind and water erosion created the forms we see today. It is an alien landscape on good old earth.

While Native Americans left their mark in Goblin Valley in the form of petroglyphs, the first Americans to view the valley are believed to be cowboys searching for lost cattle. In the late 1920s, Arthur Chaffin and two companions were searching for an alternate route between Green River and Caineville. They came to vantage point and were awed by what they saw—five

March '23 · Page 9



the Clean the Darn Air (CTDA) initiative. It's an initiative to help deal with air quality



problems—current and future—and set Utah on a cleaner path. Citizens in this state have the right by law to run initiatives and get them on the ballot for voters. State code requirements have made it very challenging for

citizens to have a voice in this manner, but the CTDA team is working hard to make it happen.

The hearings—seven statewide—were scheduled based on information from the state concerning when the state would finalize their fiscal review of the initiative. Only after state review could hearings be held and signature gathering begin. The final initiative hearing was in St. George on February 12—Super Bowl Sunday. Although people grumbled about it being held on Super Bowl Sunday, there was standing room only.

The initiative proposes to eliminate the tax on grocery store food and put a tax on carbon instead. With fossil fuels being the main cause of the pollution currently in the Salt Lake area-pollution NOT haze, as newscasters like to say-and our area prone to the same with projections that we will grow to nearly 500,000 residents in twentyfive to thirty years, this initiative deserves to go to voters. We are a constitutional republic, as was noted at the hearing by many in attendance who oppose the initiative. That does not mean that this initiative is not worthy of a vote. Nor does it mean that this state's constitution does not support such an effort. In fact, the state constitution (Article VI, Section 1) says that the "Legislative power of the State" belongs jointly to the state legislature and to "the people of the State of Utah" through the ballot measures process.

There was a lot of talk about freedom from taxes at the hearing. People seemed to ignore the fact that we are eliminating a regressive food tax, not adding another burden. Like the impact of the food tax, the carbon tax will increase as time passes, but that's in an effort to have less carbon-miles driven, which is reasonable given that the air quality problem is the result of excessive driving of internal combustion engine (ICE) vehicles. As the population of this state increases, if we don't reduce the effects of ICE vehicles, we will just continue to have more problems: not just in Northern Utah but here and elsewhere, too.

I get that people don't want to pay taxes. Heck, I don't like paying taxes either, but more than that I don't like breathing crappy air or having my loved ones breathe it. I made the point at the meeting that for those who want their children, grandchildren, elderly and other loved ones to breathe harmful air, that's their choice-that's freedom. But all Utahns should have the chance to vote on this initiative. To take that choice away from other citizens is not fair nor in keeping with our Constitutional Republic. Are we trying to encourage people to drive fewer ICE vehicles? Yes. But that's a choice people will have. If they continue to drive ICE vehicles many miles and at high speeds, they will pay more. But that's choice, folks. That's freedom of choice. Yes, ICE cars are polluting less than before as was mentioned at the hearing, but that's not enough to solve the problem. Some at the meeting asserted that people can and should be good stewards of our environment without government force. I agree with that, but this is not government force. It's the people having a chance to vote on doing something that will benefit all, especially those they love. This is government "by the people." Again, this is not about supporting northern Utah just to clean up their bad air. A peer-reviewed study by a BYU interdisciplinary research team revealed the level to which air pollution is harming not only the health of those

in heavily-polluted areas but our state's economy, too. That economic impact affects all of us no matter where we live in Utah.

Take the Olympics as an example of how air quality can hurt us economically. Currently, Salt Lake City is vying to host winter Olympics in either 2030 or 2034, whichever year the International Olympic Committee chooses. But dismal air quality in the Salt Lake area could reduce the number of people willing to spend lots of money to attend the games. Nearly 80% of Utahns support hosting the Olympics according to a University of Utah Hinckley Institute of Politics poll. Was air quality an issue during and leading up to the 2002 Winter Olympics in Salt Lake? I don't know and can't find any information regarding that, but it certainly could be this time around.

In January of this year, Salt Lake City had the worst air quality in the nation and 18th worst in the world. What effect could that have on attendance at the winter games should Salt Lake City's bid be successful? We have seven to eleven years, depending on the IOC's decision, to improve that air quality.

The 2002 Winter Olympics themselves turned a profit of about \$100 million after the state was paid back for Olympic facilities investments. Those facilities are now in place and Salt Lake is ready to host again. A 2018 analysis by the University of Utah's Kem C. Gardner Policy Institute valued the 2002 Olympics economic impact at more than \$6 billion, after spending \$2.5 billion in preparation.



Approving this initiative, getting it on the ballot, and passing it hold great promise for not only cleaning our air but improving Utah's economics, too.

So, back to the hearing. There were those who pointed out problems with EVs. Specifically, mining of precious metals, such as lithium and cobalt, needed for manufacturing EVs is causing problems such as slave labor in Africa and water right challenges in the "lithium triangle" of South America, where indigenous and rural communities are struggling to fight the industry's demand for water and land. I understand and agree that we have challenges with this, but that does not diminish the challenges and costs we already face with climate change. According to NOAA it is costing the U.S. trillions of dollars. In 2021 alone there were twenty separate billion-dollar weather and climate disaster events across the United States with a total cost of \$145 billion, the third most costly year on record behind 2017 and 2005. The 323 weather and climate disasters since 1980 have cost the United States us! - over \$2.195 trillion, and the costs are going up.

I also wonder if the people who expressed concerns about the slave labor for EV minerals would be as concerned if the slave labor did not have to do with what they view as a political issue. Are these folks equally concerned about and working to stop slave labor in industries such as clothing, agricultural, domestic work? Are they buying products produced by Nestle and Starbucks?

UTAH CONTINUES TO LEAD THE NATION By Howard Sierer

Utah continues

recently,

growing

hours.

K-12

to set the standard

for the country in

a number of ways:

economy, our low

unemployment, our

and our freedom-

most

volunteer

to-choose

our



education.

Once again, Wallet Hub ranked Utah as the best state in the union to start a business. Our combination of skilled workers, access to financing, and affordable office space, along with 24 other key indicators, make Utah "the most fertile ground in which to launch and grow a business."

Moody's Analytics calls Utah "a state that has been growing very quickly, adding residents at one of the fastest rates in the nation for a while, absorbing them into new jobs in high-wage, white-collar industries like tech and finance."

Business thrives where state governments promote economic freedom. Utah's total employment has grown by 6.7% from its pre-pandemic level, second only to Idaho. Both states are havens of economic opportunity.

Compare this to states where progressives continue to impose new taxes, costly regulations, and mandates. New York's total employment is 2.8% below its pre-pandemic level; Illinois is down 0.7%, and California is down 0.5%. As a result, businesses, their owners, and their employees continue voting with their feet, emigrating to freedom and opportunity.

Utah had the lowest unemployment rate in the country at 2.2% in December, according to the U.S. Department of Labor. Over a dozen states had unemployment rates below 3% at the end of 2022, but none as low as Utah. Our state also had the second-highest voluntary quit rate, reflecting workers landing new and better jobs.

The federal government's Volunteering and Civic Life in America website once again ranks Utah as the national leader in volunteer service. More than 999,000 Utahns volunteered through organizations, contributing an estimated \$2.7 billion in economic value to the state. In addition, more than 1.4 million Utahns informally helped neighbors during the height of the pandemic.

Utah First Lady Abby Cox's "Show Up" initiative emphasizes volunteer service. Announced two years ago, it focuses on four areas where volunteer service can make a major contribution: helping students and teachers learn life skills, supporting foster children and families, expanding the Special Olympics, and creating new service opportunities.

Cox says, "Volunteerism isn't just what we do — it's who we are." Her initiative is intended to complement UServeUtah, the State's Commission on Service and Volunteerism.

I've long championed charter schools and am thrilled that Utah has joined 11 other states in enacting educational spending accounts that allow state K-12 funding to follow the student, not the school district. Utah's implementation is more than vouchers, which only can be used at a charter or private school. In addition to these choices, Utah families can opt to use their spending accounts for homeschooling, tutoring, or homeschool supplies.

Utah's bill makes \$8,000 ESAs available to every student. There's no income cap on families who can apply, although lowerincome families receive preference, and the program is capped at \$42 million.

Since state funding follows the child and not the school system, the intent is to empower parents rather than the unions and education bureaucracies that have dominated school governance and all too often cater to teachers rather than students. A painful example is the shuttering of schools during the pandemic when children were at little risk.

I'm pleased to reaffirm that Utah continues to be the best-governed state in the union.





There's more to say about the hearing and the comments made. Suffice it to say, however, that citizens should just go to https://www.cleanthedarnair.org/ to learn more themselves and consider the benefits this holds for our state and our health.





Multi-Day Events

To get your event in our Free Calendar of Events log on to suindependent.com. Limit one free listing per day or date per organization

GODSPELL - 2012 REVISED VERSION Mar. 2-4, 7:30 PM. A small group of people helps Jesus Christ tell different parables by using a wide variety of games, storytelling techniques, and a hefty dose of comic timing. An eclectic blend of songs, ranging in style from pop to vaudeville. Godspell is a show about the formation of a community through messages of kindness, tolerance, and love. Tickets \$10. Purchase at www.dixiehighflyers. com. Dixie High School Auditorium, 350 E. 700 S., St. George.

THE DROWSY CHAPERONE Feb. 23-Mar. 4, 7:30 PM. Winner of five Tony Awards, including Best Book and Best Original Score, The Drowsy Chaperone is a loving send-up of the Jazz Age musical, featuring one show-stopping song and dance number after another. Musical! Comedy! Free admission! Utah Tech University - Eccles Mainstage Theatre, 225 S. 700 E., St. George.

DONKEY JAMBOREE 2023 March 4, and 9, 11 AM. Come join the Donkey Jamboree. Eureka Casino Resort, 275 Mesa Blvd., Mesquite.

SO U COMEDY THEATER Mar. 3, 18, and Apr. 1, 7 PM. Our main show is our IMPROV! show. Our performers get suggestions from you, the audience, that we use to inspire hilarious scenes and characters made up right there on the spot. Every show is unique! We do a family-friendly show at 7 pm and an uncensored show at 9 pm. Dixie Convention Center, 1835 S Convention Center Dr, St. George.

SOUTHWEST SYMPHONY ODE TO JOY BEETHOVEN'S NINTH SYMPHONY Mar. 3-4, 7:30 PM. Experience the epic power and timelessness of one of the supreme achievements in music history when Maestro Lucas Darger leads the Southwest Symphony, Lieto Voices, and professional soloists in Beethoven's monumental Ninth Symphony. Cox Performing Arts Center, 325 S. 700 E., St. George.

ZION CANYON NATIVE FLUTE SCHOOL Mar. 6-9, 9 AM. The Native Flute School is a four-day intensive, but the registration is reasonably priced. The school has four tracks for the newest beginner to the seasoned advanced master player, plus a special track focused on the Anasazi Flute. We will also include the Didgeridoo. Zion Canyon National Park, 1127 Zion Blvd., Springdale.

THE TABERNACLE EXPERIENCE Mar. 11-21, 9 AM. Everyone is invited to tour a life-size replica of the ancient tabernacle and learn about its modern-day significance. Admission is FREE, but tickets are required. For information and to reserve your free ticket, visit tabernacleutah.com. The Church of Jesus Christ of Latter-day Saints Stake Center, 61 N. 900 W., Cedar City.

"NOWISWHENWEARE" (THE STARS) Mar. 9-19. 4 PM. This is an interactive theatrical installation that pushes this idea to its literal extreme. This ambitious project, with nearly 4,000 individually reactive LEDs and a 496-channel sound system, envelops each participant. The stars is an invitation to engage and become an active explorer - discovering the traces of yourself in light, the universe, and those who have been here before us. Kayenta Center for The Arts, 881 Coyote Gulch Ct, Ivins.

THE GUILD "CAPTURING THE LIGHT" ART SHOW Feb. 17-Mar. 23, 9 AM. The Southern Utah Art Guild's "Capturing the Light" Art Show will feature many local artists in Southern Utah. Admission is free to the public. Red Cliff Gallery, 220 N. 200 E. in St. George.

SAINT GEORGE HOME EXPO Noon. FREE ADMISSION. Explore the latest in home improvement, remodeling, outdoor living, and more! Meet with local contractors and remodeling experts and expect to be inspired. Fri. 12-8 PM. Sat.10 AM-6 PM. Dixie Center, 1835 Convention Center Dr., St. George,

SEARS INVITATIONAL ART SHOW & SALE Feb. 19-Apr 24, 4 PM. Utah Tech University and Sears Art Museum hosts its prestigious Robert N. and Peggy Sears Invitational Art Show & Sale. We proudly showcase over 100 artists from all over the West and more than 200 traditional, contemporary, and sculptural pieces of artwork. Eccles Fine Arts Center, S. 700 E., St. Georae.

March '23 · Page 10

BULRUSHER PERFORMANCE Mar. 9, 11, and 13. 7:30 PM. Doors Open at 7 PM. Eileen and Allen Anes Studio Theatre, 101-199 W University Blvd., Cedar City.

CVHS: MACBETH Mar. 22, 23, 24, and 27, 7 PM. Come out and support local high school students and their performance of a Shakespeare classic with an added twist! Canyon View High School, 166 W. 1925 N., Cedar City.

AMERICA ON STAGE DANCE COMPETITION Mar. 24-25, 7 AM. St George Spectacular Dance Championships. Dixie Center, 1835 Convention Center Dr., St. George.

PAROWAN SWAP MEET March 24-25, 9 AM. Open until 5 PM. For information call the Parowan Visitor Center at 435 477-8190. Iron County Fair Grounds, E. Clinic Wy., Parowan.

ST. GEORGE AREA CHAMBER OF COMMERCE ELEMENT AWARDS Mar. 31-Apr. 1, 6 PM. Honoring 15 Outstanding Women of Achievement in Washington County St. George Area. Chamber of Commerce, 136 N. 100 E., St. George.

ROCK OF AGES Mar. 30-Apr. 15, 7:30 PM. Rock of Ages takes you back to the time of big bands with big egos playing big guitar solos and sporting even bigger hair! This Tony Awardnominated Broadway musical features the hits of bands including Night Ranger, REO Speedwagon, Pat Benatar, Twisted Sister and more. The Electric Theater, 68 E. Tabernacle, St. George.

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DIXIE POWER KITE FESTIVAL 10 AM. Dixie Power Kite Festival partnered with Washington County School District Foundation to bring a great community event to Southern Utah. Reading charts are sent out in January to all elementary students, K-5. Utah Tech University, St. George.

SAINT GEORGE ART FESTIVAL April 7-8, 10 AM. The St. George Art Festival prides itself on being a world-class family-friendly event. In the City of St. George you can find live music, theatre, dance performances, art shows, and countless museums. At the Art Festival these arts areas come together for a truly unforgettable weekend. Town Square, 50 S. Main St., St. George.

THE SPITFIRE GRILL April 7-8, 7 PM. Based on the hit 1996 film, The Spitfire Grill is a heartwarming and inspirational musical tale of redemption, perseverance and family. Set in a small Wisconsin town, the show features a gorgeous, soulful score. Rating PG-13. Hurricane Fine Arts Center, 92 S. 100 W. in beautiful Hurricane Iltah

TERRY WAYNE PROJECT - CASABLANCA Mar. 3-5, 7 PM. Showtimes may vary. R&B, funk, dance, oldies, and classic rock. Free admission. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

THE RIDE AT CASABLANCA Mar. 8-12, 7 PM. Showtimes may vary. Singing a great variety of classic rock. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

GLEN GALLARDE - ASABLANCA Mar. 15-19, 7 PM. Showtimes may vary. Former Star Search vocalist Glenn Gallarde and the band, specializes in bringing a show of Top 40's. Dance and all Rock Anthems of the 60's 70's 80's 90's and to the present day. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

PETERSON GREGG BAND AT CASABLANCA Mar. 22-26, 7 PM. Showtimes may vary. Classic Rock, Variety, and dance band. Free. 21 or older. 950 W. Mesquite Blvd. Mesquite.

KID & NICK SHOW AT CASABLANCA Mar. 29-Apr. 2. 7 PM. Showtimes may vary. A fun, high-energy. interactive variety musical group. Free admission. 21 or older. 950 W. Mesquite Blvd., Mesquite.

KARAOKE WITH "GAYLE LOUISE" 5 PM. KaRaOkE Funnnn! with "Gayle Louise" Tuesday's and Wednesday's (702) 345-6747. PEGGY SUE'S DINER. 380 N. Sandhill Blvd, Mesquite.

Events by Day MONDAYS

STORY TIME WITH GRANDPA STEVE 10 AM. Washington County Library System, 88 West 100 South, St. George. TUESDAYS

MAKE ART TUESDAYS 11 AM. Everyday is better when you make art! Join us every Tuesday from 11-Noon to create unique projects that you can take home. St. George Children's Museum, 86 S. Main St., St. George.

STORY TIME AT WASHINGTON BRANCH 11 AM. Washington County Library System, 220 N. 300 E., Washinaton.

THE GRACEFUL WOMAN 6:30 PM. Tuesday nights are now open to Women of all ages for a wonderful night of specialized teachings to empower, uplift, heal, strengthen and teach. Kundalini Yoga offers unique, transformative guidance for women to stay healthy both in body, mind and heart. Pregnant mommas are welcome, teenagers welcome, young and old are welcome! Fruit and Yogi Tea will be served after class. Bring your girlfriends, your daughters, your aunts, your mother and grandmother. By Donation \$5-\$11.Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

FRONTIER HOMESTEAD: CHILDREN'S STORY TIME 10 AM. Every Tuesday morning a Ranger will read a frontier-themed story and have fun with a corresponding take-home activity. This program is offered free to the public with help from the Visit Cedar City. Brian Head and is recommended for preschool-aged children. Admission is FREE. Frontier Homestead, 635 N. Main St., Cedar City.

WEDNESDAYS

STORY TIME WITH MRS. MANN 10 AM Washington County Library, 88 W. 100 S., St. George.

STORY TIME AT HURRICANE LIBRARY AM. Washington County Library System, 36 S. 300 W., Hurricane.

GAMER CLUB 3 PM. Teens and 'tweens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

ENOCH: FARMERS MARKET 4 PM. Come for live music, jump house, face painting, and more. Find some beautiful, original, and unique items for your loved one, all the crafters and artisans are local and everything is handmade by them. The PEACE Guild - Text: 435 704-6916, 780 Midvallev Rd., Enoch.

KARAOKE AT BEAVER DAM BAR 5:30 PM. Every Wednesday with Gayle Louise (SAME TIME as Mesquite) (435) 229-9725. 411 Co Hwy. 91, Littlefield.

BINGO WEDNESDAY AT THE GRILLE 6-8 PM. Free. There will be prizes given to all the winners. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

SINGER'S CLUB LIVE 6 PM. Open mic, sing, guitar, or grand piano. Facebook "Singer's Club" like our Facebook and watch the livestream every Wednesday night. Contact us if you want to perform. Gentry Music & Arts, 771 S. Bluff St., St. George.

THURSDAYS

SUNRISE ROTARY 8 AM. Meets every Thursday at Scotty's Restaurant at the Falcon Ridge Golf Course. e contact: Deb Parsley debparsley@kwcom. Falcon Ridge Golf Course, 1024 Normandy Ln., Mesquite.

MUSIC TIME WITH MARLENE 11:30 AM. Join Marlene in our Theater Room every Thursday for music, prizes, and dancing! St. George Children's Museum, 86 S. Main St., St. George. TOPS (TAKE OFF POUNDS SENSIBLY) 4 PM.

Support group helping you focus on making small, steady lifestyle changes with "Real People-Real Weightloss. Call (435) 669-7172 or visit www.tops.org Pioneer Museum, 145 N. 100 E., St. George.

DESERT COMMUNITY STRINGS AND NEW HORIZONS STRINGS 5:30-7:30 PM. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings.org Basement of St. George Medical Building, 736 S. 900 F. St. George

KARAOKE B-I-N-G-O! 6:30 PM. Karaoke B-I-N-G-O! with "Gayle Louise". Two ways to win! Not based on talent. SING-PLAY-WIN! "KORAL KAFE Might As Well Lounge" (435) 627-6262. 2400 N. Town Center Dr., Washington,

JOYFUL YOGA 6:30 PM. An all Levels, all Ages class for anyone and everyone! Yogi tea and fresh fruit served after each class. By donation. \$5 to \$11. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

KARAOKE NIGHT AT SAND HOLLOW **RESORT** 7:30 PM. Every Thursday night. Located in the Grille. Prizes available. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

FRIDAYS

OFF THE CUFF 8 PM. Off the Cuff Off the Cuff Comedy Improv is held every Friday. Tickets are \$10 and advance tickets are available for purchase at otccomedy.com. Off the Cuff Theater, 913 S. Main St., Cedar City.

MOMS 'N TOTS PLAYTIME AT HURRICANE

11 AM. Washington County Library System, 36 S. 300 W., Hurricane. **CRAFTIVITY** 11 AM. Join in this creative activity every Friday where together, guests and volunteers work to make easy, fun, and educational crafts for themselves and their families. Free to members or paid admission St. George Children's Museum, 86 S. Main St., St. George.

SATURDAYS

ST. GEORGE FARMERS MARKET 8 AM. The Farmers Market at Vernon Worthen Park is a free event, held every Saturday, from 8 AM, to 12 noon. The event is held every Saturday through the end of December. Vernon Worthen Park, 300 S. 400 E., St. George.

BEST FRIENDS GENTLE YOGA 9 AM. Join us for a 45-minute gentle yoga class for all levels and ages at Best Friends Roadhouse and Mercantile Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab,

CEDAR CITY FARMERS MARKET 9 AM.-1 PM. Come for the farmers, food, and artisans as well as drawings, hingo and more! For information visit them on Facebook Cedar Saturday Market, or call Nancy (435) 463-3735. IFA, 905 S. Main St., Cedar City,

TUACAHN SATURDAY MARKET 9 AM. A fun craft festival set in a beautiful and scenic canyon. Every Saturday morning we have live entertainment, crafters, vendors, food and fun. In the event of rain, we cozy up under the cover of the Tuacahn Amphitheater plaza. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

FESTIVAL CITY FARMERS MARKET 10 AM. Every Saturday behind I/G Winery. Free admission. The Festival City Farmers Market offers the bounty of local farmers and backyard gardeners who grow organically year-round. Come and support local farmers by buying fresh and local year-round. Shop locally produced and grown fruit, vegetables, cheese, jam, bread, eggs, honey, farm products, and more. 45 W. University Blvd./Center St., Cedar City.

MONTHLY LAWNMOWER RACES 10 AM. The first Saturday of each onth starting at 10 AM Arizona time, and joining in for karaoke four nights a week, Wednesday through Saturday, beginning at 5 PM at the Beaver Dam Bar. 411 N. Old Hwy. 91, Littlefield.

TAI CHI DRAGON QIGONG AT SANTA CLARA LIBRARY 10:30-11:30 AM. Full-body energetic healing. Admission is free. No experience needed. Tai Chi Dragon Qigong is good for all ages and all levels of health and mobility. Santa Clara Library, 1099 N. Lava Flow Dr., Santa Clara.

TINKER LAB 11 AM. Tinkerlab is the museum's newest weekly class offered to museum quests. In this class kids will get the chance to experiment, and learn new skills. Tinkerlab activities will normally be crafted for groups ages 5+, but all are welcome to come "tinker" with us! Tinkerlab will be held on each Saturday of the month. Participation is included with your admission price. St. George Children's Museum, 86 S. Main St., St. George.

SATURDAY MOVIE MATINEE AT ST. GEORGE LIBRARY 2 PM. Washington County Library System, 88 W. 100 S., St. George.

COLE SHERRATT 5 PM. Cole Sherratt is a pop, rock, and R&B musician entertainer, show producer, songwriter, and vocalist who is based in Las Vegas. Nevada. He's been featured on HBO. NBC Sing Off Live Tour, seen routinely at MGM and Caesars casino properties and has toured internationally with Disney, Norwegian Cruise lines, spirit productions, and AMResorts. Bumbleberry Theatre, 897 Zion Park Blvd., Springdale.

Events by Date

Fri, March 3

CEDAR CITY STAR SEARCH 7 PM. Come see talented locals compete for prizes in each age division and category. Admission is FREE; tickets are required. Additional information and applications can be found at cedarcity.org/starsearch. Heritage Center Theater 105 N. 100 E., Cedar City.

SPRING SHOWCASE 7 PM. Spring Showcase Johnson Arts Center presents the 'Spring Showcase'. There is no admission cost and everyone is welcome. In celebration of all the classes and workshops held at the Johnson Arts Center, they are presenting their Spring Showcase at SUMA. SUMA - Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

SOUTHERN UTAH HERITAGE CHOIR "SONGS OF JOY" 7:30 PM. This concert will feature recipients of the Choir's 2nd Annual Vocal Scholarship Competition. Lauryn Thomas of Dixie High School and Bethany Ure of Crimson Cliffs High. Go to HeritageChoir.org for tickets or more information. Crimson Cliffs High School, 4430 S. Crimson Cliffs Way, Washington.

SIVA PASEFIKA - SPIRIT OF POLYNESIA 5:30 and 7:30 PM. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

Sat, March 4

TRAIL TRASHED ULTRA 5 AM. Come TRASH those trail legs at this exciting and challenging race series. The terrain is varied, with wide-groomed trails and challenging singletrack. We have an "early start" option for the 50miler if you choose. Trail Trashed Ultra, Bitter Springs, Moapa.

DOWNTOWN FARMERS MARKET 8 AM. Vernon Worthen Park, 300 S. 400 E., St. George.

FREE LANDSCAPE WORKSHOP: DRIP **IRRIGATION** 10 AM. Learn how to install, use and maintain a drip system. Washington County Water Conservancy District, 533 E. Waterworks Dr., St. George.

MIXED MEDIA SCULPTURE DEMO AT RED CLIFF GALLERY 1 PM. Mixed Media Sculpture Demo. Presented by Deborah Laux (Well-known Southern Utah Artist). Public welcome; free event. No registration; seating limited. Red Cliff Gallery, City Commons Building, 220 N. 200 E., St. George, Utah.

SO U COMEDY THEATER 7 PM. Our main show is our IMPROV! show. Our performers get suggestions from you, the audience, that we use to inspire hilarious scenes and characters made up right there on the spot. Every show is unique! We do a family-friendly show at 7 pm and an uncensored show at 9 pm. Dixie Convention Center, 1835 S. Convention Center Dr., St. George.

Sun, March 5

PRENDELO LATIN NIGHT AT BLUES KATZ ROCK N' ROLL BAR 8 PM. Blues Katz Rock n' Roll Bar. 307 N. Bluff. St. George.

SKY ALLEN MUSIC AT GEORGE'S CORNER 6 PM. Free. Folk/Soul. 2 W. St. George Blvd., St. George.

COMMUNITY INTERFAITH DEVOTIONAL 7 PM. Featuring speakers from various faith traditions discussing the ancient tabernacle. Seating is limited and tickets are required. For tickets and to stream the event live visit tabernacleutah.com. America First Event Center 109 S. 800 W., Cedar City.

Tues, March 6

PAWS FOR TALES-READ TO A DOG 4 PM. Children can read to registered therapy dogs. Studies have shown the many benefits of children reading to dogs. Washington County Library System, 88 W. 100 S., St. George.

CHOIR CONCERT 7:30 PM. Cedar High School, 166 W. 1925 N., Cedar City.

Tues, March 7

ARTS COUNCIL MTG 5:30 PM. Monthly board meeting of the Mesquite Arts Council. The public is welcome. Anyone wishing to volunteer or join the Mesquite Arts Council is encouraged to attend. Contact: Gwen Olsen 702-346-2787, cgolsen47@yahoo.com. Mesquite Arts Council Office, 150 N. Yucca Street Room 23, Mesquite.

TJ TYLER - CASABLANCA 6:30 PM. TJ performs virtually every style of music and he plays off of his uncanny resemblance to Frank Sinatra whom he also pays tribute to in his show. Free. 21 or older. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesauite.



In partnership with the Sagebrush Fiber Artisans

March 11, 10 am to 4 pm \$2 per person, \$8 per family



where history becomes your story



an interactive historic experience

FRONTIER HOMESTEAD STATE PARK 635 North Main Street, Cedar City | (435) 586-9290 **FRONTIERHOMESTEAD.ORG**

Frontier Homestead State Park

635 N. Main, Cedar City

Shearing * Washing * Carding * Dyeing * Spinning * Weaving * Crocheting * Knitting Demonstrations





EPARTMENT OF HERITAGE & ARTS







CHAPTER 1 BOOK CLUB 5:30 PM. Chapter 2 Book

Club Washington County Library System, 88 W. 100 S., St. George, "A 190 MILLION YEAR GEOLOGIC HISTORY OF ST. GEORGE, UTAH," PRESENTED BY RICK MILLER 6:30 PM - Optional Social Hour with Like-Minded Friends. 7:30 PM - Lecture. Have you ever looked around our area and wondered about how and when the lava formations were made? Then this lecture is for you! Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

Wed, March 8

EGGS AND ISSUES (INTERMOUNTAIN) 7:30 AM. Eggs and Issues Midsession Update with special guests End of Session Summary with special guests Sens. Ipson and Vickers, Reps. Elison, Jack, Walter, Brooks St. George Area Chamber of Commerce, 136 N 100 E, St. George.

ARTS COMMISSION MEETING 5 PM. lvins City Hall, 55 Main St. Ivins.

MESQUITE REPUBLICAN WOMEN MTG 5:30 PM. Mesquite Republican Women meet the second Wednesday of each month at the Veterans Center. Doors open at 5 PM meeting begins at 5:30 702-346-3804 sherriejh@gmail.com. Veterans Center, 840 Hafen Lane, Mesquite.

JASON HARDINK, PIANO GUEST ARTIST RECITAL WITH THE UTAH SYMPHONY 7:30 PM. Guest artist Jason Hardink will present works by Chopin, Crawford Seeger, and Green. Free and open to the public. 351 W. University Blvd., Cedar City.

Thurs, March 9

CITIZENS CLIMATE LOBBY 5 PM. Citizens' Climate Lobby is a climate change organization that exists to create the political will for a livable world by enabling individual breakthroughs in the exercise of personal and political power. Utah Tech University SET Building room 420, 225 S. University Ave. (700 E.), St. George.

MEDICINE LOVE AT GEORGE'S CORNER 6 PM. From Sedona AZ. Playing Americana. 2 W. St. George Blvd., St. George.

Fri, March 10

BRITISH ROCK ROYALTY 7:30 PM. Tickets starting at \$20 Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

PRENDELO LATIN NIGHT AT BLUES KATZ ROCK N' ROLL BAR 8 PM. Blues Katz Rock n' Roll Bar. 307 N. Bluff, St. George.

Sat, March 11

BRIAN HEAD: HERO DAY - BHR CLASSIC 9:30 AM. Brian Head Resort would like to show its appreciation to all Active duty Military, Veterans, and First Responders for all your sacrifices for others and our country! For all who qualify Brian Head Resort is offering 50% off lift tickets with proof of service. Details are available at www.brianhead.com. Brian Head Resort 329 S. Hwy 143, Brian Head-Cedar City.

SHEEP TO SHAWL AT FRONTIER HOMESTEAD STATE PARK 10 AM. Join us for a trip back in time as we explore wool, from Sheep to Shawl, Frontier Homestead State Park. Journey through the step-by-step process of taking wool from the sheep's back. Shearing demonstrations every hour starting at 10:30 AM, ffinal shearing at 3:45 PM. Cost is \$2/ person or \$8/family. 435-586-9290 for more information. Frontier Homestead State Park Museum, 635 N. Main, Cedar City.

SUU WOODWIND DAY Noon. SUU Woodwind Day is a one-day educational outreach symposium welcoming participants of all skill levels to come, perform, and engage with SUU woodwind faculty and students. The day will consist of recitals, masterclasses, clinics on instrument repair and improvisation, as well as a festival woodwind ensemble composed of both event participants and SUU music students. Cedar City.

SECOND SATURDAYS AT SUMA 2 PM. Formerly known as Family Day, this series of events is for families and friends in the community of all ages. The planned activities are geared toward people of all ages and backgrounds, and this event is free and open to the public. Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

Sun, March 12

GARY HUFF AT GEORGE'S CORNER 6 PM. Contemporary Music. 2 W. St. George Blvd., St. George.

Mon, March 13

CARS & CUSTARD 5:30 PM. Held the second Monday March-October 2023. Classic Cars & Trucks 1982 or older, Customs, Muscle Cars, and Supercars. Admission is Free. Followed by a cruise down Main St at 8 PM. For information or to enter a car, call Mike at 909-717-1232 or email him at ekimjacobs@gmail.com. Weather permitting. Culver's 1065 S. Main St., Cedar City.

VIRGIN VALLEY AMATURE RADIO CLUB 6 PM. The Virgin Valley Amateur Radio Club holds meetings on the second Monday of each month. For more information please ao to our website at: www.vvarc.net. Airport Fire Station #3, Mesquite.

The St. George Bicycle Collective Needs **VOLUNTEERS & BIKE DONATIONS**

- We accept all bikes, bike parts and bike accessories.
- Then we fix up bikes and put them in the hands of people who need them.

39 South Bluff Street, Saint George, Utah StGeorge@BicycleCollective.org www.BicycleCollective.org/st-george

Tues, March 14

PAGE TURNERS BOOK CLUB 2:30 PM. Washington County Library System, 88 W. 100 S., St. George.

JAMIT AT CASABLANCA 6:30 PM. Showtimes may vary. Classic and modern rock, R&B, pop, country, and more. Free. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

SYMPHONY ORCHESTRA CONCERT 7:30 PM. Adults: \$10, Alumni: \$8 with card, Youth: \$5. SUU Students/ Faculty/Staff: Free with valid ID. Heritage Center Theatre, 105 N. 100 E., Cedar City.

Wed, March 15

OPEN ON TUESDAY, MARCH 15TH FOR SPRING BREAK 10 AM. The Museum is normally closed on Tuesdays but we are open on this day to help you celebrate Spring Break Our hours are from 10 AM-5 PM. St. George Children's Museum, 86 S. Main St., St. George.

SOUTHERN UTAH LADIES SOCIETY MONTHLY GENERAL MEETING 6 PM. Southern Utah Ladies Society is a non-profit group of volunteers dedicated to making a difference in our community. We also plan monthly service projects where we volunteer as a group. St. George Area Chamber of Commerce, 136 N. 100 E., St. George.

Thurs, March 16

TEEN BOOK CLUB 3:30 PM. Teen Book Club Washington County Library System, 36 S. 300 W., Hurricane.

PAWS FOR TALES-READ TO A DOG 4 PM. Children can read to registered therapy dogs. Studies have shown the many benefits of children reading to dogs. Washington County Library System, 88 W. 100 S., St. George.

BOOK ENDS BOOK CLUB 4:30 PM. Meet's on the third Thursday of every month. Washington County Library System, 220 N. 300 E., Washington.

MIKE AND ELAINE AT GEORGE'S **CORNER** 6 PM. This multi-instrumentalist couple are also in local band Soul What!? and cover a range of musical styles in many genres. 2 W. St. George Blvd., St. George.

THE IMMENSE PRODIGALITY OF COLOR 7 PM. An Evening with Lyman Hafen and Roland Lee" will feature the talents of Lyman Hafen, local author and former president and CEO of Zion Forever Project, and nationally recognized artist Roland Lee. Bumbleberry Inn Theater 97 Bumbleberry Ln, Springdale.

STAYIN' ALIVE 8 PM. Tickets starting at \$19. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

Fri, March 17

SHAMROCK SHAMBLE GOLF TOURNAMENT 3 PM. Shotaun Start, 4-Person Teams -9-Hole Event. 3 Clubs Per Player - Shamble Format. Take the best drive, then play your own ball Contact Palms Pro Shop 702-346-4067 Palms Golf Club, 550 Peppermill Palms Blvd., Littlefield.

BRIAN HEAD: ST PATRICK'S PARTY 5 PM. St. Patrick's Day Celebration will have live music featuring Molley's Malone from 5 PM - 8 PM at the Brian Head Resort - Last Chair Grill & Brews 329 S Hwy 143, Brian Head & 6 PM - 9 PM at the Brian Head Lodge 314 Hunter Ridge Dr., Brian Head. Live music and the St Patty's themed all-you-can-eat buffet. The cost is \$10 for kids 12 yrs and under and \$20 for adults. Details are available at www. brianhead.com. Brian Head Resort, Last Chair Grill & Brews 329 S. Hwy. 143, Brian Head

TILTED MESA LIVE AT BIT & SPUR 6 PM. Come celebrate St. Paddy's Day and the Bit's anniversary in the new back area and stage. All ages. No cover. Bit and Spur Restaurant and Saloon, 1212 Zion Park Blvd., Springdale.

PAM TILLIS AND LORRIE MORGAN, THE GRITS & GLAMOUR TOUR 7:30 PM. Tickets starting at \$20. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

PRENDELO LATIN NIGHT AT BLUES KATZ

ROCK N' ROLL BAR 8 PM. Blues Katz Rock n' Roll Bar. 307 N. Bluff, St. George.

Sat, March 18

THE CAIRN WOMEN'S CONFERENCE 9 AM. The Cairn empowers women in various stages of their lives to seek balanced growth through awareness, motivation, education, and mentorship. Breakout sessions focus on how to flourish as a woman in today's world. Featuring an inspirational keynote speaker: Debbie Corum, the Athletic Director at Southern Utah University. Registration is \$40 and available online at www.thecairnwomensconference.org. Festival Hall/Heritage Center Conference Center, 105 N. 100 E., Cedar City.

FREE LANDSCAPE WORKSHOP: SPRING INTO VEGGIE GARDENING 10 AM. Tips on planting and growing vegetables in our climate. The Garden at Tonaquint Park, 1851 S. Dixie Dr., St. George.

34TH ANNUAL SPRINGDALE SAINT PADDY'S CELEBRATION 2 PM. Town parade at 2 PM and Festivities at 2:30 PM at the Bumbleberry lawn. Zion Brewery, Beer Garden, & food. Performance by an award-winning pipe band. Kid zone. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

TILTED MESA LIVE OUTSIDE BUMBLEBERRY THEATER 3 PM. Come see Tilted Mesa as part of the Town of Springdale's St. Paddy's Day Festivities. There will be a parade and multiple bands playing before and after Tilted Mesa's set. All ages. No cover. Bumbleberry Theater, 97 Bumbleberry Lane, Springdale.

THREE DOG NIGHT 7:30 PM. Tickets starting at \$30 Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

G & T WITH LADY SHAY AT BLUES KATZ ROCK N' ROLL BAR 8 PM. 307 N. Bluff, St. George. Sun, March 19

SUN HEAD AT GEORGE'S CORNER 6 PM. Folk music. 2 W. St. George Blvd., St. George.

Mon, March 20

VVAA GENERAL MEETING 11 AM. Mesquite Fine Arts Center, 15 W. Mesquite Blvd., Mesquite.

Tues, March 21

SAM & KENT AT CASABLANCA 6 PM. Rinse & Repeat! We play everything so come dance the night away to your favorites from the 60's, 70's, 80's, 90's, 2000's! We take requests! Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

JURASSIC WORLD: COULD IT BECOME A **REALITY? PRESENTED BY JERRY HARRIS** 6:30 PM - Optional Social Hour with Like-Minded Friends. 7:30 PM - Lecture. The Voyager Lecture Series-Evenings to Inspire Curiosity & Wonder In our sixth season. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

LOSS-LOVED ONES SUICIDE SURVIVORS LOSS 7 PM. The support group meets continuously throughout the year on the 3rd Tuesday of every month. We are an open, free, peer-led Support Group for adults 18 years and older. We encourage people from neighboring towns and all of Washington County to attend. Have questions? Reach out to May Bradley at mayebradley@gmail.com. (801)815-7854. No Registration. St. George, 162 N. 400 E., Suite B200, St. George.

Wed, March 22

BOOK DISCUSSION GROUP 7 PM. Book Discussion Group Washington County Library System, 126 Lion Blvd., Springdale.

Thurs, March 23

TOM BENNETT AT GEORGE'S CORNER 6 PM. Free. Tom Bennett sings country and is based out of SLC. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.



125 YEARS OF

March '23 · Page 12

Soaring to New Heights





BLOOD DRIVE-RED CROSS – MESQUITE 10 AM. Mesquite Recreation Center will be collecting blood to donate to Red Cross to help people in need. Schedule your appointment to Red Cross at https://www.redcrossblood.org and search for available dates and times with our Zip Code: 89027 or call Red Cross at 800-733-2767 for assistance. Mesquite Recreation Center, 100 W. Old Mill Rd., Mesquite.

CEDAR AREA INTERFAITH ALLIANCE DONATION FOR FOSTER CARE 3 PM. Donation drive by drop off for the Foster Care Community. Looking for 0-17 year old sizes. Pajamas, blankets, hygiene items, diapers/wipes. Christ The King Catholic Church, 690 Cove Drive, Cedar City.

Fri, March 24

TEAM PENNING Panguitch City, Panguitch.

READER'S CIRCLE BOOK CLUB 3 PM. Reader's Circle Book Club Washington County Library System, 36 S. 300 W., Hurricane.

COYOTE TAILS - BUSTED 7:30 PM. Night's Theme: "BUSTED". Coyote Tales are live, open-mic style storytelling events with amateur and experienced storytellers. Each event has a theme on which stories are to be based. The theme for this event is: "Busted." Potential storytellers may address that theme in any way they choose. Visit coyotetalesstories.com for more information. Preshow party 6:30 PM event ticket required for admission. Storytelling: 7:30 PM. Tickets: \$20 includes pre-show party. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

NIGHT RANGER 8 PM. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

Sat, March 25

SANDTOWN 5K CROSS COUNTRY RIDGE RUN 9 AM. Tuffest 5K in Utah. This run is not for the weak of heart. It would be rated hard on AllTrails. Slope. 100% slope, that is a 45-degree angle for 200 feet of the course. Get ready for the best Bacon Buttermilk pancakes you have ever tasted. Visit trailrunner. com for more information. 220 W. 500 N., St. George.

FOOD TRUCK SATURDAY AT THE WELCOME CENTER 11 AM. Nevada Welcome Center, 460 Sandhill Blvd., Mesquite.

BRIAN HEAD: SPRING FLING RAIL JAM Noon. Spring Fling Rail Jam is held from 12-4:30 PM at the Brian Head Resort Giant Steps base area. The competition is open to all skill levels and for snowboarders or skiers. Competition schedule details are available at www.brianhead.com. Brian Head Resort, 329 S. Hwy 143, Brian Head.

IMPROV: THE MULLIGAN FAMILY REUNION 7 PM. Live. Improv. Comedy. Come join in on The Mulligan Family Reunion and experience comedy like you rarely get to see it. The Mulligan Family Reunion will perform long-form improv, using your suggestions as inspiration. It's all made up, right there on the spot. Art Provides, 35 N. Main St., St. George.

DEE-DEE DARBY DUFFIN AND FRIENDS JAZZ BAND 7:30 PM. Flying in for smooth classics plus some "cool" twists on some great standards Piano Quintets of Schumann and Shostakovich. Featuring Christian Bohnenstengel: piano, Urs Rutishauser: violin, Joie Whittaker: violin, Linda Deluca: viola, and Ka-wai Yu: cello. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

THE DOO WOP PROJECT 7:30 PM. Cox Performing Arts Center, 325 S. 700 E., St. George.

AIR SUPPLY 8 PM. Tickets starting at \$32 Tuacahn Amphitheatre, 1100 Tuacahn, Ivins. KIMME B AT BLUES KATZ ROCK N' ROLL BAR 8 PM. 307 N. Bluff, St. George.

Sun, March 26

JACK KELLY DUNN AT GEORGE'S CORNER 6 PM. Free. Contemporary rock. 2 W. St. George Blvd., St. George.

Mon, March 27

DIXIE HIGH: DHS CHOIR CONCERT 7 PM. Dixie High School, 350 E. 700 S., St. George.

CANYON VIEW HIGH: CVHS SPRING PLAY 7 PM. Canyon View High School, 166 W. 1925 N, Cedar City.

Tues, March 28

SENSORY FRIENDLY TUESDAY EVENINGS 5 PM. Every fourth Tuesday of the month, we invite families in our community to explore the Museum in a sensory modified environment with limited admission. These events are exclusively for families who have a family member with sensory processing differences. Admission is free with required registration. St. George Children's Museum. 86 S. Main St., St. George.

ELECTRIC MILKSHAKE AT CASABLANCA 6 PM. A Delicious Mix of feelgood music from the 70's to the present! LOTS of Sugar and NO calories!! We've got you covered! Classic Rock, disco, New-Wave, Alternative, Pop and a smidgin of Country! 950 W. Mesquite Blvd., Mesquite.

Wed, March 29

OPEN ON TUESDAY, MARCH 29TH FOR SPRING BREAK 10 AM. The Museum is normally closed on Tuesdays but we are open on this day to help you celebrate Spring Break. Our hours are from 10 AM to 5 PM. St. George Children's Museum, 86 S. Main St., St. George.

SUU CHOIR CONCERT 7:30 PM. Cedar City.

Thurs, March 30

BLOOD DRIVE-VITALANT – MESQUITE 10 AM. Mesquite Recreation Center will be collecting blood to donate to Red Cross to help people in need. Schedule your appointment to Red Cross at https://www.redcrossblood.org and search for available dates and times with our Zip Code: 89027 or call Red Cross at 800-733-2767 for assistance. Mesquite Recreation Center, 100 W. Old Mill Rd., Mesquite.

Fri, March 31

TTP 4D BARREL RACE Panguitch.

Sat, April 1

TTP 4D BARREL RACE Panguitch

FREE LANDSCAPE WORKSHOP: LOCALSCAPES 101 10 AM. Learn how to create an innovative, practical landscape design for Southern Utah. Localscapes is a statewide program that helps residents create custom landscapes for where they live. Visit www.localscapes.com for more information.

This workshop is offered in-person and virtually. Washington County Water Conservancy District, 533 E. Waterworks Dr., St. George.

BRIAN HEAD: APRIL FOOL JUMP RAIL JAM Noon. The competition is open to all skill levels and for snowboarders or skiers. Sign-up is from 10 AM - 12 PM in the Last Chair Grill & Brews. Competition schedule details are available at www.brianhead.com. Brian Head Resort, Cedar City.

CHAPTER 1 BOOK CLUB 5:30 PM. Chapter 2 Book Club Washington County Library System, 88 West 100 South, St. George.

ST. GEORGE AREA CHAMBER OF COMMERCE ELEMENT AWARDS 6 PM. Honoring 15 Outstanding Women of Achievement in Washington County St. George Area Chamber of Commerce, 136 N. 100 E., St. George. SOIREE MUSICALE CLASSICAL CONCERTS:

PIANO QUINTETS OF SCHUMANN AND

SHOSTAKOVICH 7:30 PM. The Lorraine Boccardo Theater Soiree Musicale presents a masterful performance of Piano Quintets of Schumann and Shostakovich, featuring Christian Bohnenstengel piano, Urs Rutishauser violin, Joie Whittaker violin, Tara Tichner violin, Linda Ghidossi-DeLuca viola, and Ka-wai Yu cello. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

NEAL MCCOY 8 PM. Tickets starting at \$30 Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

Sun, April 2

HAPPY HOUR - THE DUO AT GEORGE'S CORNER 6 PM. Classic Rock George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

Mon, April 3

PAWS FOR TALES-READ TO A DOG 4 PM. Children can read to registered therapy dogs. Studies have shown the many benefits of children reading to dogs. Washington County Library System, 88 W. 100 S., St. George.

Wed, April 5

FOREIGN FILM CLUB 6 PM. Washington County Library System, 88 W. 100 S., St. George.

Thurs, April 6

TOM BENNETT AT GEORGE'S CORNER 6 PM. Free. Tom Bennett sings country and is based out of SLC. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

DRAMA ONE-ACT PLAY 7 PM. Cedar High School, 166 W. 1925 N., Cedar City.

OSU- YOUNG ARTIST CONCERT 7:30 PM. One of the dreams for young musicians is to reach a level of excellence that results in a solo performance with a full symphony orchestra In honor of Cedar City's beloved teacher Roy L Halversen. The evening will culminate with the epic Academic Festival Overture Op80 to celebrate the achievements of all musicians, sending up a musical firework to close the season of delightful Musical Treasures. Heritage Center Theatre. 105 N. 100 E., Cedar City.

THE REDEEMER 8 PM. Jenny Oaks Baker with composer & conductor Kurt Bestor, The Southwest Symphony & Southern Utah Heritage Choir. Tickets starting at \$20. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

Fri, April 7

WIND SYMPHONY CONCERT 7:30 PM. Adults: \$10. Alumni: \$8 with card. Youth: \$5. SUU Students/Faculty/ Staff: Free with valid ID. Heritage Center Theatre, 105 N. 100 E., Cedar City.



PRENDELO LATIN NIGHT AT BLUES KATZ ROCK N' ROLL BAR 8 PM. Blues Katz Rock n' Roll Bar. 307 N. Bluff, St. George.

BRASS TRANSIT - THE MUSICAL LEGACY OF CHICAGO 8 PM. Tickets starting at \$20 Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

Sat, April 8

EASTER EGG HUNT 9 AM. The Easter Bunny will kick off the event so be sure to come early to get your spot and stay after the hunt to get your picture with the Bunny. There will be approximately 25,000 eggs, 120 prizes baskets, and 8 bicycles among numerous other prizes available to the wonderful children of Iron County. Admission is FREE and everyone is invited to join. Cedar City Main Street Park, 200 N. Main St., Cedar City.

ST GEORGE KIWANIS CLUB ANNUAL EASTER EGG HUNT 10–10:20 AM. Separate Vernon Worthen into 5 areas for the annual Easter egg hunt. Once kids are told to go, it takes about 20 minutes. Prizes are given in eggs and collected at the gazebo. Clean up happens at the same time. Vernon Worthen Park, 300 S. 400 E., St. George.

BRIAN HEAD - SPRING CARNIVAL 10 AM. Enjoy and participate in several events, like the Cardboard Sled Race, Bikini Slalom, and the classic Pond-Skim throughout the day. For a list of scheduled events and information visit www.brianhead.com.

EASTER EGG HUNT 10 AM. City Park. Panguitch.

GROOVONIX (ZIONOIZ) AT BLUES KATZ ROCK N' ROLL BAR 8 PM. 307 N. Bluff, St. George. Sun, April 9

 COTTONTAIL
 CLASSIC
 GOLF

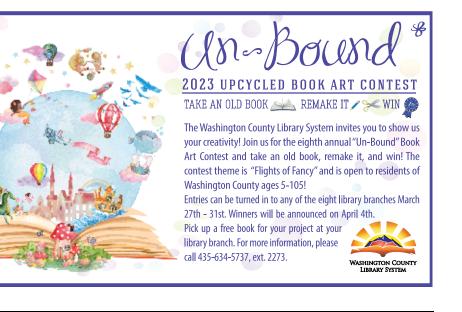
 TOURNAMENT
 7:30 AM. 4-Person Teams.
 Scramble

 Format. 7:30 AM Shotgun Start. Gross & Callaway Net Team Score
 Prizes. \$75 Entry Fee Per Player Includes: Tournament Entry, Team

 Prizes. & Food. Palms Golf Club, 550 Peppermill Palms Blvd.,
 Littlefield.

BRIAN HEAD - EASTER ON THE MOUNTAIN 11 AM. Bring the whole family for an exciting Easter celebration with great prizes. The Easter Egg Hunt begins Sunday at 11:00 am behind Navajo Lodge, come early because you will not want to miss it! The white egg is open to any age and will be hidden somewhere at Brian Head Resort. Find the white egg and win a FREE Value Season Pass! For information call 435 677-2035. Navajo Lodge Main Lobby Brian Head Resort 329 S. Hwy. 143, Brian Head.

JOE RICE AT GEORGE'S CORNER 6 PM. 2 W. St. George Blvd., St. George.







March 9-19, 2023

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Page 14 · Mar

OC Amph



ZION PROSPECTOR

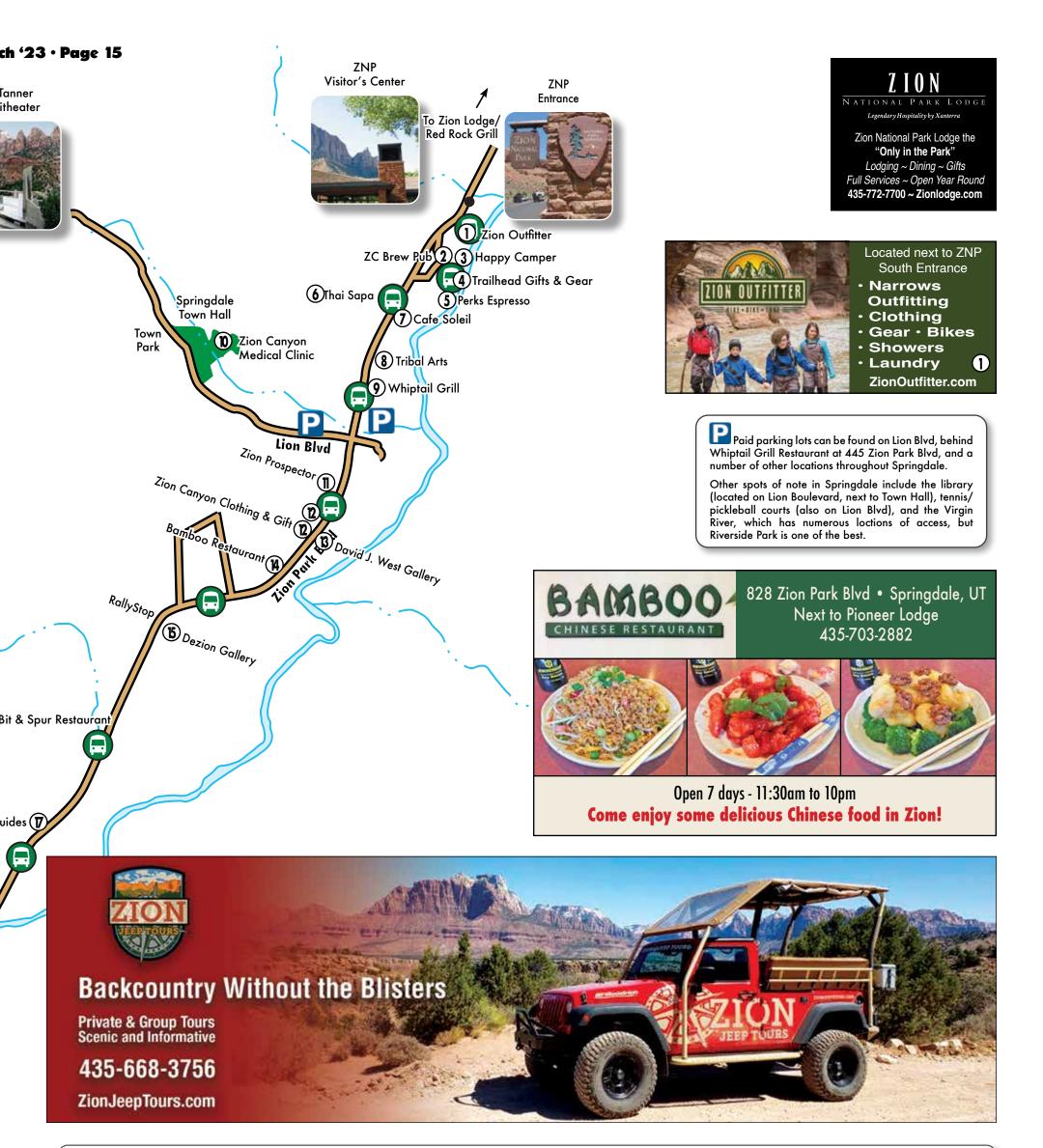
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GUIDE TO UTAH'S LIQUOR LAWS

If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink. The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

SPRINGDALE'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed by address from ZNP Enti	Address rance)	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks (E)spresso, (V)egan items on menu	Hours	WI-FI
Red Rock Grill	1 Zion Lodge	435-772-7760	W, B, M, E, V	6:30-10:30am, 11:30am-3pm, 5-10pm daily	Yes
Zion Canyon Brew Pub	95 Zion Park Blvd	435-772-0336	W, B, V	Noon-10pm daily	Yes
Happy Camper Market	95 Zion Park Blvd	435-772-7805	B, V	8am-8pm daily	Yes
Thai Sapa	145 Zion Park Blvd	435-772-0510	W, B, E, V	11:30am-9:30pm daily	No
Perks Coffee Shop	147 Zion Park Blvd	435-668-0446	E	7am-4pm daily	No
Café Soleil	205 Zion Park Blvd	435-772-0505	W, B, M, E, V	7am-9pm daily	No
Spotted Dog Cafe	428 Zion Park Blvd	435-772-0700	W, B, M, E, V	7-11am, 5pm-9pm daily	Yes
Whiptail Grill	445 Zion Park Blvd	435-772-0283	W, B, V	Noon-9:30pm daily	Yes
Bamboo Chinese Restaurant	828 Zion Park Blvd	435-703-2882	V	11:30am-10pm daily	Yes
Zion Pizza & Noodle	868 Zion Park Blvd	435-772-3815	W, B, V	4pm-10pm daily	No
Oscar's Cafe	948 Zion Park Blvd	435-772-3232	W, B, E, V	7am-9pm daily	No
Switchback Grille Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, E, V	5-8pm daily	No
Jack's Sports Grill Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, V	Noon-9pm daily	No
Bit & Spur Restaurant & Saloon	1212 Zion Park Blvd	435-772-3498	W, B, M, E, V	5pm-11pm daily	Yes
Park House Café	1880 Zion Park Blvd	435-772-0100	W, B, V	8am-2pm daily	Yes

See detailed restaurant listings for Springdale and the greater Zion National Park area at ZionGuide.com.

Welcome To Zion from Zion Guide!

Safety Tips For Zion

Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.



Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes.

There are a number of places to refill your water bottles in Zion National Park

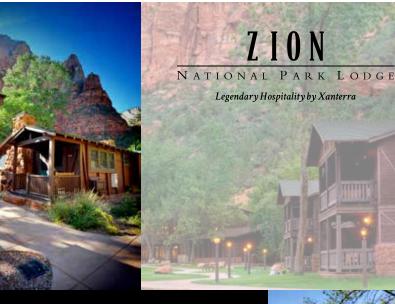
including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.



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Tips To Minimize Your Impact

Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

Tips To Maximize Enjoyment

Go on a less crowded hike

The most visited Zion hikes have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our feature, Less-Traveled Zion Hikes, in this issue.

To avoid the crowds, go early or late in the day

Consider getting up extra early or trekking out midday after the initial rush has flooded in. Consider coming back again in the low season

Starting in the late fall, the number of visitors to Zion Canyon starts to dwindle, and by December it's significantly less than in the heat of the summer. It is simply a different experience to see Zion in the winter with the snow-capped monoliths. Most hikes are still accessible and are less crowded. You can also drive to the Temple of Sinawava parking lot. The shuttles stop running from November until March. Check out Kolob Canyons and Kolob Terrace Road

With gorgeous open spaces and plenty of dirt roads to explore, Kolob Terrace Road is one of Zion's best kept secrets. You'll notice the air getting cooler as you gain elevation, and you'll find plenty of beautiful views worth stopping at for a quick photo op. The Kolob Terrace Road turnoff is in Virgin, so watch for signs. Portions of the Kolob Canyon District of Zion National Park are reached via Exit 40 on Interstate 15.





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Zion National Park

Top Things To Do In Zion

Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to ZionGuide.com to see the details on many area hikes.

Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

Catch an event

Not only does Zion Brew Pub have live music every Saturday, the property also hosts a handful of events throughout the year, as do the Bit and Spur restaurant, Tanner Amphitheater, Bumbleberry Inn, Wildcat Willies, and several other locations.

Try a guided tour

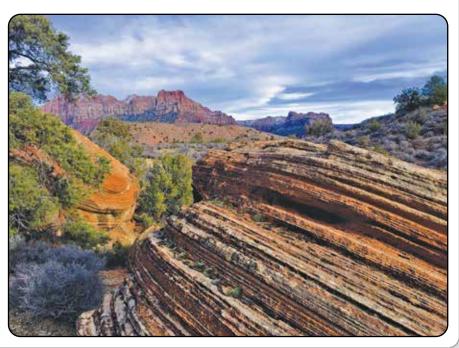
Jeep, helicopter, ATV, canyoneering, horseback riding, or mountain biking, guided tours are all available. Many of these tours take you outside Zion National Park boundaries and give you a unique perspective on Zion's canyons and plateaus from surrounding areas of southern Utah. Check out ZionGuide.com for listings and ads.

Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions, like the Little Hollywood Movie Museum and the Best Friends Animal Sanctuary.

Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.









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Zion National Park Shuttle Info

2023 UPDATES FOR ZION NATIONAL PARK SHUTTLE SYSTEM

park information guide.

in the park. You may get on and off

at any available shuttle stop. Most

visitors start shuttle trips at the Zion Canyon

Visitor Center, but if you are staying at

the Zion Lodge, you can board the shuttle

there. You cannot board a shuttle to go up

Read our Park Information Guide to see

updated information about the open or

the canyon (north) at Canyon Junction.

open stop.

closed stops.

Zion Canyon Shuttle System

No ticket, permit, or reservation needed to ride the park shuttle or enter Zion National Park

You do not need a permit or reservation to visit most areas in Zion Canyon.

You do not need a permit or reservation to ride a park shuttle.

You do not need a permit or reservation to enter the park.

You do need to pay the park fee.

You do not need a permit to hike the Narrows from the Temple of Sinawava going upstream in the Virgin River.

High water may prevent travel in the Narrows, so check the park's current conditions before you start your day.

Everyone who hikes from Scout Lookout to Angels Landing needs to have a permit. Learn more about the Angels Landing Pilot Permit Program.

Important Shuttle Bus Information

The Zion Canyon Line, or park shuttle, runs from the visitor center up the Zion Canyon Scenic Drive to destinations like the Zion Lodge and trailheads, including Emerald Pools, West Rim Trail, and Temple of Sinawava, where hikers depart for the Narrows. There are two shuttle routes, and both are free. See our Park Information Guide for a map of the park shuttle.

The Springdale Shuttle, or town shuttle, is located in the Town of Springdale. It stops at 9 locations in town and picks up and drops off visitors at the park's pedestrian/ bike entrance.

Background

The shuttle system was established in 2000 to eliminate traffic and parking problems, protect vegetation, and restore tranquility to Zion Canyon. In 2017, park shuttles estimated more than 6.3 million riders. In 1997, visitation was 2.4 million and increasing.

When The Shuttle Is In Operation

Zion Canyon Scenic Drive (the road that starts north of Canyon Junction) is closed to private vehicles when park shuttles are operating. The park is a large place; even when shuttles are running, you can drive a personal vehicle on the Zion Mt. Carmel Highway (which connects State Route 9 through the park), the Zion Mt. Carmel Tunnel, the Kolob Terrace Road, and Kolob Canyons Scenic Drive.

During most years, shuttles run:

Daily from March through November.

On weekends in February and March.

For the holiday season, near the end of December.

If you want to visit the Zion Canyon Scenic

	·	
Zion Shuttle Schedule	Starting in March	Springdale Sh
First bus into the canyon from the Zion Canyon Visitor Center	7:00 a.m.	First shuttle leav Majestic View I
Last shuttle leaves the Visitor Center	5:00 p.m.	Last shuttle leav Zion Canyon V
Last bus out of the canyon from the Temple of Sinawava	7:15 p.m.	Find more info



If you drive to Zion, remember that National Park Service parking lots often fill early in the day. Paid Parking is available in the town of Springdale. If you leave your car in Springdale, you can ride the free Springdale Line shuttle to enter the park.

Learn more Traffic and Travel Tips before you arrive, and tune your radio to 1610 AM for more information.

ttle Schedule	Starting in March	Springdale Shuttle Schedule	Starting in March
nto the canyon from Canyon Visitor Center	7:00 a.m.	First shuttle leaves the Majestic View Lodge (Stop 9)	8:00 a.m.
le leaves r Center	5:00 p.m.	Last shuttle leaves Zion Canyon Village (Stop 1)	8:00 p.m.
out of the canyon Temple of Sinawava	7:15 p.m.	Find more info on the shuttle system	n at nps.gov.



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Southern Utah's Festival of Learning, Discovery, Arts, and Adventure based in Kanab, Utah

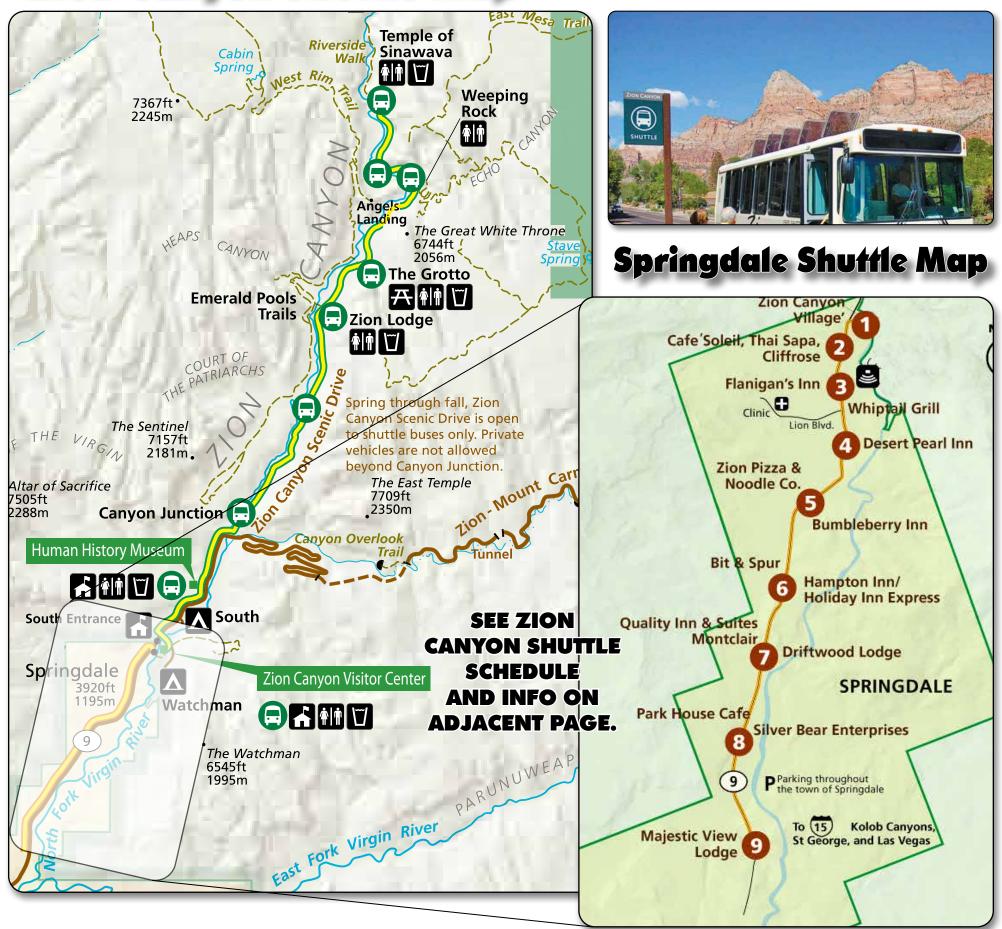
www.AmazingEarthfest.org

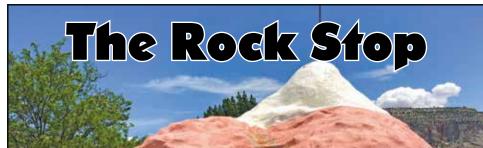


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Zion Canyon Shuttle Map









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Zion Area Annual Events Calendar

May-Oct. Kanab Outdoor Market Nursery stock, baked goods, local artistry, jewelry, crafts and goods, free bounce house and balloons for the kids.

May

May Kanab 10K A beautiful course sanctioned by USA Track and Field along Hwy 89 from Moqui Cave to the Kanab City Park.

May Amazing Earthfest Southern Utah's festival of learning, arts, and outdoor adventure.

June Jacob Hamblin Days Festival A fun festival to celebrate the pioneer and Western heritage of Kanab and Kane County.

June-Aug. DSU Summer Concert Series Enjoy a variety of live performances by bands, orchestras and solo artists. Located at the O.C. Tanner Amphitheater, just outside of Zion National Park.

Maynard Dixon Country Campout June A 5-day gathering of artists and art lovers insterested in the history of Western art and current Western painting.

July Kanab 4th of July Celebration Celebrate the nation's Independence Day small-town style in charming Kanab, Utah! Parade, vendors, entertainment and festivities throughout the day into the evening.

July Springdale 4th of July Celebration Celebrate Independence Day with the Springdale community. Kick off with a parade followed by a barbecue, live music and activities for the whole family.

July24th of July CelebrationCelebrate the state of Utah with a pioneer dinner. Getready for the fourth annual Kabob-a-Que.

Pioneer Day Celebration July Games, Dutch oven dinner at the park and a great costume parade celebrating pioneer heritage.

August Symphony at the Grand Canyon Symphony of the Canyons performs on the patio at the North Rim Lodge. Bring a picnic dinner and listen as the sun sets over the Grand Canyon.

August Kane County Fair Offering many wonderful events for the whole family.

Most of the events are free so dont miss out.

Western Legends Round-up August Kanab's celebration of film, music, poetry, and Western heritage.

September Big Water Dinosaur Festival Celebrating past and present dinosaur discoveries in the Grand Staircase Escalante National Monument.

September Demolition Derby Cars, trucks and "figure 8s" with up to 18 cars demolition derby with events for the entire family, including the Power Wheels Derby for kids and the wife-carrying contest!

September Carmel Mtn. Music and Art Festival and Car Show

Check out fancy cars and enjoy live entertainment, vendors, food and kid-friendly activites.

September Glendale Heritage Apple Festival The Glendale Heritage Apple Festival was started to celebrate Pioneer Heritage and the many talents that are in this small town.

September Duck Creek End of Summer Bash 6 p.m. to 9 p.m. at the Duck on In Saloon in Duck Creek Village. Come spend your Labor Day Weekend in Duck Creek enjoying live music.

September Zion Canyon Music Festival Enjoy the beautiful fall season in Zion as the canvon is filled with music. The Zion Canyon Music Festival features music, art and an exquisite backdrop.

Red Rocktoberfest October Art, food, live music and poetry, dancing, wagon rides, photography, games and activities for the kids, all on the main drag in Kanab. German food and activities.

October Zion Rocktoberfest Celebrate the start of fall in Zion mixed with traditional Oktoberfest aspects. The event will feature live rock and folk music and many other activities.

Nov.-Dec. Zion Joy to the World Enjoy a wonderland of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.

November Butch Cassidy 10K Run This 10K/5K scenic race brings together community, and not just with running. Stay after for some Grafton fun with what is promised to be a party.

November K-town Turkey Trot 5K Taking place in Kanab on Thanksgiving morning, bring the whole family for this early morning fun run/walk to make room for that delicious dinner later in the day!

November Plein Air Art Invitational Ве a part of a week of lectures and demonstrations from some of the finest plein air artists in the country. Enjoy painting sales, exhibits and workshops.

November Christmas Light Parade and Festival An annual light parade on the Saturday after Thanksgiving. Gourmet s'mores school held on Main Street followed by music, caroling, hot cocoa and a wishing lantern launch.

November Zion Canyon Arts and Crafts Fair Visit Zion for the 26th annual arts and crafts fair put

on by Z-Arts. Spend the weekend touring the different vendors and craft booths.

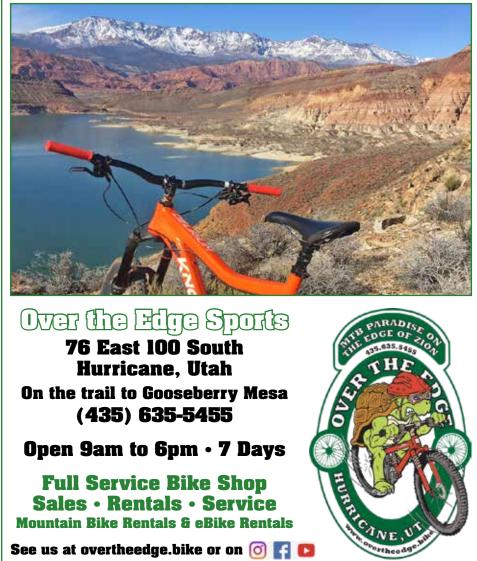
December Windsor Castle by Night

Held at historic Pipe Springs National Monument, the Castle by Night is an opportunity to enjoy a historic recreation of an 1860's early settlement by candlelight and music.

December Z-Arts Gala

Dress up for a night of food, dancing, mingling and an art auction. This annual gala is hosted by Z-Arts and is open to the public.







34th Annual Springdale St Patty's Celebration Saturday March 18th

Town Parade 2:00pm Festivities 2:30pm at the Bumbleberry Lawn









Live Music with **3hattrio, Tilted Mesa** & Wooden Tantrum

Zion Brewery Beer Garden & Food

<u>Utah Pipe Band</u>

Kids Zone

THE LOCALS' GUIDE TO HIKING PREPAREDNESS

National parks are seeing an uptick in helicopters carrying unfortunate hikers out of precarious situations.

In 2017, the National Park Service reported 324 search-and-rescue operations, which means 324 extremely unpleasant vacation experiences — nearly one a day. In 2014, the reported number was almost half that. The majority of those rescues occurred in Zion and Bryce Canyon National Parks, and most hikers who end up getting into trouble are either in their 20s or are older than 60.

Despite our highly skilled and dedicated rescue teams' valiant efforts, not everyone made it out of their predicaments safely. Twelve people lost their lives in Utah's national parks in 2017 alone.

It's hard to imagine one wanting a vacation amid the splendor of our national parks to involve search and rescue teams or a close encounter with death.

Zion National Park is often referred to as an outdoor Disneyland. But this is the

wilderness, and it's far less forgiving than any theme park. Here are some tips for how to safely enjoy your time in Zion Canyon.

Bring water

You lose more water through perspiration than you realize, and if you are used to a more moist climate — and nearly any climate is less arid than southern Utah — you can become dehydrated quickly without realizing it.

The National Park Service recommends that hikers bring one gallon of water per hiker per day. There are fill stations throughout Springdale and the park that provided filtered water at no charge.

Natural water sources in the park such as creeks and streams are not reliable sources of clean drinking water. If you find yourself in a situation wherein you need water but have none, it is strongly advised that any locally-sourced water intended for consumption first be filtered, boiled for at least 10 minutes, or treated with iodine before consuming. Wear appropriate clothing

While most paths and trails are well maintained, this is the great outdoors, and a little loose gravel or slickrock can lead to injury — or worse. Think of appropriate footwear as an insurance policy — and if you are a little nervous, a hiking stick never hurts. Also, dress lightly if it's going to be hot, but be sure to use appropriate sun protection like sunscreen and largebrimmed hats, because suffering from sunstroke or severe sunburn during an already taxing hike can be brutal.

Hike at your skill level, and don't take risks

Trails in Zion range from short and easy to long and challenging. Don't overestimate your ability and endurance level. And don't engage in horseplay or other activity that might endanger yourself or others. Some of Zion's hikes are steep, and you wouldn't be the first person to tumble down a hill — or worse, fall off a cliff. Zion is beautiful, but it's also dangerous, so respect yourself and

others by respecting the terrain. Leave wildlife alone

Animals instinctively avoid humans, but the area is home to everything from poisonous snakes to mountain lions. Never approach local wildlife — and never try to feed them. This can result in injury to visitors, and numerous visitors have required stitches after attempting to hand-feed animals. But when humans feed wildlife, it's also not good for the animals, who are already best suited to feed themselves.

Hike sober

Sometimes relatively stationary outdoor activities like boating or camping involve enjoying an adult beverage or two. But when you're hiking the varied terrain of our national parks, you don't want your coordination, balance, or judgment to be impaired to any extent. Zion Canyon, Springdale, and Kanab are home to several fine restaurants and bars — but visit them for a cocktail after your hike, not before.



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Southern Utah State & National Parks

ANASAZI STATE PARK MUSEUM - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redside shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinion pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.



CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

DEAD HORSE POINT - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large, Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

ENTERPRISE - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground



is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

GRAND CANYON - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canvons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

LAKE MEAD - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

LAKE POWELL - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

PINE VALLEY - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinion trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

QUAIL LAKE - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

SAND HOLLOW - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.



SNOW CANYON - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

ZION - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion - whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.



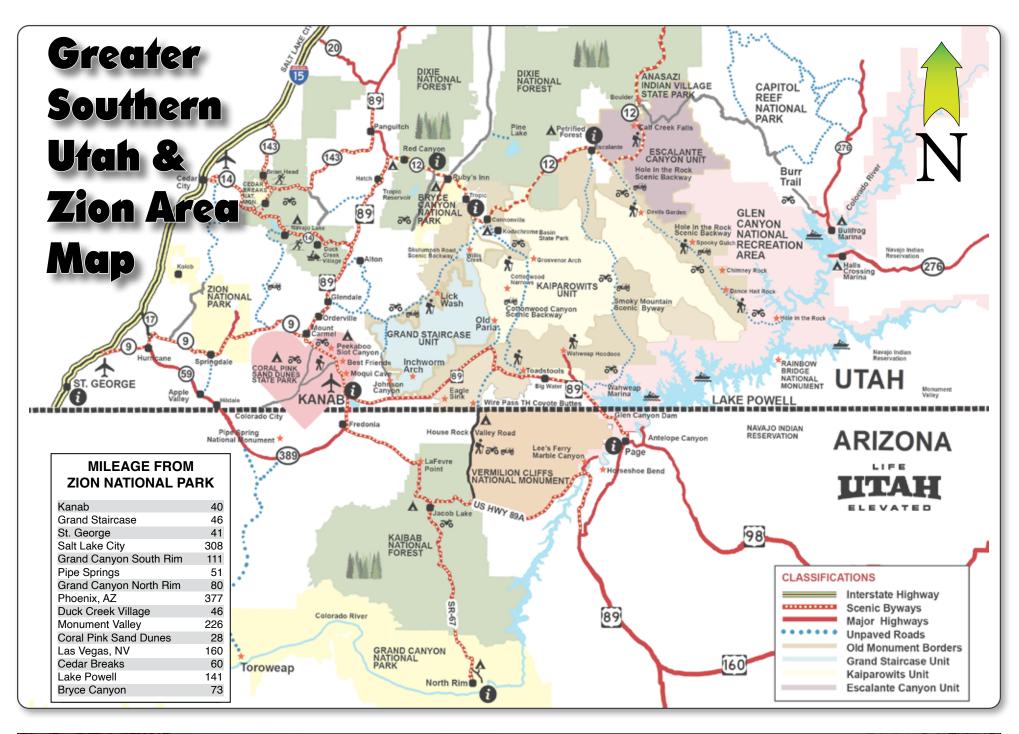


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Less-Traveled Zion Hikes

Trail Closures (as of Nov. 2022) Hidden Canyon Trail, Watchman Trail, and Emerald Pools (all routes). Some of these closures are temporary.

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these lesstraveled hikes.

Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly 3 miles long and will take about 2 hours to finish.

To start this hike, park in the lot located immediately east of the Zion/ Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow



Chinle Trail

dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beatenpath trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.

Shortly after you get through the

housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car

Many Pools - Temporarily Closed By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

Overlook Trail

By Charlotte Emett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one



of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.

The East Rim Trail

By Bo Beck and Tanya Milligan

After positioning a vehicle or making shuttle arrangements at the Weeping Rock parking lot, watch for the small "trailhead" sign along the Zion-Mt. Carmel Highway, immediately west of the east entrance booth.

This trail is said to be one of the most scenic in all of Zion National Park and is on many lists as one of the best hikes in Utah. This trek begins on the east side of the park and climbs over 1,400 feet to the rim. This hike begins with a backdoor view of Checkerboard Mesa as it skirts Clear Creek for a short time and steadily and gently climbs through a juniper and pine forest. On top of the mesa, scenery gets interesting as a spectacular view of Echo Canyon takes center stage.

The downhill finish is spectacular, keeping an almost constant view of some of Zion's greatest landmarks, including Angels Landing, Organ, Great White Throne, and in the distance is Cathedral Mountain.

Please check with nps.gov for current conditions, restrictions, and access. Be careful and have fun!

> Find more hikes everyday at ZionGuide.com

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Popular Zion Hikes

Trail Closures (as of Nov. 2022)

Hidden Canyon Trail, Watchman Trail, and Emerald Pools (all routes). Some of these closures are temporary.

Warning: These hikes are very popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more difficult hikes, try some of these popular hikes.

Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete, covers just under 5 1/2 miles, and requires a permit to hike. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.

Observation Point via East Rim Trail

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of



"Observation Point Revisited" - photo by David J West.

Sinawava.

Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more moderate, try some of these mid-range hikes.

Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of Timber Creek, Kolob Terrace, and Pine Valley Mountains. Those looking for something less strenuous should check out these easy hikes.

Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

Grotto Trail

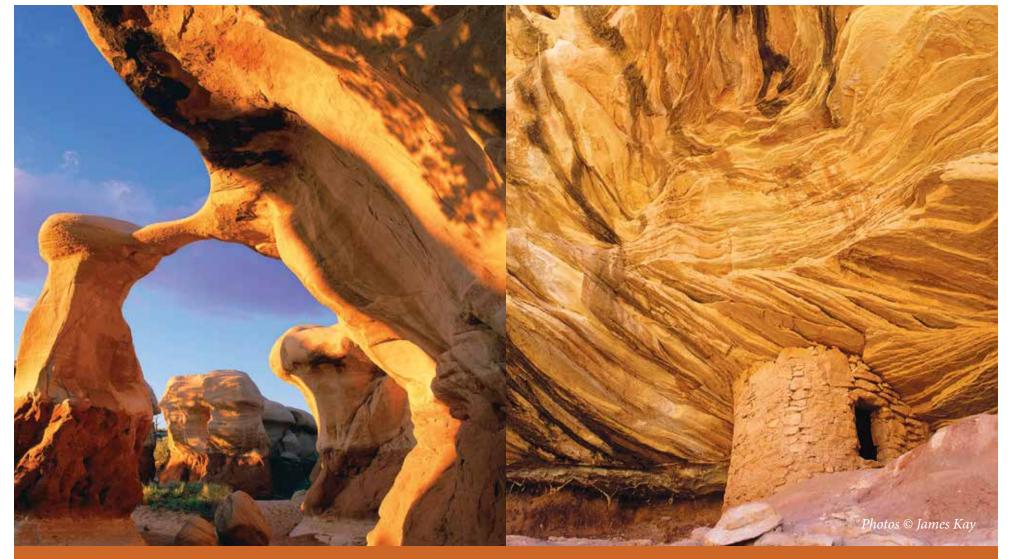
Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessable, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.

Lower Emerald Pool Trail – Temporarily Closed Due To Falling Ice

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.



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March '23 · Page 26

Kanab Utah City Map





2 adjacent view lots in Navajo Lake Estates in Duck Creek (Freshly surveyed) & 2 heavily wooded lots in Bryce Woodlands Estates

Either area is a short drive from Mesquite, St. George, Cedar City, or Kanab, and 15 to 25 degrees cooler! Duck Creek lots are all "off-grid" so no utilities available in area. Bryce Woodlands lots have power and internet available in area, no water hookups.

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Restaurants (Listed Alphabetically)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixe	Hours d Drinks, (E)spresso, (V)egan items on menu	WI-FI
🛽 🕒 Asava Juice & Smoothies	176 S 100 E, Kanab	(435) 644-2637	W, B, M VV	8:30am-2pm Tues-Sun 9am-6pm Mon-Sun	Yes
5 Nomad Cafe & RV Resort	2400 N Hwy 89, Kanak	o (406) 594-0294	E, V	7am-2pm Mon-Fri, Sat & Sun 8am-No 6:30am-2:30pm Thurs-Mon 7am-2:30pm Mon, Wed-Sat	Yes
Willow Canyon Outdoor	263 \$ 100 E, Kanab	(435) 644-8884	E		Yes

EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE

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Services (Listed Alphabetically

C 1	
Shops	(Listed Alphabetically)

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🕑 Zion Pharmacy	14 E Center, Kanab	(435) 644-2693	To get your business on this map	and directory please call Josh at 435-	632-1555 for details.



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LAKE POWELL/GLEN CANYON REC AREA	73 MI (117 KM)	SAND CAVES	.5 MI (117 KM)
CORAL PINK SAND DUNES	23 MI (37KM)	DINOSAUR TRACKS	1 MI (37KM)
ZION NATIONAL PARK	40 MI (64KM)	WIRE PASS	2 MI (64KM)
BRYCE CANYON NATIONAL PARK	77 MI (124 KM)	TOADSTOOLS	2 MI (124 KM)
GRAND CANYON NORTH RIM	78 MI (126 KM)	BUNTING TRAIL	3 MI (126 KM)