

MORE GREAT HAPPENINGS IN THIS ISSUE:









THE INDEPENDENT AND ZION GUIDE CONTENTS - FEBRUARY 2024

مماياتا

ON THE COVER:

Annual Balloons and Tunes Roundup Soars Over Kanab, Utah - See page 3

THE INDEPENDENT SECTION

Events	3
Opinion	8
Outdoors: Hiking Utah	9
Agon Calonday of Evonts	10

ZION GUIDE SECTION

niking	Shoppi
Less-Traveled Zion Hikes 18	Kan
Popular Zion Hikes 19	
Angel's Landing Permit Info17	Tips, Ir
Local's Guide to Hiking Preparedness 17	Gen
Maps	Safe
Springdale Utah Business & Services Map 15	Top Th
Greater Southern Utah & Zion Area Map21	So. Uto
Kanab Utah Business & Services Map22	Zion N

ing & Dining nab Featured Shops & Restaurants..........23 nfo, & Fun neral Tips To Enjoy Zion.....14 efy and Preparedness Tips13

nings To Do In Zion.....14 ah State & National Parks20 Zion National Park Shuttle Info...... 16

Find more great content at ZionGuide.com and SUindependent.com

Publisher: Josh Warburton, ipc@infowest.com • Editor: James McFadden, editor@infowest.com Graphic Designer: Josh Segovia, graphics@infowest.com • Advertising Director: Scott Dunford, scott@suindependent.com Office Manager: Nikki Slade, independent@infowest.com • Distribution Manager: Tammie Thompson, thomsontammie68@gmail.com

Published by The Independent, St. George, UT. 435-656-1555. Online at ZionGuide.com and SUindependent.com. PO Box 3116, St. George, UT 84771 • © Copyright 2024 Independent Publishing Company, Inc.



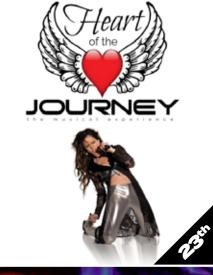
Tom Petty & the Heartbreakers Tribute



America's Favorite Yacht Rock Band!



U2 & The Police Tribute



Heart & Journey Tribute



Pearl Jam Tribute

Tickets \$40 per show or PACKAGE PRICE of \$175 for all 5 SHOWS

21 & OLDER. Live entertainment tax included.





Scan for more info





ANNUAL BALLOONS AND TUNES ROUNDUP SOARS OVER KANAB, UTAH

February 16, 17, and 18.

Look to the skies as Kanab's 10th annual Balloons and Tunes Roundup flies across the beautiful landscape of Southern Utah. Witness 40 hot air balloons floating overhead, explore the countryside, venture through the vendor fair, listen to live music, and more



With this event falling shortly after Valentine's Day, you're sure to fall in love with the event and area so much that you'll want to stay a little longer. Kanab is located in the heart of the Grand Circle and centrally located to many natural scenic wonders. Explore three national parks, two state parks, many national monuments, and much more.



"We're so excited to continue this great tradition that has become a mainstay in Kanab, our theme for 2024: Life is a Beautiful Ride. The event helps to boost the economy in our typically slow season," said Janette Peatross of the Kane County Office of Tourism. "We have seen growth each year, and pilots from all over the country want to come. We're expecting a great turnout again this year," she added.

The hot air balloons will launch each morning just after sunrise (weather permitting) at 7:30 AM. The colorful balloons will fly with a beautiful backdrop of the red rock Vermilion Cliffs, located near the scenic Grand Staircase-Escalante National Monument, with the added beauty of early morning light. The balloons can be seen from all over Kanab. After enjoying the balloons, don't forget to check out the street fair, located at 100 E., for a variety of vendors selling food, art, and one-of-a-kind crafts throughout the weekend. The street fair will be on Feb. 16 & 17 from 11 AM to 7 PM.

The "Tunes" in Balloons and Tunes will be provided by numerous local and regional acts, including Juniper City, Runaway Fire, The Birdwatchers, Senxao, Rachel Rivers, Annabella Torres, Stone Company, and the Wayne Hoskins Band. They will perform on the stage located at the street fair from 3 PM to 6 PM on Friday and 11 AM to 6 PM on Saturday.

For an amazing evening, Friday the 16, there will be a lantern launch behind the Kanab Event Center located near the street fair at 7 PM. Bring a friend or family,

launch your lantern, and watch the lanterns fill the night sky. Lanterns will be available for purchase at the street fair.

Saturday night, the fun will continue with the balloon glow at 7 PM. The pilots will line Center Street and light up their colorful balloons for all to enjoy. With so many great activities, you'll want to stay the whole weekend, so book a room today!

Sunday morning, the colorful balloons will have their final launch with the backdrop of majestic red rock to be seen by all in Kanab. Life Is A Beautiful Ride!

Visit balloonsandtunesroundup.com for more information about the Kanab Balloons and Tunes Roundup or lodging in Kanab.









CROSSROADS OF THE WEST RETURNS

February 17 & 18, 2024 – The Dixie Convention Center.

Don't miss the Crossroads of the West Gun Show!

Crossroads is local to Utah and has been doing shows since 1975. Crossroads is a family-owned and operated business with a goal to support other small businesses and bring the Second Amendment to you!



Whether you're a once-a-year hunter or avid collector, you'll find everything you need at the Gun Show. Find new and used firearms, ammo, scopes, knives, safes, and other gun accessories. Even the hard-to-find ones! Not only will you find a wide range of gun accessories, but you'll also find a variety of advice and knowledge related to



firearms from vendors and other attendees. This is great for everyone, but especially if you are just getting into guns, hunting, or outdoors!

If you're looking to sell a firearm, bring it in! Many vendors or other attendees are on the lookout for buying guns from other people. You can also receive free appraisals from different vendors.

Gun Show Dates are February 17 and 18, and hours are Saturday, 9 AM -5 PM, and Sunday, 9 AM -4 PM. After purchasing a ticket, you can receive a hand stamp and come back on Sunday for free!

Tickets are available to purchase at the door, or you can buy them online ahead of time from their website at CrossroadsGunShows.com. On the website, go to "buy tickets" and then find "Dixie Center - St. George." Use the discount code "INDX" when purchasing tickets online.

Kids under 12 are free to enter. All children under 18 must be with an adult to enter the Gun Show.

All local, state, and federal laws apply at the show. If you plan to bring your personal firearm, whether concealed carry or not, it must be unloaded prior to entering the Dixie Center. There is a gun check booth upon entry that will secure your gun for you

KAYENTA BRINGS DOCUTAH TO THE LORRAINE BOCCARDO THEATER

The Center for the Arts at Kayenta has an exciting February planned! The Center is thrilled to announce a dynamic collaboration with DOCUTAH, bringing a captivating monthly film series to the Lorraine Boccardo Theater. This partnership aims to foster a deeper connection within the community through the art of storytelling on film, promoting education and creating an atmosphere of camaraderie.



DOCUTAH is renowned for its commitment to opening hearts and minds to the world through beautifully crafted stories on film. With a mission to inspire, inform, and entertain, DOCUTAH has become a beacon for film enthusiasts seeking thought-provoking narratives that transcend cultural boundaries.

Starting Friday, February 2, 2024, the Kayenta Art Village will come alive every First Friday with a vibrant pre-film experience featuring fun, food, and live music beginning at 5:30 PM. Attendees are invited to arrive early to socialize with friends, meet new people, and take part in the sense of community that defines the Kayenta experience.

The Center for the Arts at Kayenta is

quickly becoming a premiere arts center for all artistic disciplines. With a refreshed approach to the art of film, this monthly DOCUTAH series joins two other film initiatives in Kayenta: the summer Cinesizzle in July, which showcases twelve narrative films from various independent film festivals across the country, and a new involvement in the Sundance Utah Community Program.

The Center is also proud to announce that two nationally recognized artists will be visiting in February. Enjoy an extraordinary evening of contemporary piano music featuring the renowned pianist Adam Tendler on February 10, 2024. Tendler, an award-winning musician, will present a captivating program that delves into the concept of 'inheritance,' drawing from a collection of newly commissioned works by a diverse array of sound artists and composers.



On February 24, 2024, Liz Toonkel will be bringing in her award-winning show, Magic for Animals, a one-woman magic show about agency, consent, and animal rights. Liz Toonkel uses sparkling, incisive humor to offer a refreshing antidote to the gendered and speciesist tradition of magic. She examines how we treat animals and urges us to reconsider how we treat one another. Visit KayentaArts.org to purchase tickets and to see all the great things that are happening out at the Center for the Arts at Kayenta.

37TH ANNUAL SEARS INVITATIONAL ART SHOW & SALE OPENS WITH GALA

Featuring more than 170 works of art from 90 invited artists, Utah Tech University's 37th Annual Sears Invitational Art Show & Sale is set to commence with its Gala Opening Reception and Art Preview.

Providing attendees with the opportunity to be the first to view and purchase the showcased art, the Gala and preview are set to take place at 7 PM on Feb. 16 in the Sears Art Museum, located in the Eccles Fine Arts Center on the Utah Tech campus.

The show includes a diverse range of art, including landscapes, still lifes, Western scenes, contemporary realism, sculpture, ceramics, and photography. Additionally, the invitational serves as a pivotal starting point for many featured exhibitors, propelling artists into national recognition.

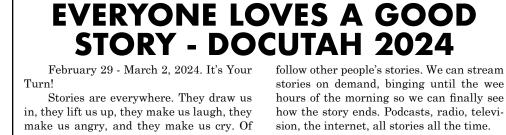
"Some of the very best and brightest artists from Utah and beyond showcase new works here every year, creating a sight to behold," James Peck, director and curator for the Sears Art Museum, said.

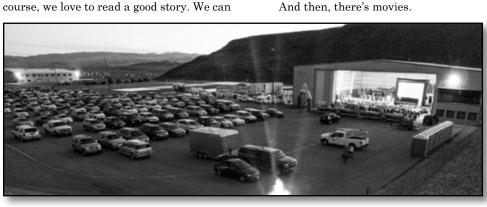
Since the inaugural Sears Invitational Art Show & Sale, a portion of the proceeds from each piece purchased has been allocated to help fund the Sears Art Museum. The goal of the invitational is to give Southern Utahns an opportunity to purchase art, gain a purchase prize to add to Utah Tech's Permanent Collection, and educate UT students and the community.

Following the Gala Opening Reception and Art Preview, the exhibition and sale will open to the general public on Feb. 17 and run through March 31. In support

of the invitational, the museum will be open for extended hours: Mondays through Saturdays from 10 a.m. to 6 p.m. and Sundays from 3 to 5 PM. The museum is always free to visit.

Tickets to the Gala Opening Reception and Art Preview are \$75 per person and available by contacting Jeanine Nay at Jeanine.Nay@utahtech.edu or call 435-652-7537.





get lost in a book and transport ourselves into stories on a page. Magazines share, among others, news stories and human interest stories, piquing our curiosity and telling us about new products or trends. Social media lets us post our own stories and

We love movies. Whether masterfully written or artfully documented, movies are stories on film. And documentaries are the stories we are here to talk about.

The DOCUTAH International Film Festival celebrates its 14th season in southern Utah this spring.

Presented by Utah Tech University, the mission of DOCUTAH is "to bring together filmmakers and film lovers for an electric weekend celebrating the art of documentary, seeking to open hearts and minds to the world through beautifully crafted stories on film, promoting education while creating an atmosphere of camaraderie and community."

This year's festival features 56 stories, some released within the last two years and some making their premiere. Many filmmakers will come in person to share their stories with us. Their films will draw you in, they will uplift you, they will make you laugh, they will make you angry, they will make you cry. These are the stories on film that, through you, will change the world.

Visit docutah.com for more information! DOCUTAH. It's your turn.





Wholesale to the public

(435) 628-2514

53 East St. George Blvd.
St. George, Utah 84770
FAX (435) 673-2556
E-mail: msturq@msn.com

KANAB WOMEN'S FORUM RETURNS FEATURING TIA STOKES

The Women's Forum is coming up on March 2nd from 8 AM - 4 PM, located at the Kanab Center. We'd like to invite all women ages 12 years and older to join us for a day of learning, being with friends, and enjoying uplifting events.

This year's keynote speaker is Tia Bee Stokes. Tia is a mother of 5, a wife, a business owner, a cancer 'thriver,' as well as a YouTube and TikTok star who was recently featured in People Magazine.

Diagnosed with Acute Myeloid Leukemia in 2020, she was told by her doctors to do something she enjoyed for 15 minutes each day. Tia took this advice to heart and filmed herself dancing for 15 minutes each day of her treatment. She then uploaded the dances to TikTok, sharing her light and positivity with millions across the globe. Tia loves life and all of its opportunities. She is looking forward to sharing her inspiring story at Women's Forum 2024.

Tickets are \$30 if you buy them beforehand, \$35 the day of. You can purchase tickets at WomensForuminKanab.com, or they will be available soon to buy in person at the Kanab Office of Tourism. That includes a keynote speaker, breakout classes, and lunch from Brown Box. We look forward to seeing you there.



SOUTHERN UTAH ART GUILD ANNOUNCES FEBRUARY EVENTS

You're cordially invited to two art events in February at the Red Cliff Gallery and the Arrowhead Gallery.

Red Cliff Gallery will be hosting a "My Favorite Things" art show featuring about 60 local artists. In addition, the show will include a "Traveler's Wall" with an artwork theme of Southern Utah. To kick off their seven-week show, there is an artists' reception on Friday, February 9, from 6 - 8 PM. Come meet the artists and enjoy some refreshments. The show will run from February 10 through March 28 at the Red Cliff Gallery, 220 N. 200 E. in St. George. Open Monday through Friday, 9 AM - 5 PM, and Saturday, 12 - 4 PM.

Arrowhead Gallery will feature the artworks of Mary Jane Grow for the month of February. There will be an artist reception on Saturday, February 10, from 6 - 8 PM. Mary Jane works in watercolor and oil painting. She is a Utah native and enjoys painting northern scenes and southern Utah scenes. Her work is in galleries and private collections in the USA and Europe. Mary Jane's website is mjgrow. com. Arrowhead Gallery is open Tuesday through Thursday, 11 AM - 6 PM, and Friday and Saturday, 11 AM - 8 PM, at 68 E. Tabernacle in St. George.

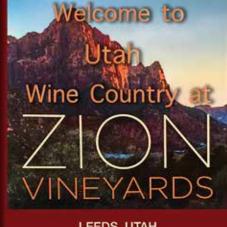
Come support your local artists. A piece of artwork is a great way to add beauty to your home or office.

The Southern Utah Art Guild offers many opportunities to the artist, such as free art classes and workshops, free vendor events, the opportunity to participate in many of the Red Cliff Gallery art shows, and the opportunity to be a permanent artist in the Arrowhead Gallery.

Visit SouthernUtahArtguild.com for more information.



WINE TASTING



LEEDS, UTAH
5 Hidden Valley Rd • 84746
(12 miles north of St. George)

We have Two New Wines this February
Our Grenache Blanc 2022 is loaded with
notes of stone fruits, apricots, peach
and nectarine. Our Rosé Grenache is a
co-ferment of Grenache and
Grenache Blanc creating a Rosé style wine
with notes of strawberry and cherry.
Come in and join us for a Tasting
No Reservations Needed 435-292-8327

WOGA, that's Wine and Yoga had a great turnout last month. So good, we are offering two sessions this month, Sunday Feb 4th and Feb 18th in our Tasting Room. Yoga is free and starts at 10am and then stay for a Wine tasting. The Wine Tasting is \$25

Must be 21+ All Yoga Levels Welcome We're OPEN 7 Days a Week Noon til 6pm



UTAH TECH THEATRE PRESENTS "A MIDSUMMER NIGHT'S DREAM"

February 9 to March 30 at 7:30 PM Utah Tech Theatre Program is thrill

Utah Tech Theatre Program is thrilled to unveil its upcoming production of "A Midsummer Night's Dream," a magical rendition of Shakespeare's iconic masterpiece, bringing this timeless classic to life in a mesmerizing theatrical experience. The enchanting tale of love, mischief, and fantastical adventures will unfold in the Eccles Blackbox on the Utah Tech University Campus.

Directed by UT Assistant Professor of Theatre Brandon Bruce, this production promises a fresh and innovative perspective while staying true to the essence of Shakespearean comedy. Bruce emphasizes the theme of metamorphosis, stating, "Every character transforms in some way, much like a caterpillar transcends its form. We are thrilled to present 'A Midsummer Night's Dream' with a unique interpretation that resonates with modern audiences."

Audiences can expect a visually stunning production. Bruce remarks that he has two goals for the audience, "First: "I had a great time.' Second, 'that good is not all good, and bad is not all bad." Bruce hopes to physically engage the audience through laughter while painting the wild, mysterious, magical world of the fairies, the heart-wrenching and heartache-ridden world of the lovers, and even the surprisingly poignant discoveries made by Bottom and the clownish mechanicals. He adds, "I think this play is best performed when the comedy is infused with depth and thoughtfulness."

The university's commitment to excellence is evident in every aspect of the production, from casting to technical execution. The creative team includes UT Theatre Students and professors, with Joss Carlisle as Assistant Director, Allison Gibbes as Stage Manager, Samantha Pope & Sophie Price as Assistant Stage Managers, Allison Gibbes as Dramaturg, Sara Gallo as Choreographer, and Lonnie Parsons as Musical Composer.

Technical design is in expert hands, featuring Scenic and Puppet Design by Chelsea Richards, Costume Design by Kris Davies, and Technical Direction, Lighting, and Sound Design by Henry Echeverria.

Admission to the performances is free, and no advance ticket reservations are required. The Utah Tech Theatre Program invites everyone to join and appreciate the work of its students, contributing actively to their growth and development.

The Eccles Blackbox Theatre is located in the Eccles Fine Arts Center at 225 S 700 E, St. George, on the Utah Tech University campus. Visit theatre.utahtech.edu for additional information.

Don't miss the opportunity to witness the magic of Shakespeare's world come alive on stage at Utah Tech University.



CROSSROADS of the WEST GUN SHOW

FEBRUARY 17-18

BRING THIS AD FOR A DISCOUNT OR BUY TICKETS ONLINE @CROSSROADSGUNSHOWS.COM AND USE COUPON CODE "STGEO"

Zion Canyon Mesa Presents Two Amazing Events in February

Humans, Humanities and the Written Word with Laura Pritchett and Laura Tohe

Friday, February 16, 2024, 7pm-8:30pm
Canyon Community Center • 126 Lion Blvd. • Springdale, UT ~ FREE ~

How do stories bring us together? How do we learn from the past? How do writers navigate place, culture, and power? This interactive conversation with author Laura Pritchett and poet Laura Tohe will be facilitated by Caitlin McDonald, program manager for Utah Humanities' Center for Local Initiatives. Laura Pritchett is an award-winning author of six novels and two nonfiction books, known for her novel

"Stars Go Blue," and is the director of the MFA in Nature Writing at Western Colorado University.



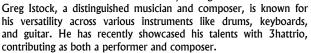
Laura Tohe, Diné and the Navajo Nation Poet Laureate, is an acclaimed author and professor, with works ranging from poetry to librettos, and has received numerous awards including the 2020 Academy of American Poetry Fellowship.



Chaos Theory with Craig Childs and Greg Istock

Saturday, February 17, 2024 , 7pm-8:30pm Bumbleberry Theatre \cdot 897 Zion Park Blvd \cdot Springdale, UT \sim FREE \sim

Craig Childs and Greg Istock team up again after their successful "Blood River" project, this time exploring "Chaos Theory." Craig Childs is an acclaimed author and storyteller with over a dozen published books, including "Tracing Time" and "Secret Knowledge of Water." His work has earned him the Orion Book Award, the Galen Rowell Art of Adventure Award, among others.





These presentations are part of Zion Canyon Mesa's "Community Conversations" series, in partnership with Zion Forever and Torrey House Press. Visit us at ZionCanyonMesa.org



REDSTONE THEATER IN KANAB BRINGS YOU DADDY LONG LEGS By Rachelle Robinson

Every once in a while we are introduced to characters that we will long remember after closing the covers to a delicious book. Jerusha Abbott, once you come to know her, will stay in your heart much like Anne Shirley of Green Gables fame, Alice in Wonderland or Jo Marsh from Little Women Good stories, after all, have strong characters who teach us something, and while it is true that we only see two of those characters, DADDY LONG LEGS is a good story.

I've had the unspeakable privilege of directing this lovely show twice in the last few months. It has brought me so much joy and so many insights and memorable moments



to reflect upon. Jerusha's letters to her mentor, Jervis Pendleton are funny, thoughtful and filled with wisdom . It's such an honor to be able to "read" them over and over.

Of all the things that can be taken home with you after a night at the theatre, being thoroughly drenched in beautiful live music, a stunning set, and imaginative staging, I hope you can take these thoughts and so many more with you:

• So much can be learned from the reading of a good book.

a book.

The importance of imagination

• Maybe we can get hung up on the way we imagine a person to be, and they aren't that way at all.

Concerning charity, who is really the giver?

• That "her" happiness is more precious

than mine.

 One should do nothing from duty, and everything from love.

Bringing this show to Kanab has been a beautiful process and I hope you can feel our commitment to its many uplifting messages as you immerse yourself in the world of an orphan and a wealthy philanthropist discovering themselves in the early 1900s.

The show opens February 2 with shows through Valentine's Day on the 14th. Tickets are now available at redstonetheater.com. use the promo code kanablocal to save 20% or more.





28°z
Porterhouse
Prime Steak \$58

Fresh Florida
STONE CRAB
Never Frozen
Wild Caught

MP\$

Dover SoleFresh From Holland
24-28° Pan-Roasted
Filleted Tableside
MP\$

Katherine's

Steaks • Seafood • Italian

Reservations Recommended 702-346-6846 | CasaBlancaResort.com

THE WASHINGTON COUNTY FAIR - YOU TOO CAN PARTICIPATE By James McFadden

April 12-20, 2024.

County fairs in Utah are vibrant community events celebrating agricultural heritage and local culture. County fairs feature a mix of traditional and modern attractions. Visitors can enjoy agricultural displays, livestock exhibitions, arts and crafts, local food, and entertainment ranging from carnival rides to live music. They provide a platform for local artisans, farmers, and performers to showcase their talents. Utah's county fairs are not just about entertainment; they are a testament to the state's community spirit and rich agricultural history, offering a unique experience that blends education, tradition, and fun for all ages

I always look forward to the fair; it's a time to explore new flavors, ride thrilling rides, peruse amazing exhibits, experience new adventures, hang out with friends, and even make new ones.

Since moving here to southern Utah,

our family has kept up the tradition of attending the fair, but there's one aspect of the fair I think most people miss, which is you too can be a part of the fair!

Are you an Artist? Well, you can enter your art into the Art competition and display your work in the Art exhibit! Are you a writer? Again... you can enter your work and your stories into the fair's community competition exhibits. Other notable subjects are 4-H, Animal Shows, Field & Crops, Fine Arts, Home Arts, Literary Arts, and Horticulture.

You MUST enter online prior to the deadline. Registration closes on March 29th. An exhibitor may enter a total of 25 items in home arts and 10 items in fine arts. The same item duplicated cannot be entered in more than one department. To be considered for any premium money, ALL items must be registered online. Questions? Call 435-301-7740.

Important Dates

Intake days will now be:

Thursday, April 4 from 8 AM to 6 PM Friday, April 5 from 9 AM to 1 PM

Thursday, April 11 from 8 AM to 11 AM (Perishable Items, Horticulture, Baked Goods)

Visit washcofair.net/participate-in-the-fair/ for more information and to register your items today.



WINE MAKING REFINED IN SOUTHERN UTAH

February can be a busy time for Zion Vineyards as they bottle their 2022 wines and start pruning the vines.

They have two new wines to offer this February, just in time for Valentine's Day. Now pouring and selling their new Rosé Grenache 2022 -- this is a co-ferment of Grenache, a red wine, and Grenache Blanc, a white wine, creating a Rosé style wine with notes of strawberry and cherry.



They will also have their Grenache Blanc 2022, a beautiful floral bouquet loaded with notes of stone fruits, apricots, peach, and nectarine.

Zion Vineyards has many great single-varietal wines, and they are also becoming known for their great blends. When creating their blends, it isn't by chance; it's a scientific process called a bench trial. There are a few basic steps: 1) Determine what types of wine varietals are available for use. 2) Determine the Style of the Wine you would like to create, i.e., a Super Tuscan or a Rioja style. 3) Utilizing a Graduated Cylinder, fill a glass with 100ml of wines in varied recorded measurements; for example, in the first glass, 50ml of Cabernet, 30 ml of Zinfandel, and 20 ml of Tempranillo, a

blend of 50% Cab, 30% Zin and 20% Temp. In the next glass, 60ml of Cabernet, 30ml Zinfandel, and 10ml Tempranillo.

This year, they are working hard to make three to five varied blends, and then, the most challenging part of the job comes next. 4) They must Taste the Wines. The worst part is that you might have to revisit a glass or two. 5) Evaluate and Vote. They run these Trials with an odd number of people, so there isn't a tie. Michael Jackson, the Vintner, always gets the Final Vote. From here, everyone takes notes and discusses the varied flavor profiles and what we do or don't like about each glass of wine. Putting time and effort into everything they do, their Blends are like all of their wines, expressing their love of the vines.

Please come on out and join them for a fun time and taste some of their amazing wine. Visit them at 5 Hidden Valley Road in Leeds. They are 12 miles north of St George and off the I-15 in beautiful Leeds, Utah. Reservations are unnecessary, and they are Open Seven Days a Week, from noon until 6 PM. Online at www.zionvines.com or call 435-849-8376.



A WEEKEND OF PERFORMANCE, THOUGHT, AND MUSIC COMES TO SPRINGDALE

February 16: Humans, The Humanities, and the Written Word with Laura Tohe and Laura Pritchett.

February 17: Chaos Theory with Craig Childs and Greg Istock.

Produced by Zion Canyon Mesa, with Torrey House Press and Zion Forever.

Zion Canyon Mesa presents two evenings of lectures and performances





in conjunction with the annual Torrey House Press "Voices for the West" writing workshop. On Friday, February 16, novelist Laura Pritchett, with her sixth novel, "Playing with Wildfire," due out this month, joins Navajo Nation Poet Laureate Laura Tohe to explore "Humans, The Humanities, and the Written Word." How do the humanities affect our lives? How

should they, especially in these times when the very nature of a liberal arts education is under fire?

"But our dreams can't live in that city. Where are they, our dreams?" Laura Pritchett

"We will sing you back to your relatives, sing you back to the places you once walked, and return you to the stars." Laura Tohe

On Saturday night, storyteller and writer extraordinaire Craig Childs and virtuoso musician Greg Istock continue their remarkable partnership to plumb the depths of "Chaos Theory." When asked what to expect, Greg replied, "We performed this twice to sold-out crowds in Colorado, and each night was different. All I can tell you is I'm as curious and primed for what will unfold as you are." Childs continued, "There are so many of us now that we threaten to devour the world with our

touching, starting with the things we adore most. At the same time, we obviously yearn for contact, and I fear what would happen if we were cut off from a distinctive, on-the-ground relationship with the past."

Visit ZionCanyonMesa.org for more information and to learn how you can be a part of something greater than yourself.







Feb. 29 - March 2 March 5 - 9 @ 7:30pm

Eccles Blackbox Theatre

Free Admission!

No reservations necessary.

For more specific info, visit theatre.utahtech.edu

OPINION

UTAH GOV. COX'S DEI AWAKENING

By Howard Sierer

Swept along by progressive diversity, equity, and inclusion (DEI) concepts that were all the rage when he took office in 2021, Utah's Governor Spencer Cox embraced those ideas wholeheartedly. After all, don't we all want to accept all members of our diverse society, be equitable in our actions, and make everyone feel included?

Putting campaign promises into action, Gov. Cox signed the Utah Compact on Racial Equity, Diversity, and Inclusion. He likewise required every Senior Advisor and Cabinet Leader to read and sign onto the Compact, putting them all through a "21-Day Equity Challenge" that included training on microaggressions and antiracism.

He named a Senior Advisor of Equity and Opportunity who also served as Director of the Utah Division of Multicultural Affairs. The division documented all the administration's first-year actions in a splashy, 30-page brochure, "Equity & Opportunity: Progress & Accomplishments," released in October 2021.

Like motherhood and apple pie, very few of us take exception to the ideals expressed in the compact and the documented accomplishments. But as I've discussed in the past, the problem lies not with the idealistic concepts but with their discriminatory and authoritarian implementation.

A DEI bureaucracy's first step is to allocate all people in its area of responsibility into identity groups. Then DEI policies are developed that are tailored for each group but unavoidably exclude other identity groups. So much for "inclusion."

For example, a Utah State University diversity symposium was titled "Decentering Whiteness." Attendees were required to review "marginalized and underrepresented scholars" based not on the quality of their scholarship but on their identities. The concept of being "colorblind" was discredited and replaced with favoring those from preferred identity groups.

USU also began requiring DEI statements from faculty applicants that explained how they planned to infuse diversity and equity—that is, focus on race, gender, sexual orientation, and other categories of "marginalization"—into their teaching and research. DEI credentials were needed even for USU faculty positions in insect ecology and solid earth geohazards!

The University of Utah likewise introduced explicit DEI statements, making clear that they were interested only in "the

recruitment of faculty from diverse backgrounds" and those who were "LGBTQIA+." The message was clear: straight white males need not apply regardless of their qualifications.

Cox's idealism had unwittingly empowered DEI bureaucrats at USU, the University of Utah, and other government entities around the state who were telling Utahns in various identity groups that they were victims who needed government help to combat the discrimination they faced.

Seeing the unfolding damage, Cox reversed course.

He expressed his concerns in a December 2021 press conference and repeated them in his televised December 2023 PBS press conference, saying, "I think it's bordering on evil that we're forcing people into a political framework before they can even apply for a job in the state." He called DEI statements "very political," and indicated his support for the legislature's plans to permanently ban DEI hiring statements.

As reported in the Deseret News, the Utah House passed a bill last month to overhaul diversity, equity and inclusion programs at public institutions in the state. The bill, Equal Opportunity Initiatives, aims to outlaw DEI requirements and programs at public universities, schools "or any other institution of the state" that engage in what the legislation calls "prohibited discriminatory practices."

The bill's sponsor, Rep. Katy Hall, explains to her critics that "It doesn't close cultural centers, it does not defund programs or scholarships, it does not exclude students who need extra services for their academic successes, including those who are already receiving services."

With the handwriting on the wall, the University of Utah announced in early January that "all hiring units at the university should discontinue the use of any type of diversity statements or similar practices as part of their unit-level applicant or employee hiring processes."

It's about time that Utah recognized DEI as the political bludgeon it's become. I've called DEI as it's put into practice "unanimity, inequality and exclusion." DEI advocates insist on unanimity of thought, equality of results instead of equality of opportunity, and shout down — exclude — those with ideas they don't want to hear. The uniformity of thought known as intersectionality, fostered by DEI, requires that all so-called oppressed people must support all others who are oppressed.

DEI is an integral part of progressives' plans for remaking society, governed by the elite intelligentsia who know what's best for us. History shows this never works because power corrupts. Big Brother in Orwell's novel "1984" comes to mind.

I'm with Supreme Court Chief Justice John Roberts: "The best way to stop discrimination on the basis of race is to stop discriminating on the basis of race."

WONEN'S FORUM IN KANAB ACOMMUNITY EVENT FOR WOMEN AND GIRLS AGES 12+ SATURDAY S NARCH 2ND S 8 AM - 4 PM, KANAB CENTER TICKETS: KEYNOTE, BREAKOUT CLASSES AND LUNCH INCLUDED! TICKETS AVAILABLE AT KANAB OFFICE OF TOURISM OR WOMENSFORUMINKANAB.COM WITH SPECIAL GUEST TIASTOKES DANCER, BUISNESS OWNER, TIK TOK STAR, CANCER THRIVER SEGO

UTAH LEGISLATORS ATTACK DEI BUT WHO BENEFITS?

By Lisa Rutherford



Efforts to deal with racial discrimination and other inequities began in the 1960s. I've experienced how discrimination works. While in college in Albuquerque, New Mexico, after my parents' divorce and while my father was

living in an apartment, I was told not to bring my Black girlfriend to the apartment pool because Dad had received complaints. My sorority refused to accept girls who were not Caucasian – refusing Black and Hispanic girls with great grades and strong qualities. While seeking a teaching job in El Paso, Texas, the job was given to a Hispanic applicant. Some might see this as reverse discrimination. I did not feel unfairly rejected. I've always felt that as a middle-class Caucasian, I had a substantial leg up compared to others from minority and lower-income populations.

So here we are decades down the road, and diversity, equity, and inclusion – DEI - still bedevils us.

Our legislature's HB261 "Equal Opportunity Initiatives" attempts to deal

with DEI. But who will benefit from these "equal" opportunities?

Legislators who oppose this bill and come from minority backgrounds state they see value in DEI personally. They talk about how DEI made them feel more included during their formative years. ORMS Institute (The Operations Research and the Management Sciences), in their publication – "An Analytics Approach

to Diversity, Equity and Inclusion" – notes that "Inclusion appears to be a key root cause of the diversity problem. Not feeling welcome, women and minorities are leaving the tech industry by hundreds of thousands."

It's interesting that although many legislators support this bill, the Salt Lake Chamber of Commerce does not and issued this statement: "This bill is significant for businesses as it directly impacts the future talent pool. A diverse and inclusive workforce is not just a moral imperative but a strategic advantage for businesses aiming for sustained success."

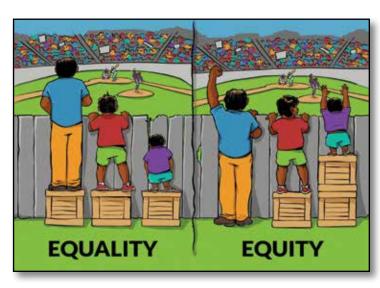
In fact, the bill itself requires an institution of higher education to contract with a third party to conduct campus climate surveys to determine how students and faculty are feeling about the campus environment. That should be done before this bill is passed – not after. How do legislators really know whether this bill is necessary? Are legislators afraid of what they might discover if the surveys are done now while DEI programs are still in place?

This bill reflects a nationwide political effort to eliminate DEI programs. The domino effect of these bills across our nation is yet to be realized. But I foresee more political division between conservative and progressive states, not less. It could affect where students choose to attend college and reduce the diversity that is so important in this world. Data from the National Center for Education Statistics reveal fewer

students — not just male — are choosing to enroll in college. If Utah's politicians are focused on making students of colors and others who feel unwelcome avoid Utah, leaving more room for white kids, this may serve that goal well. But if this bill's proponents want to see all kids succeed, as they have insisted, they need to help those who really need help.

Many who support the bill say it stops discrimination by not singling out an individual based on their race, ethnicity, gender, sexual orientation or religion — and, instead, treats everyone the same. But that's what we "supposedly" had before efforts to deal with unfair treatment of different groups began. Obviously, it was not working then, or we would not have been trying to fix this complex problem for over sixty years. Bias and discrimination have been with us for a very long time. It won't be easy to fix, but going backward is certainly not the answer.

Quotes by Dr. Martin Luther King, Jr., were mentioned during the House Education Committee meeting on January 17. Yes, Dr. King wanted people to be judged solely on their character, but that still is not always done fifty-five years after his death! Many people still look at a black, brown, or LGBTQ+ person and see that



first. That "colors" their thoughts about that person one way or another, consciously or unconsciously. Dr. King wanted a peaceful way of achieving his goal, and DEI tries to do that. Some people feel DEI is creating conflict, but that is because of their reaction to DEI – not what DEI promotes.

Resistance to DEI by some is due to fear of change or feeling that their own opportunities are being compromised. If behind this legislative effort is a fear on the part of legislators that those who have been marginalized may take opportunities away from their own kids, perhaps they would do well to search their souls and acknowledge the opportunities that their own have had for some time.

Utah does not have a stellar reputation when it comes to minorities such as Blacks, Indigenous people, and other marginalized groups. This bill does nothing to improve that reputation. State leaders and others who support it should work toward a better future not go backward. Some marginalized people make it on their own; we should not use that as a standard for everyone by eliminating DEI programs. It remains to be seen if this bill provides the support sponsors say it will. Unfortunately, there are no official sanctioned studies to support the value of DEI. It's been suggested that a legislative audit of the program be done before disbanding these programs. That sounds more reasonable to me than rushing this bill, which may be enacted too



OUTDOORS

HIKING UTAH: LAVA FLOW TRAIL, SNOW CANYON STATE PARK By Tom Garrison

Location: Snow Canyon State Park, St. George, Utah. The entrance fee is \$10 per vehicle (up to eight people) or \$5 per vehicle (up to eight people) for seniors 65 and older who are Utah residents with a Utah driver's license. No permit is necessary. Managed by Snow Canyon State Park.

Difficulty: Easy. The hike isn't difficult, but you must literally watch your step because almost all of the trail is strewn with lava rocks. Going into the lava tubes requires serious rock scrambling.

Average Hiking Time: About $1\frac{1}{2}$ hours at a leisurely pace with much exploring at West Canyon Overlook.



Elevation: The trailhead is approximately 3,785 feet elevation with a 100 feet elevation change from the highest to lowest point.

Family Friendly: Watch your step and be aware of the considerable drops into the lava tubes, and everyone should be okay.

Getting There: From St. George, go north on State Highway 18 (Bluff Street) and turn left (west) onto Snow Canyon Parkway. Continue approximately 3.6 miles and turn right (north) at Snow Canyon Drive. The Snow Canyon State Park south entrance is .8 miles ahead. Pay the fee and continue north on Snow Canyon Drive 2.9 miles past the entrance station and park in the signed Lava Flow Trail trailhead/parking area on the left (west). There are no toilets or water at the trailhead.

Along with red sandstone, ancient volcanoes, and lava flows (the dark volcanic stone known as basalt when it cools) are a major factor in the southwest Utah landscape. While my wife, Deb, and I are not vulcanologists, we have explored several dormant volcanoes and stumbled across many basalt fields. This adventure takes us to the heart of volcanoland—Lava Flow Trail in Snow Canyon State Park.

If the remainder of the St. George area was a vast wasteland, Snow Canyon would still be a good enough reason to live here for outdoor enthusiasts. The 7,400-acre park was created in 1959 and has views that rival the much better-known Zion National Park. There is evidence that the Ancestral Puebloans/ Anasazi used the canyon for hunting and

gathering and were followed about 1200 AD by the Paiutes. In the 1850s, Mormon pioneers discovered the area.

Snow Canyon State Park is home to a diversity of plant and wildlife species. However, since it was nearly winter and chilly, we did not see any animals.

We arrived at the trailhead at about 1:30 PM on a late November afternoon. The sky was blue with scattered clouds, and the temperature was in the low 50s. The trailhead elevation is 3,785 feet, with a 100 feet elevation

change from the highest to the lowest point.

It was a Saturday (mistake), the Saturday after Thanksgiving (big mistake)—dozens of people on the trail. We have hiked the Southwest for more than 35 years, and except for Zion National Park on a weekend, we never saw this many people on the trail. On the other hand, it is good to see so many folks enjoying nature and everyone with whom we interacted was friendly.

This out-and-back hike is a 2.5-mile round trip to the end of Lava Flow Trail, where it intersects West Canyon Road. We only went as far as West Canyon Overlook, about two miles round trip.

Be advised that almost all of Lava Flow Trail is embedded with lava rocks (imagine



that)—watch your step to avoid nasty falls.

We began heading west on the well-maintained trail. Soon, the trail climbed slightly to reach a high point along an expansive lava flow. Now we went southwest, and about ½ mile from the trailhead, the Whiterocks Trail enters from the right. As we walked along, most of Snow Canyon was open to our view, very nice.

We continued along the sloping lava field and soon came to an education sign marking the location of two lava tubes near the trail—big black holes in the ground. We examined the lava tubes/caves from ground level. We'll leave the actual tube exploring to the younger folks (we are both in our 70s).

Beyond the first two lava tubes, the trail gently heads downhill with the third lava tube on the left. The collapsed tube was a black lava rock depression.

A little further is an intersection with Butterfly Trail entering from the left, approximately .8 mile from the trailhead. Continuing south, a couple of hundred feet past the Butterfly Trail intersection, we came to another junction with a sign indicating the West Canyon Overlook ahead.

Before venturing to the overlook, we turned right (west), staying on Lava Flow Trail, and about 100 feet further, we came to an interpretive sign next to an open lava tube. The opening to this tube is impressive, about 75 feet long and 45 feet wide. I'm glad

we were not in the area when the lava was fresh.

You can, although we did not, keep going downslope past this lava tube to where Lava Flow Trail intersects West Canyon Road. This part of the trail looked rather uninspiring, and instead, we headed back to explore West Canyon Overlook, a large pyramid-shaped sandstone knoll.

We soon came to the base of the huge dome and walked around the northern part to get a view of the canyon—good, but it looked as if the southern part was better. We then traversed the southern part of the dome,

much of it on slickrock, and reached a prominent viewpoint on the south side. The hike was worth the vista of towering multi-hued sandstone cliffs. The overlook is aptly named, the views of the main canyon sandstone ridges and cliffs were beautiful.

Retracing our steps, we returned to the trailhead, enjoying slightly different views of this colorful post-Thanksgiving hike.

I recommend this hike. I rate this hike as easy even though almost all of the trail is strewn with lava rocks. Remember to bring a flashlight if you plan to explore inside the lava tubes. Take your time, it is a short two mile hike with amazing views of sandstone and lava rock formations.



The St. George Bicycle Collective Needs

VOLUNTEERS & BIKE DONATIONS

- We accept all bikes, bike parts and bike accessories.
- Then we fix up bikes and put them in the hands of people who need them.

39 South Bluff Street, Saint George, Utah StGeorge@BicycleCollective.org www.BicycleCollective.org/st-george





CALENDAR

How To Use This Calendar: Begin by reviewing the 'Multi-Day Events' section to find specific dates or event types happening over multiple days. For weekly reoccurring events go to 'Events by Day.' Then explore 'Events By Date' for date-specific events. Enter your events for free at suindependent.com, click Calendar, then Add Event. Please verify events in advance due to events possibly being canceled, changed, or postponed.

Multi-Day Events

DADDY LONG LEGS Feb. 2-3, 9-10, 12, and 14. 7 PM. Daddy Long Legs is a sweeping romance filled with wit, whimsy, and a soaring musical score. Based on the classic novel, which inspired the 1955 movie. Redstone Theater, 29 W. Center Street, Kanab.

HABOOB IN THE HOODOO - VV COMMUNITY THEATER Feb. 2-4, and 9-10, 7 PM. Mesquite Community Theatre, 150 N. Yucca St., Mesquite

THE SOUND OF MUSIC Jan 18-Feb 24, 7:30 PM. The hills are alive again as this classic musical returns to the SGMT stage! Rated G! St. George Musical Theater, 212 N. Main St., St. George.

SNOW CANYON HIGH: SCHOOL PLAY Feb. 8-10, and 12, 7 PM. Snow Canyon High School, 1385 Lava Flow Dr.,

8TH ANNUAL ST. GEORGE JAZZ FESTIVAL Feb. 9 - 10, 7:30 PM. Enjoy wonderful concerts and informative clinics. LA-based saxophonist Sal Lozano will be the featured guest artist for this year's Festival. Visit utahtech.edu/ticket-office. \$20 General Admission. Friday Live and Local Night are \$10. Eccles MainStage Theater, S. 700 E., St. George.

KANAB TRAIN SHOW Feb. 9-10, 4 PM. The Kanab Train Show is a place for folks of all ages to enjoy model trains and LEGO builds. Kanab Center, 20 N. 100 E., Kanab.

MY FAVORITE THINGS Feb. 9-Mar. 28. Mon.-Fri. 9 AM-5 PM., Sat. Noon-4 PM. Artist Reception and Awards Feb 9 from 6-8 PM. Red Cliffs Gallery, St. George City Commons Building. 435-414-0345. Red Cliff Gallery, 220 N. 200 E., St. George.

BALLOONS AND TUNES ROUNDUP Feb. 16-18. Hot Air Balloon Launches take place at the former Coral Cliffs Golf Course in Kanab each morning at 7:30 AM (weather permitting). Friday afternoon, vendor fair, great bands, and Lantern Festival. Saturday Balloon Launch (weather permitting), vendor fair throughout the day, and Balloon Glow at 7 PM, followed by live music! Last Balloon Launch is on Sunday morning (weather permitting), so stay all weekend! City of Kanab.

CROSSROADS OF THE WEST GUN SHOW Feb.17-18 9 AM. Tickets are available to purchase at the door, or you can buy them online ahead of time at CrossroadsGunShows.com. Dixie **THE PROM** Feb. 9-10, 12, and 16-17, 7:30 PM. The SUU Department of Theatre, Dance, & Arts Administration presents this awardwinning Broadway musical. Visit the Utah Shakespeare Festival Box Office in person for tickets a half-hour before each performance or by phone at 435 586-7878. Randall L. Jones Theatre, 300 W. Center St. Cedar City.

FREE LANDSCAPE WORKSHOP: Feb. 15, and 29, 9 AM. Learn how to convert a lazy lawn into a vibrant, desert-adapted landscape. Washington County Water Conservancy District, 533 E. Waterworks Dr., St. George.

BRYCE CANYON WINTER FESTIVAL Feb. 17-19, 8 AM. Free clinics, demos, and tours. Individual events subject to change due to weather conditions. Ruby's Inn, 26 South Main St.,

KAYENTA FEBRUARY ART FESTIVAL Feb. 17-18, 10 AM. President's Day weekend. An intimate affair that showcases fine art, home decor, jewelry, design, and art inspiration.

SEARS INVITATIONAL ART SHOW & SALE Feb. 17-Mar. 31. The show includes a diverse range of art, including landscapes, still lifes, Western scenes, contemporary realism, sculpture, ceramics, and photography. There will be a Gala on Feb. 16. Show hours are Mon-Sat, 10-6 PM., and Sundays from 3-5 PM. Admission is free. Sears Art Museum, 155 S University Ave., St. George.

A MIDSUMMER NIGHT'S DREAM Feb. 29, and Mar. 1-2, 7:30 PM. Four young lovers, faced with the prospect of an unhappy marriage or worse, flee the court of Athens and stumble into an enchanted forest. FREE ADMISSION! No reservations are necessary. Doors open at 7 PM! Utah Tech University - Eccles Blackbox Theatre,

AMERICAN VOICES Mar. 1-2, 7:30 PM. Commemorating Symphony-joined by renowned pianist and GRAMMY® winning recording artist Jeffrey Biegel, with Peter Boyer's Rhapsody in Red

TERRY WAYNE PROJECT AT CASABLANCA Feb. 1–4, 7 PM. Showtimes may vary. R&B, funk, dance, oldies, and classic rock. Free admission. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

KID & NICK SHOW AT CASABLANCA Feb. 7-11, 7 PM. Showtimes may vary. A fun, high-energy, interactive variety musical group. Free admission. 21 or older. 950 W. Mesquite

GALLARDE GLEN PROJECT AT CASABLANCA Feb.14-18, 7 PM. Showtimes may vary. Former Star Search vocalist Glenn Gallarde and the band, specializes in bringing a show of Top 40's, Dance and all Rock Anthems of the 60's, 70's, 80's, 90's and to the present day. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

GREGG PETERSON BAND AT CASABLAN-CA Feb. 21-25, 7 PM. Showtimes may vary. Classic Rock, Variety, and dance band. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

THE RIDE AT CASABLANCA Feb. 28-Mar. 3. 6 PM. Showtimes may vary. Singing a great variety of classic rock. 950 W. Mesquite Blvd Mesquite

GALLERY ARROWHEAD FEATURED ARTIST MJ GROW Feb. 6-29, 11 AM. Arrowhead Gallery's February Featured Artist MJ Grow. Tues.-Thurs. 11 AM-6 PM. Fri.-Sat. 11 AM-8 PM. Arrowhead Gallery ETC, 68 E. Tabernacle St., St. George.

PLACES, PHOTOGRAPHY EXHIBIT Jan. 1-Mar. 5, 10 AM. An exhibit that's all photography - whether it's color, black and white,

tion co-curated in partnership with University of Oklahoma comprising archival documents, recent re-imaginings, and fine art photography that explores the historical underpinnings, current state, and future possibilities of key Brutalist buildings in Washington, D.C. Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

QUARTER EXHIBITION Jan. 18-Mar. 27. Visit the Kane County Hospital lobby to view the works of visual artist Amy Burgraaf, photographer Bethany Ebling, local clay potter and basket weaver Jake Hartner, and visual artist Rain Stotlar. Then hop over to the Kanab City Library where we have the art quilts of Sylvia Lewis. Kane County

Kayenta Art Village 800 Coyote Gulch Court, Ivins.

225 S. 700 E., St. George.

the 100th Anniversary of Gershwin's Rhapsody in Blue, the Southwest White, and Blue as part of the 50-state premier tour. Desert Hills High School, 828 E. Desert Hills Dr., St. George.

Blvd.. Mesquite.

abstract, or representational! Kayenta Center for The Arts, 881 Coyote BRUTAL D.C. Oct. 6-Mar. 2, 10 AM. BRUTAL D.C. is an exhibi-

KANAB ARTS BOARD 2024 FIRST

CEDAR CITY DAUGHTERS OF UTAH

MUSEUM 10 AM. We have Artifacts, Photos, and Histories of our Iron County Pioneer settlers who paved the way for our established communities of today. Tools, Clothing, Hats, Dolls, Furniture, Books, A Spinning Wheel, and Organ are on display. Cedar City Visitors Center, Cedar City Daughters of Utah Pioneer Museum, 581 N. Main

KARAOKE WITH "GAYLE LOUISE" 5 PM. KaRaOkE Funnnnn! with "Gayle Louise" Tuesday's and Wednesday's (702) 345-6747. PEGGY SUE'S DINER. 380 N. Sandhill Blvd., Mesquite.

Events by Day

MONDAYS

STORY TIME WITH GRANDPA STEVE 10 AM. Washington County Library System, 88 W. 100 S., St. George. **TUESDAYS**

TRAUMA & LOSS WOMEN'S GROUP 6 PM. Trauma & Loss Group for Women. 640 E. 700 S., STE 101, St. George.

THE GRACEFUL WOMAN 6:30 PM. Tuesday nights are now open to Women of all ages for a wonderful night of specialized teachings to empower, uplift, heal, strengthen and teach, Kundalini Yoga offers unique, transformative guidance for women to stay healthy both in body, mind and heart. Preanant mommas are welcome, teenagers welcome, young and old are welcome! Fruit and Youi Tea will be served after class. Bring your girlfriends, your daughters, your aunts, your mother and grandmother. By Donation \$5-\$11. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

WEDNESDAYS

GAMER CLUB 3 PM. Teens and 'tweens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

MIDVALLEY: FARMERS MARKET 4 PM. Come for live music, jump house, face painting, and more, Find some beautiful. original, and unique items for your loved one, all the crafters and artisans are local and everything is handmade by them. This is the perfect place to take a break midweek with your family, friends, and neighbors, have some dinner, listen to some music, and let the kids play in the jump house while you watch the sunset. This is a Project of The PEACE Guild - Text: 435 704-6916. 780 Midvalley Rd., Enoch.

KARAOKE AT BEAVER DAM BAR 5:30 PM. Every Wednesday with Gayle Louise (SAME TIME as Mesquite) (435) 229-9725. 411 Co Hwy. 91, Littlefield.

SINGER'S CLUB LIVE 6 PM. Open mic, sing, guitar, or grand piano. Facebook "Singer's Club" like our Facebook and watch the livestream every Wednesday night. Contact us if you want to perform. Gentry Music & Arts, 771 S. Bluff St., St. George.

THURSDAYS

SUNRISE ROTARY 8 AM. Meets every Thursday at Scotty's Restaurant at the Falcon Ridge Golf Course. e contact: Deb Parsley debparsley@kwcom. Falcon Ridge Golf Course, 1024 Normandy Ln.,

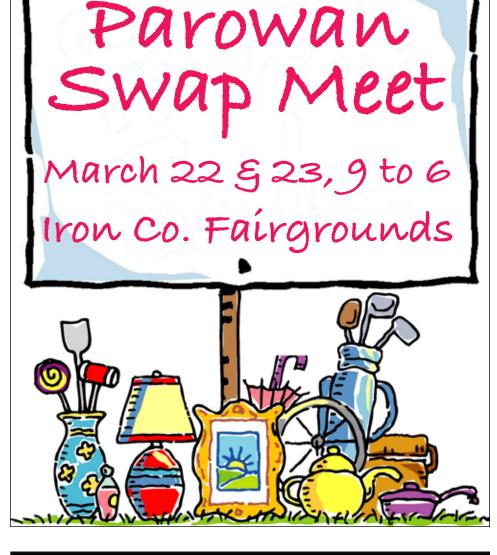
A.P.E.X. EVENTS 11:30 AM. Eccles A.P.E.X. is Southern Utah University's premier weekly lecture series, with speakers and presenters invited from all areas of the world. Attendees to our events are students, faculty, staff and community members, and the series features a diverse range of topics and disciplines. All A.P.E.X. events are free and open to the public. Southern Utah University, 351 W University Blvd., Cedar City.

DESERT COMMUNITY STRINGS AND NEW HORIZONS STRINGS 5:30-7:30 PM. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings.org. Basement of St. George Medical Building, 736 S. 900 E., St. George.

KARAOKE B-I-N-G-O! 6:30 PM. Karaoke B-I-N-G-O! with "Gayle Louise". Two ways to win! Not based on talent. SING-PLAY-WIN! "KORAL KAFE Might As Well Lounge" (435) 627-6262. 2400 N. Town Center Dr., Washington.

JOYFUL YOGA 6:30 PM. An all Levels, all Ages class for anyone and everyone! Get your Joy on with Kundalini Yoga and Meditation as taught by Yogi Bhajan. Mantra, Mudra, Breathina, Movement all with a specific intention to elevate and synchronize your energy, physical and mental bodies to Meditate. Yogi tea and fresh fruit served after each class. By donation. \$5 to \$11. Sage Hills Healing Center, 6232 W. Saae Hills Dr., Cedar City.

KARAOKE WITH DJ LANCE AT MIKES TAVERN 9 PM. 90 W. Hoover Ave., Cedar City.







Panguitch City

A treasure trove of natural and historic wonders. It's the perfect base for exploring the renowned Bryce Canyon National Park and the fish-rich Panguitch Lake. The town itself, with its historic charm, is a gateway to outdoor adventures in the sprawling Dixie National Forest, Kodachrome Basin State Park's stunning geological formations, and the scenic Red Canyon. Whether it's fishing, hiking, photography, or history, Panguitch offers a unique blend of activities and sights in a breathtakingly beautiful setting!

Come Visit Panguitch for a Change of Pace!



CALENDAR

FRIDAYS

CRAFTIVITY 11 AM. Join this creative activity every Friday where together, guests and volunteers work to make easy, fun, and educational crafts. St. George Children's Museum, 86 S. Main St., St. George

CEDAR STREET FEST 3 PM. Local businesses, artisans, and performers come together for a weekly celebration of Cedar City's unique culture. Enjoy music, food, and fun, including live music, theatrical performances, stand-up comedy, bouncy houses, art classes, games, Artisans Fair, Farmers Market, drive-in movies, and more. Visit Cedarstreeffest.com. Cedar Fun Center, 170 E. Fiddlers Canyon Rd., Cedar City.

OFF THE CUFF 8 PM. Every Friday. Tickets are \$10. Advanced tickets available for purchase at otccomedy.com. Off the Cuff Theater, 913 S. Main St., Cedar City.

SATURDAYS

BEST FRIENDS GENTLE YOGA 9 AM. Join us for a 45-minute gentle yoga class for all levels and ages at Best Friends Roadhouse and Mercantile Best Friends Roadhouse and Mercantile, 30 N 300 W Kanah

CEDAR CITY FARMERS MARKET 9 AM.-1 PM.
Come for the farmers, food, and artisans as well as drawings, bingo,
and more! For information visit them on Facebook, Cedar Saturday
Market, or call Nancy (435) 463-3735. IFA, 905 S. Main St., Cedar City.

TUACAHN SATURDAY MARKET 9 AM. A fun craft festival set in a beautiful and scenic canyon. Every Saturday morning we have live entertainment, crafters, vendors, food and fun. In the event of rain, we cozy up under the cover of the Tuacahn Amphitheater plaza. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

DOWNTOWN FARMERS MARKET 10 AM. Every event showcases over 50 vendors from all over Washington and Iron Counties bringing you the best in locally grown produce, pastureraised meats, raw cheeses, and unique artisanal products. Enjoy local food and goods while sitting in the shade on our green grass, jamming out to local live music. This is truly an event for the whole family. Every Saturday. Vernon Worthen Park, 300 S. 400 E., St. George.

FESTIVAL CITY FARMERS MARKET 10 AM. Every Saturday behind I/G Winery. Free admission. Come and support local farmers by buying fresh and local year-round. Shop locally produced and grown fruit, vegetables, cheese, jam, bread, eggs, honey, farm products, and more. 45 W. University Blvd./Center St., Cedar City.

SATURDAY MOVIE MATINEE AT ST. GEORGE LIBRARY 2 PM. Washington County Library System. 88 W. 100 S., St. George.

AL-ANON FAMILY GROUPS WEEKLY MEETING 3 PM. Al-Anon Family Group is Back! Weekly meetings on Sundays. Mesquite Veterinary Clinic, 371 Riverside Rd. A, Mesquite.

Events by Date

Fri, Feb 2

WASHINGTON CITY ART COUNCIL WINTER ART SHOW 9 AM. Red Cliff Gallery, 220 N. 200 E., St. George.

DOCUTAH PRESENTS: MONSTERMAN 7:30 PM. The Center for the Arts at Kayenta is thrilled to partner with DOCUTAH on a new monthly film series. Center for The Arts at Kayenta, 881 Coyote Gulch Ct., Ivins.

GRAND MASQUERADE PARTY (18+) 9 PM. 1871 W. Canyon View Dr., St. George.

Sat, Feb 3

WRITE ON - ST GEORGE WINTER WRITER'S CONFERENCE 10 AM. Write On - St George will host presentations by award-winning and best-selling authors and editors. S45 for members and S50 for non-members. Lunch is included. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

FREE LANDSCAPE WORKSHOP: VEGGIE GARDENING 10 AM. Tips on planting and growing vegetables in our climate. This workshop is held outside. We recommend bringing a blanket or chair to sit on. The Garden at Tonaquint Park, 1851 S. Dixie Dr., St. George.

WHEN HOLLYWOOD CAME TO TOWN 6

PM. Celebrating Utah's 100 years of motion picture history and Cedar City's unique contribution to Hollywood filmmaking. Includes refreshments, special guests from the Utah Film Commission, SUU Deadwood Coach Film Project, a film screening for the Cedar City Film Shootout finalists, and an awards ceremony. Frontier Homestead State Park Museum, 635 N. Main, Cedar City.

BUMPY SOUP'S FLAME OF THE VOID 8 PM. Join Bumpy Soup, St. George's bumpiest art collective, for the premiere of their 3rd film, Flame of the Void! This event will feature live music from the members of Bumpy Soup and local rockers Dead Desert Trio. Rock N Roll Grill, 307 N. Bluff St., St. George.

SO U COMEDY THEATER IMPROV! 7 PM. Family-Friendly Presented by the So U Comedy Theater. Come enjoy some family-friendly fun with our improvisers! We get suggestions from YOU, the audience, to inspire scenes and characters. Dixie Center, 1835 Convention Center Dr., St. George.

SO U COMEDY THEATER IMPROV UNCENSORED 8 PM. Come enjoy some no holds barred fun with our improvisers! We get suggestions from YOU, the audience, to inspire scenes and characters Dixie Center, 1835 Convention Center Dr., St. George.

Sun, Feb 4

YOGA AND WINE TASTING (WOGA) AT ZION VINEYARDS 10 AM. Come and Join us for Woga. That's Wine and Yoga. Held in our tasting room. Yoga is free. Wine Tasting \$25. 21+. Open every day, noon to 6 PM. 435-849-8813 zionvines.com. Zion Vineyards, 5 Hidden Valley Rd., Leeds.

MIKE AND ELAINE AT GEORGE'S CORNER 6 PM. This multi-instrumentalist couple are also in local band Soul What!? and cover a range of musical styles in many genres. 2 W. St. George Blvd., St. George.

Mon, Feb 5

PAWS FOR TALES - READ TO A DOG 4 PM. This is an opportunity for children to read to registered therapy dogs. Studies have shown the many benefits of children reading to dogs. Washington County Library System, 88 W. 100 S., St. George.

Tues, Feb 6

CHAPTER 1 BOOK CLUB 5:30 PM. Washington County Library System. 88 W. 100 S., St. George.

ARTS COUNCIL MTG 5:30 PM. Mesquite Arts Council monthly board meeting. Public welcome. Volunteer or join the Mesquite Arts Council. Contact: Gwen Olsen 702-346-2787 cgolsen47@yahoo.com. Mesquite Arts Council Office, 150 N. Yucca St., Room 23 Mesquite.

ROCK ROULETTE AT CASABLANCA 6 PM. Rock Roulette is a blazing, HIGH-ENERGY five piece rock band with various styles of exciting classic rock style music. The emphasis is on music that everyone loves! 950 W. Mesquite Blvd., Mesquite.

Wed, Feb 7

FOREIGN FILM CLUB 6 PM. Washington County Library System, 88 W. 100 S., St. George.

WONDER WEDNESDAY (ARTSFUSION AT SUMA) 4 PM. Wonder Wednesday is a free community event for families with children in grades K-5. SUMA, 13 S. 300 W., Cedar City.

YUKO MABUCHI 7:30 PM. Since her arrival in Los Angeles, Yuko Mabuchi has gained a loyal fan base and a reputation as a virtuoso pianist who is also extremely entertaining and exciting to watch. Festival Hall and Heritage Theater, 105 N. 100 E., Cedar City.

AUSTIN "STINO" MARIANO AT GEORGE'S CORNER 6 PM. Varity of music. 2 W. St. George Blvd., St. George. SALIVA WITH JOSEY SCOTT AT BLACKBIRD

BAR 9 PM. Admission is \$30 for a limited time. Join the world-famous rock band SALIVA w/ Josey Scott. Visit blackbirdbarutah.com. The BlackBird Bar, 90 W. Hoover Ave., Cedar City.

Biackbira bar, 70 Fri. Feb 9

JAC: OPEN MIC NIGHT 7 PM. Every second and fourth Friday of each month. Each artist will have a 7-minute set. First come, first served signups at the door. A \$5 donation is required for entry. For information and questions please email info@johnsonartscenter. org. Johnson Center for Community Arts & Education, 59 N. 100 W., Cedar City.

COYOTE TALES: MAKING PEACE 7:30 PM. Live, open-mic style storytelling with amateur and experienced storytellers. Each event is themed. This event's theme is "MAKING PEACE." Center for The Arts at Kayenta, 881 Coyote Gulch Ct., Ivins.

EMMET CAHILL 7:30 PM. A Romantic Irish Evening: Love Songs from the Emerald Isle, Broadway, and Beyond. Heritage Center Theatre. 105 N. 100 E.. Cedar City.

Sat, Feb 10

EMMET CAHILL BENEFIT CONCERT: A ROMANTIC IRISH EVENING 7:30 PM. Live, openmic style storytelling with amateur and experienced storytellers. Each event is themed. This event's theme is "MAKING PEACE." Center for The Arts at Kayenta, 881 Coyote Gulch Ct., Ivins.

SECOND SATURDAYS AT SUMA 2 PM. Formerly known as Family Day, this series of events is for families and friends in the community of all ages. Planned activities for all ages and backgrounds. Free and open to the public. Southern Utah Museum of Art. 13 S. 300 W.. Cedar City.

ADAM TENDLER: INHERITANCES 7:30 PM. After his father's death, pianist Adam Tendler used his inheritance to begin a commissioning project inviting a broad spectrum of sound artists and composers to create new piano works exploring the idea of 'inheritance' itself. Center for The Arts at Kayenta, 881 Coyote Gulch

Sun, Feb 11

GARY HUFF AT GEORGE'S CORNER 6 PM. Contemporary Music. 2 W. St. George Blvd., St. George.

BIG GAME PARTY AT CASABLANCA 2:30 PM. FREE ADMISSION. Watch the action on giant screens in the CasaBlanca Grand Ballroom. Must be 21+. Beer Buckets specials! Concessions will be available for purchase. Game can also be viewed in the Skydome Lounge. 950 W. Mesquite Blvd., Mesquite.

Mon, Feb 12

DESERT HILLS HIGH: IMPROV SHOW 5 PM. Desert Hills High School, 828 E. Desert Hills Dr., St. George.

VIRGIN VALLEY AMATURE RADIO CLUB 6 PM. The Virgin Valley Amateur Radio Club holds meetings on the second Monday of each month. For more information please go to our website at: www.vvarc.net. Airport Fire Station #3, Mesquite.

Tues, Feb 13

PAGE TURNERS BOOK CLUB 2:30 PM. Washington County Library System, 88 W. 100 S., St. George.

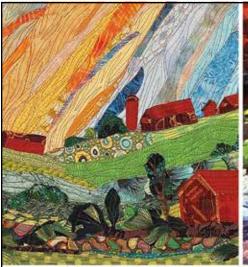
PLANET GROOVE AT CASABLANCA 6 PM. Variety Band-Top Las Vegas Musicians-Super fun high energy show-All the hits and requests too! Free. 21 or older. 950 W. Mesquite Blvd.,

JALC SING & SWING 7 PM. Celebrating the Great American Songbook in all of its playful and sophisticated glory, brought to life by two of this generation's brightest stars. Cox Performing Arts Center, 325 S. 700 E., St. George.

SEAN GASKELL - AFRICAN KORA 7 PM.
African Kora, an ancient 21-stringed harp from West Africa. Canyon
Community Center, 126 Lion Blvd., Springdale.

Wed, Feb 14

EGGS AND ISSUES 7:30 AM. St. George.





February Featured Artist

MJ Grow

Susan Christensen/ Textile "In the Valley"

My Favorite Things

February 9 through March 28, 2024 Monday to Friday 9am-5pm | Saturday Noon-4 Artists Reception and Awards February 9 from 6–8pm



220 N 200 E in St George In the St George City Commons Building 435 414 0345



68 E Tabernacle St in Downtown St George 435 628 9592 Tue-Thu 11am-6pm Fri-Sat 11am-8pm Artists Reception Feb 10 6-8pm









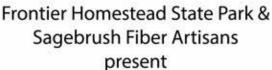


where history becomes your story



an interactive historic experience

FRONTIER HOMESTEAD STATE PARK
635 North Main Street, Cedar City | (435) 586-9290
FRONTIERHOMESTEAD.ORG

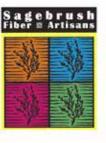


Sheep to Shawl

March 16, 10 am-4 pm \$4 per person/ \$ 20 per family Frontier Homestead State Park 635 N. Main Street, Cedar City

Shearing-Dyeing-Spinning-Weaving- and More!







CALENDAR

FREE LANDSCAPE WORKSHOP: ALL THINGS TREES 10 AM. Learn how to select and care for trees. Washington County Water Conservancy District, 533 E. Waterworks

ARTS COMMISSION MEETING 5 PM. Ivins City Hall 55 Main St. Ivins

SWEETHEART SWING 7 PM. Join us for the enchanting Sweetheart Swing! A perfect Valentine's Day event. Immerse yourself in the rhythm of live music by The Rebel Jazz Band, and dance the night away. Presented by the St. George Arts Commission. Tickets are \$20/person and include refreshments. St. George Children's Museum, 86 S. Main St., St. George.

Thurs, Feb 15

PAWS FOR TALES - READ TO A DOG 4 PM. This is an opportunity for children to read to registered therapy dogs. Studies have shown the many benefits of children reading to dogs. Washington County Library System, 88 W. 100 S., St. George.

MESQUITE REPUBLICAN WOMEN MTG 5:30 PM. Mesquite Republican Women meet on the second Wednesday of each month. Contact phone number 858 254-1214, email: swtinsd@ gmail.com. Dark in July and August. Mesquite Veterans Center, 840 MARK BOGGS AT GEORGE'S CORNER 6 PM An eclectic mix of different songs from Elton John, Chuck Berry, Aretha Franklin, and more. 2 W. St. George Blvd., St. George.

OSU: ENLIGHTENMENT 7:30 PM. Featuring the symphonic brilliance of Mendelsohn's Symphony No.5, "Reformation," as it delves into the luminous world of Enlightenment. Festival Hall and Heritage Theater, 105 N. 100 E., Cedar City.

Fri. Feb 16

UTU 37TH ANNUAL SEARS INVITATIONAL ART SHOW GALA 7 PM. More than 170 works of art. A diverse range of art, including landscapes, still lifes, Western scenes, contemporary realism, sculpture, ceramics, and photography. Gala tickets are \$75/person. Contact Jeanine Nay at 435-652-7537 or Jeanine.Nay@utahtech.edu. Eccles Fine Arts Center Sears Art Museum, 155 S. University Ave., St. George.

HUMANS, HUMANITIES AND THE WRIT-TEN WORD 7 PM. Join us for an exploration of what it means to experience "the Humanities" in our everyday lives with writer Laura Pritchett and Navajo Nation poet laureate Laura Tohe Canyon Community Center, 126 Lion Blvd., Springdale.

DREW BALDRIDGE & WHITNEY LUSK 6:30 PM. Country Music rising star Drew Baldridge is about to take Hurricane by storm! Joined by Whitney Lusk. Grafton Building, 339 5500 W. Hurricane

CHAOS THEORY 7 PM. Join award-winning storyteller and writer Craig Childs and renowned musician, composer, and producer Greg Istock as they explore the meanings and relevance of "Chaos Theory." Bumbleberry Theatre, 897 Zion Park Blvd., Springdale.

SO U COMEDY THEATER IMPROV! 7 PM Family-Friendly Presented by the So U Comedy Theater. Come enjoy some family-friendly fun with our improvisers! We get suggestions from YOU, the audience, to inspire scenes and characters. Dixie Center, 1835 Convention Center Dr., St. George.

SO U COMEDY THEATER IMPROV UNCENSORED 8 PM. Come enjoy some no holds barred fun with our improvisers! We get suggestions from YOU, the audience. to inspire scenes and characters Dixie Center, 1835 Convention Center Dr., St. George.

Sun, Feb 18

YOGA AND WINE TASTING (WOGA) AT ZION VINEYARDS 10 AM. Come and Join us for Woga. That's Wine and Yoga. Sunday at 10 AM, January 21st, in our tasting room. Yoga is free. Wine Tasting is \$25. It must be 21+. All yoga levels are welcome. Open 7 days a week, Noon til 6 PM. 435-849-8813 zionvines.com. Zion Vineyards, 5 Hidden Valley Rd., Leeds.

MR OK AT GEORGE'S CORNER 6 PM. Island Vibe. 2 W. St. George Blvd., St. George.

Mon, Feb 19

VVAA GENERAL MEETING 11 AM. Mesquite Fine Arts Center, 15 W. Mesquite Blvd., Mesquite.

Tues, Feb 20

SAM & KENT AT CASABLANCA 6 PM. Rinse & Repeat! We play everything so come dance the night away to your favorites from the 60's, 70's, 80's, 90's, 2000's! We take requests! Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

ELECTRIC FILM SERIES 6 PM. On the third Tuesday of every month, join us for a FREE screening of a noteworthy film of the past at the historic Electric Theater. Each movie will include an intro and post-screening discussion with a special guest. Electric Theater, 68 E. Tabernacle St., St. George.

Wed, Feb 21

CHAMBER POWER LUNCH - DOING **BUSINESS IN SOUTHERN UTAH SERIES** 11:30 AM. St. George.

Thurs, Feb 22

CALL FOR ENTRIES: 18TH ANNUAL RED ROCK FILM FESTIVAL Enter your feature or short film with the online application at filmfreeway.com/RedRockFilmFestival. All genres are welcome. Enter by length category first, then select film type category. Entry fees range from \$10-\$70. DEADLINES Jan. 11 to extended deadline: June 12. Frontier Homestead State Park Museum, 635 N. Main, Cedar City.

TOM BENNETT AT GEORGE'S CORNER 6 PM. Tom Bennett sings country and is based out of SLC. 2 W. St. George Blvd., St. George.

Fri. Feb 23

READER'S CIRCLE BOOK CLUB 3 PM. Reader's Circle Book Club Washington County Library System, 36 S. 300 W.,

"A NIGHT OF FOLK MUSIC & MORE!" 7 PM Featuring music by Leroy Anderson, Percy Grainger & Aaron Coplan. The Southern Nevada Symphony Orchestra is comprised of musicians from Southern Nevada communities, including Mesquite, Moapa Valley, Las Vegas, Henderson, and St. George, Utah. Must be five years old or older to attend. CasaBlanca Showroom. 950 W. Mesquite Blvd., Mesauite.

JAC: OPEN MIC NIGHT 7 PM. Every second and fourth Friday of each month. Each artist will have a 7-minute set. First come, first served signups at the door. A \$5 donation is required for entry. For information and questions please email info@johnsonartscenter. org. Johnson Center for Community Arts & Education, 59 N. 100 W.,

FH: OPEN MIC NIGHT 7 PM. Frontier Homestead State Park: Open Mic Night 7 PM. Everyone is invited to join to cheer on community members or to show off their talents. Share your music, poetry, comedy, magic, or soliloquy. Admission is FREE. Every 4th Saturday of the month. For information call (435) 586-9290. Frontier Homestead State Park Museum, 635 N. Main, Cedar City.

UTAH TECH CHORAL CONCERT 7:30 PM. Eccles Concert Hall Eccles Fine Arts Center, S. 700 E., St. George. Sat. Feb 24

UTAH TECH UNIVERSITY ORCHESTRA 7:30

PM. Eccles Main Stage Eccles Fine Arts Center, S. 700 E., St. George.

FREE LANDSCAPE WORKSHOP: LAWN CARE 10 AM. Discuss best practices for lawn care. This workshop is held outside. We recommend bringing a blanket or chair to sit on. The

Garden at Tonaquint Park, 1851 S. Dixie Dr., St. George. LIZ TOONKEL: MAGIC FOR ANIMALS 7:30

PM. Magic for Animals is a one-woman magic show about agency, consent, and animal rights. Center for the Arts at Kayenta, 881 Coyote

LIVE MUSIC AT BLACKBIRD BAR 9 PM. Live Music at Blackbird Bar: SALIVA with Josey Scott is held at 9 PM. Cover charge is \$30 for a limited time. For more information and schedule, visit blackbirdutah.com. 90 W Hoover Ave, Cedar City.

Sun, Feb 25

NICK ADAMS AT GEORGE'S CORNER 6 PM. Nick Adams is a singer/songwriter based out of St. George. Music from the Mothership. 2 W. St. George Blvd., St. George.

Tues, Feb 27

UTAH TECH SYMPHONIC BAND CONCERT 7:30 PM. Eccles Concert Hall Eccles Fine Arts Center, S. 700 E., St.

VOYAGER LECTURE SERIES: PRESENTA-TION BY JERRY HARRIS 7:30 PM. What makes a bird a bird? And when did all those characteristically birdy features first evolve? Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

Wed, Feb 28

R.E.A.D. WITH INTERMOUNTAIN THERAPY ANIMALS Reading to a dog. This helps kids "improve their reading and communication skills and also teaches them to love books and reading" There is no early signup, and it will be based on a first-come, first-serve basis Each child will get 10 minutes of reading with a dog. St. George Children's Museum, 86 S. Main St., St. George.

Thurs, Feb 29

UTAH TECH JAZZ CONCERT 7:30 PM. Eccles Concert Hall Eccles Fine Arts Center, S. 700 E., St. George.

Mar. 1

SOUP N' BOWL The Annual Soup N' Bowl Fundraiser generates support for the Permanent Collection. \$20/person. Attendees can choose a bowl from a wide variety created and donated by local potters, including a delicious lunch of soup, bread, and dessert. St. George Recreation Center, 285 S. 400 E., St. George.

DOCUTAH PRESENTS: ART EVERYBODY REGIONAL PREMIERE! 7:30 PM. The Center for the Arts at Kayenta is thrilled to partner with DOCUTAH on a new monthly film series. Kayenta Center for The Arts, 881 Covote Gulch Ct. Ivins

FREE LANDSCAPE WORKSHOP: DRIP IRRIGATION 10 AM. Learn how to install, use and maintain a drip system. Washington County Water Conservancy District, 533 E.

SOIREE MUSICALE PRESENTS BACH: THE ART OF FUGUE 7:30 PM. Featuring top local musicians and guest professionals from across the Western region. Las Vegas Philharmonic's principal violist Jason Bonham directs Williams' Piano Quintet in C Minor, Bach's The Art of Fugue, and Zwilich's Piano Quintet. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

WOMEN'S FORUM IN KANAB Keynote speaker Tia Bee Stokes is a mother of 5, a wife, a business owner, a cancer thriver, a YouTuber, and TikTok star. Her positivity and light have reached millions across the globe. Call 435-644-5033 for more info and tickets. Kanab Center Kanab, 20 N. 100 E., Kanab.

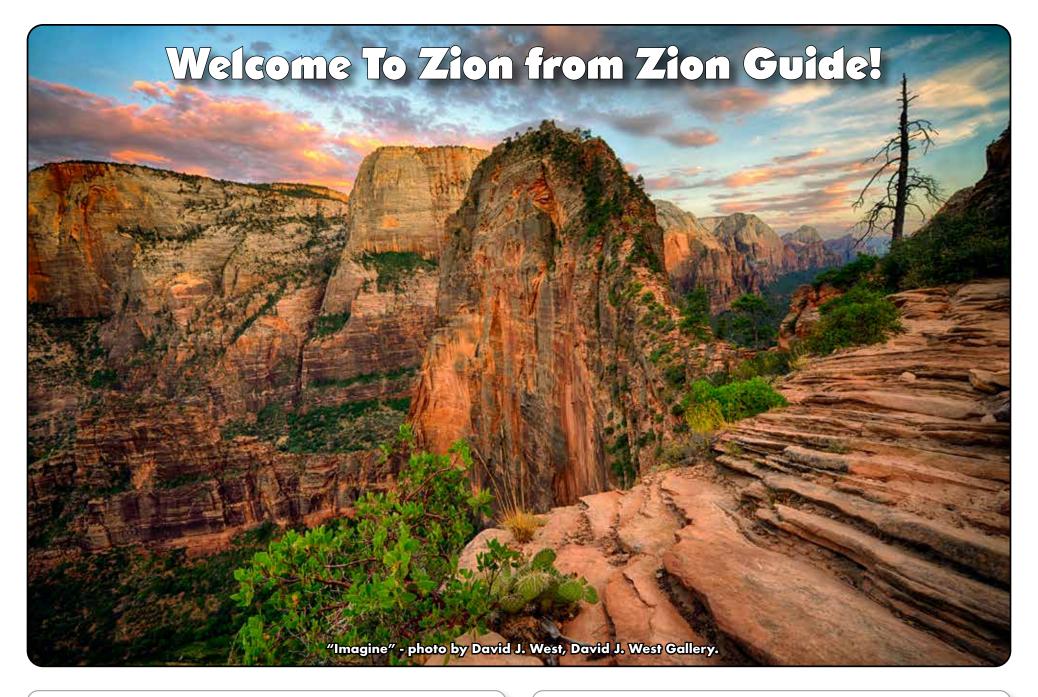
LIVE MUSIC WITH CASEY STICKLEY 6 PM. Alternative George's Corner Restaurant and Pub, 2 W. St. George

SO U COMEDY THEATER IMPROV! 7 PM. Family-Friendly Presented by the So U Comedy Theater. Come enjoy some family-friendly fun with our improvisers! We get suggestions from YOU, the audience, to inspire scenes and characters. Dixie Center, 1835 Convention Center Dr., St. George.

SO U COMEDY THEATER IMPROV UNCENSORED 8 PM. Come enjoy some no holds barred fun with our improvisers! We get suggestions from YOU, the audience, to inspire scenes and characters Dixie Center, 1835 Convention Center Dr., St. George.







Safety Tips For Zion

Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.

Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park

including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children

watch children. Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.

Tips To Minimize Your Impact

Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

Your Accessible Health Care Home

Locations in St. George Hurricane, Cedar City and Springdale

Welcoming new patients
Integrated medical, behavioral, dental, & vision care
Management of acute & chronic conditions
Women's health care

Walk-In and urgent care
Discount drive-thru pharmacy
Sliding scale fees based on income and family size







Support a Strong and Healthy Community!

St. George/Hurricane/Cedar City/Springdale | 435-986-2565 | familyhc.org

Southwest Utah Community Health Center, doing business as Family Healthcare, is a registered nonprofit organization. Information concerning Family Healthcare, including financial information and charitable purposes, may be obtained without costs from Family Healthcare, 2276 E. Riverside Dr. St. George, Utah, 84790. Family Healthcare is committed to donor privacy and does not rent or sell our mailing lists.

Top Things To Do In Zion

Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to ZionGuide.com to see the details on many area hikes.

Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

Not only does Zion Brew Pub have live music every Saturday, the property also hosts a handful of events throughout the year, as do the Bit and Spur restaurant, Tanner Amphitheater, Bumbleberry Inn, Wildcat Willies, and several other locations.

Try a guided tour

Jeep, helicopter, ATV, canyoneering, horseback riding, or mountain biking, guided tours are all available. Many of these tours take you outside Zion National Park boundaries and give you a unique perspective on Zion's canyons and plateaus from surrounding areas of southern Utah. Check out ZionGuide.com for listings and ads.

Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions, like the Little Hollywood Movie Museum and the Best Friends Animal Sanctuary.

Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.

Tips To Maximize Enjoyment

The most visited Zion hikes have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our feature, Less-Traveled Zion Hikes, in this issue.

To avoid the crowds, go early or late in the day

Consider getting up extra early or trekking out midday after the initial rush has flooded

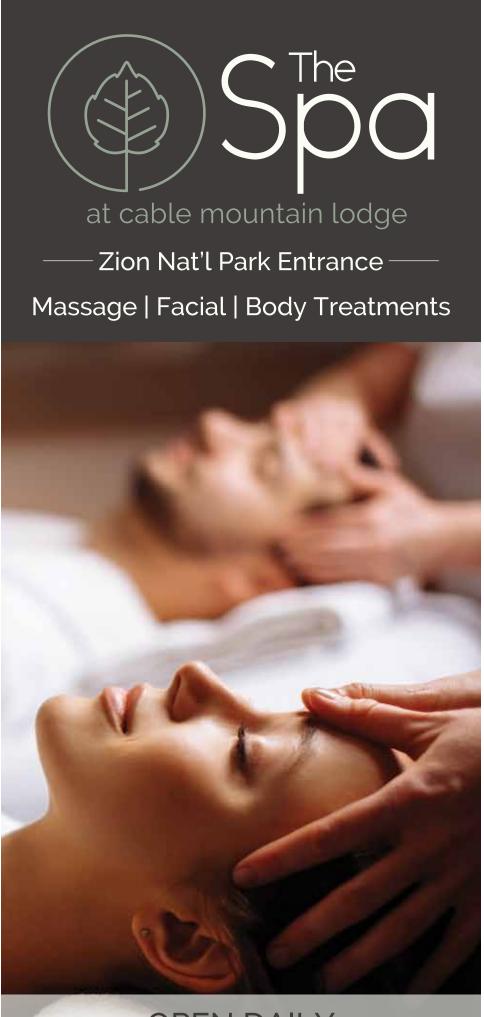
Consider coming back again in the low season

Starting in the late fall, the number of visitors to Zion Canyon starts to dwindle, and by December it's significantly less than in the heat of the summer. It is simply a different experience to see Zion in the winter with the snow-capped monoliths. Most hikes are still accessible and are less crowded. You can also drive to the Temple of Sinawava parking lot. The shuttles stop running from November until March.

Check out Kolob Canyons & Kolob Terrace Road

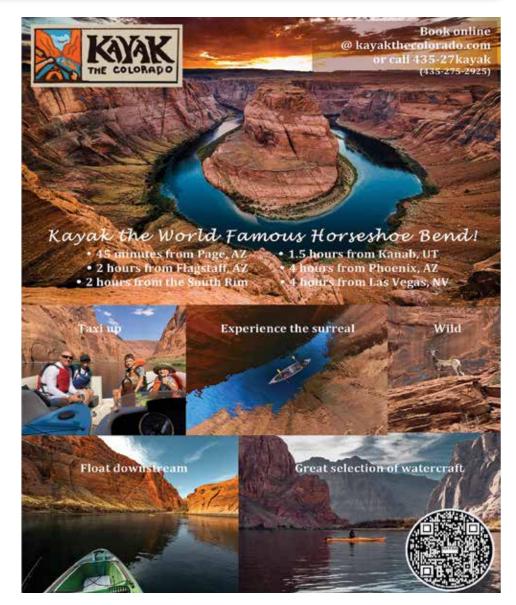
With gorgeous open spaces and plenty of dirt roads to explore, Kolob Terrace Road is one of Zion's best kept secrets. You'll notice the air getting cooler as you gain elevation, and you'll find plenty of beautiful views worth stopping at for a quick photo op. The Kolob Terrace Road turnoff is in Virgin, so watch for signs. Portions of the Kolob Canyon District of Zion National Park are reached via Exit 40 on Interstate 15.





OPEN DAILY Reserve Now: 435.619.8300

> Locals Welcome 15% Off cablemountainspa.com





Over the Edge Sports

76 East 100 South Hurricane, Utah On the trail to Gooseberry Mesa (435) 635-5455

Open 9am to 6pm • 7 Days

Full Service Bike Shop Sales • Rentals • Service Mountain Bike Rentals & eBike Rentals

See us at overtheedge.bike or on 👩 🌠 👩

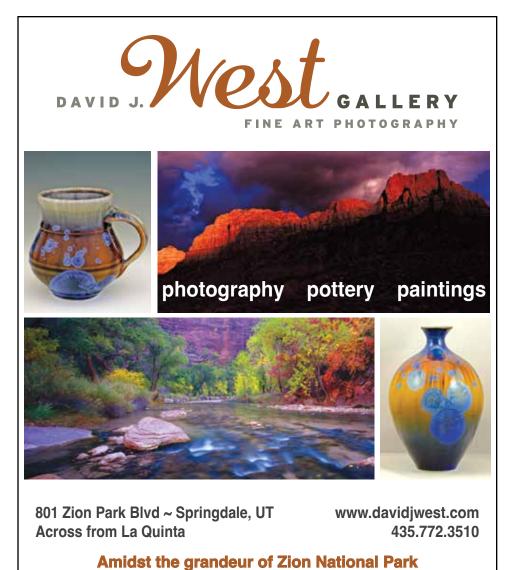












Zion National Park Shuttle Info

ZION 2023 WINTER SHUTTLE SCHEDULE INFO

SPRINGDALE, Utah - The seasons are changing in Zion National Park! Every year, the National Park Service (NPS) adjusts shuttle schedules and campground availability throughout the year. Here is what you need to know to plan your visit:

Fall personal vehicle access in Zion Canyon starts Monday, November 27,

- The last day of fall shuttle service in Zion Canyon and Springdale was November 26.
- Visitors can drive personal vehicles on Zion Canyon Scenic Drive starting today, November 27.
- · We post updates on the Zion Current Conditions webpage when parking is full.
- · Plan for limited parking; when parking in Zion Canyon is full, the NPS may

temporarily close the road.

- · Shuttle service will resume in Zion Canyon and Springdale starting on December 22 for 10 days.
- · During these 10 days, visitors cannot drive personal vehicles on Zion Canyon Scenic Drive.

Shuttle service resumes Friday, December 22, 2022 - Sunday, December 31, 2023

Winter personal vehicle access in Zion Canyon starts January 1, 2024

- · The last day of winter shuttle service in Zion Canyon and Springdale is December
- · Visitors can drive personal vehicles on Zion Canyon Scenic Drive starting on January 1, 2024.
 - · Plan for limited parking; when



parking in Zion Canyon is full, the NPS may temporarily limit access.

 We post updates on the Zion Current Conditions webpage when parking is full.

Shuttle service resumes in spring

The NPS will resume shuttle service in spring. We will share specific dates in 2024.

Fall and winter camping

Watchman Campground is open yearround, and you can make a reservation up to six months before your visit at www. recreation.gov or by calling 1-877-444-6777. Plan ahead and make arrangements for where you will stay before you get to the

South Campground and Lava Point Campground are closed for the season.

Visitor Center and Wilderness Permit Desk hours

Zion Canyon and Kolob Canyons Visitor Centers

· Open 8 AM and close at 5 PM every day through the fall and winter.

Wilderness Permit Desks

- · Zion Canyon Wilderness Desk: Open 8 AM to 10 AM and from 3PM to 4:30 PM.
- Kolob Canyons Wilderness Desk: Closed for the season. Get permits at Zion Canyon Wilderness Desk.

We post updates on the park's operating hours and seasons webpage when hours change.

Big Bend (shuttle stop 8) is temporarily closed due to construction.

In order to accommodate larger, electric shuttle buses that are scheduled to enter service in 2024 and to resolve significant cracking in concrete on the edges of the paved area at Big Bend, the National Park Service is completing construction at Big Bend. While work is happening, the paved area at the shuttle stop is fenced closed. Depending on the availability of materials and winter

weather, the park plans to reopen Big Bend in Spring 2024.

Attend a Ranger Led Talk

Free ranger talks happen outside of the Zion Canyon Visitor Center every day at:

- 11 AM
- · 1:30 PM
- · 3 PM

No matter when you visit, be prepared for crowds and remember:

- · Parking fills early year-round. You may have to wait to enter Zion Canyon Scenic Drive if parking is full there.
- · Watch out for pedestrians and bicyclists if you are driving.
- · Stay on trails and avoid walking in
- · Put your pass in your pocket. Don't forget your park pass or receipt in a hotel room or at home.
- · Ride your bike on the road or the Pa'Rus Trail. Bicycling is not allowed on any other trails in the park. If you are riding in the road, you must stop to let buses pass you.
- · The NPS may temporarily close roads if traffic is congested or there is nowhere for drivers to park.
- · In general, fewer people visit Zion on weekdays than weekends. Consider arriving early or after 3 p.m. to avoid the busiest times of day.

Plan ahead and prepare

If you cannot park in Zion or if all of our campsites are full, research nearby communities and public lands to learn about other recreational activities and lodging. Always recreate responsibly and respect private owners' property and facilities.

Follow Leave No Trace practices everywhere in the park and beyond; be sure to pack out all your trash.



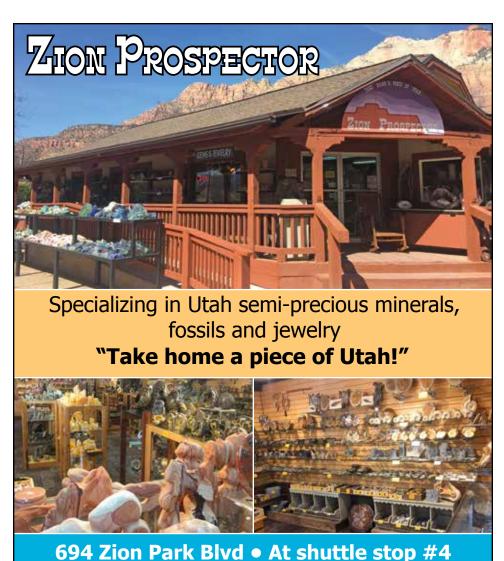
WELCOME TO YOUR ONE STOP SHOP

Zion T-Shirts, Hats, and Souvenirs • Unique Gifts • Hiking Gear • Ornaments • Jewelry • Stickers • Games



145 Zion Park Blvd. Springdale, UT (435)-772-2420 TrailheadGiftsAndGear.com

Customer parking available in the Zion Canyon Village at the South entrance to Zion National Park



Open 9 am to 9 pm, 7 days • 435-772-0472



Zion National Park Hiking Info

THE LOCALS' GUIDE TO HIKING PREPAREDNESS

National parks are seeing an uptick in helicopters carrying unfortunate hikers out of precarious situations.

In 2017, the National Park Service reported 324 search-and-rescue operations, which means 324 extremely unpleasant vacation experiences — nearly one a day. In 2014, the reported number was almost half that. The majority of those rescues occurred in Zion and Bryce Canyon National Parks, and most hikers who end up getting into trouble are either in their 20s or are older than 60.

Despite our highly skilled and dedicated rescue teams' valiant efforts, not everyone made it out of their predicaments safely. Twelve people lost their lives in Utah's national parks in 2017 alone.

It's hard to imagine one wanting a vacation amid the splendor of our national parks to involve search and rescue teams or a close encounter with death.

Zion National Park is often referred to as an outdoor Disneyland. But this is the

wilderness, and it's far less forgiving than any theme park. Here are some tips for how to safely enjoy your time in Zion Canyon.

Bring water

You lose more water through perspiration than you realize, and if you are used to a more moist climate — and nearly any climate is less arid than southern Utah — you can become dehydrated quickly without realizing it.

The National Park Service recommends that hikers bring one gallon of water per hiker per day. There are fill stations throughout Springdale and the park that provided filtered water at no charge.

Natural water sources in the park such as creeks and streams are not reliable sources of clean drinking water. If you find yourself in a situation wherein you need water but have none, it is strongly advised that any locally-sourced water intended for consumption first be filtered, boiled for at least 10 minutes, or treated with iodine before consuming.

Wear appropriate clothing

While most paths and trails are well maintained, this is the great outdoors, and a little loose gravel or slickrock can lead to injury — or worse. Think of appropriate footwear as an insurance policy — and if you are a little nervous, a hiking stick never hurts. Also, dress lightly if it's going to be hot, but be sure to use appropriate sun protection like sunscreen and large-brimmed hats, because suffering from sunstroke or severe sunburn during an already taxing hike can be brutal.

Hike at your skill level, and don't

Trails in Zion range from short and easy to long and challenging. Don't overestimate your ability and endurance level. And don't engage in horseplay or other activity that might endanger yourself or others. Some of Zion's hikes are steep, and you wouldn't be the first person to tumble down a hill — or worse, fall off a cliff. Zion is beautiful, but it's also dangerous, so respect yourself and

others by respecting the terrain.

Leave wildlife alone

Animals instinctively avoid humans, but the area is home to everything from poisonous snakes to mountain lions. Never approach local wildlife — and never try to feed them. This can result in injury to visitors, and numerous visitors have required stitches after attempting to hand-feed animals. But when humans feed wildlife, it's also not good for the animals, who are already best suited to feed themselves.

Hike sober

Sometimes relatively stationary outdoor activities like boating or camping involve enjoying an adult beverage or two. But when you're hiking the varied terrain of our national parks, you don't want your coordination, balance, or judgment to be impaired to any extent. Zion Canyon, Springdale, and Kanab are home to several fine restaurants and bars — but visit them for a cocktail after your hike, not before.

PERMIT PROCESS FOR HIKING ANGELS LANDING IN ZION

Apply to hike Angels Landing

SPRINGDALE, Utah – Planning a visit to Zion National Park this summer? Are you hoping to hike Angels Landing? Everyone who hikes Angels Landing must have a permit. Starting this year, you must apply for a permit to hike at Angels Landing, and you can now visit www.recreation.gov and click on Permits.

"We expect many visitors will want to apply for a permit, so we made our process accessible, flexible, and fair." Superintendent Jeff Bradybaugh said. "Lotteries were the right fit for Angels You can also apply by calling recreation.gov at (877) 444-6777 from 10 $AM-11:59\ PM\ EST$ every day except for Thanksgiving Day, Christmas Day, and New Year's Day.

The lottery schedule is posted at www.recreation.gov then click on permits, and we will share news releases and social media updates when we open those permit lotteries.

About Zion's Angels Landing Pilot Permit Program

Everyone hiking past Scout Lookout to Angels Landing needs to have a

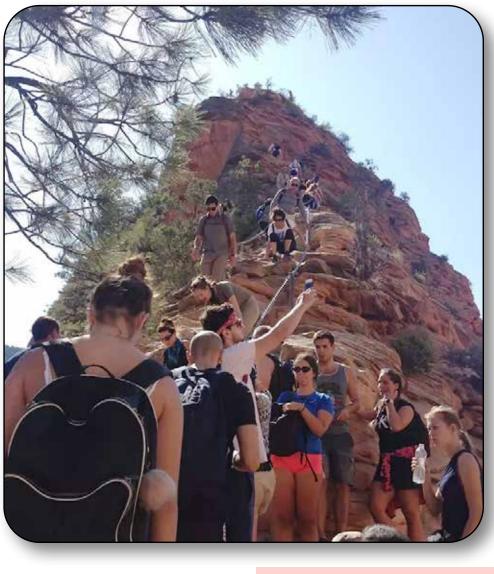
permit. This means you need a permit to hike on the half-mile section of the trail with chains. Hikers do not need a permit to go to Scout Lookout.

This is a pilot program, and the National Park Service (NPS) will monitor and adjust it as needed.

Angels Landing is one of many places people enjoy hiking in Zion National Park. The park recorded about 2.8 million total visits in 2011 and nearly 4.5 million in 2019. As the number of people

who visit Zion continues to rise, the NPS is preparing a plan designed to provide high-quality visitor experiences and sustainably manage park resources. The Angels Landing Pilot Permit Program will inform that planning process.

For a list of great hikes, check out our 'Popular' and "Less-Traveled" hikes here within the Zion Guide. Always check the weather forecast before hiking in canyons. Please visit www.nps.gove for the latest updated information.





Landing because they give certainty about application periods and flexibility so that people can fill out the application when it's convenient for them."

Need to know

- All advanced 'Spring Seasonal Permits' have been awarded except for Day-Before permits.
- You can apply for a permit the day before your planned hike. This lottery opens every day at 12:01 a.m. and closes at 3 p.m. Mountain Time (MT).
- For Day-before Lottery applications, visit www.recreation.gov and click on Permits.



Great for treating:
Dehydration • Low Energy
Hangovers • Sickness Recovery





service!

See full menu of services at DesertHealing.org



~ FAST TREATMENTS ~ Serving St. George, Kanab & Cedar City



Less-Traveled Zion Hikes

Trail Closures (as of Nov. 2022)

Hidden Canyon Trail, Watchman Trail, and Emerald Pools (all routes). Some of these closures are temporary.

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled hikes.

Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly 3 miles long and will take about 2 hours to finish.

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock



Chinle Trail

and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beatenpath trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.

Shortly after you get through the housing development, you will hit a sign

letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

Many Pools - Temporarily Closed

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

Overlook Trail

By Charlotte Emett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still

considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.

The East Rim Trail

By Bo Beck and Tanya Milligan

After positioning a vehicle or making shuttle arrangements at the Weeping Rock parking lot, watch for the small "trailhead" sign along the Zion-Mt. Carmel Highway, immediately west of the east entrance booth.

This trail is said to be one of the most scenic in all of Zion National Park and is on many lists as one of the best hikes in Utah. This trek begins on the east side of the park and climbs over 1,400 feet to the rim. This hike begins with a backdoor view of Checkerboard Mesa as it skirts Clear Creek for a short time and steadily and gently climbs through a juniper and pine forest. On top of the mesa, scenery gets interesting as a spectacular view of Echo Canyon takes center stage.

The downhill finish is spectacular, keeping an almost constant view of some of Zion's greatest landmarks, including Angels Landing, Organ, Great White Throne, and in the distance is Cathedral Mountain.

Please check with nps.gov for current conditions, restrictions, and access. Be careful and have fun!

Find more hikes everyday at ZionGuide.com





Popular Zion Hikes

Trail Closures (as of Nov. 2022)

Hidden Canyon Trail, Watchman Trail, and Emerald Pools (all routes). Some of these closures are temporary.

Warning: These hikes are very popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more difficult hikes, try some of these popular hikes.

$\begin{array}{cccc} \textbf{Angels} & \textbf{Landing} & \textbf{via} & \textbf{West} & \textbf{Rim} \\ \textbf{Trail} & & & & \\ \end{array}$

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete, covers just under 5 1/2 miles, and requires a permit to hike. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.

Observation Point via East Rim

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of



"Observation Point Revisited" - photo by David J West.

Sinawava.

Kolob Arch via La Verkin Creek

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more moderate, try some of these midrange hikes.

Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

Canyon Overlook Trail

Starting at Zion-Mt. Carmel

Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of Timber Creek, Kolob Terrace, and Pine Valley Mountains. Those looking for something less strenuous should check out these easy hikes

Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

Grotto Trail

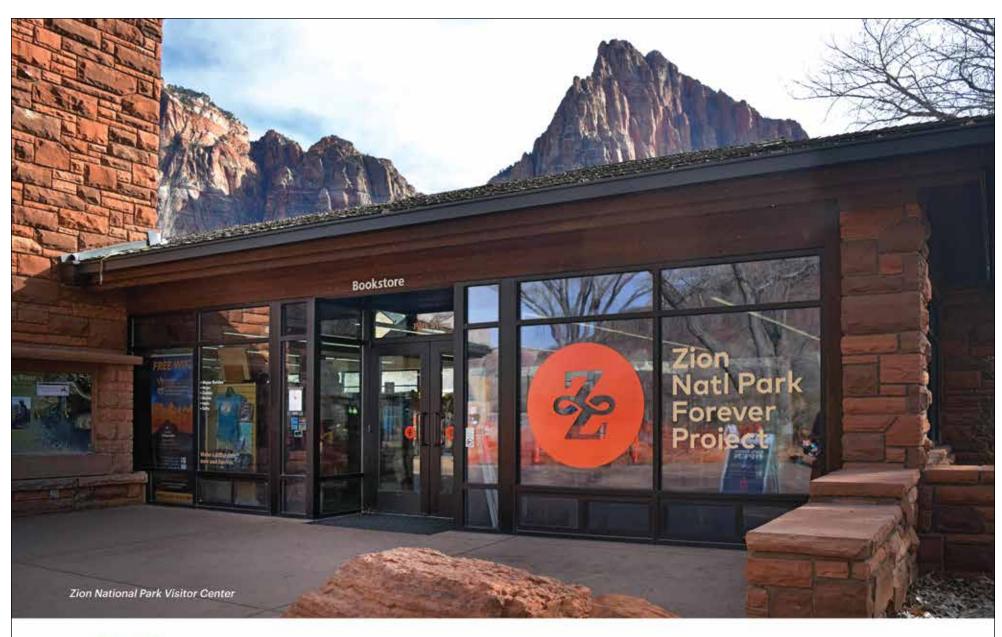
Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessable, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.

Lower Emerald Pool Trail - Temporarily Closed Due To Falling Ice

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.





Official non-profit partner of Zion National Park, Cedar Breaks and Pipe Spring National Monument

ZIONPARK.ORG



SAVE WHAT YOU LOVE Your Purchases & Donations Support Park Projects

Maps · Guides · Books · Apparel · Hats · Collectables · Water Bottles · Mugs · Games & More

- · Zion National Park Visitor Center
- Zion Human History Museum
- Kolob Canyons Visitor Center
- Cedar Breaks National Monument
- Pipe Spring National Monument
- @zionforeverproject

Southern Utah State & National Parks

ANASAZI STATE PARK MUSEUM - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redside shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinion pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.



CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

DEAD HORSE POINT - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado

to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large, Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

ENTERPRISE - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground



is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

GRAND CANYON - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

LAKE MEAD - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

LAKE POWELL - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

PINE VALLEY - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinion trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

QUAIL LAKE - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

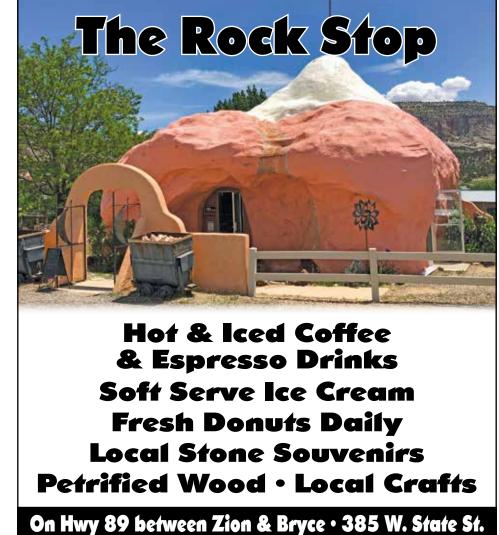
SAND HOLLOW - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.



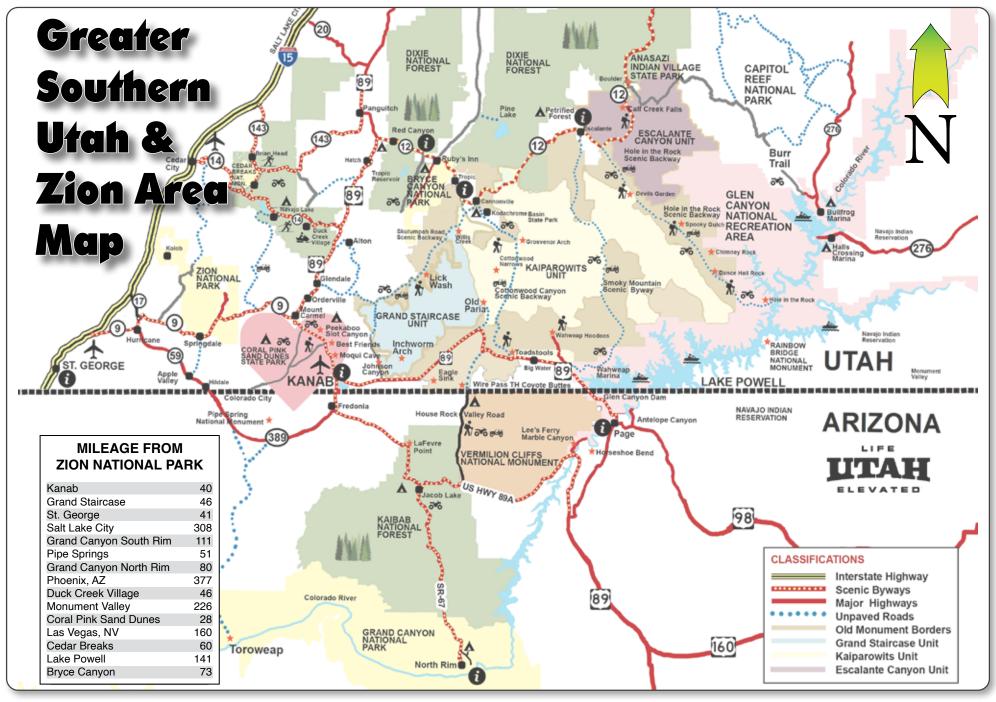
SNOW CANYON - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

ZION - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion – whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.





Orderville, UT · 435-648-2747







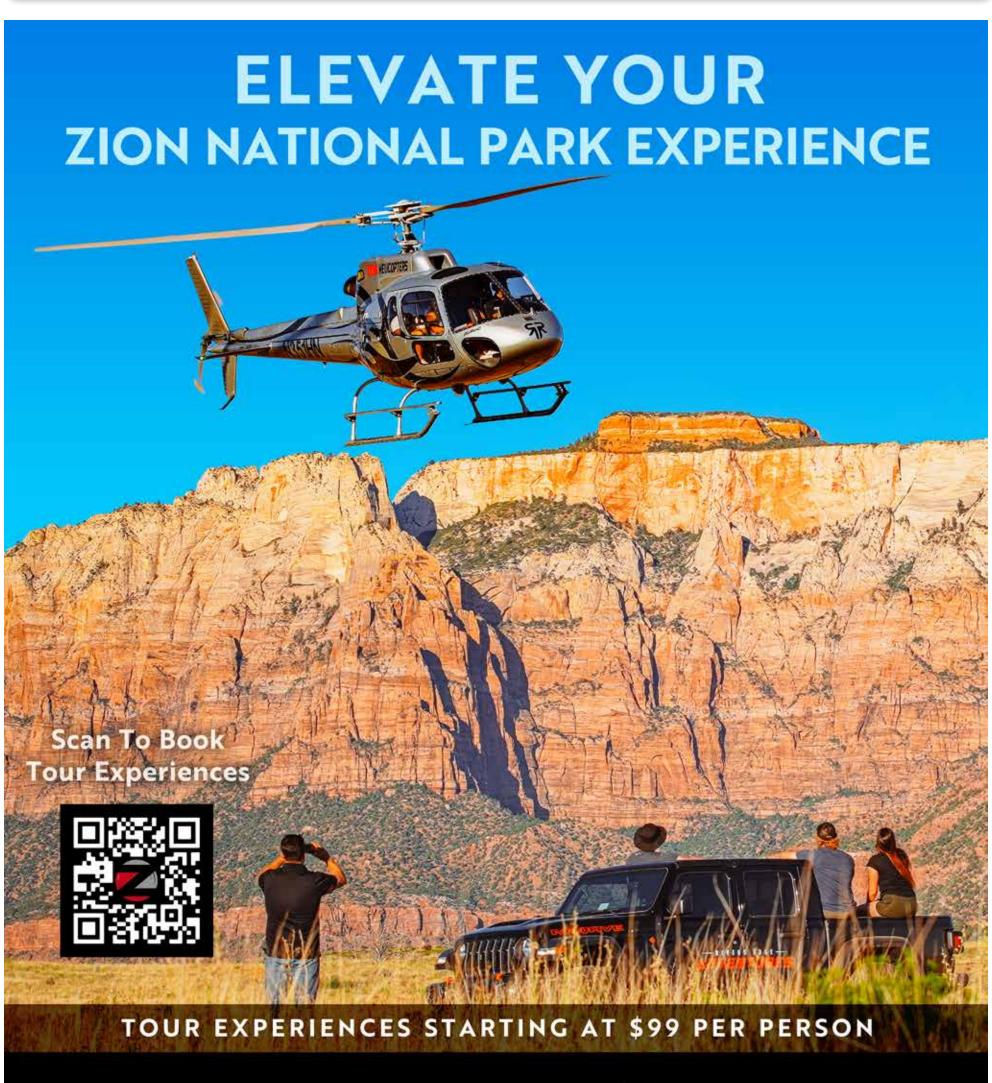


Kanab Utah City Map





EAST ZION & KANAB'S FEATURED RESTAURANTS FROM ZION GUIDE **Drinks/Vegan**(W)ine, (B)eer, (M)ixed Drinks, (E)spresso, (V)egan items on menu **Address** WI-FI Restaurants (Listed Alphabetically) 6 Asava Juice & Smoothies 176 S 100 E, Kanab (435) 644-2637 V 9am-6pm Mon-Sun Yes 10 Jakey Leigh's 7am-2pm Mon-Fri, Sat & Sun 8am-Noon Yes EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE **FOR EMERGENCIES DIAL 911** Services (Listed Alphabetically) Shops (Listed Alphabetically) 323 S 100 E, Kanab (435) 644-2232 Adobe Realty 264 S 100 E. Kanab 18 Glazier's Market (435) 644-5029 3 Best Friends Animal Sanctuary (435) 644-2001 5001 Angel Canyon Rd, Kanab 1 Glendale Country Store 10 N Main St. Glendale (801) 918-7107 Blacksmith Adventures 2450 S Hwy 89, Kanab (575) 313-4650 3 Dreamland Safari Tours 20 Honey's Marketplace 260 E 300 S, Kanab (435) 644-5877 Serving the greater Kanab area (435-644-5506 P ERA Utah Properties (435-644-2606 8 Kanab Drug 7 West Center, Kanab 176 W Center, Kanab (435) 644-3401 (435) 899-0489 Tanab eBikes 11 W Center St, Kanab 4 Moqui Cave 4581 US-89 (435) 644-8525 681 Chnle Dr. Kanab Kanab Tour Company (435) 644-5525 10 Lotus Boutique & Studio 87 W Center St, Kanab Mature's Showcase 288 W Center, Kanab (435) 644-2390 2 The Rock Stop 385 W State St, Orderville (435) 648-2747 The Cut Scene 89 W Center, Kanab (435) 849-8670 Ramsay Auto Service 115 S 100 E, Kanab (435) 644-8070 (435) 644-2693 Tion Pharmacy To get your business on this map and directory please call Josh at 435-632-1555 for details. 14 E Center, Kanab



(435) 668-4185 | ZionHelicopters.com 3050 E UT-9 Virgin, Utah 84779





EARN TICKETS WHILE YOU PLAY!

FIVE WINNERS AT EACH CASINO SPIN

FOR A CHANCE AT

\$2,500 CASH!

EVERY SPIN WINS!

DRAWINGS FRIDAY & SATURDAY

6:00pm @ Virgin River in the River Room 7:00pm @ CasaBlanca in the Showroom

See Players Club for Details.

Slot & Bingo Players



Big Game Day 2/11, Valentine's Day 2/14 & President's Day 2/19





MESQUITE GAMING • WWW.MESQUITEGAMING.COM • 877.438.2929

