

# THE INDEPENDENT

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# ZION GUIDE

May '24

**"RADIANT DREAM" BY DAVID J. WEST PHOTOGRAPHY  
- SEE AD ON PAGE 18**

## **MORE GREAT HAPPENINGS IN THIS ISSUE:**



**FESTIVAL OF THE AMERICAS RETURNS TO KAYENTA  
- SEE PAGE 3**



**LIVE MUSIC & FARMERS MARKETS THRIVE AT  
THE BIT & SPUR - SEE PAGE 3**



**MORGAN EVANS FEATURED AT UTAH SUMMER GAMES  
OPENING CEREMONY - SEE PAGE 3**



**KANAB'S 3RD ANNUAL HEALTH & WELLNESS FAIR  
MOTHER'S DAY WEEKEND - SEE PAGE 3**



# THE INDEPENDENT AND ZION GUIDE CONTENTS - MAY 2024

## ON THE COVER:

“Radiant Dream” by David J. West  
- See Ad on page 18

## THE INDEPENDENT SECTION

Events .....3  
Opinion.....8  
Outdoors: Hiking Utah.....9  
Movies .....9  
Area Calendar of Events ..... 10

## ZION GUIDE SECTION

Hiking  
Less-Traveled Zion Hikes..... 18  
Popular Zion Hikes..... 19  
Maps  
Springdale Utah Business & Services Map..... 15  
Greater Southern Utah & Zion Area Map.....21  
Kanab Utah Business & Services Map ..... 22

## Shopping & Dining

Kanab Featured Shops & Restaurants..... 23  
Tips, Info, & Fun  
General Tips To Enjoy Zion ..... 14  
Safety and Preparedness Tips ..... 13  
Top Things To Do In Zion ..... 14  
So. Utah State & National Parks ..... 20  
Zion National Park Shuttle Info ..... 16

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**EVENTS**

**KANAB'S 3RD ANNUAL HEALTH & WELLNESS FAIR MOTHER'S DAY WEEKEND**

For decades, the Mother's Day 10K Race has been a huge draw for runners and moving enthusiasts every May on the Saturday before Mother's Day in Kanab. This year, we are super excited to announce that at the Kanab Center immediately following the Mother's Day 10K on Saturday, May 11th, we are having Kanab's 3rd Annual Health & Wellness Fair! Brought to our community by Desert Healing Vitamins Medical Spa right here in Kanab.

What could be better after running 6 of the most scenic miles in Southern Utah?

The Kanab Health & Wellness Fair is going to be bigger and better than ever this year with FREE yoga, LIVE music, great



FOOD, tons of BOOTHS and vendors, raffle PRIZES from our local businesses, free BIKE HELMETS, and all things health and wellness! So, join them at the Kanab Center on Saturday, May 11th, from 8 AM to noon. Bring the whole family!

"Desert Healing Vitamins was inspired by watching my mother battle cancer for the past four years. She is now at the tail end of her treatment and actively goes to a specialist in her hometown that offers vitamin injection and IV therapies. After attending only four sessions, her energy levels increased, the inflammation around her joints decreased, and she could live day to day without extreme amounts of pain." Shana Clark, owner of the Desert Healing Vitamins Medical Spa.

"Watching her go through this battle inspired me to help others in our community who are suffering from similar experiences. I was inspired to share the good news of the often-overlooked options that are out there for people who are suffering and don't know where to turn for help.

Since its founding, Desert Healing Vitamins in Kanab has grown into a medical spa to meet the growing demand for real and lasting solutions to the community's health and wellness challenges. Their practitioners have over 28 years of combined experience in the medical field and are passionate about meeting each client's unique and diverse needs.

We'll see you at the Health & Wellness Fair!

**MORGAN EVANS FEATURED AT UTAH SUMMER GAMES OPENING CEREMONY**

One of Utah's summer traditions will feature a notable country music performer in 2024.

Southern Utah University will host the Larry H. Miller Utah Summer Games Opening Ceremony on June 7 at Eccles Coliseum. Country singer Morgan Evans will be the musical act for the show. This year's event will blend several fan favorites along with new elements, all in a celebration of the 40th anniversary of the 1984 Summer Olympics in Los Angeles, which inspired the movement for the Utah Summer Games.



"We are so excited to welcome the entire state of Utah to Cedar City for one of Utah's favorite summer traditions," said Jon Oglesby, Executive Director of the Larry H. Miller Utah Summer Games. "This year's ceremony pays tribute to the moment in history 40 years ago that inspired the Utah Summer Games in Cedar City. The original visionaries built a solid foundation for us to continue expanding over the next 40 years and beyond as Utah's official state games.

A notable addition to the 2024 ceremony is the increased presence of State Bank of Southern Utah, which has agreed to a multi-year partnership to be the presenting sponsor of the Opening Ceremony event. A longtime supporter of Southern Utah University and Cedar City, the Cedar City-based banking institution sees the support of a long-standing community event like the Larry H. Miller Utah Summer Games as fitting within its mission.

"State Bank of Southern Utah has been involved and volunteered with the Utah Summer Games since its

inception," said Eric Schmutz, President and CEO of State Bank of Southern Utah. "State Bank promotes those things that bring our community together, and such is the case with the Utah Summer Games in celebrating human performance, collaboration, and comradery, which closely aligns with the bank's purpose and cause. State Bank of Southern Utah will always be involved with the Summer Games in more ways than a sponsor, as we are also a committed partner through volunteering and active participation."

One of the hallmark traditions of The Opening Ceremony experience has been high-level entertainment, with country performer Morgan Evans fitting the bill. An Australian-born country star with a truly international reach, Evans has spent most of the last decade in the U.S., with a steady upward build to show for it. Releasing his Top 10 U.S. debut *Things That We Drink To* in 2018, he's gone on to score a Platinum-certified No. 1 with the country-pop charmer *Kiss Somebody*, a Gold-certified fan favorite with the buzzy *Day Drunk*. He has racked up 800 million streams (and counting) while proving himself a captivating performer, equally adept at thrilling crowds by the tens of thousands all by himself or with a band.

The Opening Ceremony will highlight competitors in the 2024 version of the Larry H. Miller Utah Summer Games, with athletes walking the Eccles Coliseum track. The event's well-known fireworks show will also continue, with the accompanying music paying homage to the 1980's and the 1984 Summer Olympics.

Opening Ceremony from 4 PM to 8 PM at the SUU Practice Field west of the Eccles Coliseum home stands.



**FESTIVAL OF THE AMERICAS RETURNS TO KAYENTA**

May 19, 2024. The Festival of the Americas is returning to the picturesque Kayenta Arts Village from Friday, May 17th to Sunday, May 19th, 2024. This engaging three-day celebration of indigenous and Native American art & culture promises a lively experience for all attendees, featuring art, crafts, food, and entertainment.

From 10 AM – 5 PM daily, visitors are invited to immerse themselves in a vibrant marketplace showcasing native arts and crafts. Regional vendors will present exquisite handcrafted and indigenous products and art, offering a unique opportunity to explore and purchase pieces inspired by native traditions.

The festival will be alive with the mesmerizing beats of performances by talented artists, sharing traditional dance and music from the SouthWest region. Attendees can expect a diverse range of entertainment that reflects the rich cultural heritage of Native American communities.

Food enthusiasts are in for a treat as they embark on a culinary adventure through the festival. Authentic food vendors will offer a diverse array of delectable offerings, allowing attendees to indulge their taste buds in flavors inspired by native cuisines.

More than just an event, the Festival of the Americas is an experience that invites you to connect with the heart and soul of native traditions. With a harmonious blend of art, music, flavors, and traditions, the spirit of the continent will come alive in every moment.

"We are thrilled to welcome everyone back to the Festival of the Americas," said Miranda Wright, Executive Director. "It is

so important and valuable to engage with and learn from native culture, and we are honored to host this wonderful tradition that brings people together."

Admission to the Festival of the Americas is FREE and open to the public, making it accessible to all who wish to experience the cultural festivities! Visit [KayentaArts.org](http://KayentaArts.org) for more information.

The 2024 Festival of the Americas is made possible by the Rocky Mountain Power Foundation grant. The Rocky Mountain Power Foundation is part of the PacifiCorp Foundation, one of the largest utility-endowed foundations in the United States. The foundation was created by PacifiCorp,



an energy company that serves over 2 million customers across a diverse six-state region such as Rocky Mountain Power (Utah, Wyoming, and Idaho) and Pacific Power (Oregon, Washington, and California). The foundation's mission, through charitable investments, is to support the growth and vitality of the communities served by Rocky Mountain Power and Pacific Power. Since it started in 1988, the foundation has awarded more than \$60 million to nonprofit organizations.

**LIVE MUSIC & FARMERS MARKETS THRIVE AT THE BIT & SPUR**

Springdale, Utah.

The iconic Bit & Spur Restaurant and Saloon announces its vibrant live music series and farmers market events, now through the Fall. Since its establishment in 1981, The Bit & Spur has been a beloved venue combining exceptional Mexican cuisine with dynamic community events.

This season features a diverse lineup of talented performers. The series begins with Yesouisi on May 6th, known for their infectious energy and innovative sound. Circus Mutt will follow on May 10th, offering a unique blend of rock and folk. Juniper City will captivate audiences with their folk-modern blend on May 20th, followed by Relics, who will bring classic rock to the stage on May 27th. Shangalu, a Colombian

project with its own unique music style, will perform on May 24th. The band, formed in 2017, blends reggae, funk, Caribbean style, soukous, afrobeat, bullerengue, and cumbia. The Electric Witness Full Band will deliver powerful blues-rock on June 3rd. Indie rockers Runaway Fire will perform on June 10th, followed by the mesmerizing desert blues of Dead Desert Trio on June 17th. Ed Tracy, celebrated for heartfelt storytelling, is tentatively scheduled for June 24th. The series will host Tom Bennett's soulful country blues on July 5th.

Nestled in the heart of Springdale, The Bit & Spur has evolved from a local watering hole to a renowned music venue, thanks to partner Alex Pelton, who has been instrumental in this transformation since 1994.

These events underscore the venue's commitment to sustainability and community engagement.

The farmers market will be every Monday from 5 to 9 PM and will feature local produce, artisan goods, live music, and the Bit's incredible food.

Join us at The Bit & Spur to celebrate a season of music, community, and the arts against the stunning backdrop of Zion National Park. For more details, visit [BitAndSpur.com](http://BitAndSpur.com) or our Facebook page.



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# EVENTS

## EXPERIENCE KANAB'S 18TH AMAZING EARTHFEST CELEBRATION

By Rich Csenge

Get ready to experience the wonders of nature at the 18th Annual Amazing Earthfest, set against the dramatic backdrop of Kane County, Utah! From May 8th to May 12th, 2024, this exhilarating event will unfold on the vast, picturesque landscapes of the Colorado Plateau, offering a perfect blend of education, adventure, and artistic expression.



Hosted in the vibrant town of Kanab, the Amazing Earthfest is Southern Utah's premier festival dedicated to celebrating the land and life that characterize this unique region. With nearly 30 thrilling activities spread over five days and nights, this festival promises an unforgettable jour-

ney of discovery for attendees from across the nation and worldwide. The event is not only free but designed to engage minds and hearts, connecting people with the natural beauty and cultural richness of Southern Utah and Northern Arizona. To dive into the full schedule of events and for more detailed information, enthusiasts are encouraged to visit [AmazingEarthfest.org](http://AmazingEarthfest.org) for additional information.

This year, the festival lineup is more vibrant than ever. Highlights include a vivid cultural presentation by the Kaibab Band of Paiute Indians, showcasing their rich heritage and traditions. Music lovers can look forward to a soul-stirring live concert by the Chris Paul Band, set under the expansive desert sky. Furthermore, a compelling panel discussion will provide insights into LDS perspectives on environmental stewardship, sparking thoughtful conversation among participants.

Nestled among America's most cherished National Parks, Forests, Monuments, and Public Lands, Amazing Earthfest is a gateway to educational exploration in fields such as geology, archaeology, wildlife conservation, land ethics, and astronomy. This festival not only enhances your appreciation for Mother Earth but also offers practical learning opportunities provided by prestigious organizations including the US Forest Service, Bureau of Land Management, Utah Department of Natural Resources, the Peregrine Fund, the Charles Redd Center for Western Studies at Brigham Young University, and the National Park Service.



Amazing Earthfest is more than just a festival; it is a collaborative endeavor. Through partnerships with federal land management agencies, local and state governments, as well as national and regional nonprofits, businesses, and individuals, the event helps foster a sustainable local economy centered around the vast benefits of public lands.

Mark your calendars and make your travel plans now to immerse yourself in the enchanting beauty of Kanab. Whether you're a nature enthusiast, an art aficionado, or simply looking for an escape into the wild, the Amazing Earthfest offers something exciting for everyone. Don't miss out on this incredible opportunity to connect with the Earth and celebrate its wonders in a festival like no other!

## DUE WEST TO PERFORM AT THE STAHELI FAMILY FARM

May 30, 2024.

On the picturesque grounds of Staheli Family Farm, a not-to-be-missed country music concert featuring the acclaimed group Due West is set to take place on Thursday, May 30th, 2024. The trio—Matt Lopez, Tim Gates, and Brad Hull—are celebrated for their exceptional vocal harmonies that resonate with the familial closeness of siblings, a rarity that elevates their performances into something truly special.

Due West, known for their evocative lyrics and captivating melodies, will showcase songs from their latest album, "UNBROKEN," which debuted to great enthusiasm on February 22, 2024. Fans can look forward to live renditions of hit tracks like "When The Smoke Clears" and "I Get That All The Time," among other beloved tunes from their extensive repertoire.

The concert at Staheli Family Farm, a beloved local venue known for its pastoral charm and welcoming atmosphere, promises a perfect setting for an evening of memorable music under the stars. The farm will offer ample parking in its lot and adjacent fields, ensuring a smooth experience for all attendees. To maintain safety and organization, parking along the roads will be prohibited during the event.

Adding to the festive ambiance, the event will feature a diverse array of several local food trucks, providing a delicious selection of



eats and treats. The lineup includes Chicharos Tacos, The Corndog Company, The Wicked Scone, Hook'd on Bowls, Orange Chicken, Zeppé's Italian Ice and Custard, Churrology, and Grit + Grind Coffee. Guests are reminded to not bring outside food or drinks, except for sealed water bottles, to the venue. Coolers are also not allowed, ensuring everyone enjoys the food offerings available on site.

Attendees are encouraged to bring their favorite outdoor chairs or blankets and set up shade umbrellas or small canopies before the concert begins, creating a cozy and personalized spot from which to enjoy the live music, delectable food, and the warm, summery vibes.

Tickets for this enchanting evening are priced at \$35 for general admission, with limited availability. Prospective concert-goers can secure their spot by visiting [www.liberty-entertainment.live](http://www.liberty-entertainment.live). Don't miss the opportunity to kick off the summer with Due West at Southern Utah's scenic Staheli Family Farm!

## MYSTICS FESTIVAL COMES TO CEDAR CITY MAY 8-11

Mystics Festival is a new multi-day metaphysical and alternative spiritual practices craft fair with crafts, food, tarot, holistic healing, and more aimed at highlighting the often overlooked metaphysical and alternative spiritual practitioners in the Southern Utah area.

The fair will be held in Downtown Cedar City on May 8 from 2 to 9 PM and May 9-11 from 10 to 9 PM at the beautiful, tree-covered Main Street Park at 200 N Main St, Cedar City.

We encourage all types of crafts, service providers, and food vendors, particularly those that sell or practice metaphysics, holistic medicine, or alternative beliefs.

If you identify as a witch, Wiccan, Druid, or Pagan, this festival was created for you as a vendor or customer. We are encouraging our vendors and customers to dress up as witches, wizards, fairies, and other personalities they feel describe them.

We have some of the great vendors signed up to sell many great treasures, including minerals, crystals, smudge and incense wares, and tarot and oracle cards. Other items our vendors will be selling

include new and vintage jewelry, herbs, candles, home decorative items, stone carvings, and much more.

Several food vendors are also signed up to provide refreshing drinks, fruit cups, delicious tamales, and tacos.

Activities for the kids will also be provided by Funtimes Inflatables. Free entry to the public.

If interested in becoming a vendor, please text 435-238-6619 or email [mysticsfestival@gmail.com](mailto:mysticsfestival@gmail.com) for details and application.



**MYSTICS FESTIVAL**  
A Metaphysical and Alternative Spiritual Practices Craft Fair

Crafts, food, tarot, holistic healing and more.  
Free entry to the public.

May 8, 2-9pm • May 9-11, 10-9pm

Accepting all types of craft and food vendors

200 N Main Street,  
Cedar City Main Street Park  
435-238-6619  
Email [mysticsfestival@gmail.com](mailto:mysticsfestival@gmail.com)

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**EVENTS**

**ESCALANTE CANYONS ART FESTIVAL CELEBRATES 20 YEARS LOOKING BACK – LOOKING FORWARD**

The Escalante Canyons Art Festival celebrates its 20th Anniversary September 20-29, 2024.

In 2003, Steve Roberts and his friend, Gail, were reading Vagabond for Beauty, a biography of Everett Ruess, a 20-year-old artist who disappeared into the canyons 70 years earlier in 1934. Gail turned to Steve and said, “You should have an art festival in his honor!”

Steve contacted Harriet Priska, the “hard-working engine” who got things done. They called a town meeting for input, attended an art festival in Price, Utah, for ideas on how to proceed, organized committees, invited artists throughout the state, and launched the first festival with the help of many volunteers. Thirty-nine artists participated that first year, a modest beginning that has blossomed into a grand celebration of art and nature. Last year, 88 artists from all over the world joined in this celebration.

Everett Ruess appreciated the beauty of this region. The festival name changed from Everett Ruess Days to Escalante

Canyons Art Festival, emphasizing the area rather than the individual. We invite all artists of every persuasion, medium, skill level, and emphasis to participate in this year’s festival and experience this unique region for yourself.



Come celebrate the stunning public lands of Utah’s canyon country. Hosted in Escalante, Utah, along Scenic Byway 12 between Bryce Canyon and Capitol Reef National Parks, the festival holds

workshops from Boulder to Bryce Canyon in the heart of Grand Staircase-Escalante National Monument. Competitions, exhibits, sales, workshops, demonstrations, arts and crafts, live music, guided walks, and more are offered to satisfy any art-related interest.

Early registration is open now for the following competitions: plein air, studio, nocturne, miniature, paint-out, drawing, and junior categories (Grades K-3, 4-6, 7-9, 10-12).

Whether it is to listen to Sihadin’s music, engage in a group painting excursion, or purchase an inspiring piece, we invite Utah and the rest of the world to experience the intense beauty in and around the Grand Staircase—Escalante National Monument. We hope an artistic spirit of adventure touches a special creative desire in all of us as we seek to express “Art Inspired by Place,” as Everett did all those years ago.

More information with all the related details can be found at [EscalanteCanyonsArtFestival.org](http://EscalanteCanyonsArtFestival.org).

**ZION YOGA FEST BRINGS TRANSFORMATION & WELLNESS**

Zion Yoga Fest comes to Springdale for a transformative celebration of wellness, connection, and joy in a world that often feels disconnected and overwhelmed. The Festival promises an immersive experience, inviting participants to embark on a journey toward self-discovery, community connection, and boundless bliss.

Scheduled to take place from May 30 to June 2, ZYF is more than a gathering; it’s a sanctuary where individuals can reconnect with themselves and their community in profound ways. With a focus on building inner resilience, fostering authentic connections, and cultivating happiness, this year’s festival is poised to be the most empowering yet.

Attendees can expect a diverse array of yoga classes, meditations, lectures, sound healing, breathwork, and workshops led by esteemed instructors from the local community and abroad. Each session is curated for practitioners of all levels, providing opportunities for growth, healing, and self-expression.



PHOTO BY KHALOB

In addition to the yoga and wellness offerings, attendees can explore the Vendor Village Market, brimming with local artisans, healers, and wellness vendors. Browse a diverse selection of handcrafted goods, artisanal products, and holistic services to enhance your well-being and support your journey towards inner harmony. The Vendor Village market is open to the public.

“At ZYF, our mission is to create a space where individuals can come together to foster connection, experience healing, and feel happiness,” says Camille Zolman, founder of the festival. “We are highly focused on building up our community. Whether that’s by supporting local businesses through partnerships or offering diverse education and learning for local teachers and practitioners, We believe that by coming together as a collective, we can cultivate healing, joy, and a profound sense of connection that extends far beyond the festival grounds.”

Tickets for Zion Yoga Fest are available now, join us and discover the magic. ZYF is open to all including a Kids Pavilion with “mindful childcare” for children 18 months to 10 years old. Don’t miss your chance to experience the transformative power of yoga, community, and happiness at this year’s festival!

For more information and ticket purchases, visit [www.zionyogafest.com](http://www.zionyogafest.com)

Use code “ZION” at checkout to get 15% off your festival pass. One, Two, & Four-Day passes are available.

**PAROWAN FUN RUN CAR SHOW**  
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[bestfriends.org](http://bestfriends.org)

**Best Friends Animal Society**



**Kitten Bingo: Thursday May 9, 7-8 p.m.**  
Enjoy bingo night with the family and roomful of adoptable kittens at Best Friends Roadhouse and Mercantile



**Gentle Yoga: Saturdays, 9 a.m., starting May 4**  
Join us for a 45-minute gentle yoga class for all levels and ages at Best Friends Roadhouse and Mercantile



**LIVE MUSIC AT BEST FRIENDS ROADHOUSE STAGE**  
LIVE Music: The Chris Paul Band - May 4, 6-8 p.m.  
LIVE Music: Gundy and the Gurus - May 11, 6-8 p.m.  
LIVE Music: Stone Company - May 18, 6-8 p.m.  
LIVE Music: Tom Bennett, One Man Band - May 25, 6-8 p.m.  
LIVE Music: Abel O Nelson - June 1, 6-8 p.m.  
LIVE Music: River House Band - June 8, 6-8 p.m.



**Yappy Hour at the Buckskin: Sat. May 25, 3-6 p.m.**  
A Special Happy Hour event at the Buckskin Tavern in Fredonia, AZ  
Fee-waived adoptions (dogs and cats)



**Free in-town tours of the Sanctuary**  
From the Roadhouse Wednesday-Sunday, 8:30 am and from Kane County Visitor Center Wednesday-Sunday, 1:00 pm



**Angel Village Café serves a \$5 vegan lunch with a million dollar view**  
Every day from 11:30 a.m. to 1 p.m. The buffet menu changes daily, see the menu here: [bestfriends.org/angel-village-cafe-menu](http://bestfriends.org/angel-village-cafe-menu)



**EVENTS**

**EXPLORING VIBRANT EVENTS AND LOCAL TALENT IN SOUTHERN UTAH**

The Red Cliff Gallery and Arrowhead Gallery are central pillars in the vibrant arts scene of Southern Utah. Both galleries not only display a myriad of artworks but also host engaging events and provide valuable resources for artists, as detailed on their website, SouthernUtahArtGuild.com.

Located in St. George, the Red Cliff Gallery, managed by the Southern Utah

Art Guild, is a spacious venue that showcases a diverse array of artworks. This gallery is set to host the "Structures and Shapes" Abstract Art Show from May 3 through June 6, 2024. This event will exhibit a variety of local artists' works in mediums ranging from oil and acrylic paints to mixed media and sculpture. All pieces will be available for purchase. The show will kick off with an Artist's reception on May 3, from 6 PM to 8 PM, featuring live music, refreshments, and free admission. The gallery, located at 220 N. 200 E., St. George, Utah 84770, operates Monday through Friday from 9 AM to 5 PM and Saturdays from 12 Noon to 4 PM. Further information can be obtained by calling 435-414-0345 or emailing redcliffgalleryutah@gmail.com.



Meanwhile, the Arrowhead Gallery will spotlight the artwork of Denise Vance throughout May. Vance, a local Utah artist whose work includes acrylics, watercolors, and collage, draws inspiration from the stunning landscapes around St. George. Her artwork, which can also be viewed on www.denisevance.com, is featured in both the Red Cliff and Arrowhead Galleries as well as other local venues. The Arrowhead Gallery, located at 68 E. Tabernacle in St. George, is open from Tuesday to Thursday from 11 AM to 6 PM and on Friday and Saturday from 11 AM to 8 PM.

The Southern Utah Art Guild, which oversees both galleries, offers extensive support to artists. This includes free art classes and workshops, opportunities to participate in vendor events at

no cost, the chance to be featured in numerous Red Cliff Gallery art shows, and the possibility to become a permanent artist at the Arrowhead Gallery. These initiatives aim to nurture and promote local artists, fostering a thriving arts community.

These galleries not only serve as exhibition spaces but also as community centers where artists can learn, grow, and connect with other art enthusiasts. Each venue's unique approach to supporting artists and engaging the community contributes significantly to the cultural richness of Southern Utah. The diverse events and robust support system underscore the area's commitment to nurturing its artistic community, making the Red Cliff and Arrowhead galleries essential destinations for anyone interested in the arts.

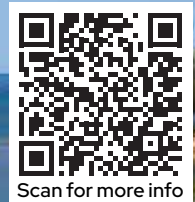
For more details on events, artist opportunities, and gallery hours, visit SouthernUtahArtGuild.com. This website serves as a comprehensive resource for visitors and artists alike, offering updates on upcoming shows, artist profiles, and more.

**WIN A CRUISE!**

**The Great Princess® Cruise Giveaway**  
May 1 – 25, 2024

**GRAND PRIZE DRAWINGS**

Virgin River – Fri., May 24 @ 6:30pm – CasaBlanca – Sat., May 25 @ 6:30pm



**2 Ways To Earn Tickets**

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**EVENTS**

**EXPLORE THE ART OF WINE MAKING AT ZION VINEYARDS**

By Patrick Hayes

Located in the beautiful surroundings of Southern Utah, Zion Vineyards is a testament to the art and science of wine-making. As spring unfolds, the vineyard is bustling with activities that promise an exceptional yield this year. Following a meticulous schedule of trimming and pruning in the early months, the vineyard team is now engaged in bottling, weeding, planting, and ensuring optimal irrigation and growth.

At Zion Vineyards, every step is a

stride towards perfection. This season, red clover has been added to the vines. This nitrogen-producing plant enhances the soil's fertility, contributing to the health of the grapevines and the quality of the grapes. Already, the vines are showcasing small clusters of grapes, a sure sign of a promising season ahead.

The vineyard is expanding its variety of grapes. Among the new vines being planted are Grenache, known as Garnacha in Spain, celebrated for its rich berry flavors like raspberry and strawberry, and its ability to develop complex notes when blended. Carignane, another variety favored in southern France and Spain for its bold, spicy profile and earthy tones, is also being introduced.

Another addition is Teroldego, an Italian varietal known for its fruity flavors and soft tannins, which makes it a great choice for both standalone wines and blends. Moreover, the planting of Alicante Bouchée, a unique grape with red flesh and skin, adds a rare variety to the vineyard's portfolio. This grape, developed by French botanist Henri Bouschet, brings deep flavors of black cherry and sweet tobacco.

Not neglecting white wine lovers, Zion Vineyards has also introduced more Albariño vines, a variety popular in Spain and Portugal, known for its vibrant fruit flavors and refreshing acidity.

Zion Vineyards invites everyone to experience the magic of their craft. Located at 5 Hidden Valley Road in Leeds, just a short drive from St. George, the vineyard offers a delightful escape into the world of wine. Open daily from noon to 6 PM, no reservations are needed to enjoy a taste of their award-winning wines. For more information, visit [www.zion-vines.com](http://www.zion-vines.com) or call 435-216-1340. Join us for a fun and flavorful adventure in the heart of Utah's wine country.



**PREMIER DESTINATION FOR ENTERTAINMENT AND DINING COMES TO SOUTHERN UTAH**

Warehouse Bar + Kitchen in Cedar City.

At the Warehouse Bar + Kitchen, we are dedicated to providing our guests with an exceptional blend of daily drink specials, exciting events, and delectable dining options. Nestled in historic downtown Cedar City, in a charmingly restored freight building, Warehouse Bar + Kitchen offers a unique ambiance combining history and contemporary entertainment.

Our weekly event lineup is designed to cater to diverse tastes, featuring Karaoke Tuesdays, complimentary pool games on Wednesdays, and vibrant live music and DJ sets every weekend. Highlight events include bi-weekly line dancing sessions and our popular Trivia Night, held on the last Wednesday of each month.

Warehouse Bar + Kitchen is more than just a sports bar; it's a hub of community and celebration. We take pride in serving a menu that includes crowd-pleasers like wings, various sliders, and French fries, alongside bi-weekly food specials such as the much-loved Paco's Tacos. Our commitment extends to offering a wide selection of drinks, including local beers, crafted cocktails, and more, ensuring a flavorful experience for our 21+ patrons.

We are actively involved in our community, supporting local events and Southern Utah University athletics. Our enthusiasm

for local involvement is evident as we often host beer gardens and other community-oriented events.

To stay updated on our offerings and events, follow us on Instagram @warehouse\_bar\_kitchen and on Facebook.

Join us at Warehouse Bar + Kitchen for an unforgettable experience where we are not just a bar but a place where memories are made. Whether it's a casual evening out or a special celebration, we promise an atmosphere of fun, excellent service, and a safe, friendly environment.

Warehouse Bar + Kitchen is located at 432 N. 100 W. in Cedar City. Visit [warehousebarandkitchen.com](http://warehousebarandkitchen.com) or call (435) 867-8988 for more information.

"If you're here, you're family!" Join us and let us serve you up a great time, ensuring your visit is filled with joy, laughter, and the warmth of good company.



**SXS ADVENTURE RALLY CELEBRATES 10 YEARS IN SOUTHERN UTAH**

The 10th Annual HCR SXS Adventure Rally on the Rocks, presented by GBC Tires, will be held at Sand Hollow State Park from May 16-18, 2024.

For the past ten years, this family-friendly event has brought SXS, UTV enthusiasts, and the best industry leaders together for free vendor shows, and professionally guided rides. The SXSAR will overload the senses with epic trails, rock crawling, camping, factory demo rides, scenic rides, education classes, raffles, events, and more.

Hit the sand, dunes, rocks, and endless vistas of Sand Hollow State Park for the adventure of a lifetime. May is perfect

riding weather and is sure to bring a smile to everyone's face and experience the thrill of exploration, the excitement of speed, the sensation of Mother Nature and machines.

Expert-guided trail rides are just \$50 per person per day. Mad Moose Rentals



will be onsite with discounted SXS rentals. Vendor areas, factory demo rides, and entertainment fun are open to the public with paid state park entry.

Rally entry is not required to attend the event or enjoy test/demo drives with some of our industry manufacturers.

Visit [SXSAdventureRally.com/faq](http://SXSAdventureRally.com/faq) for more information and the full 2024 event schedule and fees.

To register for the rally, visit [SXSAdventureRally.com/registration](http://SXSAdventureRally.com/registration) and you can find us on Instagram @SXSAdventureRallyOnTheRocks. Contact: [katie@moluevents.com](mailto:katie@moluevents.com) or (435) 703-4444.

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**EVENTS**

**"CANYONS CALLING" - A SUMMER CONCERT SERIES AT JACKSON FLAT RESERVOIR**

Join us for the debut of the Canyons Calling Summer Concert Series, a vibrant celebration of music set against the stunning red cliffs and expansive skies of Kanab. This series offers a collection of concerts that are completely free and cater to all ages, making it a perfect outing for the entire family. Each event features a variety of food trucks, ample shade, and a welcoming community atmosphere. Attendees are



encouraged to bring their own blankets and chairs to comfortably enjoy the festivities.

Here's what you can look forward to as we launch this exciting concert series.

May 3rd: We are Kicking off the series with Rabbi Blue and Friends, a group renowned for their soulful blend of jazz and blues. Rabbi Blue, a seasoned musician, has worked with legends like Lou Rawls and Dizzy Gillespie and brings his rich musical heritage to the stage, performing both classic hits and stirring originals.

June 7th: Experience the electrifying synth-rock of The Eiffels, a band celebrated for their "anthemic and vivacious" sound by Alternative Press. With millions of streams and performances at major events like Van's Warped Tour, The Eiffels promise a night of dynamic energy and unforgettable melodies.

July 5th: Dive into the local scene with Monsoon Fever and The Chris Paul Band. Monsoon Fever, a newcomer to the music scene, delivers a mix of soul, country, and rock that resonates with the vibrant spirit of Southern Utah. The Chris Paul Band will get you on your feet with their compelling renditions of classic rock, pop, and country favorites.

August 2nd: The series concludes with a special surprise guest, guaranteed to make a memorable finale. Details will be unveiled closer to the event, ensuring a thrilling end to a summer of superb live music.

This extraordinary concert series is brought to you by the Kane County Center for the Arts. Dedicated to enhancing the cultural, educational, and economic vitality of the region, the center ensures that these events are accessible and affordable for everyone.

Mark your calendars for these evenings of exceptional music and community spirit starting at 6 PM on May 3rd. For more details, visit [KaneCountyArts.org](http://KaneCountyArts.org). Don't miss out on this unique opportunity to enjoy great music in a breathtaking setting!

**OPINION**

**ANOTHER CONGRESSIONAL SEAT FOR UTAH?**

By Howard Sierer



In case you somehow missed the Census Bureau's 2023 American Community Survey (ACS), its mind-numbing data tables actually portend a significant change coming for Utah. After adding its fourth

Congressional seat in 2010, Utah is likely to get a fifth seat following the 2030 census.

That forecast is based on our state's population growth rate through the first three years of this decade. That growth rate did slow in 2023 to 1.64% annually, still 4th fastest in the country, but even projecting forward with this lower growth rate, we'll likely get fifth seat.

Utah was the fastest growing state in the union on a percentage basis during the decade ending in 2020 when our population grew by 17.3%. The World Population Review forecasts that Utah's population will grow from about 3.3 million in 2020 and 3.45 million now to about 3.6 million by 2029.

In addition to overall growth, the ACS shows that the nation continues to experience major population shifts which will affect congressional apportionment. Just the first three years of this decade alone would be enough to make significant changes in the allocation of Congressional seats. If population trends continue at their current pace, far bigger changes could be expected in the 2030 reapportionment: eighteen states would gain or lose districts.

California would lose five seats in the House, while New York would lose three. Illinois would lose two, and Michigan, Minnesota, Oregon, Pennsylvania and Wisconsin would all lose one. Those seats would mostly move south. Texas and Florida would each gain four seats, while Arizona, Georgia, Idaho, North Carolina, South Carolina, and Tennessee would each gain one as would Utah. Delaware would gain a second seat for the first time since the early 1800s.

But if population shifts are slowing nationwide as they are in Utah, more recent population shifts should be weighted

more heavily. In that case, Congressional reapportionment would still result in significant but somewhat more modest changes. California would lose four seats, New York three, and Illinois two. Minnesota, Oregon and Pennsylvania would each lose one seat. On the plus side, Texas would still gain four seats, while Florida would gain three. Georgia, Idaho, North Carolina and Tennessee would each gain one, as would Utah.

Movement from north to south reflects more than folks seeking warmer, sunnier climes. A review of the losers and gainers shows that heavily Democratic states are shrinking while the gainers are heavily Republican along with some swing states. There's no assurance that every new Congressional district in Republican-majority states will elect a Republican congressional representative but it's likely that Republicans will be net gainers.

As it did following the 2020 Census and subsequent reapportionment, both parties will focus heavily on electing state legislators in 2030, the ones who will be drawing new congressional districts for the 2032 congressional elections.

For Utah, a fifth seat will give the state a little more clout in Congress but it will also signal another round of fighting and acrimony over congressional district boundaries in our Republican-dominated state legislature. In the vain hope of avoiding that acrimony, our citizens created the Utah Independent Redistricting Commission in 2018. As required by its mandate, the commission proposed three possible congressional district maps, all of which kept most of Salt Lake County in a single district.

Instead of picking one of them, our legislature promptly rejected all three in favor of its own map, one that it had been preparing even before the commission reported. As a result, those of us in Southern Utah are in the 2nd Congressional District that loops around the west and north sides of the Salt Lake metro area, including Bountiful and Farmington in addition to much of urban Salt Lake City itself. We in Southern Utah have a very different set of concerns than do folks in central Salt Lake City or those as far away as Farmington.

Why did this happen? Republican legislators contorted our districts to divide heavily-Democratic Salt Lake County between all four current districts to diminish the chance that Utah would dare elect a Democrat to Congress. Comparable gymnastics in 2030 with five districts will require even greater contortions.

Facing that issue is still seven years away, an eternity in our nation's evolving political scene. But major nationwide changes in congressional representation are an almost sure thing including a fifth seat for Utah.

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Hope Ricciardi, *First Impression* (detail), oil, 2023 Plein Air Best of Show

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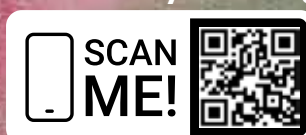
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OUTDOORS

# QUAIL CREEK RESERVOIR OVERLOOK TRAIL FROM THE SOUTH SHORE, QUAIL CREEK STATE PARK

By Tom Garrison

**Location:** In and just south of Quail Creek State Park near Hurricane, Utah.

**Difficulty:** Easy with several up and down sections.

**Average Hiking Time:** A little over two hours at a leisurely pace with many stops, including about 20 minutes looking for petroglyphs (a futile attempt on our part).

**Elevations:** 2,775 feet trailhead elevation with an approximately 250 feet elevation change from the trailhead to the highest point. There are several not-too-steep up and down sections.

**Family Friendly:** Yes, although the several up and down sections may be a bit much for young children.

**Getting There:** Heading north on Interstate 15 take Exit 16 onto State Route 9 toward Hurricane. Stay on State Route 9



for 2.5 miles and then turn left (north) onto State Route 318/5300 West. After .3 mile on State Route 318 turn right (south) onto an unsigned dirt road 4275 West. At the turn is a large "Zion Base Camp" sign on a chain link fence. For most of the .7 mile to the trailhead, 4275 West follows the chain link fence (on your left as you drive to the trailhead) surrounding the Quail Creek Water Treatment Plant. All along the fence are many "No Trespassing" signs. After about .2 mile on 4275 West the road makes a 90 degree left turn and continues following the fence. This section goes approximately .3 mile and then makes a 90 degree right turn. After almost .2 mile on this fenceless section of the road, to your left you'll see a large parking area and wooden stairs embedded in the dirt on the first part of a steep slope. This is the trailhead. Park and climb the slope to reach the beginning of the trail with a large trailhead sign.

I've lived in the St. George area for 15 years and never did more than a quick drive by at Quail Creek State Park. My loss. Deb, my wife, occasionally goes kayaking with friends at Quail Creek Reservoir. We decided to explore the southern section of the reservoir by hiking Quail Creek Overlook Trail on the south shore of the park. A good decision for the hike featured great views of surrounding mountains and hills, color-

ful rugged terrain, massive dams, and a tranquil artificial lake.

Quail Creek reservoir was completed in 1985 to provide irrigation and culinary water to the St. George area and opened to the public as a state park in 1986. The surface area of the reservoir covers about 600 acres. Most of the water in the reservoir does not come from Quail Creek but is diverted from the Virgin River and transported through a buried pipeline.

Two dams form the reservoir. The main dam is an earth-fill embankment dam. The south dam is a roller-compacted concrete dam, constructed to replace the original earth-fill dam that failed in the early hours of New Year's Day 1989.

The maximum depth of Quail Creek can reach 120 feet, so it is cold enough to sustain the stocked rainbow trout, bullhead catfish, and crappie. Largemouth bass and bluegill thrive in the warmer, upper layers of the reservoir.

Remember, Quail Creek State Park is a sensitive area, stay on the trails and minimize your impact—walk as if you are kissing the earth with your feet.

We, my wife Deb and I, began our adventure on a Thursday morning in mid-April. The temperature was in the mid-60s at about 9 am as we began our hike under an awesome blue Utah sky.

The trailhead elevation is 2,775 feet with an approximately 250 elevation change from the highest to lowest part of the trail. The temperature was in the mid-60s at about 9 am as we began our hike under an awesome blue Utah sky.

The trail started out heading north-east, mostly uphill, along the side of a reddish colored ridge. Within .4 mile we reached the southeastern edge of the southernmost concrete dam. Damn, that thing is large.

Soon we were walking along the reservoir's southern shore admiring the red hued mountains surrounding the reservoir and Pine Valley Mountains in the distance to the north. It is a bit odd to walk along the shore of a massive deep blue man-made lake in the middle of the desert.

At about .9 mile from the trailhead, we stopped to admire the views at the Quail Creek Overlook. Pretty nice.

We soon reached the second dam, an earth filled monstrosity, after .3 mile from the overlook (about 1.2 miles from the trailhead). We walked across the dam and at its eastern end made a sharp right (south) turn and headed down a steep slope southwest down the backside of the dam. Then made another sharp turn to the left and headed downhill toward the east on another steep slope. This took us to the base of a long ridge covered in rocks—the petroglyph site.

Deb and I have explored dozens of petroglyph sites in our 35+ years of desert hiking. This is the first time we found zero petroglyphs. We spent 20 minutes examining the side of the ridge facing us, and the backside, and came up empty handed. Oh well.

We trudged up the slopes and began the trip back to the trailhead. Along with great views, on this hike we also saw several lizards and various species of birds, including a flock of ducks in the reservoir.

This is an easy hike of about 3.8 miles with several up and down sections that took us a little more than two hours. We saw a few other hikers, but the trail was not crowded.



MOVIES

- ★★★★★ - Amazing!
- ★★★★ - Good
- ★★★ - Decent
- ★★ - Poor
- ★ - Terrible

## THE INDEPENDENT MOVIE REVIEW

By Adam Mast

THE FALL GUY (PG-13)

★★★½

The Fall Guy gets a pass thanks to its sheer star appeal.

The new action/romance THE FALL GUY is based on the 80s Lee Majors-fronted television series of the same name...Sort of. That series followed Colt Seavers, a stuntman by day and bounty hunter by night who would find himself in various situations from week to week.

In this flashy, big budget, updated take on the series, "it" guy Ryan Gosling takes on the lead role of Seavers; a movie stuntman who loses his mojo following a stunt gone wrong. In an attempt to get that mojo back and gain the attention of the twinkle in his eye, Jody Moreno (an on the rise movie director played by the lovely Emily Blunt), Seavers decides to jump back into the game, a choice that brings him face to face with a handful of colorful unsavory types.

As Colt Seavers, Gosling has swagger to spare in a part that sort of fuses the tough guy persona of his role in DRIVE with the more lovable (and goofy) vibe that he won the world over with in last year's box-office smash, BARBIE. As the object of his affection, an adorable Emily Blunt brings the charisma and comic timing in spades as an ambitious filmmaker who's position in the industry means more to her than any flight-of-fancy romance. Or does it?

In typical romantic comedy fashion, it's pretty obvious how these characters truly feel about one another and that's the driving force behind the movie even though the trailers would suggest otherwise. Yes, there's action, yes there's intrigue, and yes,

there are the prerequisite double-crosses, but that all takes a backseat to sheer star appeal.

Stunt-man-turned-director David Leitch (JOHN WICK) moves things along at a quick enough clip but THE FALL GUY suffers from being a little overstuffed. Obviously, I should be reviewing the film that was made and not the one I was hoping to see but the truth is, I wanted this to be more of a loving tribute to stuntmen rather than a quintessential romantic comedy with action beats. I wanted it to be the movie that screams at the Oscars and says "Why in the hell haven't you added a Stunt Coordination category at the Academy Awards?!" Not that the Oscars are the barometer for all that is great in cinema but I think you catch my drift. Don't get me wrong. The action set pieces in this picture are occasionally fun but there's nothing in this movie that reaches the jaw-dropping heights of Tom Cruise dangling from the tallest building in the world or Jackie Chan breaking nearly every bone in his body in the name of our grand entertainment.

Ultimately, THE FALL GUY is a movie that is often more chaotic than it is thrilling. Like Leitch's last film, BULLET TRAIN only with a romance at the center. If only the action, the romance, and the overabundance of cuteness would have come together to make a more cohesive whole. Even as a love letter to the film industry itself, THE FALL GUY doesn't quite rise to the challenge because it's a little too precious and a little too on the nose, complete



with a goofy modern action star cameo in the final act...A cameo I'll refrain from spoiling in this review. As for the humor, it's hit and miss. Some of the bigger laughs are the smaller, more subdued ones, including a slight but very funny sound cue that serves as an Easter Egg for fans of another very popular Lee Majors t.v. series.

In the end, even though THE FALL GUY doesn't quite bring everything together, it still offers appealing superstars Ryan Gosling and Emily Blunt, both of whom work overtime to charm the pants off of viewers and their presence alone does make this hit-and-miss movie worth a recommendation.

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# CALENDAR

**How To Use This Calendar:** Begin by reviewing the 'Multi-Day Events' section to find specific dates or event types happening over multiple days. For weekly reoccurring events go to 'Events by Day.' Then explore 'Events By Date' for date-specific events. Enter your events for free at [suindependent.com](http://suindependent.com), click Calendar, then Add Event. Please verify events in advance due to events possibly being canceled, changed, or postponed.

### Multi-Day Events

**CALL FOR ENTRIES: RED ROCK FILM FESTIVAL** Enter your feature or short film with the online application at [filmfreeway.com/RedRockFilmFestival](http://filmfreeway.com/RedRockFilmFestival). All genres are welcome. The extended deadline is June 12. Frontier Homestead State Park Museum, 635 N. Main, Cedar City.

**JOSEPH AND THE AMAZING TECHNICAL DREAMCOAT** Apr. 5-May 11, 7 PM. A reimagining of the Biblical story of Joseph & the coat of many colors. [HurricaneTheatrical.com](http://HurricaneTheatrical.com) or call 435-668-9753 for tickets! Hurricane Fine Arts Center, 92 S.100 W., Hurricane.

**DISNEY'S FROZEN** May 3-Oct. 17, 8:45 PM. Disney's Frozen The Musical. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

**ANASTASIA** May 17-Oct. 18, 8:45 PM. Anastasia The New Broadway Musical. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

**MESQUITE DAYS** May 1-4. 36th year. Various events include the Mayor's Pancake Breakfast, Family Fun Night, and Mesquite Days Parade. Visit Facebook @MesquiteNVRrecreation or call (702) 346-8732—various locations in Mesquite.

**KANAB FILM FEST: A FILM & FOOD FRENZY** May 2-4, 12 PM. Experience an exclusive and intimate celebration of the art of film and the joy of exquisite cuisine. Explore a selection of independent films from around the world, encompassing documentaries, student projects, micro shorts, and feature-length gems. But it's our Food Frenzy that elevates this event. The Redstone Theater, 29 W. Center St., Kanab.

**ARETHA: A TRIBUTE** May 3-4, 7:30 PM. Experience the Southwest Symphony paying tribute to the legendary Queen of Soul, Aretha Franklin. Desert Hills High School, 828 E. Desert Hills Dr., St. George.

**GUILD "STRUCTURE & SHAPES" ABSTRACT ART SHOW** May 3-4, 6 PM. The Southern Utah Art Guild invites the public to its upcoming "Structure & Shapes" abstract art show. Reception and awards Friday, May 3, 6-8 PM. Show hours are Mon.-Fri. 9 AM to 5 PM and noon to 4 PM on Saturday. Red Cliff Gallery, 220 N. 200 E., St. George.

**GLENN GALLARDE PROJECT AT CASABLANCA** May 3-4, 7 PM. Showtimes may vary. Former Star Search vocalist Glenn Gallarde and the band, specializes in bringing a show of Top 40's, Dance and all Rock Anthems of the 60's, 70's, 80's, 90's and to the present day. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

**NATIONAL SENIOR PRO RODEO** May 3-5, 10 AM & 6 PM. Triple C Arena, 50 E. 800 N., Panguitch.

**BEAVER DAM JAM** May 3-5, Music and Entertainment: Featuring a diverse lineup of local and regional bands, from country, rock-n-roll, reggae and folk. Notable acts include Joe Sherman, and Distortion. Special Events: The festival includes unique attractions like the Lawnmower Appreciation Event, vendors, and a free lunch for fans at 11 AM on Saturday. The evening will close with the Grateful Dead cover band, Brown Chicken Brown Cow, and late-night tunes from Insanity Stew inside the bar. Beaver Dam Station, 402 Co Hwy 91, Beaver Dam.

**PREVIEW OF 29TH ANNUAL ART AUCTION - ART IN BLOOM** May 6-9, 10 AM. Donated pieces to SUMA's 29th Annual Art Auction will be sold at SUMA's major fundraising gala on display the week of the event. View the complete auction lineup before the event on Saturday, May 11, 2024. Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

**MYSTICS FESTIVAL** May 8-11, 2 PM. Mystics Festival is a craft event with an emphasis on promoting crafts and practitioners of alternative spiritual practices. Cedar City Main Street Park, 200 N. Main St., Cedar City.

**TERRY WAYNE PROJECT AT CASABLANCA** May 8-12, 7 PM. Showtimes may vary. R&B, funk, dance, oldies, and classic rock. Free admission. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

**COLORADO CITY MUSIC FESTIVAL** May 10-11, 7 PM. Under the towering vermilion cliffs in Beautiful Maxwell Canyon Park, in Hildale, Utah. 1750 Maxwell Canyon Parkway, Hildale.

**LITTLE BRITCHES RODEO** May 10-14, Triple C Arena, 50 E. 800 N., Panguitch.

**HEADLINERS** May 15-19, 7 PM. Showtimes may vary. Headliners is an energy equipped Top 40 variety band. This seasoned band performs an eclectic range of new and classic pop music for audiences who visit the CasaBlanca Skydome Lounge! 950 W. Mesquite Blvd., Mesquite.

**FREE UTV & SXS VENDOR SHOW AT SAND HOLLOW STATE PARK** May 16-18, 7 AM. Free UTV & SXS Vendor Show at Sand Hollow State Park (w/paid state park admission). Sand Hollow State Park, 3351 S. Sand Hollow Rd, Hurricane.

**GREGG PETERSON BAND AT CASABLANCA** May 22-26, 7 PM. Showtimes may vary. Classic Rock, Variety, and dance band. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

**HOT ICE BAND** May 29-June 2, 7 PM. Showtimes may vary. Motown, R&B, Country, Classic Rock, 50s, 60s & Latin! From Las Vegas performs all over the region with their upbeat dance-able songs! Free Admission - Must be 21 or older. 950 W. Mesquite Blvd., Mesquite.

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# CALENDAR

**5TH AND UNDER STATE FINALS** May 16-18, All day. riple C Arena, 50 E. 800 N., Panguitch.

**ZION YOGA FEST** May 30-June 2. Four days of bliss will foster connection and heal body, mind, and soul. Join us to connect with self and others, experience classes, make friendships, find healing, enjoy lectures, vendors, and more. Learn from dozens of specialized teachers in 50+ different class offerings. Visit www.zionyogafest.com. Zion NP/Springdale.

**KANAB ARTS BOARD SECOND QUARTER EXHIBITION** This quarter, we are proud to present artworks by aspiring young artists from Freedonia, Kanab and the Orderville-Mt. Carmel area, to be exhibited at the Kanab City Library, and a combination of photography, paintings and fabric art at the hospital lobby. Kane County Hospital, 355 Main St., Kanab.

**CEDAR CITY DAUGHTERS OF UTAH MUSEUM** 10 AM. We have Artifacts, Photos, and Histories of our Iron County Pioneer settlers who paved the way for our established communities of today. Tools, Clothing, Hats, Dolls, Furniture, Books, A Spinning Wheel, and Organ are on display. Cedar City Visitors Center, Cedar City Daughters of Utah Pioneer Museum, 581 N. Main St., Cedar City.

**KARAOKE WITH "GAYLE LOUISE"** 5 PM. KaraOKe Funnnn! with "Gayle Louise" Tuesday's and Wednesday's (702) 345-6747. PEGGY SUE'S DINER. 380 N. Sandhill Blvd., Mesquite.

**Events by Day**

**MONDAYS**

**STORY TIME WITH GRANDPA STEVE** 10 AM. Washington County Library System, 88 W. 100 S., St. George.

**FARMERS MARKET & LIVE MUSIC AT THE BIT & SPUR** 5 PM. The iconic Bit & Spur Restaurant and Saloon announces its vibrant live music series and farmers market events, now through the Fall. Weather-permitting. Bit & Spur, 1212 Zion Park Blvd., Springdale.

**TUESDAYS**

**MAKE ART TUESDAYS** 11 AM. Everyday is better when you make art! Join us every Tuesday from 11 to 12 p.m. to create unique projects that you can take home. St. George Children's Museum, 86 S. Main St., St. George.

**TRAUMA & LOSS WOMEN'S GROUP** 6 PM. Trauma & Loss Group for Women. 640 E. 700 S., STE 101, St. George.

**KARAOKE TUESDAY AT WAREHOUSE BAR + KITCHEN** 8 PM. 432 N. 100 W. Cedar City.

**WEDNESDAYS**

**FREE POOL WEDNESDAY'S AT WAREHOUSE BAR + KITCHEN** Warehouse Bar + Kitchen, 432 N. 100 W., Cedar City.

**GAMER CLUB** 3 PM. Teens and 'twens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

**MIDVALLEY: FARMERS MARKET** 4 PM. Come for live music, jump house, face painting, and more. Find some beautiful, original, and unique items for your loved one, all the crafters and artisans are local and everything is handmade by them. This is the perfect place to take a break midweek with your family, friends, and neighbors, have some dinner, listen to some music, and let the kids play in the jump house while you watch the sunset. This is a Project of The PEACE Guild - Text: 435 704-6916. 780 Midvalley Rd., Enoch.

**KARAOKE AT BEAVER DAM BAR** 5:30 PM. Every Wednesday with Gayle Louise (SAME TIME as Mesquite) (435) 229-9725. 411 Co Hwy. 91, Littlefield.

**SINGER'S CLUB LIVE** 6 PM. Open mic, sing, guitar, or grand piano. Facebook "Singer's Club" like our Facebook and watch the livestream every Wednesday night. Contact us if you want to perform. Gentry Music & Arts, 771 S. Bluff St., St. George.

**THURSDAYS**

**SUNRISE ROTARY** 8 AM. Meets every Thursday at Scotty's Restaurant at the Falcon Ridge Golf Course. e contact: Deb Parsley debparsley@kwcom. Falcon Ridge Golf Course, 1024 Normandy Ln., Mesquite.

**DESERT COMMUNITY STRINGS AND NEW HORIZONS STRINGS** 5:30-7:30 PM. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings.org. Basement of St. George Medical Building, 736 S. 900 E., St. George.

**KARAOKE B-I-N-G-O!** 6:30 PM. Karaoke B-I-N-G-O! with "Gayle Louise". Two ways to win! Not based on talent. SING-PLAY-WIN! "KORAL KAFE Might As Well Lounge" (435) 627-6262. 2400 N. Town Center Dr., Washington.

**KARAOKE WITH DJ LANCE AT MIKES TAVERN** 9 PM. 90 W. Hoover Ave., Cedar City.

**FRIDAYS**

**CRAFTIVITY** 11 AM. Join this creative activity every Friday where together, guests and volunteers work to make easy, fun, and educational crafts. St. George Children's Museum, 86 S. Main St., St. George.

**CEDAR STREET FEST** 3 PM. Local businesses, artisans, and performers come together for a weekly celebration of Cedar City's unique culture. Enjoy music, food, and fun, including live music, theatrical performances, stand-up comedy, bouncy houses, art classes, games, Artisans Fair, Farmers Market, drive-in movies, and more. Visit Cedarstreetfest.com. Cedar Fun Center, 170 E. Fiddlers Canyon Rd., Cedar City.

**OFF THE CUFF** 8 PM. Every Friday. Tickets are \$10. Advanced tickets available for purchase at otccomeday.com. Off the Cuff Theater, 913 S. Main St., Cedar City.

**SATURDAYS**

**BEST FRIENDS GENTLE YOGA** 9 AM. Join us for a 45-minute gentle yoga class for all levels and ages at Best Friends Roadhouse and Mercantile Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**CEDAR CITY FARMERS MARKET** 9 AM.-1 PM. Come for the farmers, food, and artisans as well as drawings, bingo, and more! For information visit them on Facebook, Cedar Saturday Market, or call Nancy (435) 463-3735. IFA, 905 S. Main St., Cedar City.

**TUACAHN SATURDAY MARKET** 9 AM. A fun craft festival set in a beautiful and scenic canyon. Every Saturday morning we have live entertainment, crafters, vendors, food and fun. In the event of rain, we cozy up under the cover of the Tuacahn Amphitheater plaza. Tuacahn Amphitheater, 1100 Tuacahn, Ivins.

**DOWNTOWN FARMERS MARKET** 10 AM. Every event showcases over 50 vendors from all over Washington and Iron Counties bringing you the best in locally grown produce, pasture-raised meats, raw cheeses, and unique artisanal products. Enjoy local food and goods while sitting in the shade on our green grass, jamming out to local live music. This is truly an event for the whole family. Every Saturday. Vernon Worthen Park, 300 S. 400 E., St. George.

**FESTIVAL CITY FARMERS MARKET** 10 AM. Every Saturday behind I/G Winery. Free admission. Come and support local farmers by buying fresh and local year-round. Shop locally produced and grown fruit, vegetables, cheese, jam, bread, eggs, honey, farm products, and more. 45 W. Unive rsity Blvd./Center St., Cedar City.

**ADULT DUNGEONS & DRAGONS** 2:30 PM. Join us for the adult Dungeons & Dragons club at the Springdale Library! Embark on epic quests, battle fearsome monsters, and unravel mysterious plots in this immersive tabletop role-playing game. Springdale Branch Library, 126 Lion Blvd., Springdale.

**SATURDAY MOVIE MATINEE AT ST. GEORGE LIBRARY** 2 PM. Washington County Library System, 88 W. 100 S., St. George.

**AL-ANON FAMILY GROUPS WEEKLY MEETING** 3 PM. Al-Anon Family Group is Back! Weekly meetings on Sundays. Mesquite Veterinary Clinic, 371 Riverside Rd. A, Mesquite.

**Events by Date**

**Fri, May 3**

**READER'S CIRCLE BOOK CLUB** 3 PM. Reader's Circle Book Club Washington County Library System, 36 S. 300 W., Hurricane.

**FIRST FRIDAYS - MAY** 5:30 PM. Join the Kayenta Art Village for an evening of live music, fun, and a showing of the DOCUTAH series. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

**RABBI BLUE & FRIENDS AT JACKSON FLAT RESERVOIR** 6 PM. Join us for live music, food & fun @ Jackson Flat Reservoir. Family-friendly, shade tents, food trucks. Jackson Flat Reservoir, 701 E. Kaneplex Dr., Kanab.

**Sat, May 4**

**FREE COMIC BOOK DAY** Free Comic Book Day Washington County Library System, 36 S. 300 W., Hurricane.

**PATSY-AND THE MEN OF COUNTRY MUSIC PAST AND PRESENT** 2 PM. Mesquite Community Theater, 150 N. Yucca, Mesquite.

**THE CHRIS PAUL BAND AT BEST FRIENDS ROADHOUSE** 6 PM. The Indian Food Truck Turmeric will be on site the nights that music is playing. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**Mon, May 6**

**JOANN MILLER CITY BEAUTIFICATION WEEK** Panguitch City, Panguitch.

**PAWS FOR TALES - READ TO A THERAPY DOG** 4 PM. This is an opportunity for children to read to registered therapy dogs. Studies have shown the many benefits of children reading to dogs. St. George Library, 88 W. 100 S., St. George.

**YESOUI SI AT THE BIT & SPUR** 5 PM. (Pronounced "yes we see") Rock Duo, Kate Godfrey & Durrantula unite their uncanny songwriting genius to form the powerhouse of sultry, sexy, and dynamic music. Weather-permitting. Bit & Spur, 1212 Zion Park Blvd., Springdale.

**CANYON VIEW HIGH: FALCON SHOWCASE ART OPENING** 6 PM. Showcase open all week. CVHS, 166 W. 1925 N., Cedar City.

**ORCHESTRA CONCERT** 7 PM. Cedar High School, 166 W 1925 N, Cedar City.

**CANYON VIEW HIGH: BAND/ORCHESTRA** 7 PM. Canyon View High School, 166 W. 1925 N., Cedar City.

**TTP PLAY DAY** 7 PM. Triple C Arena, 50 E. 800 N., Panguitch.

**Tues, May 7**

**BROWN BAG LECTURE** Noon. Artists of all media are invited to give a presentation. Community and business people are welcome to bring a sack lunch and enjoy the 45-minute lecture during their lunch break. Monthly events can be obtained at the gallery or by calling 346-1338 or email vvarits@gmail.com, Mesquite Fine Arts Gallery, 15 West, Mesquite

**CHAPTER 1 BOOK CLUB** 5:30 PM. Washington County Library System, 88 W. 100 S., St. George.

**ARTS COUNCIL MTG** 5:30 PM. Monthly board meeting of the Mesquite Arts Council. Public welcome. Volunteers or those wishing to join the Mesquite Arts Council are encouraged to attend. Contact: Gwen Olsen 702-346-2787, cgolsen47@yahoo.com, Mesquite Arts Council Office, 150 N. Yucca St., Room 23, Mesquite.

**JAMIT (THE DUO!) AT CASABLANCA** 6 PM. You remember one of the Skydome's favorite bands: "Jamit"? Well here are AJ and Tim bringing you all the fun and variety of Jamit as a duo! Classic Rock, R&B and Dance music keeping you on the dance floor all night long! Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

**Wed, May 8**

**PAROWAN FUN RUN CAR SHOW** 8 AM. Trophies, raffle, and 50/50 raffle, vendors, food, live music. Open to all makes, models, and types of vehicles. \$10 registration fee. Call Mike Hull at 702-885-5344, or Parowan City Events at 435-559-4504. Main Street Park, 113 W. Center St., Parowan.

**FREE LANDSCAPE WORKSHOP: DESERT SUCCULENTS** 10 AM. Discuss how to plant and care for these resilient icons of the desert. Washington County Water Conservancy District, 533 E. Waterworks Dr., St. George.

**BOOK DISCUSSION GROUP** 11:30 AM. Springdale Branch Library, 126 Lion Blvd., Springdale.

**KAIBAB PAIUTE TRIBAL DRESS, TRADITION, AND CULTURE THROUGHOUT THE AGES** 1:30 PM. The Kaibab Band of Paiute Indians will speak, sing, and demonstrate their use of nature through clothing, language, and song Angels Landing, Best Friends Animal Sanctuary, 5001 Angel Canyon Road, Kanab.

**SPACESHIP EARTH: WHAT CAN I DO TO HELP?** 4 PM. Experience a multimedia presentation by singer and songwriter Laurie Dameron to learn how we can care for and sustain our beautiful earth. Kanab City Library (multipurpose room), 374 N. Main St., Kanab.

**ARTS COMMISSION MEETING** 5 PM. Ivins City Hall, 55 Main St., Ivins.

**MESQUITE REPUBLICAN WOMEN MTG** 5:30 PM. Mesquite Republican Women meet the second Wednesday of each month. Doors open at 5 PM, the meeting begins at 5:30 PM. Contact 858 254-1214, swtinsd@gmail.com. Dark in July and August. Mesquite Veterans Center, 840 Hafen Lane, Mesquite.

**EPISODE SCREENING OF "AN OPTIMIST'S GUIDE TO THE PLANET"** 6:30 PM. Join the screening of "An Optimist's Guide to the Planet," a series that captures Nikolaj Coster-Waldau's search for people across the globe. Kanab City Library Multipurpose Room, 374 N. Main St., Kanab.

**CANYON VIEW HIGH: JAZZ/PERCUSSION** 7 PM. Canyon View High School, 166 W. 1925 N., Cedar City.

**DESERT HILLS HIGH: DHMS/DHHS BAND CONCERT** 7 PM. Auditorium Desert Hills High School, 828 East Desert Hills Dr., St. George.

**Thurs, May 9**

**FREE LANDSCAPE WORKSHOP: LAWN TO LUSH-CONVERTING YOUR LANDSCAPE** 9 AM. Learn how to convert a lazy lawn into a vibrant, desert-adapted landscape. The course will discuss principles of water-efficient landscape design, including plant selection, mulching, drip irrigation, and how to qualify for water conservation rebates. Washington County Water Conservancy District, 533 E. Waterworks Dr., St. George.

**SNOW CANYON HIGH: SCHS BAND CONCERTS** 5 PM. Snow Canyon High School, 1385 Lava Flow Dr., St. George.

**FILM SCREENING: VITAL SIGNS- TAKING PULSE OF OUR PLANET** 7 PM. NASA shows a visual tour of Earth through satellite imagery and time lapses of Earth's three key climate-balancing features changing over the decades. Kanab City Library Multipurpose Room, 374 N. Main St., Kanab.

**KITTEN BINGO** 7 PM. Enjoy bingo night with the family and a room full of adoptable kittens at Best Friends Roadhouse in Mercantile. 30 N. 300 W., Kanab.

**JOSH LARSEN AT GEORGE'S CORNER** 7:30 PM. Josh Larsen is a singer/songwriter from St. George. Acoustic Alternative Rock. 2 W. St. George Blvd., St. George.

**Fri, May 10**

**HOPI AGRICULTURE, WEAVING, AND POTTERY** 2:30 PM. Traditional cultural practices of dry farming and cultural arts of weaving and pottery will be presented by Hopi Woman and cultural knowledge-holder Evvy Lynn Trujillo. Kanab City Library, Multipurpose Room, 374 N. Main St., Kanab.

**CIRCUS MUTT AT THE BIT & SPUR** 5 PM. Offering a unique blend of rock and folk. Weather-permitting. 1212 Zion Park Blvd., Springdale.

**COYOTE TALES TRUE STORIES TOLD LIVE** 7:30 PM. Coyote Tales are live, open-mic style storytelling events with amateur and experienced storytellers. Center for the Arts at Kayenta , 881 Coyote Gulch Ct., Ivins.



Quilt Festival held the 2nd week in June, Panguitch Utah. We have Quilt Classes, a Quilt Show, Charity Garage Sale, Quilt Trunk Shows, Quilt Walk Dinner Theater, Lion's Club Pancake Breakfast, Tractor Parade and Tractor Pull, Quilt Walk Races, Vintage Car Show, Heritage Fair/Pioneer Village, Historical Main Street Walk and a Pioneer Home Tour.

**PANGUITCH QUILT WALK FESTIVAL**

Celebrating **My Crazy Life!**

June 5-8, 2024  
2024 Panguitch Quilt Walk Festival  
QuiltWalk.org

Cheers to 75 Years!

**Panguitch Valley Balloon Rally**  
June 28-30th, 2024

**FRIDAY**

**6:30 AM** MASS ASCENSION OF 36 HOT AIR BALLOONS!! EAT LOCAL & ENJOY THE FINE SCENIC VIEWS OF HISTORIC PANGUITCH.

**10:00 AM -UNTIL DARK** FOOD VENDORS, CRAFT VENDORS, INFLATABLES, AND MORE.

**3:00PM** EGG DROP AT BASEBALL FIELD

**6:30-10PM** LIVE MUSIC ALONG MAIN AND CENTER IN DOWNTOWN AND FEATURING "RUNAWAY FIRE"

**SUNDAY**

**6:30 AM** MASS ASCENSION OF 36 HOT AIR BALLOONS!! EAT LOCAL & ENJOY THE FINE SCENIC VIEWS OF HISTORIC PANGUITCH.

**SATURDAY**

**6:30 AM** MASS ASCENSION OF 36 HOT AIR BALLOONS!! EAT LOCAL & ENJOY THE FINE SCENIC VIEWS OF HISTORIC PANGUITCH.

**7:00 AM** PHX 5K @PANGUITCH HIGH SCHOOL (390 E. 100 S.)

**10:30 AM** BIKER PARADE ALONG MAIN AND CENTER STREET. ALL MOTORCYCLISTS INVITED TO PARTICIPATE! MEET @ 400 North.

**10:00 AM-UNTIL DARK** FOOD VENDORS, CRAFT VENDORS, INFLATABLES, AND MORE.

**1:00PM** BALLOON RALLY BINGO \$1 CARDS @ SOCIAL HALL(65 E. CENTER ST)

**7:30-10PM** HOT AIR BALLOON GLOW ALONG MAIN AND CENTER IN DOWNTOWN AND FEATURING LIVE MUSIC BY " CENTER AND MAIN", "MOST WANTED"(100 N. MAIN), AND "CURRENT CREEK BAND" (200 N. MAIN)

For more info please see panguitch.com



CALENDAR

Sat, May 11

**THE KANAB HEALTH & WELLNESS FAIR** 8 AM. The Kanab Health & Wellness Fair is going to be bigger and better than ever this year with FREE yoga, LIVE music, great FOOD, tons of BOOTHS and vendors, raffle PRIZES from our local businesses, free BIKE HELMETS, and all things health and wellness! Kanab Center, 20 N. 100 E., Kanab.

**ARCHAEOLOGY STEWARDSHIP SITE VISIT** 10:30 AM. Join local archaeologists and cultural site stewards for a guided tour of an archaeological site and learn about the importance of preservation- bring your lunch! Meet at the Kane County Office of Tourism, 78 S. 100 E., Kanab.

**LDS VIEWS ON THE ENVIRONMENT: A PANEL DISCUSSION** 1:30 PM. A panel discussion on LDS cultural and doctrinal views on the environment and stewardship. Kanab City Library Multipurpose Room, 374 N. Main St., Kanab.

**SECOND SATURDAYS AT SUMA** 2 PM. Formerly known as Family Day, this series of events is for families and friends in the community of all ages. Planned activities for all ages and backgrounds. Free and open to the public. Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

**DOWNWIND FROM EXECUTIVE PRODUCER MATTHEW MODINE** 3 PM. Hiroshima. Nagasaki. Mercury, Nevada? The testing of 928 nuclear weapons on American soil from 1951 to 1992. The fallout is still impacting Americans today. Martin Sheen narrates this exposé of the United States' disregard for those DOWNWIND. Kayenta Art Village, 800 N. Kayenta Pkwy., Ivins.

**COMMUNITY POTLUCK SOCIAL** 4 PM. Meet with friends, fellow attendees, festival organizers, and presenters, and make new friends at our annual potluck social Jacob Hamblin North Pavilion, N. 100 E. and E. 450 N., Kanab.

**SOUTHERN UTAH MUSEUM OF ART 29TH ANNUAL ART AUCTION** 5 PM. Art in Bloom. Live music by Jon Yerby, fine dining, and an edge-of-your-seat live auction featuring work from celebrated regional artists. Please consider donating to fund an artist's dinner at the auction or SUMA's exhibition, collection, and acquisitions fund! Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

**CHRIS PAUL BAND (PUBLIC CONCERT)** 6 PM. Listen, sing, or dance along to a variety of music favorites that consists of classic rock, pop, funk, disco, R&B & country, Jacob Hamblin North Pavilion, N. 100 E. and E. 450 N., Kanab.

**GUNDY AND THE GURUS AT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**ASTROPHOTOGRAPHY FIELD WORKSHOP** 7 PM. This workshop will provide practical instruction for capturing night sky images and explore equipment and techniques for intermediate and advanced photographers. Kane County Office of Tourism at 7 PM MT to carpool or caravan to the townsite, 78 S. 100 E., Kanab.

Sun, May 12

**POETRY AT THE NOMAD CAFE** 11 AM. Share a poem on your appreciation for the public lands, southern Utah, nature, or the earth, alongside Kanab's Willow Wind Poets Nomad Cafe & Retro RV Resort, 2150 US-89, Kanab.

**NATIONAL PARKS AND NATIVE VOICES: THE PAST AND NOW** 1 PM. Join Park Ranger Doug Crispin for an insider's look at the recent place name changes, native relations, and history in the National Parks. Kanab City Library Multipurpose Room, 374 N. Main St., Kanab.

**LEARN HOW TO MAKE A PORTABLE STOVE** 2:30 PM. Make a portable stove for camping and other uses, and bring it on home! Clucking It Up Farmstead, 230 N. 100 W., Orderville.

Mon, May 13

**VIRGIN VALLEY AMATEUR RADIO CLUB** 6 PM. The Virgin Valley Amateur Radio Club holds meetings on the second Monday of each month. For more information please go to our website at: www.vvarc.net. Airport Fire Station #3, Mesquite.

**DIXIE HIGH: DHS CHOIR CONCERT (SENIOR NIGHT)** 6 PM. Dixie High School, 350 E. 700 S., St. George.

**CANYON VIEW HIGH: SPRING CHOIR CONCERT** 7 PM. Canyon View High School, 166 W. 1925 N., Cedar City.

**CHOIR CONCERT** 7 PM. Cedar High School, 166 W. 1925 N., Cedar City.

**ST. GEORGE CONCERT IN THE PARK - CHASE WALKER BAND** 7:30 PM. Rock & Blues. Bring blankets, lawn chairs, and food. Concert series is FREE to the public. Second Monday of each month through September. For more information call 435-627-4580. Vernon Worthen Park, 300 S. 400 E., St. George.

Tues, May 14

**PAGE TURNERS BOOK CLUB** 2:30 PM. Washington County Library System, 88 W. 100 S., St. George.

**CHAPTER ONE BOOK CLUB** 3:30 PM. Join us for a lively discussion on popular books from the present and past! Santa Clara Library, 1099 N. Lava Flow Dr., St. George.

**DESERT HILLS HIGH: IMPROV SHOW** 5 PM. Desert Hills High School, 828 East Desert Hills Drive, St. George.

**ROCK ROULETTE AT CASABLANCA** 6 PM. Rock Roulette is a blazing, HIGH-ENERGY five piece rock band with various styles of exciting classic rock style music. The emphasis is on music that everyone loves! 950 W. Mesquite Blvd., Mesquite. **Wed, May 15**

**DESERT HILLS HIGH: DHHS ORCHESTRA CONCERTS** 5 PM. 8 PM. Candland. Desert Hills High School, 828 E. Desert Hills Dr., St. George.

Thurs, May 16

**TEEN BOOK CLUB** 3:30 PM. Washington County Library System, 36 S. 300 W., Hurricane.

**BOOK ENDS BOOK CLUB** 4:30 PM. Washington County Library System, 220 N. 300 E., Washington.

Sat, May 18

**FREE LANDSCAPE WORKSHOP: NATIVE PLANTS** 10 AM. Discover 60 native plants to incorporate into your landscape to create a setting that's beautiful and water smart. Washington County Water Conservancy District, 533 E. Waterworks Dr., St. George.

**1940'S STYLE HANGER DANCE** 6 PM. Be transported back in time and come in your vintage dress, which is not required but highly encouraged - music from Glenn Miller, Benny Goodman, Tommy Dorsey, and more. Saint George Jazz Band. Western Sky Aviation Warbird Museum, 4196 S. Airport Parkway, St. George.

**STONE COMPANY AT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**OFF THE RAILS #5** 7 PM. Mesquite Community Theatre, 150 N. Yucca St., Mesquite.

Sun, May 19

**YOGA AND WINE TASTING (WOGA) AT ZION VINEYARDS** 10 AM. Come & Join us for Woga. That's Wine & Yoga. Held in our tasting room. Yoga is free. Wine Tasting \$25. 21+. Open every day, noon to 6 PM. 435-849-8813 ZionVines.com. Zion Vineyards, 5 Hidden Valley Rd., Leeds.

Mon, May 20

**JUNIPER CITY AT THE BIT & SPUR** 5 PM. Juniper City will captivate audiences with their folk-modern blend. Bit & Spur, 1212 Zion Park Blvd., Springdale.

**TTP PLAY DAY** 7 PM. Triple C Arena, 50 E. 800 N., Panguitch.

Tues, May 21

**IN-A-FECT AT CASABLANCA** 6 PM. In-A-Fect is a multi talented five piece unit with a universal sound & sizzling harmonies. We're hitting you with Pop, Rock, R&B Classics, Hip-Hop, Old School Funk & a touch of Motown. Each show we perform is electrifying, mesmerizing and a whole lot of fun! Free Admission! Must be 21 or older. 950 W. Mesquite Blvd., Mesquite.

Wed, May 22

**FREE LANDSCAPE WORKSHOP: LAWN CARE** 10 AM. Discuss best practices for lawn care. This workshop is held outside. We recommend bringing a blanket or chair to sit on. The Garden at Tonaquint Park, 1851 S. Dixie Dr, St. George.

**BLM PUBLIC MEETING** 3 PM. Dixie Center, 1835 Convention Center Dr., St. George.

Thurs, May 23

**BLOOD DRIVE-VITALANT - MESQUITE** 10 AM. Mesquite Recreation Center will be collecting blood to donate to Red Cross to help people in need. Schedule your appointment to Red Cross at <https://www.redcrossblood.org> and search for available dates and times with our Zip Code: 89027 or call Red Cross at 800-733-2767 for assistance. Mesquite Recreation Center, 100 W. Old Mill Rd., Mesquite.

**DYLAN GAVIN AT GEORGE'S CORNER** 7:30 PM. Alternative rock. 2 W. St George Blvd, St. George.

Fri, May 24

**BLOOD DRIVE-RED CROSS** Noon. Schedule your appointment to Red Cross at <https://www.redcrossblood.org> and search for available dates and times with our Zip Code: 89027 or call Red Cross at 800-733-2767 for assistance. Mesquite Recreation Center, 100 W. Old Mill Rd., Mesquite.

**ANASTASIA - OPENING NIGHT** 8:45 PM. Anastasia The New Broadway Musical - Opening Night Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

**ST. GEORGE MOVIE IN THE PARK - SHREK** 8:30 PM. Classic movies for adults and children shown under the stars. Bring blankets, lawn chairs, and goodies to enjoy the evening beginning at dusk. St. George Town Square, 50 S. Main, St. George.

Sat, May 25

**PANGUITCH GIANT YARD SALE** 8 AM. Space is available along Main Street. \$10 for a 6-foot table space. Set up at 8 AM. Register online or at the Panguitch City Office. For more information, call Karma Albrecht at (435) 690-0783. Main Street, Panguitch.

**RED ACRE: BREAKFAST ON THE FARM** 8:30 AM. Hear the roosters crow, feed the animals, and enjoy a real farm breakfast - fresh and hot off the griddle: Red Acre Farm, 2322 W. 4375 N., Cedar City.

**TOM BENNETT ONE MAN BAND AT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**FH: OPEN MIC NIGHT** 7 PM. Everyone is invited to cheer on community members or show off their talents. Share your music, poetry, comedy, magic, or soliloquy. Free admission. Every 4th Saturday of the month. For information, call (435) 586-9290. Frontier Homestead State Park Museum, 635 N. Main, Cedar City.

**ARMED FORCES DAY PERFORMANCE** 7 PM. Hurricane City Fine Arts Center, 92 S. 100 W., Hurricane.

**SOIRÉE MUSICALE WITH JASON BONHAM** 7:30 PM. Jazz, Rock, and Movie Music. Soirée Musicale features top local musicians and guest professionals from across the Western region tackling some of the most advanced and inspiring instrumental music. Center for the Arts at Kayenta, The Lorraine Bocard Theater, 881 Coyote Gulch Ct., Ivins.

Mon, May 27

**RELICS AT THE BIT & SPUR** 5 PM. Relics will bring classic rock to the stage. Bit & Spur, 1212 Zion Park Blvd., Springdale.

Tues, May 28

**SPANGLISH DANCE MIX** 6 PM. "SamPoux & KentShinner" return with Johanna making a fun mix of everything including some Hot Latin dance music! Free Admission - Must be 21 or older. CasaBlanca, 950 W. Mesquite Blvd., Mesquite.

Fri, May 30

**DUE WEST CONCERT** 7 PM. The boys are back!! Due West returns to Utah on the heels of a brand new album release to kick off Summer. Staheli Family Farm, 3400 S. Washington Fields Rd., Washington.

**MATTY ABERNATHY AT GEORGE'S CORNER** 7:30 PM. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

Sat, May 31

**ART TALK & OPEN STUDIO WITH MARY JABENS** 3 PM. An hour of art conversation with local artists to learn more about their art and life. The first is spent chatting with the artist, and then at 4 PM, we pull out art supplies to play and experiment with. This is a free event. Canyon Community Center, 126 Lion Blvd., Springdale.

Sat, June 1

**FREE LANDSCAPE WORKSHOP: LAWN CARE** 10 AM. Discuss best practices for lawn care. This workshop is held outside. We recommend bringing a blanket or chair to sit on. The Garden at Tonaquint Park, 1851 S. Dixie Dr, St. George.

**ABEL O NELSON BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**SUMMER EXHIBITION OPENING RECEPTION** 6 PM. Featuring Hispanic artists Zaida Machado and Brandon Jauregui. With a live performance by Ricardo Griego Latin/flamenco guitarist. St. George Art Museum, 47 E. 200 N., St. George.

Sun, June 2

**YOGA AND WINE TASTING (WOGA) AT ZION VINEYARDS** 10 AM. Come & Join us for Woga. That's Wine & Yoga. Held in our tasting room. Yoga is free. Wine Tasting \$25. 21+. Open every day, noon to 6 PM. 435-849-8813 ZionVines.com. Zion Vineyards, 5 Hidden Valley Rd., Leeds.

Mon, June 3

**PAWS FOR TALES - READ TO A THERAPY DOG** 4 PM. This is an opportunity for children to read to registered therapy dogs. Studies have shown the many benefits of children reading to dogs. St. George Library, 88 W. 100 S., St. George.

**THE ELECTRIC WITNESS FULL BAND AT THE BIT & SPUR** 5 PM. The Electric Witness Full Band will deliver powerful blues-rock. Bit & Spur, 1212 Zion Park Blvd., Springdale.

Tues, June 4

**CHAPTER 1 BOOK CLUB** 5:30 PM. Washington County Library System, 88 W. 100 S., St. George.

**ARTS COUNCIL MTG** 5:30 PM. Monthly board meeting of the Mesquite Arts Council. Public welcome. Anyone wishing to volunteer or join the Mesquite Arts Council is encouraged to attend. Contact: Gwen Olsen 702-346-2787, [golsen47@yahoo.com](mailto:golsen47@yahoo.com), Mesquite Arts Council Office, 150 N. Yucca St., Room 23, Mesquite.

Wed, June 5

**CHOCOLATE FEST/SILENT AUCTION** 6 PM. Panguitch City, Panguitch.

**FOREIGN FILM CLUB** 6 PM. Washington County Library System, 88 W. 100 S., St. George.

Thurs, June 6

**SKY ALLEN AT GEORGE'S CORNER** 7:30 PM. Original Americana and Neo Soul George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

Fri, June 7

**READER'S CIRCLE BOOK CLUB** 3 PM. Reader's Circle Book Club Washington County Library System, 36 S. 300 W., Hurricane.

**PIONEER HOME TOUR** 3 PM. Panguitch City, Panguitch.

**THE EFFLES AT JACKSON FLAT RESERVOIR** 6 PM. Pop & Rock. Jackson Flat Reservoir, 701 E. Kanaplex Dr. Kanab.

**UTAH SUMMER GAMES OPENING CEREMONY** 7 PM. Eccles Coliseum, 99 S. 1100 W., Cedar City.

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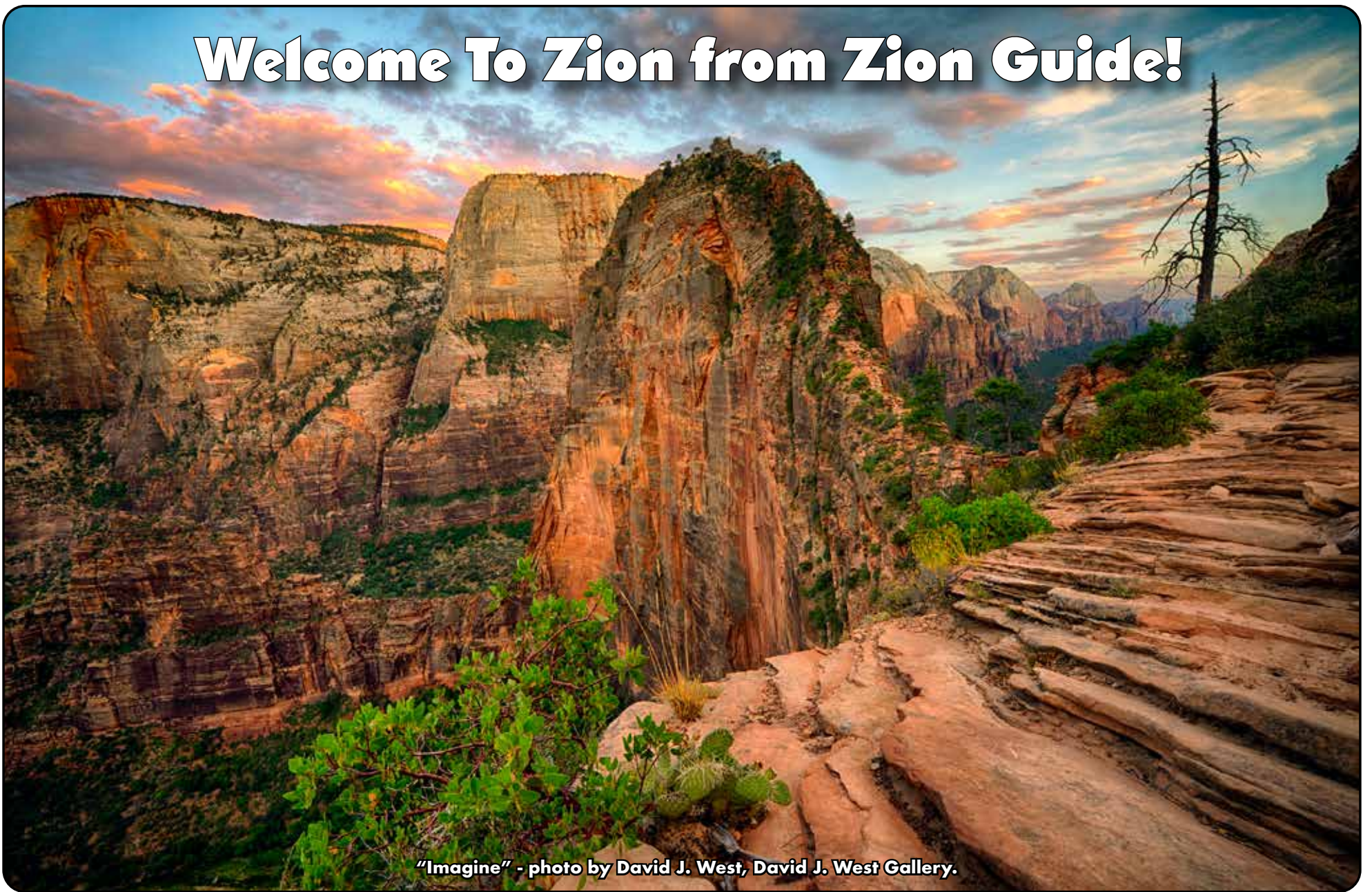
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# Welcome To Zion from Zion Guide!



"Imagine" - photo by David J. West, David J. West Gallery.

## Safety Tips For Zion

### Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.

### Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

### Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

### Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.



## Tips To Minimize Your Impact

### Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



### Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

### Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

### Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

### Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

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## Top Things To Do In Zion

### Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to [ZionGuide.com](http://ZionGuide.com) to see the details on many area hikes.

### Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

### Catch an event

Not only does Zion Brew Pub have live music every Saturday, the property also hosts a handful of events throughout the year, as do the Bit and Spur restaurant, Tanner Amphitheater, Bumbleberry Inn, Wildcat Willies, and several other locations.

### Try a guided tour

Jeep, helicopter, ATV, canyoneering, horseback riding, or mountain biking, guided tours are all available. Many of these tours take you outside Zion National Park boundaries and give you a unique perspective on Zion's canyons and plateaus from surrounding areas of southern Utah. Check out [ZionGuide.com](http://ZionGuide.com) for listings and ads.

### Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions, like the Little Hollywood Movie Museum and the Best Friends Animal Sanctuary.

### Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.

## Tips To Maximize Enjoyment

### Go on a less crowded hike

The most visited Zion hikes have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our feature, [Less-Traveled Zion Hikes](#), in this issue.

### To avoid the crowds, go early or late in the day

Consider getting up extra early or trekking out midday after the initial rush has flooded in.

### Consider coming back again in the low season

Starting in the late fall, the number of visitors to Zion Canyon starts to dwindle, and by December it's significantly less than in the heat of the summer. It is simply a different experience to see Zion in the winter with the snow-capped monoliths. Most hikes are still accessible and are less crowded. You can also drive to the Temple of Sinawava parking lot. The shuttles stop running from November until March.

### Check out Kolob Canyons & Kolob Terrace Road

With gorgeous open spaces and plenty of dirt roads to explore, Kolob Terrace Road is one of Zion's best kept secrets. You'll notice the air getting cooler as you gain elevation, and you'll find plenty of beautiful views worth stopping at for a quick photo op. The Kolob Terrace Road turnoff is in Virgin, so watch for signs. Portions of the Kolob Canyon District of Zion National Park are reached via Exit 40 on Interstate 15.



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**P** Paid parking lots can be found on Lion Blvd, behind Whiptail Grill Restaurant at 445 Zion Park Blvd, and a number of other locations throughout Springdale.

Other spots of note in Springdale include the library (located on Lion Boulevard, next to Town Hall), tennis/pickleball courts (also on Lion Blvd), and the Virgin River, which has numerous locations of access, but Riverside Park is one of the best.



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# Zion National Park Shuttle Info

## ZION 2024 SPRING SHUTTLE SCHEDULE INFO

SPRINGDALE, Utah – The seasons are changing in Zion National Park! Every year, the National Park Service (NPS) adjusts shuttle schedules and campground availability throughout the year. Here is what you need to know to plan your visit:

Spring Personal Vehicle Access in Zion Canyon

From March through late November, access to the Zion Canyon Scenic Drive is by shuttle bus only. Private vehicles are allowed to access the Scenic Drive only when the Shuttle System is not in operation.

Shuttle Service Has Resumed Zion Canyon Line

• First bus departs Zion Canyon Visitor Center to Temple of Sinawava Now through May 18, 7 AM

• Last bus departs Zion Canyon Visitor Center to Temple of Sinawava Now through May 18, 5 PM

• Last bus departs the Temple of Sinawava to Zion Canyon Visitor Center Now through May 18, 7:15 PM Springdale Line

• First bus into town from Springdale Stop #9

Now through May 18, 8 AM

• Last bus into town from Springdale Stop #1 (Zion Canyon Village)

Now through May 18, 7 PM

Spring Camping

Watchman Campground is open year-round, and you can make a reservation up to six months before your visit at [www.recreation.gov](http://www.recreation.gov) or by calling 1-877-444-6777. Plan ahead and make arrangements for where you will stay before you get to the park.



South Campground and Lava Point Campground are both closed until snow melts. Anticipated in late May 2024.

Visitor Center and Wilderness Permit Desk hours

Zion Canyon & Kolob Canyons Visitor Centers

• Information Desk open 8 AM and close at 5 PM every day.

Wilderness Permit Desks

• Zion Canyon Wilderness Desk: Open from 8 AM to 10 AM and 3 PM to 4:30 PM every day.

• Kolob Canyons Wilderness Desk: Closed until late 2024

We post updates on the park's operating hours and seasons webpage when hours change.

Peregrine Falcon Nesting Season

Climbing routes on cliffs used by nesting raptors are temporarily closed beginning March 1, 2024. These birds are especially sensitive to disturbance while they nest. If disturbed, a nesting pair may abandon their nest site and not return until the following year. The closure date is based on National Park Service monitoring of nesting sites since 2001. Climbers should check the park's Seasonal Climbing Closures webpage for details.

Attend a Zion Canyon Ranger Led Patio Talk

Free ranger talks happen outside of the Zion Canyon Visitor Center every day at:

- 11 AM
- 1:30 PM
- 3 PM

No matter when you visit, be prepared for crowds and remember:

• Parking fills early year-round. You may have to wait to enter Zion Canyon Scenic Drive if parking is full there.

• Watch out for pedestrians and bicyclists if you are driving.

• Stay on trails and avoid walking in the road.

• Put your pass in your pocket.

Don't forget your park pass or receipt in a hotel room or at home.

• Ride your bike on the road or the Pa'Rus Trail. Bicycling is not allowed on any other trails in the park. If you are riding in the road, you must stop to let buses pass you.

• The NPS may temporarily close roads if traffic is congested or there is nowhere for drivers to park.

• In general, fewer people visit Zion on weekdays than weekends. Consider arriving early or after 3 PM to avoid the busiest times of day.

Plan ahead and prepare

If you cannot park in Zion or if all of our campsites are full, research nearby communities and public lands to learn about other recreational activities and lodging. Always recreate responsibly and respect private owners' property and facilities.

Follow Leave No Trace practices everywhere in the park and beyond; be sure to pack out all your trash.

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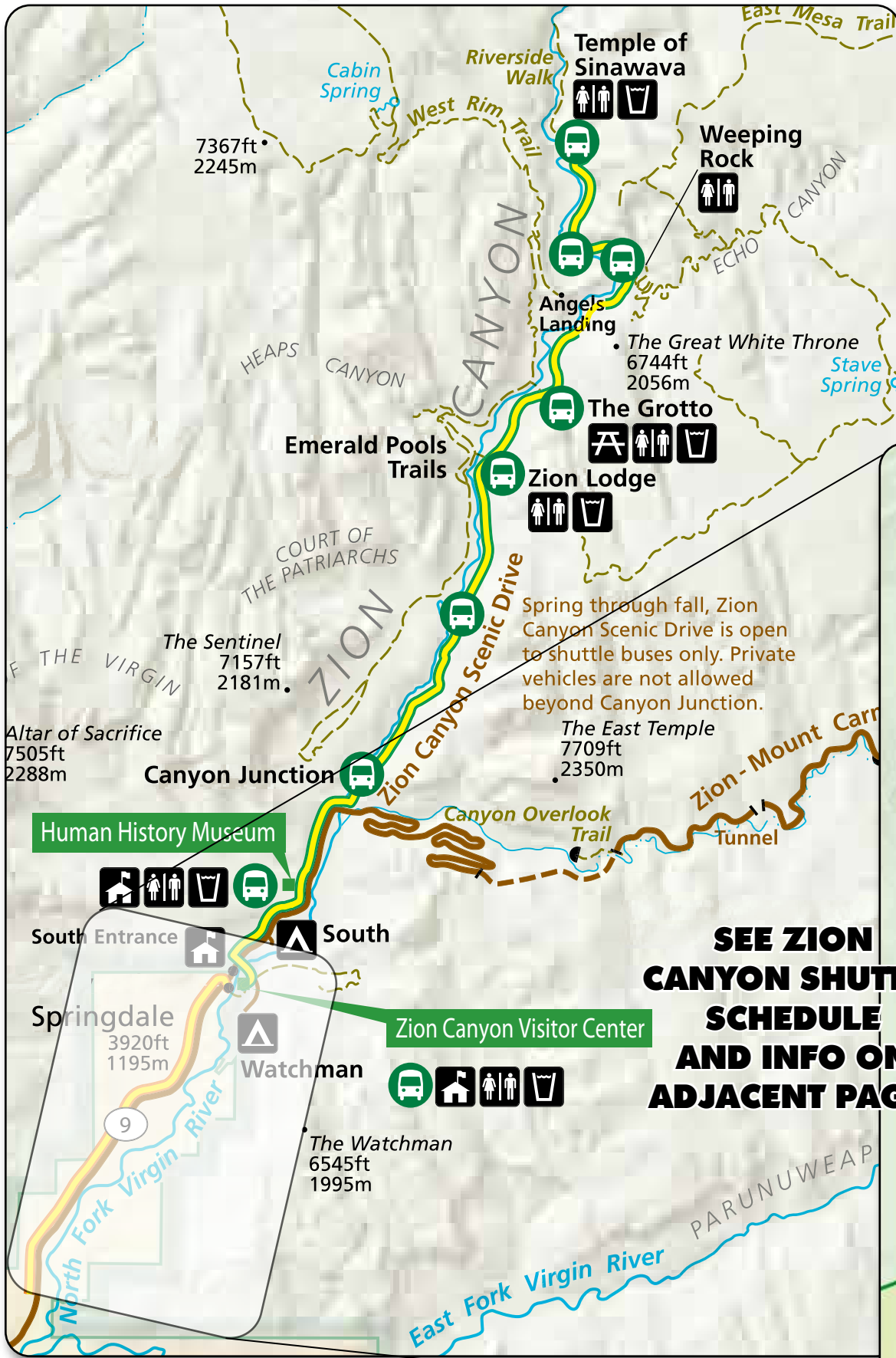
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# Zion Canyon Shuttle Map



# Springdale Shuttle Map



**SEE ZION CANYON SHUTTLE SCHEDULE AND INFO ON ADJACENT PAGE.**



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## Current Trail Closures

Closed trail bridge at Zion Lodge (Shuttle Stop #5) - To access Emerald Pools, start your hike at the Court of the Patriarchs (Shuttle Stop #4) or the Grotto (Shuttle Stop #6). Weeping Rock Shuttle Bus Stop, Due to rockfall, the area near Weeping Rock is temporarily closed. Park scientists and maintenance staff are monitoring the area. Road to Lava Point and West Rim Trailhead closed - This is a regular seasonal closure, and we will remove this alert when snow melts. Lava Point Overlook is closed. Visit [nps.gov/zion/planyourvisit/conditions.htm](https://www.nps.gov/zion/planyourvisit/conditions.htm) for current condition updates.

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled hikes.

## Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached.



Chinle Trail

Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

## Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly 3 miles long and will take about 2 hours to finish.

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

## Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation

west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

## Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and

then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

## Overlook Trail

By Charlotte Emett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.

## The East Rim Trail

By Bo Beck and Tanya Milligan

After positioning a vehicle or making shuttle arrangements at the Weeping Rock parking lot, watch for the small "trailhead" sign along the Zion-Mt. Carmel Highway, immediately west of the east entrance booth.

This trail is said to be one of the most scenic in all of Zion National Park and is on many lists as one of the best hikes in Utah. This trek begins on the east side of the park and climbs over 1,400 feet to the rim. This hike begins with a backdoor view of Checkerboard Mesa as it skirts Clear Creek for a short time and steadily and gently climbs through a juniper and pine forest. On top of the mesa, scenery gets interesting as a spectacular view of Echo Canyon takes center stage.

The downhill finish is spectacular, keeping an almost constant view of some of Zion's greatest landmarks, including Angels Landing, Organ, Great White Throne, and in the distance is Cathedral Mountain.

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## Current Trail Closures

Closed trail bridge at Zion Lodge (Shuttle Stop #5) - To access Emerald Pools, start your hike at the Court of the Patriarchs (Shuttle Stop #4) or the Grotto (Shuttle Stop #6). Weeping Rock Shuttle Bus Stop, Due to rockfall, the area near Weeping Rock is temporarily closed. Park scientists and maintenance staff are monitoring the area. This is a regular seasonal closure, and we will remove this alert when snow melts. Lava Point Overlook is closed. Kolob Terrace Road past Maloney Hill. Visit [nps.gov/zion/planyourvisit/conditions.htm](https://www.nps.gov/zion/planyourvisit/conditions.htm) for current condition updates.

Warning: These hikes are very popular and often overcrowded. If you are feeling up to some of the more difficult hikes, try some of these popular hikes.

### Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete, covers just under 5 1/2 miles, and requires a permit to hike. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.

### The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

### Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and



"Autumn Breeze" - photo by David J West.

La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more moderate, try some of these mid-range hikes.

### Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

### Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the

course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

### Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

### Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of

Timber Creek, Kolob Terrace, and Pine Valley Mountains.

Those looking for something less strenuous should check out these easy hikes.

### Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

### Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

### Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

### Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessible, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.

### Lower Emerald Pool Trail - Temporarily Closed Due To Falling Ice

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.



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# Southern Utah State & National Parks

**ANASAZI STATE PARK MUSEUM** - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

**BAKER** - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redbreast shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

**BRYCE CANYON** - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinion pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

**CEDAR BREAKS** - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.



**CORAL PINK SAND DUNES** - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

**DEAD HORSE POINT** - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado

to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

**DINOSAUR TRACKS** - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large, Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

**ENTERPRISE** - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground



is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

**FOUR CORNERS** - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

**GRAND CANYON** - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

**GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT** - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

**GUNLOCK** - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

**LAKE MEAD** - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

**LAKE POWELL** - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

**PINE VALLEY** - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinion trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

**QUAIL LAKE** - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

**SAND HOLLOW** - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.



**SNOW CANYON** - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

**ZION** - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion - whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.

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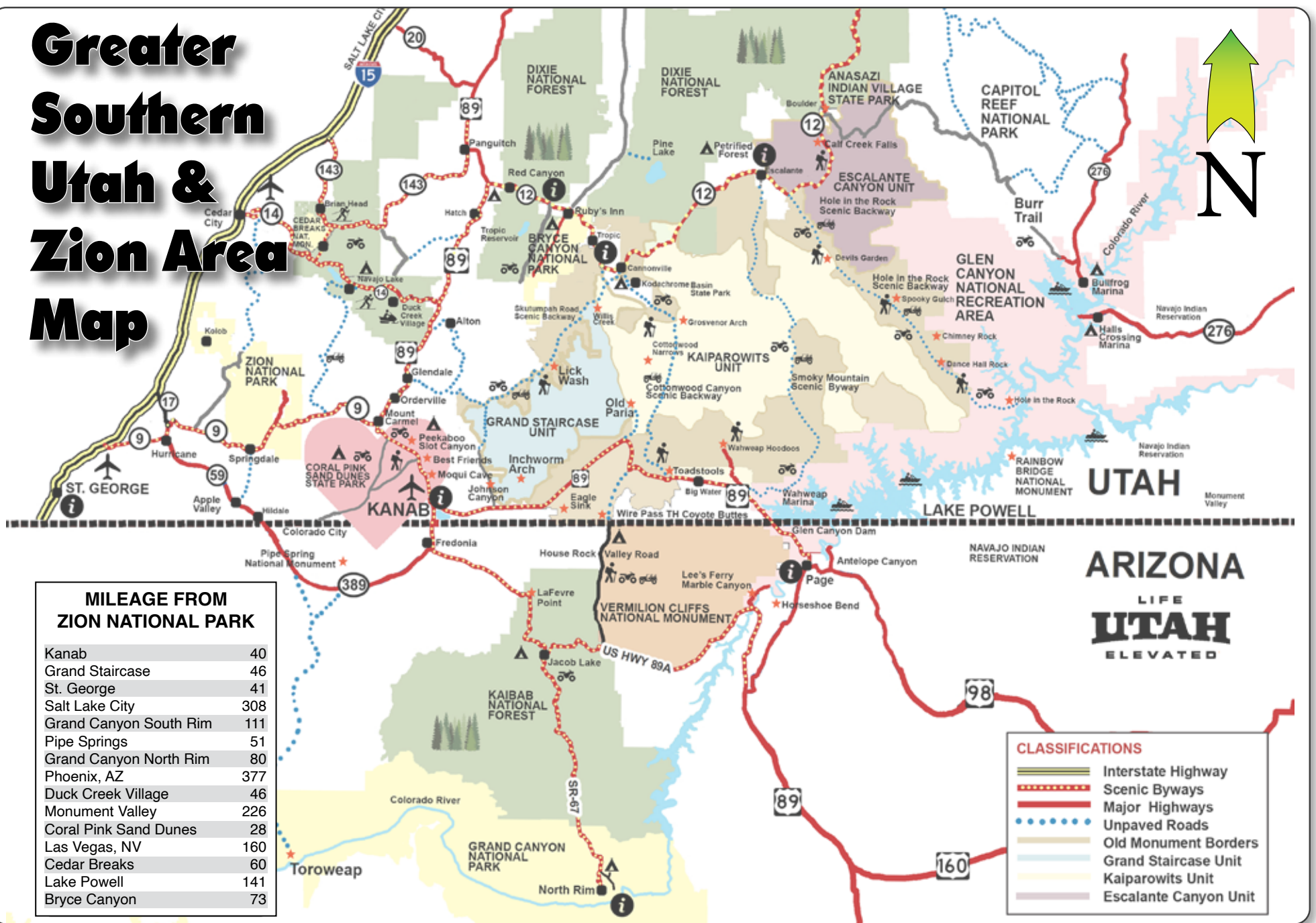


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# Greater Southern Utah & Zion Area Map



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# Kanab Utah City Map

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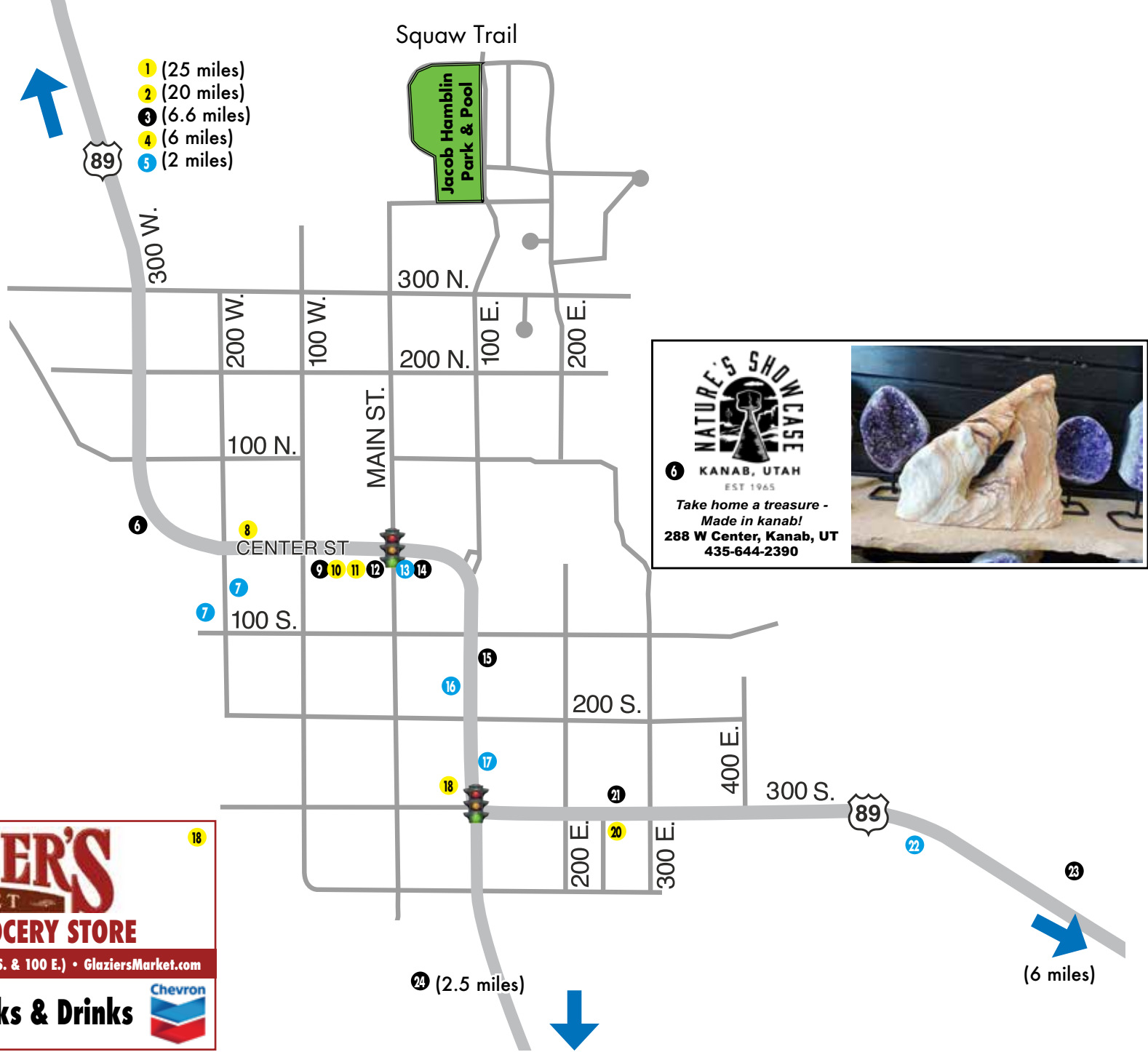
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## EAST ZION & KANAB'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurants <small>(Listed Alphabetically)</small>	Address	Phone	Drinks/Vegan <small>(W)ine, (B)eer, (M)ixed Drinks, (E)spresso, (V)egan items on menu</small>	Hours	WI-FI
7 Adria's Restaurant	86 S 200 W, Kanab	(435) 644-7800	W, B, M	8:30am-2pm Tues-Sun	No
16 Asava Juice & Smoothies	176 S 100 E, Kanab	(435) 644-2637	V	9am-6pm Mon-Sun	Yes
13 Jakey Leigh's	4 E Center St, Kanab	(435) 644-8191	E, V	7am-2pm Mon-Fri, Sat & Sun 8am-Noon	Yes
5 Nomad Cafe & RV Resort	2400 N Hwy 89, Kanab	(406) 594-0294	E, V	6:30am-2:30pm Thurs-Mon	Yes
22 Sunny Creek Coffee	681 E Chinle, Kanab	(435) 212-3839	E, V	7am-2:30pm Mon, Wed-Sat	Yes
17 Willow Canyon Outdoor	263 S 100 E, Kanab	(435) 644-8884	E	7:30am-7pm daily	Yes

## EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE FOR EMERGENCIES DIAL 911

### Services (Listed Alphabetically)

19 Adobe Realty	323 S 100 E, Kanab	(435) 644-2232
3 Best Friends Animal Sanctuary	5001 Angel Canyon Rd, Kanab	(435) 644-2001
24 Blacksmith Adventures	2450 S Hwy 89, Kanab	(575) 313-4650
23 Dreamland Safari Tours	Serving the greater Kanab area	(435-644-5506
12 ERA Utah Properties	7 West Center, Kanab	(435-644-2606
12 Kanab eBikes	11 W Center St, Kanab	(435) 899-0489
22 Kanab Tour Company	681 Chnle Dr, Kanab	(435) 644-5525
6 Nature's Showcase	288 W Center, Kanab	(435) 644-2390
9 The Cut Scene	89 W Center, Kanab	(435) 849-8670
15 Ramsay Auto Service	115 S 100 E, Kanab	(435) 644-8070
14 Zion Pharmacy	14 E Center, Kanab	(435) 644-2693

### Shops (Listed Alphabetically)

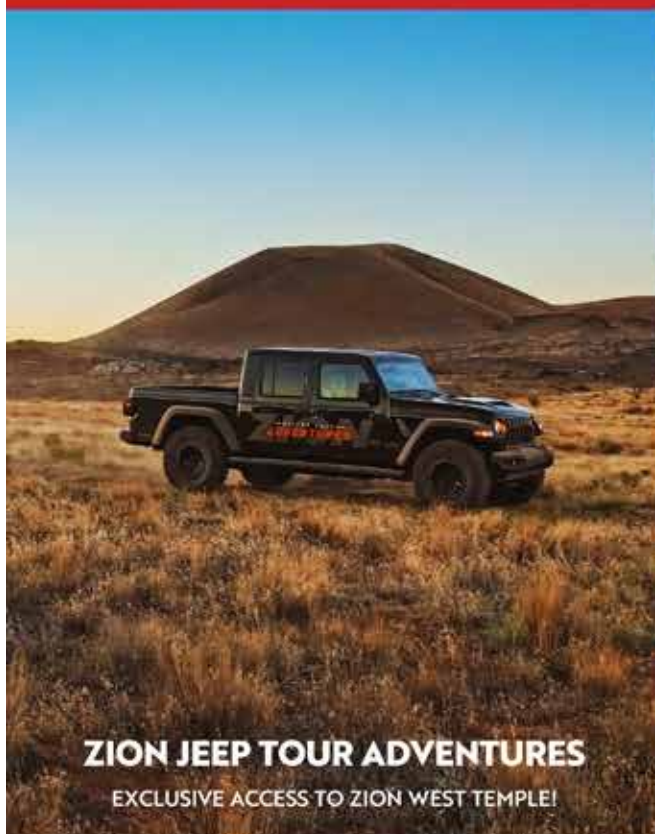
18 Glazier's Market	264 S 100 E, Kanab	(435) 644-5029
1 Glendale Country Store	10 N Main St, Glendale	(801) 918-7107
20 Honey's Marketplace	260 E 300 S, Kanab	(435) 644-5877
8 Kanab Drug	176 W Center, Kanab	(435) 644-3401
4 Moqui Cave	4581 US-89	(435) 644-8525
10 Lotus Boutique & Studio	87 W Center St, Kanab	
2 The Rock Stop	385 W State St, Orderville	(435) 648-2747

To get your business on this map and directory please call Josh at 435-632-1555 for details.



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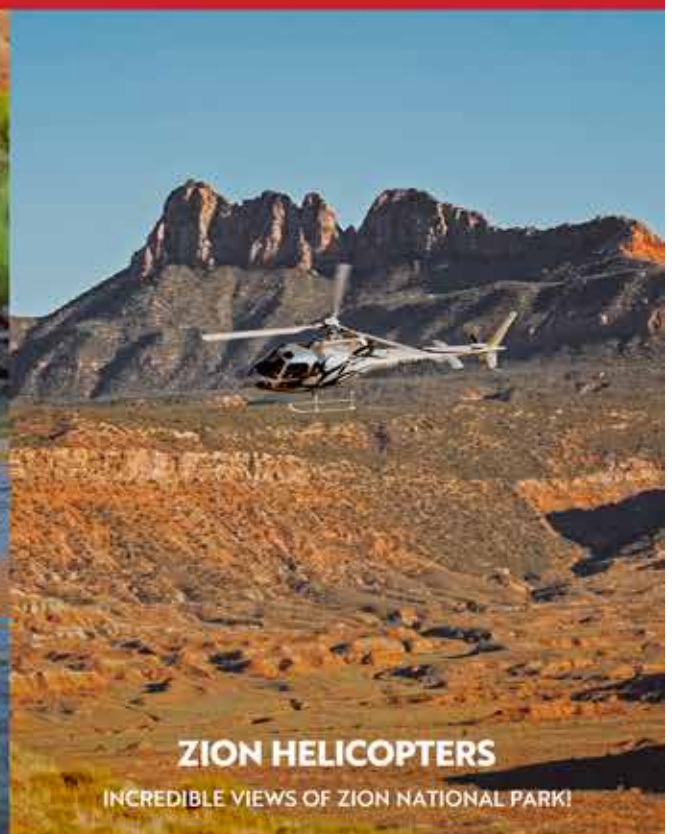
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**CORAL PINK SAND DUNES**

**23 MI (37KM)**

**ZION NATIONAL PARK**

**40 MI (64KM)**

**BRYCE CANYON NATIONAL PARK**

**77 MI (124 KM)**

**LAKE POWELL/GLEN CANYON REC AREA**

**73 MI (117 KM)**

